



Embodying Culture Past, Present and Future

The moving body as a site of cultural reproduction, cultural encounter and cultural co-creation

Presented by: Sara 'Zora' Boas

Introduction:

This two-part workshop invites you to explore the limitations and possibilities of your professional practice, through the lens of cultural awareness. Drawing on anthropological theory, artistic process, and coaching skills, it enriches and illuminates the practice of dance therapy, creative arts therapies and other cognate professions such as somatic coaching and performance. The focus is on how dance and other body movement are shaped by and in turn shape culture, with the body as a living bridge between past and future. We ask ourselves how each professional encounter can at the same time acknowledge the past and co-create the future. We aim to reveal the body as both an unconscious carrier and a conscious co-creator of culture, by exploring vital questions.

- How aware are we of the cultural codes inscribed in the body and transmitted from generation to generation?
- Do social systems reproduce themselves by making that which is cultural feel 'natural'?
- What happens when our clients' bodies are the carriers of cultures we do not truly know?
- Or when we unwittingly take our own movement experiences and perceptions for granted?
- Could refined awareness, critical reflection, and inclusive dialogue help us to be better partners in co-creating the future?

Event Details:

Date:	2 Saturday Evenings: 22 May 2021 29 May 2021 Online Workshops
Time:	6.00pm to 9.00pm AEST
CPD:	2 x 3 Hours equal to 6 CPD Points. Category A
Venue:	A Zoom Webinar on two consecutive Saturday evenings. Details will be emailed prior to the event. The Zoom room will open 15 mins before starting time so participants can arrange themselves and / or adjust the position of their screens.
Open to:	Dance movement and other creative arts therapists, counsellors, psychotherapists and other somatic professions. All are welcome - professionals who have worked with Sara 'Zora' Boas before, and those new to her approach. It builds on, but does not presuppose, knowledge of her transcultural competence tool for transformation.
Event Cost:	\$120 DTAA Member* / \$150 Non-Member
Presented by:	Sara 'Zora' Boas
Event Contacts:	Sharon Todd-Miller: Tel: 0419 047 165 Email: sharontoddmiller@yahoo.com.au or Jane Guthrie: Tel: 0451 924 017 Email: info@dtaa.org.au
Event Registration:	Registrations are now open. To book your place, click the Trybooking link below. https://www.trybooking.com/BQNFL

Learning Outcomes that emerge will increase your ability to:

- articulate the way movement is shaped by sociocultural dynamics;
- plan and evaluate your professional practice taking into account human diversity and commonality;
- notice the filters with which you perceive, sense, and interpret movement;
- refine and deepen your knowledge, skill and awareness as a transcultural practitioner;
- support your clients in their roles as cultural inheritors and cultural creators

About Our Presenter:



Sara 'Zora' Boas MCC, MA, RDMP – specialises in holistic learning and growth, combining mindfulness, movement and being at one with nature to transform leadership. She partners with corporate business organizations and coaching institutions to design innovative programs in response to their needs, and provides mentor coaching, training, masterclasses, and community to helping professionals around the world. Her unique approach to 'leading from within' weaves her background in dance, anthropology and psychology with insights from organisational behaviour, adult development, somatics and the philosophy of science. She is a dance movement psychotherapist and practising artist, and formerly senior lecturer in the anthropology and sociology of dance at the Laban Centre in London.

Her 2006 chapter – The Body of Culture: transcultural competence in dance movement therapy – in "Dance Movement Therapy: theory, research and practice" is core reading for many CPD and Masters programmes worldwide. Zora is a pioneer of the coaching profession, owner and director of an Accredited Coach Training Program, and a 2007 recipient of the Top 30 Global Gurus award for visionary leadership. In response to the pandemic, she has made her work more readily available by founding her international <https://lifedance.mykajabi.com/lifedance-community> which brings together coaches, therapists, leaders, teachers and others with a commitment to co-creative conversation.

The DTAA has sought Zora's return for further teaching, following her visits to Australia and workshops in 2009, 2013, 2017, 2018. These all brought innovative and insightful perspectives to DMT and other somatic professions. The DTAA is delighted to be able to provide this opportunity as part of our online Professional Development programme. See also LinkedIn, <https://uk.linkedin.com/in/saraboas>

Supervision:

Sara is also offering follow-up supervision sessions, individual and group, as she did very successfully on her last visit to Sydney. If you would like to know more, please send a brief message to sara.boas@boaspartners.com.

Please Note:

*To qualify for the DTAA Member Rate you must be a financial member of the DTAA. Non-Members are welcome to join the DTAA on-line: www.dtaa.org.au Please note, there is no Concession Rate for this event.

Book Now!

<https://www.trybooking.com/BQNFL>

Registrations Close 5.00pm Thursday 20 May 2021