

DMT with children who have experienced childhood trauma

Presented by:
Dr Bonnie Meekums
RDMP, Fellow ADMP

16-17 April 2021



Introduction:

In this workshop, you will learn about two applications of DMT with children who are at risk of trauma: DMT with groups of caregivers and young children (roughly aged 2-4); and individual DMT with primary school aged children (around 6 years old). Included in your workshop fee are two free case study articles to read in advance, and a movement observation tool which you will need to have with you for your workshop. You will be taught using a combination of video, discussion, and both observation and movement practice so that you can begin applying these tools in your own practice.

Event Details:

Date:	5 Hours over two days - Online Workshop
Time:	Friday 16 April 2021, 5-8pm AEST (Sydney), or 7-10pm NZST (Auckland) Saturday 17 April 2021, 6-8am AEST (Sydney), or 8-10am NZST (Auckland)
CPD:	5 Hours/Points, Category A
Venue:	An online workshop by Zoom Webinar
Open to:	All DTAA Members and Non-Members, body-oriented psychotherapists, counsellors, Creative Arts Therapists, etc.
Hosted by:	Dr Bonnie Meekums, RDMP, Fellow ADMP
Event Cost:	\$100 DTAA Member* / \$125 Non-Member
Zoom Details:	The workshop will take place via Zoom over two sessions, Friday evening and Saturday morning. Full zoom details will be emailed to all attendees prior to the event. The Zoom room will open-up 15 mins before the starting time so participants can arrange themselves and or adjust the position of their screens.
Event Registration:	Registrations are now open. To book your place, click the Trybooking link below. https://www.trybooking.com/BPUDJ
Event Contacts:	New Zealand / Jan McConnell lifemovescreativetherapy@gmail.com or 021 598 114 Australia / Jane Guthrie info@dtaa.org.au or 0451 924 017

Please Note:

*To qualify for the DTAA Member Rate you must be a financial member of the DTAA. Non-Members are welcome to join the DTAA on-line: www.dtaa.org.au
Please note, there is no Concession Rate for this event.

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Learning Objectives:

By the end of this workshop, participants will have:

1. Seen a video of Bonnie working with parents and young children who are at risk of abuse (NB: this amateur video is very old, and so students need to be prepared for less than optimum standard of replay)
2. Have practised family movement observation
3. Have practised at least one technique used by Bonnie for her work with at-risk families
4. Have practised at least one technique used by Bonnie in individual work with at-risk children

About Our Presenter:



Dr Bonnie Meekums, RDMP, Fellow ADMP, is an internationally renowned UK-based Dance Movement Therapist who has taught in the USA, China, India, New Zealand and several European countries including repeat visits to Poland, Croatia and Latvia. Her book *Dance Movement Therapy* (2002, Sage) is essential reading on several training courses throughout the world. In addition, she published *Creative Group Therapy for Women Survivors of Child Sexual Abuse* (2000, Jessica Kingsley) and has contributed many book chapters as well as numerous peer-reviewed journal articles and two Cochrane Systematic Reviews. She currently maintains a small private practice in the North-West of England. Her approach to Dance Movement Therapy is based on the central importance of the Movement Metaphor to the creative change process.

Further Information:

This workshop will take place via Zoom over two sessions, Friday evening and Saturday morning, giving a total of five hours' CPD. The two sessions allow Bonnie to deliver the workshop from the UK with people in Australia and New Zealand. Prior to the workshop, participants will receive free access to two relevant articles written by Bonnie and a handout that will be used for the family movement observation.

Course Outline:

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| 16 April: | April 17 |
| <ul style="list-style-type: none">• Introduction to the course, and to each other• Introduction to family movement observation (using the handout sent in advance)• Viewing of video, together with practice of family movement observation• Comfort break• Warm-up, and practice of family DMT techniques | <ul style="list-style-type: none">• Warm-up• Practice of relevant individual DMT techniques• Q&A |

Please Note:

PARTICIPANTS WILL BE EXPECTED TO HAVE READ THE MATERIAL SENT, AND HAVE THE ITEMS TO HAND DURING THE WORKSHOP

All you need:

Create a comfortable space where you can see, hear and move freely. Bring water and writing materials and wear comfortable clothes. Please DO NOT FORGET the materials Bonnie sent to you.

Book Now!

<https://www.trybooking.com/BPUDJ>

Registrations Close 5.00pm Thursday 15 April 2021