**TAKING YOUR DMT PRACTICE ONLINE:**

**A FREE webinar for DTAA members**

**Sunday April 26, 2020 at 6–8pm, Australian EST**

Taking dance movement therapy online is the topic for this Webinar organized by the DTAA for its members. This is an urgent issue for the many DMTs unable to conduct their normal face-to-face groups and client sessions due to the rapid spread of the Covid-19 virus and mandatory physical distancing regulations. Right now, it is not possible for DMT’s in Australasia to continue to practice in the typical way. There is an alternative, however, as we will show in this webinar. During the two-hour event, we aim to:

* support DTAA DMTs to understand how to modify or expand their practices, or aspects of them, to include online delivery;
* give DTAA members the confidence to set up online services for clients, should they choose to do so.

Prior to the outbreak of Covid-19, entrepreneurial DMTs in Australasia were already using online delivery with individuals, groups and /or for supervision and training. They have been successful, have experiences to share and have generously agreed to pass on their knowledge and encourage the rest of us.

**This webinar is FREE, but booking is ESSENTIAL**

**CPD: 2 hours /points, Category A**

**Please book your place via Trybooking** (contact details required but no payment). Don’t miss out. Spaces are limited.

**BOOK NOW** [**https://www.trybooking.com/BJJWW**](https://www.trybooking.com/BJJWW)

**For more information:**

**Contact Jane Guthrie on** [**info@dtaa.org.au**](mailto:info@dtaa.org.au) **or phone 0451 924 017**

Or Robyn Price on [**inspchar@tpg.com.au**](mailto:inspchar@tpg.com.au) or phone **0412 585 568.**

**Note:** a DTAA Research Forum, based on a recently published chapter on the same topic, will be presented by Ella Dumaresq as a follow up to this event. We suggest you attend both to gain maximum benefit and understanding. **On Wednesday April 29, 6-7pm (7pm NZ)**

**THE AGENDA**

* **Creating an Online Space that Feels Held - a movement warm-up - Teri McNeil**

Teri will demonstrate how to create an online space that feels held. She will also share the ‘how to’s’ of using Zoom for 1-1 sessions or groups of up to 100.

* **Setting up your business online – the basics - Verity Danbold**

In March 2020, the UK went into lockdown and it was no longer possible for Verity to see her local clients face to face. She will reflect on her very-timely research - exploring the use of DMT online - as well as the abrupt shift into working online with her teenage clients.

* **How to be creative when working online - Connor Kelly**

Connor will show you how to creatively use camera angles, the space (ours and our client’s), and objects that are in the home for your online sessions.

* **Constructing a useful online session - Tracey Nicholson**

Tracey will highlight the difference between online and a Virtual Online Classroom, looking at live interactions online, how to create a sense of reality, the area of supportive materials and how to set a Code of Practice.

* **Online DMT - the Consumer’s Experience - Juliette Kirkwood**

Juliette brings the perspective of the consumer, first looking at the embodied experience of the online environment and the process of moving established clients online. She will also reflect on the impulse to go online as a response to the current situation.

* **A moving experience – the changing ground - Natalie Poole**

Natalie will share her experiences of switching to online delivery and demonstrate how she has been experimenting with offering somatic exercises, Authentic Movement and witnessing. She will also talk about the process and benefits of connecting participants with each other.

* **Q&A**

The following questions will be either in presentations or in the Q&A section of the webinar. If you have other questions, we ask you to submit them prior to the event.

1. What is the suggested technology? Which digital modes are best to use?
2. Is insurance affected?
3. How do you assess client suitability for online involvement? Is everyone suitable?
4. How do we create a safe environment, both physically and emotionally?
5. How does the online space impact on the therapeutic relationship?
6. What are ethical considerations?

We hope that you will take advantage of this opportunity to learn from your colleagues (all of whom are generously volunteering their time and sharing their experiences and expertise) and to expand your DMT practice.

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**THE PRESENTERS**

**Teri McNeil - Professional DMT and Open Floor Teacher,** Teri has specialized in the field of intellectual and physical disabilities for 20 years. Her newest endeavour is teaching a women’s group called Saturday Sisters which is a mix of Open Floor Movement Practice and Creative Dance. The Saturday Sister's Group recently moved to a live stream online offering via Zoom. Find out about her current offerings on her website [www.danceme.com.au](http://www.danceme.com.au)

**Verity Danbold – Professional DMT and Researcher,** Verity is a DMT specializing in trauma, currently based in the UK working with child and young person survivors of sexual abuse and assault.  She is presently researching the use of DMT online having received the 2019 HEMF grant award, working with adult clients.  [vdanbold@gmail.com](mailto:vdanbold@gmail.com)

**Connor Kelly – Professional DMT, Educator and Supervisor,** Connor is based in Guam, USA, and has a decade of experience working online, training and supervising DMT students and practitioners, facilitating authentic movement sessions and training programs and, with Steve Harvey, Physical Storytelling. Connor shares a regular DMT experience on Facebook. eckellydance@gmail.com

**Tracey Nicholson – Professional DMT, Movement Educator and Training Provider,** Tracey is CEO of Tensegrity Training, an RTO specializing in Somatics, DMT and Pilates Movement Education. She also works as Movement Educator and DMT with extensive experience in education and rehabilitation and a dance performance background. As a DMT she has worked in areas of mental health, rehabilitation and special education. [www.tensegritytraining.com.au](http://www.tensegritytraining.com.au)

**Juliette Kirkwood – Professional DMT**, Juliette has extensive experience working in psychiatric hospitals, in inpatient and outpatient programs. Her areas of specialty include adult mental health include psychiatric disorders, women’s mental health, Post Natal Depression, drug and alcohol misuse, and complex trauma in adult survivors of child abuse. Juliette has developed DMT-based women’s retreats and currently runs multicultural women’s cancer support groups. [www.mbodywisdom.com.au](http://www.mbodywisdom.com.au)

**Natalie Poole – Professional DMT, 5Rhythms teacher & Spaceholder Mentor and Intimacy Co-Ordinator for Film & TV,** Natalie teaches weekly classes and workshops in Melbourne and regular workshops in Tasmania, New Zealand and Europe. She recently shifted her face-to-face practice to online “without missing a beat” In the last four weeks, she has taught over 20 online classes and workshops with women across Australia and New Zealand. Natalie is also mentoring colleagues in the logistics, and the creation of a safe and therapeutic online container for these online experiences. [www.twirlingwolf.com](http://www.twirlingwolf.com)

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**BOOK NOW to ensure you receive the zoom log in!** [**https://www.trybooking.com/BJJWW**](https://www.trybooking.com/BJJWW)