

Biography – Nana Koch

Nana Koch, Ed.D., BC-DMT, LCAT, NCC, LPC, CMA has been a dance movement therapy (DMT) clinician and educator for over 5 decades, working in both in-patient settings and in private practice. She has taught DMT theory and practice in academic and alternate route courses around the world. Her expertise is in teaching courses on group process in DMT, the application of DMT methodology to different populations, and teaching the work of dance movement therapy pioneer Liljan Espenak.

She has co-ordinated the DMT Master's Program at Hunter College of the City University of New York, served as Chair of the Credentials Committee for the American Dance Therapy Association (ADTA), and in various capacities on other ADTA Committees.



In 2012, Nana received the ADTA Excellence in Teaching award. Nana's interviews of three dance/movement therapists formed the basis for much of the dialogue in the New York ADTA Chapter film: Moving Stories Portraits of Dance Movement Therapists. She is the author of several articles/interviews appearing in the Journal of the American Dance Therapy Association. In 2018 and 2019, Nana received Marian Chace Foundation (MCF) grants to have subtitled into Spanish, Chinese, Japanese and Korean eight of the most viewed ADTA Talks featured on youtube. In 2019, Nana was the Marian Chace lecturer at the American Dance Therapy Association annual conference. In 2022, the MCF provided the funds for Nana to have translated into Spanish the remaining 19 ADTA Talks. Nana's ADTA Talk on "An Introduction to Dance/Movement Therapy" can be viewed on youtube.com. In 2023, Nana was the keynote speaker in Seoul, South Korea at the 30th Conference of the Korean Dance Movement Therapy Association.

Currently, Nana is Professor Emerita at Long Island University, where she was the former Chair of the Department of Health, Physical Education and Movement Science. She regularly teaches dance movement therapy courses for Apollo Education and Consulting, located in Beijing China.

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