



# ANNUAL REPORT 2018-2019



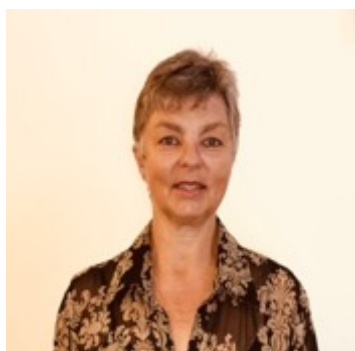
Photo: *Thinking Bodies, Moving Minds* Symposium  
September, 2018, Melbourne

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## President's Report



I am pleased to present this Annual Report of my fourth and final year as President.

The DTAA has had a very successful year overall, with the most energy and involvement that we have had activated in the Association for quite some time. The Board has been working to our Strategic Plan adopted in 2016, reviewing progress against it twice a year. We've made good progress against our two major goals: the improved quality of DMT work, and expanded reach of DMT services. Conveners provide details about their group's achievements against objectives towards these goals in their

reports to follow.

The Strategic Plan for the period is available from the website: <http://dtaa.org.au/about/services/> and the Board will present the first draft of its Plan for the coming period at the AGM.

Three aspects of our achievements I particularly highlight:

### **1.2. More members at Professional level, through improved processes for attracting and accrediting them**

This year saw another significant advance with a huge change in our Professional Members, up from 18 in 2016 to 70 in June 2019. Total active members as of 30 June 2019 were:

Professional	56
Provisional Professional	14
Associate	39
General	50
Concession	19
Life	4
<b>Total</b>	<b>155</b>

### **2.5. The DTAA has more sustainable operations**

**2.5.4 involve greater numbers of members in the org.'s higher level work**

**2.5.2. reduce the reliance on volunteers for basic administrative processes**

**2.5.3 implement more streamlined systems, including those for requesting and processing membership**

Another area of our work that I am very pleased to report on at the end of this period is the transformation of the DTAA to sustainable operations.

We have moved from an organisation that relied almost entirely on the voluntary commitment of one person, to one that can viably fund a paid staff member who manages all our administrative and membership processes. These are now continually improving in efficiency all the time, as capable Administrator Laura Houley establishes and sharpens systems. Our membership software WildApricot is now well utilised and providing an efficient means of tracking memberships and related income. All our other activities are now systematised using a variety of technological tools, increasing their financial viability and reducing costs and time.

The Board's agreement to contract a book-keeper to support our financial processes is another very healthy step in this direction, so that we no longer will need to rely on our senior members to manage basic financial processes for us as well.

Our move to paid staff has actually improved our financial position along with our systems. I am delighted that our finance report clearly shows that we are financially solvent, as we have been for past years as well, with reserves growing by almost \$10,000 each year since 2016, from \$50,000 up to \$70,000 currently.

We have had a huge change in the contribution of senior members in roles that utilise their specialist knowledge and skills, and we no longer require members to support us with basic admin tasks.

My role of President this year was actively supported by Executive Committee members Connor Kelly as Vice-President, Sandra Lauffenburger as Secretary and Robyn Price as Treasurer. The Board was significantly expanded by inclusion of more members, each with a dedicated portfolio as Conveners. All these members were active contributors, working well with other senior members who they have recruited to work on their Committees with them:

- Executive Committee (EC): President, Vice-President, Secretary and Treasurer
- Finance Committee (FC): Treasurer Robyn Price and Ben Assan
- Competency Standards Committee (CSC): Convener Sally Denning and Acting Convener Sandra Lauffenburger.
- Governance Committee: Convener Sandra Lauffenburger
- HEMF Committee: Convener Bouthaina Mayall
- Marketing and Promotions Committee (MPC): Convener Maeve Larkin
- NDIS Sub-Committee: Convener vacant
- Professional Development Committee (PDC): Conveners Jane Guthrie, Robyn Price
- Professional Membership Committee (PMC): Convener Sandra Lauffenburger
- Publications Committee (PC): Convener Jane Guthrie
- Regional Liaison: Connor Kelly and one or more representatives from every state, territory and NZ and region.
- Supervision Committee: Convener Eileen McDonald
- Training and Education Standards Committee (TEC): Sue Mullane
- Research Committee: Conveners Sue Mullane and Ella Dumaresq.

### **Board Members' attendance**

The Board held ten monthly meetings throughout the year by Zoom, enabling active contributions from members across Australasia. We thank all those members for their significant contributions to the work of our Association.

<b>Committee members</b>	<b>No. meetings eligible to attend</b>	<b>No. meetings attended</b>
Kim Dunphy	10	10
Connor Kelly	9	9
Sandra Lauffenburger	10	10
Robyn Price	10	10
Ben Assan	3	3

Jane Guthrie	10	10
Juliette Kirkwood	4	4
Maeve Larkin	9	8
Eileen McDonald	3	3
Sue Mullane	4	4

### **Where to for the DTAA and dance movement therapy**

As I reflect on the achievements of the association, its leaders and our members over these four years, I am pleased to consider all the significant advances. At the same time, there is much more to do before we have a viable profession. If we look at our sister organisations, the AMTA of 500 members and ANZACATA of 750 members, we are far behind them in terms of our membership and therefore our visibility and viability.

If we want to be a profession that health professionals such as GPs and agencies such as NDIS (Aust) or ACCC (NZ) can refer clients to, we will need to have many more members doing much more work, and much more visibly. Other professions to whom such agencies might refer clients are much bigger again: for example, exercise physiologists (5000) and psychologists (23,000).

I challenge each and every one of you to continually think about what you can do to advance dance movement therapy across Australasia. I suggest that we need to be more positive and louder about our wonderful profession. We need to expect that we are paid properly, and hired under reasonable conditions. We need to talk about our work to our colleagues and to other professions we have access to in our personal and professional lives.

We need to write about our work so that others can learn about it, and this needs to be done in all types of publications, from those for clients and potential funders and in peer-reviewed journals so that it can be given full gravitas. We need to be certain that what we offer is something both special and powerful, and we need to utilise evidence about our work to ensure that, both existing published material and data we gather in our practice.

I am certain that dance movement therapy is a profession for the future. While much work in years to come will be done by robots, even highly skilled professions such as medicine or law, robots will never be able to replace us, given the creative and relational skills that are fundamental to our practice. In a world where basic tasks are performed by machines, people will have ever increasing leisure time and greater need for enjoyable creative practices that enhance their health, wellbeing and quality of life.



I am delighted that I leave my leadership role to a wonderful team who have stepped forward so enthusiastically, particularly incoming President Sandra Lauffenburger, who has been the most supportive, energetic and competent Secretary for the last years of my term.

You are in very good hands,

*Kim Dunphy*

*Photo: AGM 2018, Melbourne*



## Financial Report 2018-2019

### 2.5. The DTAA has more sustainable operations

	Activities
2.5.1	develop and monitor annual budget
2.5.5	Re-consider membership fees and activity pricing to ensure income covers running costs
2.5.6	Run some activities at a profit- consider conference as a goal



Below is the financial report for Financial Year 2018/19, summarising the DTAA's activities for that 12-month period highlighting our current financial situation. For the previous two years, we heard the Association made a loss. While this may be the case, we always had a healthy amount in the savings account. In my tenure as Treasurer, I believe it was most important to understand the operations fully, to implement simple financial systems and process improvements, to record all income and expenditure (with the assistance of Administrator Laura), create a draft budget and to do some analysis of proposed changes along the way, such as the new membership fee schedule, e.g. Several improvements have been made and more are still to come.

I am delighted to report that the DTAA made a profit this financial year, that our savings have increased and we have instigated some new financial management processes, particularly in regard to documentation. By maintaining these processes, the transparency that was sought by several of our members is now possible.

I would like to point out that a couple of events, namely the Amber Gray workshop series and Thinking Bodies, Moving Minds symposium returned a healthy profit and helped us to return to a positive financial position. Put simply, we are in a healthy position for the next phase of the Association's life. Following the request to view our Budget at last year's AGM, a budget has been prepared for last year and for the coming year. Given the Board is having a planning day ahead of the AGM, we will share an updated Budget that reflects the activities planned for the year ahead.

One new initiative that is being investigated is the appointment of a bookkeeper. It is clear that few of our members have financial expertise or time to assist in this way and, the Administrator already has enough responsibilities. A bookkeeper will add to our expenses but it is my recommendation that we look for new and innovative ways to increase our income in the coming years to offset this cost.

Thank you to Laura Houley, to the Executive, to Jane Guthrie, and to the Board for your assistance and support along the way. It is now time for me to step aside and allow the incoming Treasurer to continue this work.

#### Total equity

<b>Assets</b>	<b>as at 30 June 2018</b>	<b>as at 30 June 2019</b>
Bank Community Account	\$9,035.54	\$11,296.48
Bank Reserve Account	\$42,435.55	\$50,866.57
Bank Debit Card	\$25.75	\$203.38
Paypal	\$3,921.58	\$ 6,749.83
plus USD221.42	\$326.38	
Trybooking	\$6,226.82	\$943.37
<b>Totals</b>	<b>\$ 61,971.62</b>	<b>\$70,059.63</b>

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**Dance Movement Therapy Association of Australasia**  
**Financial Statement for 2018/19 Financial Year**

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ABN: 26 323 204 775

**Income**

Membership	\$31,916.23
Publication sales	\$51.50 *
CPD/Events	\$34,897.27
Bank Interest	\$439.22
Other	\$60.00
<b>Total</b>	<b>\$67,364.22</b>

**Expenditure**

Administration	\$15,590.85
Membership	\$1,102.74
Marketing	\$1,376.00
Governance	\$7,645.62
CPD and Events	\$26,380.15
Publications	\$1,616.13
<b>Total Expenditure</b>	<b>\$53,711.49</b>

**Result**

	<b>\$13,652.73</b>
less PACFA fee (paid after June 30)	-\$ 9,190.07
<b>Total earnings in 2018/19</b>	<b>\$ 4,462.66</b>

**Total equity as of 30 June 2019:****\$ 70,059.63**

\* One area not shown in detail here is a full breakdown of the Paypal activity. I have initially counted Paypal activity as membership income. I note that there is event income and publications income embedded within the membership total. I shall endeavour to show that at the AGM.



**DTAA Budget for  
Financial Year  
2019-20**

<b>Expenses/Income</b>	<b>Budget 2018-19</b>	<b>Actual 2018-19</b>	<b>Budget 2019-20</b>
<b>Operating Expenses</b>			
Mobile phone	\$ 708.00	\$ 882.19	\$ 780.00
Admin Assistance	\$ 14,560.00	\$ 7,611.00	\$ 13,440.00
Membership processing system	\$ 852.00	\$ 677.60	\$ 900.00
Website maintenance and support	\$ 750.00	\$ 3,905.40	\$ 2,400.00
Association Incorporation fee	\$ 405.00	\$ 56.90	\$ -
Bank fees	\$ 200.00	\$ 30.00	\$ 200.00
PayPal fees	\$ 120.00	\$ 116.39	\$ 120.00
PO Box Annual Renewal fee	\$ 205.00	\$ 191.00	\$ 215.00
Admin expenses: printing, copying, scanning	\$ 500.00	\$ 319.54	\$ 500.00
expenses - book sale (postage, packaging etc.)	\$ 250.00	\$ 258.29	\$ 350.00
Committee expenses	\$ 560.00	\$ 551.20	\$ 560.00
Dropbox rental	\$ 200.00	\$ 191.90	\$ 200.00
Association insurance			\$ 4,000.00
<b>Publication Expenses</b>			
Journal (design, printing and distribution)	\$ 1,400.00	\$ 720.70	\$ 1,400.00
DTC Production	\$ -	\$ 5,467.95	\$ -
Publication Purchases	\$ 160.00	\$ 100.00	\$ 200.00
Postage and packaging	\$ 1,600.00	\$ 912.53	\$ 1,600.00
<b>Event Expenses</b>			
Professional Development (Assuming 4 per annum)	\$ 15,000.00	\$ 28,329.44	\$ 25,000.00
Supervision Days (assuming 2 per annum)	\$ 600.00	\$ -	\$ 1,200.00
AGM Costs	\$ 600.00	\$ 524.07	\$ 1,500.00
Booking Fees	\$ -	\$ -	\$ -
<b>Special projects</b>			

Paid work for building knowledge base to support NDIS and research projects	\$ 4,000.00	\$ -	\$ 2,000.00
Journal and collections web-upload project completion	\$ 600.00	\$ -	\$ 400.00
Marketing and Promotion	\$ 1,000.00	\$ -	\$ 2,000.00
<b>Expenses Other</b>			
<b>PACFA</b>			
DTAA Association Membership Fees		\$ 687.50	\$ 750.00
Professional Members fees	\$ 10,800.00	\$ 5,736.32	\$ 10,800.00
<b>Total Expenses</b>	<b>\$ 55,070.00</b>	<b>\$ 57,269.92</b>	<b>\$ 70,515.00</b>
<b>Income</b>			
<b>Membership fees</b>			
Professional Members	\$ 2,804.56	\$ 4,000.00	\$ 15,070.00
Provisional Prof Members	\$ 1,615.00	\$ 570.00	\$ 2,800.00
Associate Members	\$ 4,200.00	\$ 3,300.00	\$ 4,505.00
General Members	\$ 4,160.00	\$ 360.00	\$ 3,300.00
Associate Concession Members			
General Concession Members	\$ 1,210.00	\$ 500.00	\$ 960.00
Professional Overseas Members	\$ 1,260.00	\$ 100.00	
Associate Overseas Members		\$ 180.00	
General Overseas Members		\$ 180.00	
Student Members		\$ 50.00	
Professional membership application	\$ 750.00	\$ 1,020.00	\$ 800.00
<b>Event Registration</b>			
Professional Development	23,200	\$ 34,450.62	\$ 32,500
Supervision Days		\$ -	\$ 1,700.00
AGM event		\$ -	\$ 1,500.00
<b>Publication sales</b>			

Journal article sales (online)		\$ 17.50	\$ 150.00
Other Publication Sales		\$ 664.50	\$ 500.00
DTC 4 Sales		\$ 102.00	
<b>Other</b>			
Bank interest		\$ 316.04	\$ 300.00
<b>Total Income</b>	\$ 39,199.56	\$ 45,810.66	\$ 64,085.00
<b>Expected Result</b>	-\$ 15,870.44	-\$ 11,459.26	-\$ 6,430.00

*Treasurer Robyn Price*

# Committee and Sub-Committee reports

## Governance Committee

### 2.4 Strengthened case for DMT, by development of governance practices

2.4.7	Register the DTAA as a Registrable body
2.4.8	Develop a constitution for the DTAA

This is the inaugural AGM report for the Governance Committee as this committee came about as a result of the acceptance of the new constitution at DTAA's 2018 AGM. The Governance Committee oversees the Constitutional processes by which DTAA operates, including creation of policies and By Laws for the enactment of Board decisions. This committee is also in charge of DTAA's legal status, which is now as a Registrable Body.

During the past year, the Governance Committee has completed the following tasks and policies:

1. A Code of Conduct for Executive, Board and Committee members was developed and passed as a By Law.
2. A Communication Strategy for Executive, Board, and Committee members was developed and passed as a By Law.
3. A policy for Voluntary Deactivation/Reactivation of Professional membership was developed in conjunction with the PMC and passed as a By Law.
4. A policy for use of the DTAA Logo was developed and passed as a By Law
5. A template for developing and writing a committee's Terms of Reference has been developed was developed and will be disseminated to all committees in the 2019-2020 year.
6. Job Descriptions for the Executive positions were developed for use in DTAA's first formal elections under the new constitution. A self-nomination form to be used by nominees was also developed. These documents have been used for the election of the Executive held this year.
1. Finally, DTAA was advised by NPF Law that becoming a Registrable Body was the best way for our organization to legally operate nationally. The NPFLaw lawyer noted that "becoming a Registrable body is the best option for existing Incorporated Associations looking to operate across state/territory boundaries." Thus DTAA took the steps required by ASIC, and in May 2019 became a Registrable Body rather than an Association.

*Report submitted by Sandra Kay Lauffenburger, Convener Governance Committee with members Connor Kelly, Robyn Price, and Kim Dunphy*

## Competency Standards Committee

<b>1.3. DMT practitioners who have good practices re PD and supervision</b>	
1.3.1	Develop Competency Standards for DMT in Australasia

The DTAA competency standards project, began in 2016, developed a set of competency standards for Australasian dance-movement therapists. **Competency Standards** are an important professional benchmark for Australasian dance movement therapy. They are used to assess the skills and knowledge that a person must demonstrate in the workplace to be seen as competent.

These standards were tabled and approved by the membership at the 2018 DTAA AGM. These Competency Standards will not only define the requirements for effective workplace performance of Australasian dance movement therapists and the criteria for professional membership of DTAA, but they will also offer a platform for defining learning outcomes and assessment benchmarks for dance movement therapy training. The committee also anticipates that the standards which have been developed could provide the template for Dance Movement Therapy anywhere in the world.

### **Project Team:**

The work was completed by a Sub-Committee of DTAA comprising:

- Sandra Lauffenburger (ACT)
- Dr Kim Dunphy (Vic)
- Dr Sally Denning (Vic)

After the 2018 AGM, a Communication & Rollout Strategy was devised which included the following items which have been completed by the committee:

1. Formatting and publication of the competencies on the DTAA website
2. Recording of a webinar that described the competency standards and opportunities for their use
3. Specialist interactive discussions with DMT training providers and other relevant parties
4. Incorporation and update of feedback from discussions (as per item 3)
5. Agenda on 2019 AGM to allow review and updates identified to be discussed and tabled.

The committee will present the updated Standards to DTAA members at the October 2019 AGM and seek endorsement.

*Sandra Kay Lauffenburger, Acting Sub-Committee Convener, with members Dr Kim Dunphy and Dr. Sally Denning.*

## Professional Membership Committee

### 2. More members at Professional level, through improved processes for attracting and accrediting them

1.2.1	better articulated membership requirements for Associate and Provisional Professional Mem
1.2.2	more streamlined processes for Professional Membership and other levels
1.2.3	maintain strong connection to PACFA standards for membership
1.2.5	a pro-active approach to mentoring members through Professional Membership application

### 1.3. DMT practitioners who have good practices re PD and supervision

1.3.5	establish a CPD establish an auditing process for PD for all Prof members
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### 2.4 Strengthened case for DMT, by development of governance practices

2.4.4	Develop provisions to suspend or revoke membership
2.4.5	Develop requirements relating to recency of practice and return to practice

In the 2018-19 year the PMC has enacted a trial audit of the Continuing Professional Development of selected members. Fifteen committee members of Professional standing were asked to trial the form by submitting their CPD for the previous year. One member expressed excitement that the DTAA was following through on their commitment to professionalism and was pleased to be one of the guinea pigs trialling the process.

Completed forms were collected by the Administrator and initially reviewed for completeness. The PMC reviewed the responses to identify questions, issues, and problems. From this data, the CPD form was updated to contain clearer instructions and procedures for counting CPD and logging it. The form is now available on the DTAA website and when completed, can be uploaded into the Professional Member's Wild Apricot file.

A Deactivation/Reactivation policy has been developed for those Professional Members who require a break from professional membership obligations for personal or health reasons. Forms have now been uploaded to the DTAA website, and policy can be found in the By Laws section on the website.

Finally, the PMC has developed a simplified form for use by Provisional Professional members when they upgrade to Professional. This form has been trialled by a Provisional Member and feedback has been incorporated. The form is now available on the DTAA website.

### New senior level members in 2018-19

The DTAA congratulates new members at senior levels achieved in this year:

#### **Professional Members:**

Francoise Bale (NSW)

Terri-Anne Bolger (NSW)

Barbara Eberhart (NZ)  
Anne Hurst (NZ)\*  
Katarina Lein (NSW)  
Michelle Mahrer (NSW)\*  
Natalie Poole (VIC)  
Maria Sangiorgi (VIC)  
Deb Scarfe (NSW)  
Suzanne Scarrold (NZ)\*  
Rosemarie Smith (NSW)  
Satyo Sullivan (NSW)\*  
Corinne Urquhart (NSW)

**Professional Members upgrading from Provisional**

Verity Danbold (VIC)  
Clare Etherton (NZ)\*  
Angela Kastanis (VIC)\*

**Provisional Professional Members**

Clare Etherton (NZ)\*  
Doreen Lehmann (NZ)\*  
Sarah McGregor (VIC)  
Cath Rummery (VIC)  
Joanne Terkel (VIC)\*  
Bex Williamson (NZ) \*  
**Monica Espinoza Anguerre (VIC)**

\* members who will be inducted at this AGM



Respectfully submitted,

*Sandra Kay Lauffenburger*  
Convener and Members –Anna Schlusser, E Connor Kelly, Alberto Dimarucut, Eileen McDonald



Photo: Presentation to new Professional and Provisional Members, AGM October 2018



## Vice-President's report

**Branches:** Sydney debuted the NSW branch event in November 2018 and plan to report at the AGM how to inspire other areas to advance branch activity (e.g. Victoria, New Zealand)

**Ethics Committee:** This committee was established in 2019 to address the task of updating the DTAA's Code of Ethics, which had not been changed since 2004. This was precipitated by NDIS's requests for quality control of members' services. The group's main achievement in 2018-2019 was the recruitment of a team of Professional Members, which now consists of myself (Guam/NZ), Mary Rose Nichol (Vic), Jan McConnell (NZ) and Francoise Bale (NSW). Members will begin their work in the current year by reviewing ethical codes from the ADTA, PACFA and ANZACATA before creating a new draft document for members' consideration.



*Convener E. Connor Kelly*

## Professional Development Committee

### 3. DMT practitioners who have good practices re PD and supervision

1.3.2 present regular skill development activities for practitioners, including evidence-informed practice, that address identified needs of practitioners or take advantage of special opportunities

Many professional development events were scheduled this year, all going ahead and running successfully. This was because the content of the various events attracted a mixture of participants from other modalities. Only the AGM professional development day was an exception and was all DMTs. It is rewarding to know that events we run are attractive to other groups. This means that providing we make the right program choices, we can be confident when more events take place than usual. Also, when well supported by other groups, this serves to inform people from other modalities about DMT.



The year's activities started, on the cusp, with an event on June 30th – July 1<sup>st</sup>, 2018, *Movement and Dance as a resource in therapy – expressing the body's wisdom*, presented by Virginia Woods, in Sydney. This did attract others interested in the creative arts, as well as people from the Nia community. The participants were able to experience dance as a natural resource that supports release, expression, unfolding, and authentic expression of the body's wisdom, as well as, how it moves beyond the mind to support healing and the fulfilment of potential.

*Thinking Bodies: Moving Minds – A symposium on the Art of Embodiment*

took place in Melbourne, in September, 2018. With the focus on somatics and dance movement therapy in which embodiment is a core philosophical assumption, the DTAA formed a partnership with the BMC group to run the event. It was highly successful and attracted approximately 75 attendees from different areas of body movement and somatic practices. It offered a wide range of opportunities to investigate and reflect on embodiment and share practices.



In October 2018, our AGM event, *Neuroscience: Using new vocabulary to explain what we do*, was held in Melbourne, presented by Jilba Wallace. Jilba was visiting from the US but is originally from Australia. Jilba has worked in psychiatric hospitals running groups, taught and mentored dance-therapy students and currently offers experiential training in Mind/Body balance for corporations as well as running a busy private practice in a Family Doctors' office



In November 2018, Connor Kelly provided a two-day immersion in Authentic Movement: in Sydney and again, people with a broad range of backgrounds attended wanting to know more about Authentic Movement. Connor facilitated different rounds of movement including dyads, triads, and the breath and long circle and looked at ways to integrate Authentic Movement into work with clients.

In December 2018, Amber Gray completed her 'Body as Voice' trauma training series, in Melbourne. Part two was reported on last year. This event is a good example of one run by the DTAA that attracts people from other modalities – mainly counsellors and psychotherapists as well as some DM therapists attending. This module completed the Restorative Movement Psychotherapy training for the group.



In January, we took advantage of the fact that Nana Koch was visiting Melbourne, from the US. Nana was mentored by Liljan Espanek – a pioneer of DMT in the USA. Nana is a leader in her field in carrying Espanek's legacies forward. The group who attended were again from mixed modalities, but mainly DMTs, wanting to be acquainted with Espanek's concepts of diagnosis, restructuring, and integration; using particular exercises to help patients express "the four emotions;" develop muscle-memory, and experience catharsis, all leading to behavioural change. The workshop also contained an exciting portion on Espanek's mask work also designed to shift the individual's movement

options and gain emotional release.

It is really exciting to see groups of professionals from other modalities wanting to attend DMT events and mixing with those from our DMT community. It makes us realise how much

we have to offer, and indeed how much we can gain from these interactions. We are also trying to ensure that there is a better coverage of events geographically for our members to improve the access. This has been mainly by increasing the number of events in NSW, so at least Victoria and NSW are well covered.

Events to come in 2019-2020 will include a return of Sara Boas to Sydney and Nana Koch to Melbourne. As well as other exciting new presenters in the pipeline and our local presenters here. We would also once again, welcome suggestions for CPD topics from members.

*Jane Guthrie and Robyn Price, Conveners, Professional Development Committee*

## **Publications Committee**

### **1.3. DMT practitioners who have good practices re PD and supervision**

1.3.4	publish regular journal for sharing of information and increasing opportunities for Australasian DM therapists to publish
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In the 2018-2019 financial year, one journal *Moving On* Vol 15, numbers 1 and 2 was completed full of interesting articles. The next issue will follow shortly and a special one is being organised by Cecilia Lau. Also, in development is another special issue from the papers submitted following the *Thinking Bodies: Moving Minds Symposium – A symposium on the Art of Embodiment*, which the DTAA collaborated with the Body Mind Centering group in Australia to present.

Journal articles and DT Collections chapters are available on-line and readily accessible for sale as single articles. Single articles from the journals are of course free to members, but not book chapters. DTAA books continue to be offered as a resource with most successful sales at events. Taking some with you to a job interview for example could be a way of promoting DMT, spreading the word about it. What better way to showcase your work, if you have an article inside, or even if not, it is such a good way to make DMT more visible.

For example, from the Collections series; Volumes 1, 2, 3, 4 plus both: *Hanny Exiner* and *Marcia Leventhal Special Editions of Moving On*. Hard copy Price: **\$95.00**. This is incredible value for money! And there are several more set price offers available. See: <https://dtaa.org.au/publications/>

We are still in need of people to join the editorial committee for the journal and would be pleased to receive ideas for promoting or finding an outlet for our books. Please email: [info@dtaa.org.au](mailto:info@dtaa.org.au) with any ideas or offers of assistance. I thank all those who have assisted in getting out *Moving On*, Naomi Aitchison, Heather Hill, Anna Schlusser and more recently, Helena Hatz.



*Jane Guthrie, Convener*

## Research Committee

### 3. Strengthened evidence base for DMT, by

2.3.1	raising practitioners' awareness of importance of evidence base and research, through training in using evidence
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This last financial year, the Research Committee has again focused on facilitating the monthly online Forums for collegial discussion on contemporary DMT-related research. The forums continue to offer members the opportunity to meet by zoom from where they reside which, to date, includes mainly Melbourne, Sydney, NSW and Victorian regional centres, and Auckland, New Zealand. Our gatherings are growing from strength to strength, in terms of a steady increase in members' regular attendance as well as the breadth of topics offered for discussion.

Ten forums were held from July 2018 to June 2019. Topics covered included qualitative research on embodiment, trauma and oppression; autoethnography; practice-based research; and a review of quantitative methodologies including randomised control trials, systematic reviews, and meta-analyses. Group members were also encouraged to reflect on ways of keeping up with developments in DMT research which we acknowledged can be challenging. Our preferences for one kind of research model or topic over others were considered potential hindrances to the test to stay informed across the field as well as in terms of our work focus.

We welcome any members interested to learn about current research relevant to our field to join the Forums, which are usually held on the last Wednesday of the month. Each month's article for discussion, guiding questions, and Zoom link are available on the DTAA website via the members' portal.

We would like to thank members for their support of the Forums and offer our ongoing appreciation to Laura Houley for her assistance with regularly updating the DTAA website with Forum information.

*Co-conveners Ella Dumaresq and Sue Mullane.*





## Hanny Exiner Memorial Foundation

### 2.3. Strengthened evidence base for DMT, by

2.3.5	Encourage DMTs to be active researchers: through HEMF fund grants
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This year we were pleased to welcome Natalie Poole as the newest member to our committee. Natalie has taken on the role of Research Coordinator.

Last year's upgrade to our application and review processes have been received well by both applicants and reviewers. This year we have formalised how our researchers are supported by HEMF during their project. We have introduced the roles of Research Advisor and Project Mentor, who agree to support the applicants during their entire 18 month research journey.

We have had one grant application submitted this year, with a number of interesting enquiries that we will hopefully see next year at submission time. The received application is currently being evaluated by our review panel. At present there is one outstanding project from previous years and last year's successful applicant Verity Danbold is currently doing her research into using DMT as an online methodology.

The 2018-2019 Annual Achievement Award was made to Suzie Graham Kuzmanovski in memoriam and was presented to her family at the AGM in October 2018 in recognition of her exceptional and significant contributions to the development and advancement of dance movement therapy in Australia. Suzie's ability to recognise people's needs, and her faith and perseverance to meet those through dance, will not be forgotten.

Income exceeded expenditure during the 2018-19 financial year as for timing reasons, there were no significant expenditures during this period. A grant was paid out on 5 July 2019 and this will appear in next year's report. A summary of the financials for 2018/2019, submitted by Ron Exiner, appears below;

<b>Opening balance 1/7/18</b>	<b>Opening balance 1/7/17</b>
Cash at bank \$3167.82	Cash at bank \$5265.29
Expenditure: \$30	Expenditure: \$3147
Income: \$1276.09	Income: \$1050.72
Closing Balance 30/6/19: \$4413.91	Closing Balance 30/6/18: \$5265.29
Value of share portfolio @ 4 October 2019 \$24811	Value of share portfolio @ 4 October 2018 \$22622
<b>Net result: \$1246.09</b>	<b>Net result: \$-2096.28</b>

I would like to thank all the member of the HEMF Committee for their hard work and willingness to contribute.



*Convener Mandy Agnew*

## NDIS Sub-Committee

### 2.1. Better employment opportunities for DM therapists

2.1.6	Advance DMT as a funded option for NDIS
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The NDIS Sub-Committee is perhaps the most critical of all DTAA's currently in terms of its potential for increasing work opportunities for our members, and opportunities for people in the community to access DMT.

Unfortunately this group lost all its members during this year, either for personal reasons or to other committees. Thankyou to those people who contributed in the early part of the year: Heather Hill, Jennifer Au, Cecilia Lau, Sandra Perrin and Mandy Agnew.

President Kim Dunphy continued the group's work to advance the requirements the NDIS has made of of the DTAA before DMT could be considered a registered NDIS modality. This included tasks related to membership such as a Register of members, auditing of professional development and certificates of currency that were completed by the Professional Membership Committee; the establishment of a Complaints Process by the Governance Committee, and the hiring of contractor Tessa Hens to develop a set of resources for members and potential clients. Significant progress has been made on these by the end of the financial year.

Additional input will be required from other members for this Committee for good progress to be sustained. New members welcome to advance this very critical work.

*President Kim Dunphy*

## Marketing and Promotions Committee

### 2.1. Better employment opportunities for DM therapists

2.1.1	increased promotion of DMT to potential employers or funders, through development of flyers, specific PD for professional groups, and e-news
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The Marketing and Promotions Committee has been steadily working on a project creating flyers across the different populations with whom DMTs currently work. So far we have created a format for *DMT and Older People* with words and text and investigating the possibility of employing a designer to create a consistent template into which text and photos can be inserted for different populations. Ultimately the flyers will be available on the DTAA website providing a useful resource for DMT's to promote their work in their communities. The flyers will also be available for interested people and organisations who wish to find out more about the benefits of DMT.



At this stage we are a small committee and if any members are interested in how DTAA might promote our work and DMT in general we would welcome your creative input on this committee.

*Convener Maeve Larkin*

## PACFA Liaison Officer

### 2.2. Increased value of DMT by decision-makers and funders, through increased advocacy

2.2.1	increased engagement with PACFA and other representative bodies
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From March 2019 the DTAA made a decision to create a position titled PACFA Liaison Officer. Prior to this decision DTAA had various people at various times represent the DTAA at PACFA events which resulted in a disjointed communication pathway between the two organizations. The PACFA Liaison Officer's role is to act as a point of communication between the DTAA and PACFA. Having one person dedicated to this role meant that there is consistency and continuity.

This report is a summary of activities of PACFA that relate to the DTAA members for the time period of April 2019 to June 2019.

The first item that impacted DTAA Members was PACFA's fee schedule restructure. This meant that DTAA's Provisional Professional Members were also considered as members by PACFA, resulting in a significant increase in the DTAA fees for Provisional Professional members.

PACFA and the Australian Counselling Association are continuing to advocate for their registered members to be Medicare providers. This is a continuing effort but it seems like it is only a matter of time before this comes into effect. This will be very beneficial to DTAA members who are listed on the PACFA register. PACFA is also seeking ways to achieve legislative protection for professional titles but this is in the early stages.

PACFA drafted and approved a definition of psychotherapy which is available on their website. For those DTAA members who work psychotherapeutically with clients, this definition is useful.

During the April council meeting, PACFA launched a new Strategic Plan for 2019-2022. A point of interest is that the overall aim of the strategic plan is to serve the customers rather than the members which is something that the DTAA grappled with during our last AGM. The point was made by some PACFA members that "*we have a moral imperative to serve something greater than ourselves*".

PACFA's has adopted an evidence informed practice statement because they have shifted away from 'Evidence-Based to 'Evidence- Informed' Practice. This is because Evidence

Based Practice can be considered as quite limited in that it might only recognizes results produced by a modality that can be measured objectively. Evidence Informed Practice however takes into account the therapist/client relationship which is a significant contributing factor to therapeutic outcomes. This is also something for DTAA to consider in terms of where we place ourselves in this terrain.



Photo: Juliette Kirkwood, with DTAA President Dr. Kim Dunphy and PACFA President Dr Dr Stow, PACFA Council meeting, April 2019.

*Convener Juliette Kirkwood*



## Supervision Committee

### 1.3. DMT practitioners who have good practices re PD and supervision

1.3.6	establish a supervision reporting and auditing process for Prof members
1.3.9	increase capacity of DM therapists as supervisors

A big thank you to all the DTAA members who have participated on the Supervision Committee July 2018- June 2019, with acknowledgement of Sharon Paetzold for her early work in 2018. In Jan 2019 Sharon decided to step away from Supervision Committee leadership for personal reasons. Eileen McDonald started as new Convener March 2019. Committee members have been from Australia & New Zealand: Jung-Hsu Jacquelyn Wan, Lesley Hawkins, E Connor Kelly, Anne Hurst & Brigitte Puls.

The DTAA Board asked the Supervision Committee to focus on researching information and developing advice to the DTAA Board, based on the DTAA strategic plan,:

- a. *Develop the standards for the yearly requirements for supervision for Professional Members. This will be used in the three-yearly audit process, as well as yearly membership renewal to determine Currency of Practice.*
- b. *Define the types of professional supervision and identify which ones would qualify for the yearly requirements, and any limits on the amount allowed from each type.*

Before setting requirements for supervision hours, it was agreed we need to define the types of supervision appropriate to DTAA. The committee compared relevant documents from DMT, Psychotherapy/Counselling, Creative Arts Therapy, Arts & Music Therapy associations in Australia, New Zealand, USA, UK & Europe to work toward agreed definitions and applications to advise DTAA Board and membership. The committee will undergo a consensus process in the second part of 2019 to provide proposed definitions and recommendations for updating required hours of supervision, for discussion at the AGM.

The Supervision Committee also recommends future work includes:

- Methods to help Prov/ Prof members and applicants to understand the difference between CPD hours / workshops & supervision hours
- Differentiating between coaching / mentoring / supervision which are often considered as the same.
- Requirements needed for individual supervision hours, as well as group supervision.
- Guidelines for both supervisees and supervisors when working with diverse population groups, across the different health, social and welfare sectors.

As there are legal obligations for Clinical Supervisors, requirements for training DTAA members to become supervisors will need to consider:

- The percentage of required post training supervision to be both individual and group from experienced professional DMTs
- The number of years required experience as a DMT to become a DTAA approved clinical supervisor.
  - The number of hours of supervision per hours providing supervision
  - DMT supervision that is that is culturally sensitive, inclusive and trauma informed.



Respectfully submitted  
Eileen McDonald Convener

