

DTAA Professional Development Day/Pre AGM Webinar-Workshop 1

Event Title:

Dance Movement Therapy Models and Measures

Half Day Online Workshop.
Saturday 10 October 2020 / 9.30am-12.30pm (AEST)

Introduction:

Three presenters will each deliver an embodied on-line experiential - designed to share the theoretical models they base their work on, as applied to distinct population groups. The three presenters have different training backgrounds, use different theoretical models. They will describe the model they work with and show how, through their own or others' influences, they have made the model more uniquely their own. After the movement experiential, they will each be asked to explain how their DMT application is being effective in reaching their goals. Each presenter will then outline their assessment processes. The presentations show how various DMTs organize their program delivery and, at the same time, ensure their work is evidence based.

Attendees will have the opportunity to ask questions and /or volunteer relevant information from their own practices at Q&A times which will be built into the morning program.

Learning Objectives:

By the end of this workshop, participants will have:

1. A broadened knowledge of theoretical models of DMT and application to different populations
2. Increased awareness of how models can be shaped and extended through personal influences (therapists, population groups)
3. Increased awareness of the essential need to assess, plan, record, set goals, and modify programs according to outcomes

What you will need:

Create a comfortable space where you can see, hear and move freely. Bring water and writing materials, crayons, paper and wear comfortable clothes.

For the Experiential Sections:

For the First Presentation: Select an object that symbolizes the elements. Earth: eg ball, drum, chair; Water: eg cloth, ribbon on stick; Fire: eg rope, elastics, cushion (anything that creates tension); Air: eg lightweight scarves, leaves, feathers, balloons.

For the Second Presentation: Two blank sheets of A4 Paper and a pen.

For the Third Presentation: Have a hat or jacket nearby that you do not usually wear.

Our Presenters are:

1. Fran Ostroburski from Melbourne (Children)
2. Alberto Dimarucut from The Philippines (Tertiary Level Students)
3. Mary Rose Nicol from Country Victoria (Adults)

About Our Presenters:

Presenters are both Professional Members and specialists in particular areas of practice.



Fran Ostroburski, DTAA (Prof. DMT), B.A.(Mon), Dip.Soc.Studs (Melb) Dip. DMT (IDTIA), AYTTC (yoga), is a trained social worker and dance therapist. She teaches creative dance for adults and has worked as a dance therapist at Connections, Uniting Care with disadvantaged families for 26 years specializing in primary treatment with children. She also facilitated a group with the frail elderly at Munzer community residence and is in private practice. Fran teaches in the IDTIA Certificate Training Course and supervises students in the Advanced Diploma Course.



Alberto Lampa Dimarucut, DTAA (Prof. DMT) Doctor of Social Development candidature (UPD), MS Human Movement Science (UPD), Grad.Dip. DMT (WI), BA Communication (FEU), is at present providing DMT with various populations in the Philippines, specializing in his work with the elderly, orphans and various people with disabilities. He has work experience in Aged Care & Dementia, Mental Health and Disability in Australia since 2009. He combines different modalities in his approach in the treatment of his clients and has his own private practice. He is also a licensed World ParaDancesport Trainee Classifier of the International Paralympic Committee (IPC) and faculty member in the College of Human Kinetics – University of the Philippines, Diliman.



Mary Rose Nicol, Dance Movement Therapist (Grad. Dip. Visual and Performance Arts RMIT), Jungian Analyst (Dip. Analytical Psych. ISAPZurich). Background in Nursing, Midwifery, Maternal and Child Health Nursing (Grad. Dip. Child and Family Health RMIT), Transpersonal Therapies (Living Water Center. NSW), and Counselling (Ma. Soc. Sci. ACAP). Mary Rose has a Private Practice based in Ballarat and Melbourne. Her main area of work is with individual adults, both for therapy and personal / professional development. Bringing a Jungian/psychodynamic approach to issues experienced by clients – such as disturbing transitional change, creative blocks, or disorientation and loss of meaning related to physical or emotional suffering. Alongside DMT, verbal therapy and working with dreams, she has particular interest in authentic movement, sandplay and expressive arts.

Event Details:

Date:	Saturday 10 October 2020
Time:	9.30am to 12.30pm
CPD:	3 Hours/points, Category A
Venue:	An online workshop by Zoom Webinar
Open to:	All DTAA Members
Event Costs:	DTAA Members: \$60.00 Workshop 1* DTAA Members: \$110.00 Workshops 1 & 2

Event Registration: Registrations are now open. To book your place, click the Trybooking link below.
<https://www.trybooking.com/BLMMR>

Event Contacts:	Jane Guthrie info@dtaa.org.au 0451 924 017	Mandy Agnew mandy@corewisdom.com.au	DTAA Administration admin@dtaa.org.au 0419 531 218
-----------------	---	--	--

Zoom Details: Zoom Details will be emailed to all attendees prior to the event. The Zoom room will open-up 15 mins before the starting time so participants can arrange themselves and or adjust the position of their screens.

Please Note: *There is no concession rate for this event and all fees must be paid in full at the time of booking.

Book Now!

<https://www.trybooking.com/BLMMR>

Registrations Close 5.00pm Friday 9 October, 2020

Guide for Attendees for the First Preparation

Dance Movement Therapy with Children and Families.

What do we want to access in this on-line experiential? By using props and music to enhance the dance-movement exploration, we can ask ourselves the following questions.

What did I do with this prop e.g. what movements, shapes, forms?

What sensations, feelings and expression did I access?

What was I thinking about?

What was I imagining?

Was I aware of metaphoric and symbolic language for this experience?

Were memories aroused?

As the experiential will be based on Elements of Nature, please bring an object that symbolizes the first 4 elements below.

EARTH e.g. ball, drum, chair

WATER e.g. cloth, ribbon on stick

FIRE e.g. rope, elastics, cushion (anything that creates tension)

AIR e.g. lightweight scarves, leaves, feathers, balloons

ETHER space

Looking forward to exploring with you.

Fran Ostroburski

DTAA Workshop presenter October 10, 2020. Models and measures