### ARBN 633 105 736

### **ANNUAL REPORT**

2019-2020





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practice



Kim Dunphy, DTAA President and Sandra Lauffenburger (DTAA Secretary) DTAA 2019 AGM

### **AGENDA**

Schedule		
1.15pm	Acknowledgement and Welcome	
1.30pm	Minutes of past AGM 2018-2019	
1.45pm	President's Report	
2.05pm	Treasurer's Report	
2.20pm	Secretary/Governance Report	
2.30pm-2.45pm	*Movement Interlude – Break and Movement	
	Verity Larraman, Angela Kastanis, Sharon Todd-Miller	
2.45pm	Vice President's/Ethics Report – new Code of Ethics	
3.00pm	Draft Scope of Practice	
3.15pm	Tea Break (zoom screen will remain open)	
3.30pm	Movement Warmup, Maeve Larkin	
3.45pm	Awards hosted by Tracey Nicholson	
3.50pm	HEMF – Presented by Mandy Agnew	
4.00pm	DTAA Awards – Presented by President, Sandra Lauffenburger	
	DTAA Service Award (s)	
	Leadership Award(s)	
4.15pm	Recognition of New DMT Members for 2020 – Presented by PMC Convener,	
	Sandra Lauffenburger	
	Movement Welcome to New Members – Juliette Kirkwood	
	New Members announced by level	
4.45pm	Closing Movement Ritual – Natalie Poole	
	Zoom left on for additional 15 minutes for chat	



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## PRESIDENT'S REPORT Sandra Lauffenburger



Dear Members,

I write this report as I complete the first year of my two-year term as President of the DTAA. In October 2019 when I was elected to this position, I could not have imagined just what the Board would achieve, as well as just how dance movement therapy and the world would be impacted by the Covid-19 pandemic.

Despite the challenges presented this year to DTAA, I am pleased to report that we have remained in reasonably good shape financially (<u>Treasurer's Report</u>), found ways to support members, used this time to improve the quality and transparency of our governance processes (<u>Governance Committee Report</u>), and continued to

grow in our professional membership (PMC Committee Report). The creativity, adaptability, and resilience of dance movement therapists was truly on display.

A few of the July 1, 2019 to June 30, 2020 highlights include:

- Holding our first Executive election under our new constitution
- Development of a new 2020-2022 Strategic Plan (Refer Other Documents)
- Registering DTAA as a Charitable Trust in New Zealand
- Hiring a professional bookkeeper and administrator
- Writing a new Code of Ethics (Refer Other Documents)
- Initiating work on a Scope of Practice for dance movement therapy

This year my role as President was ably supported by the Executive Committee members Connor Kelly (Vice President), Eileen McDonald (Secretary) and Francoise Bale and Robyn Price (Treasurer). The year began with Francoise Bale being elected as Treasurer. However, by February due to family matters she asked to step down. At that point, Robyn Price offered her services and the Board approved her as Interim Treasurer, as per the constitution.

The Board was expanded this year to reflect the number of areas in which DTAA wants to support its members. As per DTAA's constitution, each Board member holds the convenership of at least one portfolio. Some members hold several convenerships. Each Convener has developed a Terms of Reference document for their committee which outlines the priorities and role of the committee based on the Strategic Plan. The Convener then guides her committee in activities based on those priorities. I commend the hard work put in by each Board member and their committee.

The composition of the 2019-2020 Board is:

- Executive Committee (EC): President, Vice-President, Secretary, Treasurer, Past President, and Presidentelect (vacant)
- Finance Committee (FC): Treasurer Robyn Price
- Governance Committee (GC): Secretary Eileen McDonald
- Ethics Committee (EC): Vice President Connor Kelly

- HEMF Committee: Convener Mandy Agnew
- Marketing and Promotions Committee: Convener Maeve Larkin
- Workplace Development Committee (WDC): Convener Kim Dunphy
- PACFA Liaison: Juliette Kirkwood
- Professional Development Committee (PDC): Conveners Jane Guthrie and Robyn Price
- Professional Membership Committee (PMC): Convener Sandra Lauffenburger
- Publications Committee (PC): Convener Jane Guthrie
- Branch Liaison: Connor Kelly
- Supervision Committee (SC): Convener Eileen McDonald
- Training and Education Committee (TEC): Convener Sue Mullane
- Research Committee (RC): Kim Dunphy
- Training Providers Committee (TPC): Convener Tracey Nicholson
- Administrator: Donna ParkerBookkeeper: Melissa Croft



The Board held nine meetings over the 2019-2020 year by zoom. Attendance at the meetings by the Board members is summarized below.

Committee Member	# meetings eligible to attend	# of meetings attended
Sandra Kay Lauffenburger	9	9
Connor Kelly	9	9
Eileen Mc Donald	9	9
Francoise Bale	3	3
Robyn Price	9	9
Kim Dunphy	9	9
Jane Guthrie	9	8
Maeve Larkin	9	8
Juliette Kirkwood	9	8
Sue Mullane	9	6
Mandy Agnew	9	2
Tracey Nicholson	5	5

#### **Board's Response to Members**

The 2019-2020 year demanded that the Board respond flexibly and directly to the needs of its members and to enhancing the professionalism of DTAA. A number of initiatives was undertaken to address these needs.

#### Incorporation of DTAA as Charitable Trust in NZ

As President, I was handed a request by New Zealand DTAA members which asked the DTAA to pursue an application with the New Zealand Companies Office to become incorporated as a charitable trust board in New Zealand. A Special General Meeting held in March 2020 passed the resolution unanimously. For the first time voting was held both online before the meeting as well as by those present at the meeting, allowing more voting members to have their say. This incorporation allows DTAA to hold a legal status in New Zealand and assists DTAA to fund and support its New Zealand members. DTAA is currently the only creative arts organization to hold legal status in both Australia and New Zealand.

#### **Development of key Governance documents and processes**

As part of DTAA's focus on increasing the viability of our profession, it is important that the organization has its governance and other professional processes up to date and meeting regulatory standards. Development of documents and policies takes many hours, focussed minds, and collaborative efforts. I am delighted to report that the Board has been diligent in these matters and the resulting documents can be found on the DTAA website under Policies <a href="here">here</a>.

Although each Committee Convener will discuss the documents and policies for which they have been responsible, I draw your attention to the 2020-2022 Strategic Plan. On the Friday before the 2018-2019 AGM the Board instituted what we hoped would be a new initiative – meeting face to face once a year to develop and/or renew the Strategic Plan. The day was successful both at a policy and collegial level. You can access the <a href="DTAA">DTAA</a> Strategic Plan here. Sadly, due to the pandemic this initiative had to be shelved for this year.

#### The Covid-19 Pandemic

The lockdown in Australia, New Zealand, and surrounding countries changed the ability of many professions to practice. As a therapeutic modality that values the nonverbal, dynamic moving person dance movement therapists had to become resourceful in finding work or changing how we worked.

Nonetheless, many dance movement therapists did lose their DMT employment due to working in the high-risk sectors such as aged care, disabilities, and hospitals.

The DTAA Board responded to the new circumstances created by Covid-19 restrictions with the following measures:

- On April 26, a Free Webinar titled "Taking your DMT Practice Online", was
  offered for DTAA members. The resources and recording from that event can be
  found on the DTAA website <a href="https://dtaa.org.au/members-resources/">https://dtaa.org.au/members-resources/</a>
- Membership Renewals The loss of DMT work as a result of the Covid-19 diminished some members'
  income streams. DTAA offered a three month grace period for payment of membership renewals, as well
  as personalized payment plans upon request.
- Professional Development events Visiting overseas professionals all had to cancel their trips to Australia, meaning of course that their workshops were also put on hold. Nonetheless the PDC jumped into action identifying professionals who could offer online workshops.
- CPD Audit Because the face to face workshops and seminars planned for 2020 were cancelled, DTAA
  chose to offer a grace period for the acquisition of CPD, delaying CPD audits until 2021.
- DMT Training was also disrupted by the Covid-19 lockdown, with face to face classes, practicums, and supervision no longer possible. DTAA responded to the requests of training organizations with an interim set of guidelines for moving to online practice and supervision, as well as for DTAA membership applications. The guidelines were initially intended to support training organizations during the pandemic period. Now that we realize Covid-19 is with us for the long-term, becoming 'dually skilled', both in person and online delivery of DMT, has become important for DMT. DTAA is looking at making the interim policy a more permanent policy as it will support dance movement therapists to work more flexibly for the long term, as well as serve more remote and diverse populations.

#### **Hiring of Professional Support Staff**

DTAA is growing, in terms of professional membership as well as in the ways it is working to support the needs of these members. Much work happens 'behind the scenes' so to speak, such as updating the website, sending out members' notices, managing membership renewals, applications and requests for information, keeping clear and complete financial records, and preparing numerous reports. The Board approved the hiring of a Melissa Croft as bookkeeper and Donna Parker as administrator. The skills of both these professionals has reduced the workload of the Board, and particularly of the Executive.

In closing I want to say that despite the downturn in jobs and the economy, Dance Movement Therapy is vibrantly active. This year DTAA has accepted THIRTY-SIX practising members ('new' Associate, Provisional Professional, and Professional levels). New members from Australia, New Zealand, Taiwan, and Malaysia are looking to DTAA as their professional organization. In the coming year, DTAA will work hard to serve all of you.

I now invite you to read the reports from each Committee Convener regarding the achievements and activities of their respective committees.



## FINANCE COMMITTEE (FC) REPORT Robyn Price, Treasurer



Committee Convener: Robyn Price, Treasurer Francoise Bale, Treasurer

#### **Committee Members:**

The Treasurer is supported by other members of the Board in regard to banking. The paid Bookkeeper keeps records and assists with reporting.

#### Brief Statement of objectives as per the DTAA Strategic Plan:

- Appointed a Bookkeeper to aid with finances each month.
- Installed a financial management package, set up a chart of accounts and transferred all data onto this.
- Due to Covid-19, the total of our membership income for this year was somewhat unknown for the first quarter. We agreed to allow members a grace period and so a number delayed payment until the end of September.
- We also didn't know what the PACFA fees would be since they are dependent on our member numbers.
- It looks like many of our General Members will not renew this financial year. However, there is a large number of members successfully applying for active membership levels.
- The other significant impact on income was with events. After the Nana Koch and Bonnie Meekums
  workshops in Melbourne and Auckland, we had to cancel several events due to run in Sydney and
  Melbourne. This was disappointing.
- However, we finally took the leap to offer online PD events and have now run five. Even though in-person events will return, we expect to offer around 6 events each year online. This provides access to all members, no matter their income and no matter their location and feels like a significant step. It also provides a steady, albeit modest income stream we never had before.
- You will see that the administration costs have been high. There was a handover period with the
  Administration function and our new administrator costs us more; however the efficiencies we are seeing
  are well worth the investment.

#### Focus for 2020-2021:

Ensure all finances, those of the DTAA and HEMF Committee, are visible on the same QuickBooks system, to allow for complete reporting as required by the government authorities. It is expected this will be done by the end of this calendar year with the guidance of an accountant – an unexpected expense item. Since the budget is moving to QuickBooks in the next month or so, our aim is to use this tool to manage the finances month by month in a way that involves the entire Board.

I'd like to know by the end of this financial year exactly how much it costs to run the association and how much we need to earn to cover our costs. Income producing opportunities are a constant source of interest.

#### Plans for 2020-2021:

The rest of this financial year is going to be a year of consolidation and preparation. I'd like to thank Francoise for setting the wheels in motion with the appointment of the bookkeeper and selection of the accounting package.

Next will be a project to identify ways to improve our income from publications. Again, we will need to invest in digitising these resources, but once we do, they will be available to people from around the world, and more importantly, to our students throughout the Australasia region.

Thanks to the Board for their ongoing support, particularly Sandra who is always there when I need her.

### Robyn Price DTAA Treasurer



Kim Dunphy (DTAA President) and Robyn Price (DTAA Treasurer) DTAA AGM 2019

# Dance Movement Therapy Association of Australasia Inc PROFIT AND LOSS

### July 2019 - June 2020

			TOTAL
Income			
	Book Sales		1109.09
	Events		14198.05
	Memberships		
		Applications	1701.97
		Associate	3447.50
		General Member	2461.25
		General Member - Concession	900.00
		Other	100.00
		Professional Member (Aust)	11787.50
		Professional Member (International)	2139.58
		Provisional Professional Member	1565.00
		(Aust)	
		Provisional Professional Member	340.00
		(International)	
		Total Membership	24442.80
	Publications	·	467.24
Total Income			A\$40211.18
Cost of Sales			
	Cost of Sales – Book Sales		
	Design and Production		410.40
	Postage and Delivery		232.17
	Total Cost of Sales-Book Sale	es	642.57
	Cost of Sales – Events		
	Administration		20.00
	Catering		586.97
	Consumables		118.06
	IT, Software & Equipment		308.98
	Presenters		8050.28
	Travel Accommodation & All	owances	305.28
	Venue Hire		963.50
	Total Cost of Sales-Events		10353.07
	Cost of Sales - Publications		
	Design and Publication		581.90
	Postage and Delivery		678.90
	Printing		679.90
	Total Cost of Sales-Publication	ons	1940.70
Total Cost of Sa			A\$12936.34
GROSS PROFIT			A\$27274.84
Other Income (	loss)		, , , , , , , , , , , , , , , , , , ,

	Interest Income	221.60
Total Other I	ncome (Loss)	A\$221.60
Expenses	Accounting, Bookkeeping & Business Consulting	768.00
	Bank Charges and Fees	743.88
	Contractor Expenses (Non Salary)	11298.71
	Insurance	3209.93
	Interest Expense	0.16
	Office Expenses	1128.30
	Printing, Stationery & Supplies	159.19
	Professional Membership Fees (EXPENSE)	9190.07
	Registration and Licences	59.20
	Telephone & Internet Expenses	696.90
Total Expens	es	A\$27254.34
NET EARNIN	GS	A\$242.10



# Dance Movement Therapy Association of Australasia Inc BALANCE SHEET

### As of June 30, 2020

			TOTAL
Assets			
	Current Assets		
		Community Solutions 1	4885.41
		Debit Card Account	371.53
		Kiwibank	4026.24
		Paypal Transactions	9680.03
		Westpac Business Cash Reserve	51079.77
		Bonus	
	Total Current Assets		A\$70042.98
Total Assets			A\$70042.98
Liabilities and	Shareholder's Equity		
	Shareholders' Equity:		
		Net Income	242.10
		Opening Balance Equity	69800.88
		Retained Earnings	
	Total Shareholders' Equity		A\$70042.98
Total Liabilitie	s and Equity		A\$70042.98

### GOVERNANCE COMMITTEE (GO) REPORT Eileen McDonald



Committee Convener: Eileen McDonald, Secretary

#### **Committee Members:**

The members of the Executive form the Governance Committee: Sandra Lauffenburger (President), Robyn Price (Treasurer), Connor Kelly (Vice President)

#### **Strategic Plan Objectives and Activities for PMC:**

Objective 1:	Objective 1: Improved quality of DMT Work	
1.6.4	Ensure all constitutional, by-laws, policies, and procedures meet proper governance standards and are continually aligned with ASIC, PACFA, and other governmental requirements.	
1.6.5	Clarify relationship and constitutional working processes associated with HEMF	
1.6.9	Investigate moving DTAA and/or HEMF to DGR status	

The GC came into existence after the development and approval of DTAA's constitution in 2018. At that time, it became clear that DTAA was in need of a number of clarifying governance policies and by-laws. In 2019, these needs increased because DTAA moved from being an Association Incorporated in Victoria to a national Registrable Body.

The GC oversees the Constitutional and governance processes by which DTAA operates, including creation of policies and procedures for the enactment of Board decisions. This committee is also responsible for DTAA's legal status, which is now as a Registrable Body under ASIC.

#### **Activity in 2019-2020**

The Governance Committee has had a productive year as it moves to ensure all governance processes are transparent and meet legislative standards. The activities this year include:

- Clarify DTAA relationship and responsibilities with the HEMF Trust to comply with DTAA registration requirements in collaboration with HEMF Convener Mandy Agnew and HEMF committee and work towards DGR status for Trust
- Review and update Complaints policy for Professional Practice to align with PACFA Member Association requirements in collaboration with PACFA Liaison Juliette Kirkwood & Board
- Review and update Ethics Policy to align with PACFA Member Association requirements in collaboration with PACFA Liaison Juliette Kirkwood, Ethics Committee & Board
- Prepare Conflict of Interest Policy, Conflict of Interest Register, Confidentiality Deed Poll / Intellectual Property Rights in collaboration with Board. Arranged reviews of new documents with Legal & Human Resources experts.

- Completed the PACFA Ethics 12 hour short course. Arranged for PACFA approval for DTAA to have the Ethics course handouts and slides available to DTAA members on our website.
- Assist Board with Covid -19 documentation for PACFA
- Review documents and website to ensure necessary wording for registration compliance requirements

#### GC Plans for 2020-2021

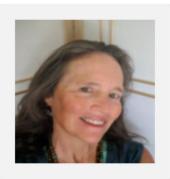
The year 2020-2021 will not be any less busy as the following projects will be addressed:

- Progress set up for HEMF trust donations through DTAA website
- Continue working towards ensuring governance procedures are up to date including reviewing policies and processes for organisation & Board
- Constitution review continued and recommendations to membership for vote on updates and changes in 2021
- Continue internal and external processes for applying for DGR status for HEMF Trust
- Constitution update
- Communications & Privacy and other policies updated and reviewed
- Prepare disclaimer for website and publications
- Continued governance training
- Prepare induction materials for Board

Respectfully submitted, **Eileen McDonald**Secretary and Convener



## ETHICS COMMITTEE (EC) REPORT Connor Kelly



Committee Convener: Connor Kelly, Ethics Committee

Committee Members:
Jan McConnell, Françoise Bale, Mary Rose Nicol

#### **Strategic Plan Objectives and Activities for PMC:**

Objective 1: Improved quality of DMT Work	
2.2.1	Develop updated Code of Ethics
2.2.2	Develop appropriate Privacy Policy
2.2.4	Develop fitness to practice standards

The Ethics Committee holds the responsibility for strengthening the practice of DMT by developing governance processes that address policies enhancing professional practice such as ethics, privacy, confidentiality, and fitness to practice among others.

#### **Activity in 2019-2020**

DTAA's Code of Ethics was developed at least two decades ago and has had little revision since. One modest revision was made in 2013 in response to changes with PACFA's requirements. Since that time there have been significant developments in demands on practitioners to meet various standards of professional practice. Particularly significant are the requirements from the NDIS and PACFA about Code of Ethics, namely DTAA's requirements of practitioners to notify the professional body if a member becomes unable to meet the requirements of the Code of Ethics. The DTAA thus made the re-development of the Code of Ethics and Rules of Professional Conduct a priority task for 2019-2020.

The committee has worked diligently on a monthly basis to create the document, invite feedback through email invitation and webinars, and incorporation of these responses into the document being presented for approval at this AGM. Please click here to access the updated Code of Ethics.

#### Plans for 2020-2021

In the coming year the committee will complete updates to the document and present an information webinar. Upon the acceptance of this document, the Ethics Committee will begin work on the other relevant activities on the Strategic Plan.

Respectfully submitted,
Connor Kelly
Vice President and Convener



practice

## PROFESSIONAL MEMBERSHIP COMMITTEE (PMC) REPORT Sandra Lauffenburger



#### **Committee Convener:**

Sandra Kay Lauffenburger

#### **Committee Members:**

Alberto Dimarucut, Angela Leung, Anne Hurst, Connor Kelly, Deborah Scarfe, Eileen McDonald

#### **Strategic Plan Objectives and Activities for PMC:**

Objective 1: Improved quality of DMT Work		
1.2.1	Increase value of membership by increasing members-only services	
1.2.3	Encourage all eligible members to strive towards highest membership levels	
1.3.5	Coordinate supervision and CPD reporting/auditing process for registered members	
1.6.7	Ensure membership processes align with new membership levels, training and supervision	
	standards, language, format	

The PMC manages applications for all levels of DMT membership, which now include 'new' Associate, Provisional Professional and Professional levels. It regularly monitors and adjusts the membership criteria to ensure DTAA is aligned with other psychotherapeutic and creative arts professions. It also audits CPD and supervision. It liaises with other committees such as the TEC, TPC, and PDC to ensure that membership and CPD requirements are aligned across the organization.

#### PMC Activity in 2019-2020

The PMC's activities for the 2019-2020 year have focussed on activities related to the Strategic Plan. They are as follows:

1.6.7	Ensure Membership processes align with other organisations and internal processes	
	In order to align DTAA membership levels with PACFA the requirements for Associate	
	membership level was changed by creating clearer criteria for who would be accepted into	
	the 'new' Associate level. To join at this level, the applicant must have graduated from a	
	training program with an ASQ accreditation of 6 or higher, have completed 40 hours of	
	leading a complete DMT session, and have received 10 hours of supervision.	
	The PMC has also begun streamlining the application process. With the support of the DTAA	
	Administrator, we have created a simpler application form and process.	
	Additionally, in order to upgrade to a more advanced level of membership, the dance	
	movement therapist no longer has to complete the full application, but simply add the	
	documents required by the next level using an application to upgrade form.	

1.3.5	Co-ordinate supervision and CPD Reporting Auditing/Process
	In response to the pandemic and its effect on our profession, the PMC developed a Covid-19
	CPD audit policy to ease pressure on Professional members for 2020. A grace period of one
	year was accepted by the Board. It is intended that CPD auditing will resume in 2021.
1.2.3	Encourage Members to Strive toward Highest Membership Levels
	In conjunction with the changes to the criteria for Associate membership, letters notifying all previous Associate members were sent regularly. Starting in 2017, Associate members were alerted to changes which would result from the acceptance of the Competency Standards (which occurred in 2018). They were reminded of these coming changes every year, culminating in a letter in 2020 noting the new criteria and encouraging them to apply to for Associate membership. Several members took up this offer.
	The PMC, working in concert with the Supervision Committee, has recognized the need to have a pool of recognised DMT supervisors. To achieve this the PMC is in the process of developing the criteria for a Clinical level of membership. It is hoped this level can be introduced in the 2020-2021 year.
	This year the PMC review panel has once again been incredibly busy. During the calendar year 2020, they reviewed and accepted 36 DMT-practitioners as members.

The PMC and DTAA congratulate the following new members who will be inducted at the 2020 AGM:

#### **NEW ASSOCIATES:**

Maria Szcsukova
Vikki Blanche
Sarah Lane
Hilda Mali
Sandi Middleton
Grace Yap
Emily Lile
Michael Albertine
Alana Parrott Jolly
Dominique Williamson
Ashley Berry
Stacey Lake

#### **PROVISIONAL PROFESSIONAL:**

Maud Gubbels Meagan Otu Eri Mullooly-Hill Konishi Dr Diana-Lea Baranovich Michelle Heyder Hsiu-Ya Yu Lilith Zieltjes Jennifer C Liu Amanda Calabro Theresa Chang Janina Murta Chen Yun Ju Carol Meyer Kristine Walsh Helen Fergusson Sarah Tuckett Phillippa Sherry Judith Adcock

#### **PROFESSIONAL:**

Laura Day 220-01
Elise Loh 220-02
Mioi Forrester-Nakayama 220-03
Kimberley Ryan 220-04
Emilia Rubio 220-05
Sarah dos Santos 220-06
Ann Way 220-07
Steve Harvey 220-08

Although Covid-19 will possibly affect our profession for years to come, the PMC hopes that normalization of PMC and membership functions, such as obtaining training, CPD, and supervision, will find a new normal. In the coming year, the PMC intends to address the following:

1.3.5	As mentioned earlier, this will involve clarifying the criteria for the Clinical level and creating a straightforward application process. It may also include writing to all Professional members and inviting them to consider upgrading their membership level.
1.2.1	As people and organizations settle into a new normal, it is hoped that CPD events can resume, as well as Supervision days. The PMC will work with the PDC and SC to ensure that opportunities to advance your knowledge are created.
1.6.7	In addition to the committees noted above, the PMC will also work with the TEC, as well as monitor PACFA and ANZACATA, to ensure that DTAA membership criteria is of a best practice standard.

# Respectfully Submitted **Sandra Kay Lauffenburger**Convener PMC



### PROFESSIONAL DEVELOPMENT COMMITTEE (PDC) REPORT Jane Guthrie / Robyn Price





#### **Committee Convener:**

Jane Guthrie, PC Committee, PD Committee Robyn Price, Treasurer (FC, PDC)

#### **Committee Members:**

The PDC calls on assistance as needed. Others who have been involved Sharon Todd-Miller, Meredith Lucy, Connor Kelly, Ann Way, etc. When DTAA hold Face to Face events,

it is important to have assistance and support from people living local to the event.

#### **Strategic Plan Objectives and Activities for PMC:**

Objective 1: Improved quality of DMT Work		
1.3.1	Present regular skill development activities based on evidence-informed practice	
1.3.2	Present activities addressing identified needs of practitioners or take advantage of special opportunities	
1.3.7	Begin planning for a successful conference or symposium offering relevant professional development	
1.4.1	Ensure DTAA's professional development activities address DTAA's competency standards	
2.1.4	Active engagement with other creative, somatic and psychotherapeutic associations for development of PD events	

Activities organised for DTAA professional development (PD) are based on evidence-informed practice, together with identifying practitioners needs. Opportunities are also taken advantage of as they arise such as using well-known DMT professionals who visit Australia from overseas. Planning for an event such as a conference is currently on hold, until the Covid-19 pandemic subsides or has means of control. PD activities are always organised in line with DTAA's Competency Standards. The PDC is also pleased to report that active engagement with other creative, somatic and psychotherapeutic associations/ groups has been underway already for quite a long time.

#### **Activity in 2019-2020**

The PDC is a very active committee and 2019-2020 was not different despite the interruption by the pandemic. Events that have taken place 2019-2020 include:

- The Practice of Authentic Movement: A Two Day Immersion with Connor Kelly. Saturday 7 and Sunday 8
   September 2019. Dancehouse –Carlton North VIC
- AGM Professional Development Day Saturday October 26, Darlinghurst NSW. Improving our
  employment possibilities through evidence-informed practice in dance movement therapy: what does it
  mean and how can we do it? Presenters and organisers: Sue Mullane and Kim Dunphy with
  Suzanne Scarrold, Angela Kastanis and Clare Etherton

- Nana Koch: Psychomotor Therapy and improvisational techniques around Liljan Espenak's system of treatment Feb 1 & 2 Melbourne 2020.
- Body Memory and the Unconscious February 8, 2020, Auckland, NZ Saturday, February 8th, 2020, The University of Auckland. Presenter: Dr Bonnie Meekums.
- Taking Your DMT Practice Online Free Webinar for DTAA Members, Sunday April 26th, 6-8pm (AEST), 8-10pm NZ.

#### **Events cancelled due to COVID-19**

- Making Connections Suicide Prevention Program (MCSPP) POSTPONED to May 2021. Associate Professor Susan Imus.
- Other events in the pipeline for 2020 and 2021, some of which may take place depending again on the situation with COVID 19. See Focus for 2020/2021

#### PDC Plans for 2020-2021

An equally busy year, pandemic allowing, is planned for 2020-2021. The PDC hopes the following will occur (some have occurred since June 30, 2020, the date to which this report covers:

- Tracey Nicholson Somatic Movement and Breath webinar completed
- Amber Gray webinar September 27, 2020
- Two half day webinars on the day prior to the AGM October 10, 2020

#### **Opportunities - pandemic permitting:**

- Reschedule the Making Connections Suicide Prevention Program
- Re-schedule, site specific dance/performance in Sydney. Marylee Hardenburgh first half 2021
- Re schedule Bonnie Meekums was due in Melbourne 2021
- Martha Eddy, under discussion if she travels through Queensland during 2021.
- Nana Koch for Sydney

If any of these travellers (as above) are here at the same time and we are COVID free:

- A symposium or summit, extended weekend could be organised with Workshops from visitors and local presenters, instead of an actual formal conference.
- Look into possible partnerships. But needs discussion as there are advantages and disadvantages.

If actual events not possible, the PDC will continue to organise webinars from those mentioned, as well as from the pool of highly-skilled presenters in our midst, depending on the identified needs of our DMTs.

Respectfully submitted,

Jane Guthrie and Robyn Price

PDC Co-Conveners

## RESEARCH COMMITTEE (RC) REPORT Kim Dunphy



Committee Convener:
Sue Mullane and Ella Dumaresq, July – Dec 2019
Kim Dunphy, Feb-June 2020

Committee Members:
Sue Mullane, Ella Dumaresq and Kim Dunphy

#### **Strategic Plan Objectives and Activities for PMC:**

Objective 1: Improved quality of DMT Work		
1.5.2	Raise practitioners' skills in use of evidence-informed practice	
2.3.3	Encourage participation in research and partnerships with researchers	

#### **Activity in 2019-2020**

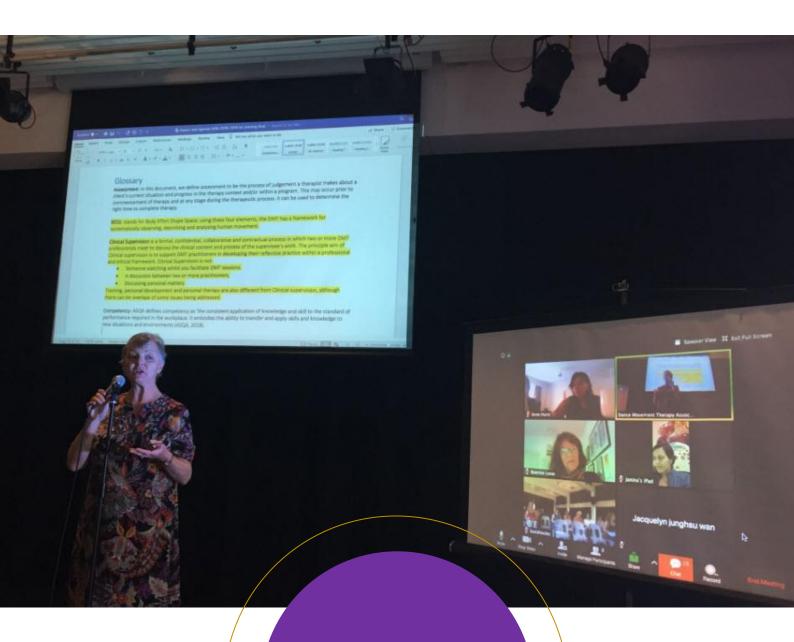
The RC has been steady and regular in their Strategic Plan activities. During this past year they have created events to promote evidence-informed practice (EIP) through:

- Creating an EIP statement and webinar to introduce the concept,
- offering PD activity over 2019 AGM weekend.
- Ongoing monthly forums in which members engage with professional literature. These are mostly well attended, with between 5 and 50 participants from diverse geographic locations and professional stage.

#### **RC Plans for 2020-2021**

In the coming year, the RC will continue with ongoing monthly forums. Additionally, the RC welcomes new leadership contributions from Brigitte Puls.

Respectfully submitted, **Kim Dunphy** Research Committee



Dance Movement
Therapy Improved health
and wellbeing

### TRAINING AND EDUCATION COMMITTEE (TEC) REPORT Sue Mullane



Committee Convener: Sue Mullane, TEC Convener

#### **Committee Members:**

Connor Kelly, Eileen McDonald, Suzanne Scarrold, Virginia Woods

#### **Strategic Plan and Objectives for TPC:**

#### Objective 1: Improved quality of DMT Work

1.1.1

Establish Standards for DMT training and advocate those to course developers, including articulation of what is DMT, and what is not; cultural competence and application of DMT to different populations.

The DTAA has not yet had a set of training standards or a process for accreditation of dance movement therapy training courses. To date, DMT training courses in Australasia have taken various options re accreditation: from no accreditation, to accreditation with PACFA, government recognition, or university recognition. DTAA Professional Membership requirements have been used as a quasi-set of standards, with courses attending to those requirements in developing curriculum and deciding on number of hours for training and placements.

In late 2018, a set of Competency Standards for the DMT profession in Australasia was adopted, to identify competencies expected of contemporary dance movement therapists in Australasia. These Standards provide a platform for defining learning outcomes and assessment benchmarks for dance movement therapy training. This now makes it possible for a set of training standards based on these to be developed.

Thus, the TEC is focusing effort into developing the DTAA Training Standards to reflect the accepted Australasian Competencies for DMT practice.

#### **Activity in 2019-2020**

In the period of June-December 2019, TEC members completed a review of:

- DTAA Competencies;
- Current Australasian DMT courses; and
- Major international DMT courses.

#### **TEC Plans for 2020-2021**

In the coming year, the TEC will continue as above, as well as to advocate these Standards to Training Providers Committee (TPC) members, and the wider DTAA membership. The committee intends to take the following actions:

- Review the reforms made to the Australian Qualification Framework (AQF) and impact for DMT training organisations
- Review the rise of online DMT training and facilitation with view to formalising DTAA online policy
- Liaise with Professional Membership Committee (PMC) members re categories of membership and concomitant criteria in relation to student graduate membership, at all levels
- Devise core competency criteria for all levels of DTAA membership and liaise with TPC to ensure course content addresses these criteria for applicable level/s of membership.

Respectfully submitted, **Sue Mullane**TEC Convener



## TRAINING PROVIDERS COMMITTEE (TPC) REPORT Tracey Nicholson



Committee Convener:
Tracey Nicholson, TPC Convener

### Committee Members: Kim Dunphy, Jane Guthrie, Maeve Larkin, Anaia Treefoot, Jacqueline Wan

#### **Strategic Plan and Objectives for TPC:**

This committee consists of the directors of DMT training programs within Australasia. It addresses issues, needs and concerns arising as DTAA establishes its Training and Education standards. It also provides advice and input regarding the on-the-ground observations of the DMT training industry and alerts the DTAA Board to needs within the industry, such as those recently occurring with the Covid-19 pandemic. Regular meetings of TPC are held to discuss concerns and needs and relevant items are communicated to the Board.

Training Organisations are surveyed as needed to provide data for DTAA policies. For example – Supervision and Placement standards.

#### Activities in 2019-2020

The TPC is a very young committee which only came into existence in November 2019. The need for this committee was determined as a result of the development of new practicing DMT membership levels and the establishment of the competencies for dance movement therapy.

Made up of industry training providers, the TPC is well-placed for advising the Training and Education Committee (TEC) and can provide the DTAA Board with valuable industry input. An example of this was the interim document which outlined acceptable forms/methods of what could constitute Clinical Practice, Supervision and student placement during Lockdown phases necessitated by the COVID-19 Pandemic in 2020.

At its inception the TPC Convener created a Survey to establish clearly the committee's purpose and of what its needs were comprised. The results showed an overwhelming support for communication between industry training organisations as well as between these organisations and DTAA.

Data collection relating to Supervision was also collected this year. It was the basis of useful discussions and ideas among members who shared how each organisation addressed supervision stipulations and the qualifications and experience required to be a Supervisor.

#### Plans for 2020-2021

Once the TEC has established Standards for DMT training, the TPC will discuss how these standards are currently embedded within existing training programs and if not, how to effectively incorporate them into those programs now and in the future.

#### Other foci of the TPC will include:

- Encouraging students to join DTAA
- Heightening awareness among DMT students about the benefits of joining DTAA
- Working with DTAA membership committee to ensure that membership processes are simply aligned with education standards and graduate outcomes
- Determining the existence of training courses that include evaluation and research
- Encouraging DTAA to overtly and actively supporting training programs as a way of assisting DMT becoming recognised as an allied health profession
- Promoting student membership and lobbying DTAA to establish good lines of communication between DTAA and students – maybe a student forum section on the website

Respectfully submitted, **Tracey Nicholson** Convener TPC



### SUPERVISION COMMITTEE (SC) REPORT Eileen McDonald



Committee Convener: Eileen McDonald, Secretary

#### **Committee Members:**

Jacquelyn Wan, Anne Hurst, Connor Kelly, Susan Mullane

#### **Strategic Plan Objectives and Activities for PMC:**

#### **Objective 1: Improved quality of DMT Work**

1.6.7 Ensure membership processes align with new membership levels, training and supervision standards, language, and format.

The SC came into existence after the development of the Competency Standards. At that point training standards as well as membership level criteria needed to be developed or readjusted to better coordinate with the Competency standards. The SC's initial function was to develop recommendations for supervision standards for membership requirements at each level of membership

#### **Activity in 2019-2020**

The SC diligently approached their initial task by completing the following activities:

- Researched supervision definitions and processes from other dance & other arts therapies, counselling and psychotherapy organisations internationally
- Committee used an iterative Delphi process to reach consensus to define the types of supervision for DTAA
- Circulated to board & members for feedback the committee recommendations for supervision definitions for student/trainees/ provisional and professionals, individual and group supervision
- Collaborated with the PMC & TEC on agreed supervision hours required for current membership levels

#### SC Plans for 2020-2021

In this coming year, the SC plans to complete the requirements for membership levels and then address:

- Updating supervision requirement processes for membership levels and establish processes for supervisors and supervision training in collaboration with TEC & PMC
- Requirements for supervisor and supervision training
- Establish supervision register
- Establish supervision reporting procedures

Respectfully submitted, **Eileen McDonald** SC Convener



### MARKETING AND PROMOTIONS COMMITTEE (MPC) REPORT Maeve Larkin



Committee Convener: Maeve Larkin, MPC

Committee Members: Mary-Claude Vienet

#### **Brief Statement of Objectives as per DTAA Strategic Plan:**

The M&P committee has two objectives which are to develop flyers for DMT use and to develop webinars on building one's business practice, supported by PDC

#### Committee's Actions and Achievements in 2019-2020:

- Wording approved for DMT and Older Adults Flyer
- The engagement of three DMT's, from Australia and NZ in a voluntary capacity to devise wording and provide photos for Children and Autism, Teens who experiencing anxiety and depression and DMT and mental health Flyers.
- The engagement of a paid designer to create a template which can be adapted for a variety of flyers

#### Focus for 2020-2021:

The focus for 2020-2021 will be to complete the flyers and have available on the website and to consider the development of the webinars.

- To complete the flyers
- To begin discussions with the Convener of the PDC re development of webinars.

Respectfully Submitted,
Maeve Larkin
Convener MPC

## WORKPLACE DEVELOPMENT COMMITTEE (WDC) REPORT Kim Dunphy / Juliette Kirkwood





Committee Convener:
Kim Dunphy and Juliette Kirkwood
Committee Members:
Kim Dunphy and Juliette Kirkwood

#### **Strategic Plan Objectives and Activities for PMC:**

Objective 1: Improved quality of DMT Work		
1.5.1	Increase value of connection to PACFA	
2.1.2	Maintain strong connection to PACFA	
2.1.4	Activate engagement with other creative, somatic and psychotherapeutic associations	
2.1.6	Assist DMT to become recognized as an allied health profession	
2.2.3	Develop Scope of Practice for DMT in Australasia	
2.5.1	Develop pro-active approaches to attracting people of diverse cultural backgrounds and gender to training and professional development	

This committee aims to advocate for dance movement therapy to be included in the options of recognised professions to deliver services to NDIS and ACC clients, and provide information to DTAA members regarding potential avenues for funding support through the various insurance schemes, which may include registration processes for individual therapists and other options. It also has responsibilities for issues such as rates of pay for DM therapists, contracting and ethical issues.

#### **Activity in 2019-2020**

The WDC has a very strong brief for the advancement of the profession of DMT. Activities and achievements this year include:

- New name and scope for committee: the committee is entitled now Workforce Development and
  expands activities to encompass members working on NDIS registration, ACC registration in New Zealand,
  liaising with PACFA and other relevant industry bodies, and other tasks that advance members'
  employment prospects.
- Publication in Moving On of an article to support members to access NDIS funding by Tessa Hens and Kim Dunphy: "Planning a dance movement therapy program for clients with intellectual disability: considering National Disability Insurance Scheme, host agency and dance movement therapy priorities'. Other articles on the topic of employment possibilities for DM therapists by NZ members Jan McConnell, Brigitte Puls and Lesley Hawkins were published in Moving On.
- NDIS suite of resources for members completed and webinar held, October

- Scope of Practice, needed for NDIS approval of DMT contracted to Sue Mullane, June.
- Evidence-Informed Practice Statement presented, updated and approved September
- NZ group, led by Anaia Treefoot undertook negotiations with ACC re funding for DMT, but were
  unsuccessful because of small workforce.

#### PACFA-related tasks:

Juliette Kirkwood attended PACFA Council meetings and provided regular reports to Board and for members' enews

- Lobby to PACFA to add Dance Movement Therapy as a modality in 'Find a therapist' search engine.
- Continuing monitoring of PACFA's Government lobbying and identify actions that support employment opportunities for DMT's and advise members.
- Other association connections
   Kim developing an active relationship with ANZACATA

#### WDC Plans for 2020-2021

The following tasks are planned by the TEC for this coming year:

- Create advice to members on self-advocacy
- Complete NDIS registration
- Increase promotion of DMT to potential employers or funders
- Increase practitioner skills in marketing and promotion of business
- Explore creation of or obtaining of e-versions of books sold by DTAA, including out of print, out of copyright

Respectfully submitted,

Kim Dunphy and Juliette Kirkwood

**WDC Co-Conveners** 



## BRANCH LIAISON REPORT Connor Kelly



Committee Convener:

Connor Kelly, Branch Liaison

#### **Committee Members:**

Branch Leaders of established branches, including Jan McConnell (NZ), and Robyn Price and Teresa Jackson (NSW). As other branches are established, this committee will expand.

#### **Strategic Plan Objectives and Activities for PMC:**

Objective 1: Improved quality of DMT Work		
1.2.1	Increase value of membership	
1.2.2	Increase active involvement of graduates	

The Branch Liaison functions to support the Branches and the Branch Leaders to create their method of leadership as well as frequency of meetings. The Branch Liaison interfaces between the Board and Branches and advises each of governing structures needed or occurring.

#### **Activity in 2019-2020**

In 2019-2020, much of my focus was on the needs of DTAA's New Zealand members. A request by New Zealand DTAA members that the DTAA Board pursue an application with the New Zealand Companies Office to become incorporated as a charitable trust board in New Zealand was facilitated. This resulted in a Special General Meeting held in March 2020 which unanimously passed the needed resolutions.

Also beginning in late 2019, the NZ Branch held regular ZOOM gatherings for all members. In February 2020 DTAA supported a very successful workshop given by Bonnie Meekums (UK) in Auckland. This significant event was the first time the DTAA held a Professional Development workshop outside of Australia.

#### Plans for 2020-2021

My major activity will be to create a model for Branch functioning, and to encourage other regions, such as Queensland, Victoria, and possibly Taiwan to establish branches. This will require contacting key members in those regions and assisting them, as well as identifying potential Branch leaders.

Additionally, and ideally, when in-person events can happen once again, I will facilitate, with the assistance of the PDC, events or meetings for each Branch Region. Finally continued online Zoom branch gatherings will be encouraged and supported as needed.

Respectfully Submitted,
Connor Kelly
Convener Branch Liaison



### PUBLICATIONS COMMITTEE (PC) REPORT Jane Guthrie



#### **Committee Convener:**

Jane Guthrie

#### **Committee Members:**

Team for each issue differs, but always includes: Jane Guthrie, editor, Anna Schlusser fine editing, Naomi Aitchison, adviser and reader. Reviewers are anonymous. The PC also uses volunteer editors who respond to call for assistance, come and go, but their work in very highly valued whilst they are there.

#### **Strategic Plan Objectives and Activities for PMC:**

Objective 1: Improved quality of DMT Work		
1.3.3	Publish more articles online for members to read and use for work, CPD, and sharing of	
	research, including pursuing the e-book options for DTAA's various publications	
2.3.1	Develop a clearly articulated peer review process for inclusion on website and within journals	

Overall the PC's intent is to produce a high quality publication which provides members (and others) with the opportunity to publish their work and read about the work of other DMTs. People submitting articles work with editors and reviewers to bring their work up to publication standards, and depending on the topic and approach, the article may accepted in the non-peer review section. Once published articles are available for purchase by non-members.

#### **Activity in 2019-2020**

Actions included the following:

- The first article is now on-line from the recent Vol 17, 1 & 2. This was a key research article for members to read and use prior to publication of the journal for research purposes.
- As per Objective 2.3.1, a peer review process has been submitted to the Board. Further action depends
  on Board approval or recommendations. However, a peer review process already exists within the journal
  but will now be formally reviewed by the Board.

It is important to note regarding reviewers. Reviewers are anonymous and we thank them but cannot name for confidentiality reasons.

#### PC Plans for 2020-2021

The following items are on our agenda for 2020-2021:

In relation to Moving On publication:

- Complete the distribution of Vol 17, 1 & 2.
- Ensure the process for reviewing articles submitted for the journal is reviewed by the Board.

- Complete the special issue on Somatics and DMT. DTAA is sharing this volume with the Bodymind Centering group.
- Ensure peer reviewed articles are clearly identified

#### In relation to other publications:

- Discuss needs with Board, particularly with regard to e-books
- Continue promoting sales of both e-books and hard copies through creative means.

The most urgent need felt by the PC is to increase the size of the managing team. Managing the publications portfolio required a larger team. Thank you to all those who have assisted in this 2019 – 2020. Without the help received, nothing would have been achieved.

Respectfully submitted, Jane Guthrie Convener



## HANNY EXINER MEMORIAL FUND COMMITTEE (HEMF) REPORT Mandy Agnew



Committee Convener: Mandy Agnew, HEMF Convener

#### **Brief Statement of Objectives as per DTAA Strategic Plan:**

This year we were pleased to welcome Teri McNeil as the newest member to our committee. Teri has replaced Natalie Poole in the role of Research Coordinator.

A large focus of the 2019-2020 period has been on reviewing the history of HEMF. The trust was formed in 2001 and almost 20 years later we have put pen to paper and outlined the development, intentions and overall unfolding of HEMF to where it stands today. A huge thank you goes out to our committee elders Ron Exiner and Jane Guthrie, who have been a part of HEMF since its inception. They have provided background information and context for us to pull together what we believe to be a clear explanation of the Foundations activities to date.

The 2019-2020 HEMF research grant was awarded to Hannah Friebel for her study titled: 'Dance Movement Therapy Practice Development – as part of the Sincerely, Survivor Project – Arts-based Research into the human experience of complex mental illness and Victoria's Mental Health System'. The challenges of the current pandemic has meant that Hannah has had to refine her project and utilise a DMT online format. Her research now explores 'The impact of online Dance Movement Therapy for professional dancers during the COVID 19 pandemic'.

Verity Danbold continues her research into using 'DMT as an Online Methodology'. HEMF has granted Verity an extension for her research schedule. The use of online DMT has increased in response to the current pandemic, which now means Verity can draw upon this extended data, to further add value to her study. The research outcomes will now be available in early 2021.

The committee has continued to engage external resources which provide us with research expertise and support. Steve Harvey has kindly offered Research Advise and Project Mentoring for both Hannah and Verity. We deeply appreciate his commitment to the improvement of our DMT research and practice.

The 2019-2020 Annual Achievement Award was presented to two recipients, Anaia Treefoot and Kim Dunphy at the AGM in October 2019 in recognition of their exceptional and significant contributions to the development and advancement of dance movement therapy in Australia and New Zealand.

Expenditure exceeded income during the 2019/2020 financial year. Two grants were paid out during this financial year, simply due to timing of the research application review process. Also, income from the HEMF shares has been impacted by the current economic downturn.

A summary of the financials for 2019/2020, submitted by Ron Exiner, appears below;

#### Opening balance 1/7/19: Cash at bank \$4413.91

Expenditure: \$ 4623.97 Income: \$ 1144.12 Net result: \$ -3579.85

Closing Balance 30/6/19: \$ 934.07

The Exiner Family have guaranteed that funds will be provided for the 2020 grant, however HEMF will need to instigate fund raising activities going forward to ensure grant funds are available in the future. The committee wishes to thank the Exiner Family for their ongoing support, especially during these tough times.

I would like to thank all the member of the HEMF Committee for their commitment and willingness to contribute to this important work. It has not all been easy, but it has been worthwhile.



#### TABLE OF ABBREVIATIONS

#### **ABBREVIATIONS August 2020**

#### **DTAA BOARD**

**SKL** Sandra K Lauffenburger

**ECK** E. Connor Kelly

**EM** Eileen McDonald

**KD** Kim Dunphy

JG Jane Guthrie

**RP** Robyn Price

**ML** Maeve Larkin

**TN** Tracey Nicholson

JK Juliette Kirkwood

**SM** Sue Mullane

MA Mandy Agnew

#### **DTAA COMMITTEES, CONVENERS, ACTIVITIES**

**PMC** Professional Membership Committee (SKL)

MPC Marketing Promotions Committee (ML)

**PDC** Professional Development Committee (JG & RP)

**TPC** Training Providers Committee (TN)

**TEC** Training & Education Committee (SM)

**WDC** Workforce Development Committee (JK & KD)

**SC** Supervision Committee (EM)

PC Publications Committee (JG)

**EC** Ethics Committee (ECK)

**CC** Competency Committee (SKL)

FC Finance Committee (RP)

**GO** Governance Committee (EM)

**RC** Research Committee (KD)

**HEMF** Hanny Exiner Memorial Fund (MA)

**Branch Liaison** (ECK)

PACFA Liaison (JK)

#### **ORGANISATIONS**

**ADTA** American Dance Therapy Association

**DTAA** Dance Therapy Association of Australasia

PACFA Psychotherapy & Counselling Federation of

Australia

**IDTIA** International Dance Therapy Institute of

Australia

TT Tensegrity Training Specialised RTO focused on

Pilates and Somatics training

**DTNZ** a training organisation in New Zealand

providing dance therapy training

**UA** University of Auckland

**UM** University or Melbourne

#### **AUSTRALIAN & NEW ZEALAND ABBREVIATIONS**

**AGM** Annual General meeting

**SGM** Special General Meeting

**CPD** Continuing Professional Development

**EIP** Evidence Informed Practice

**NDIS** National Disability Insurance Scheme

**ACC** Accident Compensation Corporation (in New Zealand)

AQF/NZQF Australian Qualifications Framework /

**New Zealand Qualifications Framework** 

**RTO** Registered Training Organisation

#### **PROFESSIONAL DESIGNATIONS**

**DMT** Dance Movement Therapy

**Dmt** Dance Movement Therapist

**DMP** Dance Movement Psychotherapy

**Dmp** Dance Movement Psychotherapist

**UK** United Kingdom

**NZ** New Zealand

**DP** Donna Parker (Administrator)

MC Melissa Croft (Bookkeeper)

### OTHER DOCUMENTS

DTAA 2018-2019 Minutes

DTAA 2020-2022 Strategic Plan

**DTAA Code of Ethics** 

