



MOVING ON

## THE ART OF EMBODIMENT

DANCE MOVEMENT  
THERAPY ASSOCIATION  
OF AUSTRALASIA  
WITH THE BODY-MIND  
CENTERING® ASSOCIATION

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New Book Out Now

## THE ART OF EMBODIMENT

An important book for our times!

As uncertainty continues to plague us, connecting with ourselves, others and our environments has never been more important. Brimming with the voices of experienced practitioners, this heart-led publication celebrates embodied intelligence and shares multiple body-oriented practices that deepen connection and create conditions for humans to thrive.

First in a new Moving On book series

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