

DTAA Professional Development Day/Pre AGM Webinar-Workshop 1

Event Title:

# Dance Movement Therapy Models and Measurement

Half Day Online Workshop.  
Saturday 10 October 2020 / 9.30am-12.30pm AEST

## Introduction:

Three presenters will each deliver an embodied on-line experiential - designed to share the theoretical models they base their work on, as applied to distinct population groups. The three presenters have different training backgrounds, use different theoretical models, and come from different countries. They will describe the model they work with and show how, through their own or others' influences, they have made the model more uniquely their own. After the movement experiential, they will each be asked to explain how their DMT application is being effective in reaching their goals. Each presenter will then outline their assessment processes. The presentations show how various DMTs organize their program delivery and, at the same time, ensure their work is evidence informed.

Attendees will have the opportunity to ask questions and /or volunteer relevant information from their own practices at Q&A times which will be built into the morning program.

## Learning Objectives:

By the end of this workshop, participants will have:

1. A broadened knowledge of theoretical models of DMT and application to different populations
2. Increased awareness of how models can be shaped and extended through personal influences (therapists, population groups)
3. Increased awareness of the essential need to assess, plan, record, set goals, and modify programs according to outcomes

## All you need:

Create a comfortable space where you can see, hear and move freely. Bring water and writing materials and wear comfortable clothes.

## About Our Presenters:

Presenters represent various geographic areas of Australasia and are either Professional Members or specialists in a particular area of practice.



**Fran Ostrobrski, DTAA (Prof. DMT), B.A.(Mon), Dip.Soc.Studs (Melb) Dip. DMT (IDTIA), AYTTC (yoga),** is a trained social worker and dance therapist. She teaches creative dance for adults and has worked as a dance therapist at Connections, Uniting Care with disadvantaged families for 26 years specializing in primary treatment with children. She also facilitated a group with the frail elderly at Munzer community residence and is in private practice. Fran teaches in the IDTIA Certificate Training Course and supervises students in the Advanced Diploma Course.



**Alberto Lampa Dimarucut, DTAA (Prof. DMT)** Doctor of Social Development candidature (UPD), MS Human Movement Science (UPD), Grad.Dip. DMT (WI), BA Communication (FEU), is at present providing DMT with various populations in the Philippines, specializing in his work with the elderly, orphans and various people with disabilities. He has work experience in Aged Care & Dementia, Mental Health and Disability in Australia since 2009. He combines different modalities in his approach in the treatment of his clients and has his own private practice. He is also a licensed World ParaDancesport Trainee Classifier of the International Paralympic Committee (IPC) and faculty member in the College of Human Kinetics – University of the Philippines, Diliman.



**Brigitte Puls, DTAA (Prof. DMT)** is a Clinical Psychologist (NZ reg), Psychotherapist (NZ reg), Dances of Universal Peace cert leader (MDUPANZ), Supervisor (ATI cert.) and works part time as a senior lecturer at Auckland University of Technology (AUT) and in private practice. Her teaching and research interests focus on the practice of psychotherapy and fostering a holistic treatment approach based on human beings as embodied, moving, creative, relational and spiritual beings. In private practice, she works with children and adults, integrating DMT, relational psychotherapy and modern approaches to healing the effects of trauma.

## Event Details:

**Date:** Saturday 10 October 2020  
**Time:** 9.30am to 12.30pm AEST  
**CPD:** 3 Hours/points, Category A  
**Venue:** An online workshop by Zoom Webinar  
**Open to:** All DTAA Members and non members, psychotherapists, psychologists, counsellors, and CAT's

**Event Costs:** DTAA Members: \$60.00 Workshop 1\*  
DTAA Members: \$110.00 Workshops 1 & 2

**Event Registration:** Registrations are now open. To book your place, click the Trybooking link below.  
<https://www.trybooking.com/BLMMR>

**Event Contacts:**

<b>Jane Guthrie</b> <a href="mailto:info@dtaa.org.au">info@dtaa.org.au</a> 0451 924 017	<b>Mandy Agnew</b> <a href="mailto:mandy@corewisdom.com.au">mandy@corewisdom.com.au</a>	<b>DTAA Administration</b> <a href="mailto:admin@dtaa.org.au">admin@dtaa.org.au</a> 0419 531 218
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**Zoom Details:** Zoom Details will be emailed to all attendees prior to the event. The Zoom room will open-up 15 mins before the starting time so participants can arrange themselves and or adjust the position of their screens.

**Please Note:** \*There is no concession rate for this event and all fees must be paid in full at the time of booking.

**Book Now!**

<https://www.trybooking.com/BLMMR>

**Registrations Close 5.00pm Friday 9 October, 2020**