

# *NDIS and DMT*

## *An Overview*

By

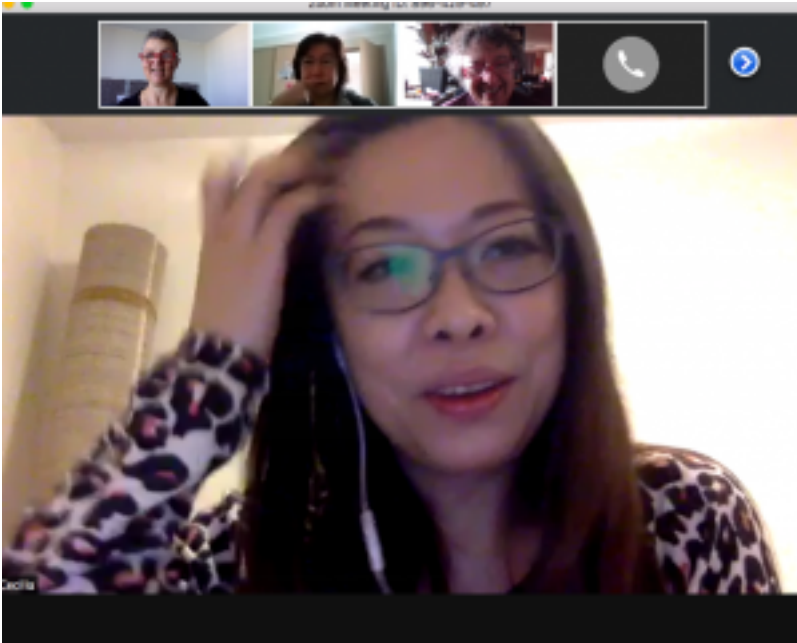
Jennifer Au

Convenor, NDIS Subcommittee

# NDIS Sub-committee

- This group was established to research the implications of the new NDIS system for dance movement therapists and DMT. It aims to advocate for dance movement therapy to be included in the options of recognised professions to deliver services to NDIS clients, and provide information to DTAA members re potential avenues for funding support through the NDIS, which may include registration processes for individual therapists and other options.

# NDIS DMT Subcommittee



**Jennifer Au**, (*Dip Dance Movement Therapy*) Therapeutic Dance Specialist for Dance Family, locum for the Respite program at the City of Casey, and a casual Disability Support Workers at Villa Maria.

**Kim Dunphy** (*BA, Grad Dip Movement Dance, M.Ed, PhD*) Worked as a dance educator and therapist in a range of settings, including community groups, schools, hospitals and disability services. Kim is currently a Mackenzie Post-Doctoral Research Fellow at University of Melbourne, assessment and evaluation of DMT.

**Heather Hill**, (*PhD, M.Ed., B.A., Grad. Dip. Movement and Dance, Grad. Cert. Dance Therapy*) Experienced in aged care, aged psychiatry/dementia, acute psychiatry and intellectual disability. Heather currently practices dance therapy and works as a consultant trainer/facilitator in person-centred care in dementia.

**Cecilia Tsz Kai, Lau**, (*Mast of Counselling, Graduate Dip in Dance Movement Therapy, Grad. Dip. Of Dramatic Arts, Bach Arts*). Currently working with children impacted by trauma at KidsXpress. While also offering 1:1 counselling and dance movement therapy through her private practice to children and adults impacted by trauma and those who experience other mental health issues. Cecilia also runs weekly group therapy for adolescents and adults with intellectual and physical disabilities.

**Mandy Agnew** (*PhD, IDTIA Advanced Dip of DMT*) Offers individual sessions for those who wish to explore life through movement. Experience with fragile elders with dementia, mothers and babies experiencing PND, young children and teenagers challenged by Autism/Aspergers, children/teens experiencing social and emotional hardship. Currently working weekly with people with special needs.

# What is NDIS?

- The National Disability Insurance Scheme (NDIS) is the new way of providing support for Australians with disability, their families and carers.
- The NDIS will provide about 460,000 Australians under the age of 65 with a permanent and significant disability with the reasonable and necessary supports they need to live an ordinary life.
- As an insurance scheme, the NDIS takes a lifetime approach, investing in people with disability early to improve their outcomes later in life.
- The NDIS gives all Australians peace of mind that if their child or loved one is born with or acquires a permanent and significant disability they will get the support they need.
- The NDIS supports people with disability to build skills and capability so they can participate in the community and employment.

# What is NDIS?

The NDIS helps people with disability to:

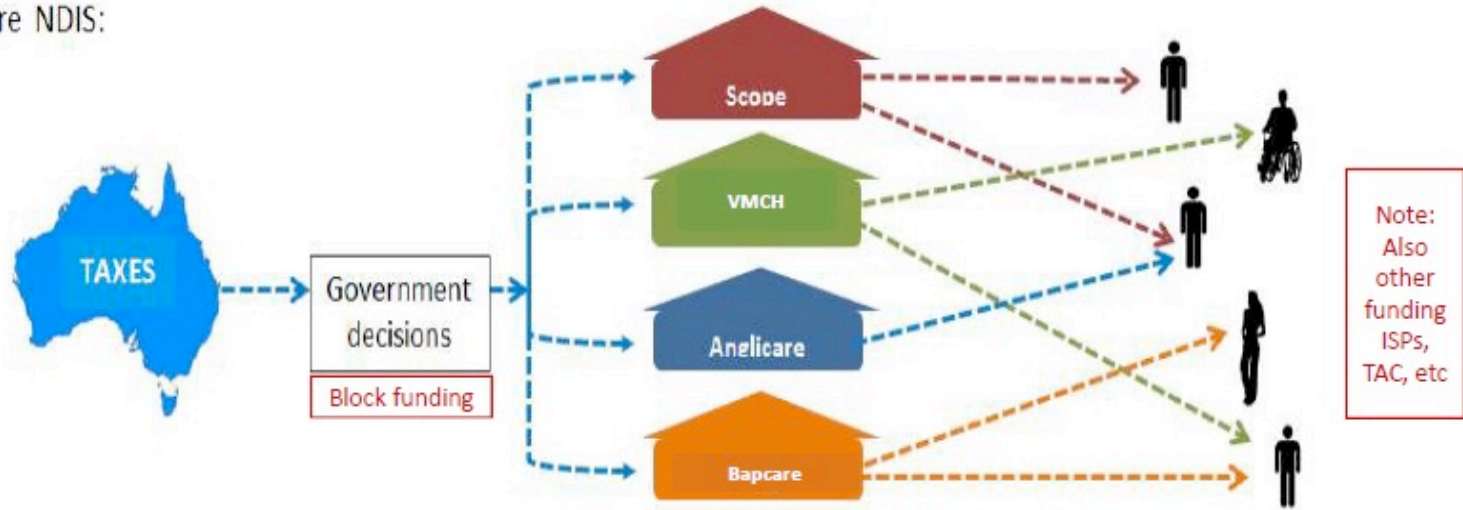
- **Access mainstream services and supports**
  - These are the services available for all Australians from people like doctors or teachers through the health and education systems. It also covers areas like public housing and the justice and aged care systems.
- **Access community services and supports**
  - These are activities and services available to everyone in a community, such as sports clubs, community groups, libraries or charities.
- **Maintain informal support arrangements**
  - This is help people get from their family and friends. It is support people don't pay for and is generally part of most people's lives.
- **Receive reasonable and necessary funded supports**
  - The NDIS can pay for supports that are reasonable and necessary. This means they are related to a person's disability and are required for them to live an ordinary life and achieve their goals.

Assistance from the NDIS is not means tested and has no impact on income support such as the Disability Support Pension and Carers Allowance.

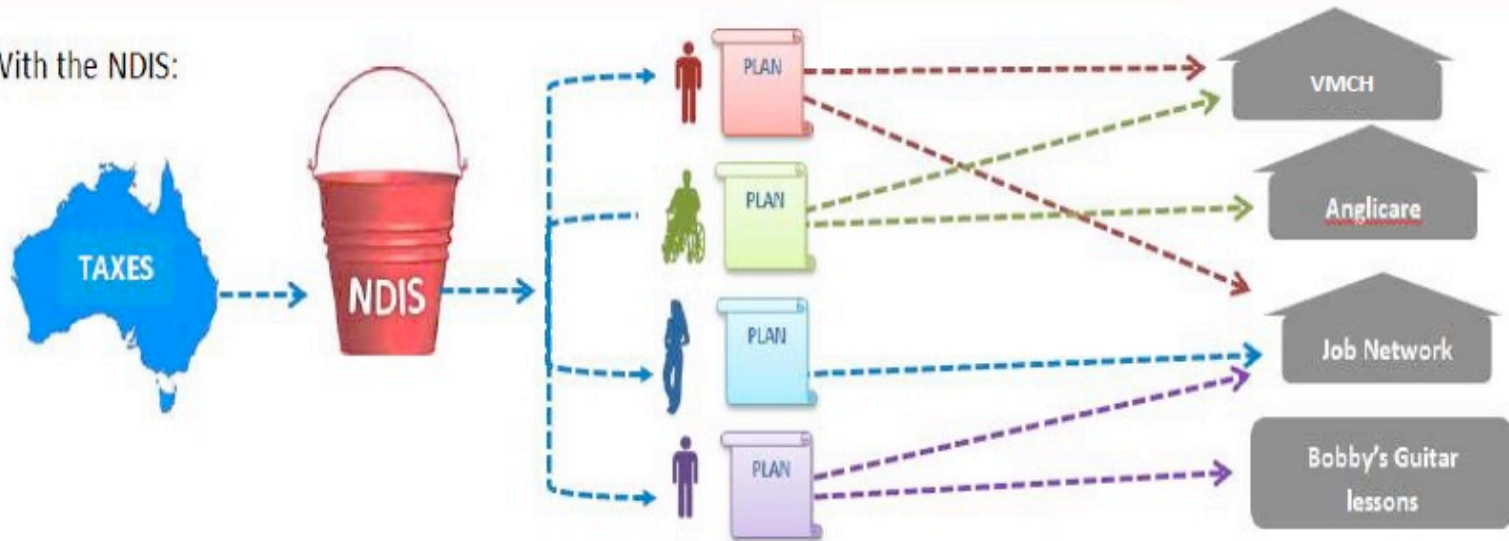
# Who's who

- **NDIS** – National Disability Insurance **Scheme**. The scheme that people will be a part of.
- **NDIA** – National Disability Insurance **Agency**. The government agency who oversees the scheme.
- **LAC** – Local Area Coordinator. A community organisation who assists the NDIA with planning.
- **Participant** – someone who receives a funding package from the NDIA.
- **Service provider** – organisation or person who delivers services to the participants (therapy, community services, day services, etc.)

Before NDIS:

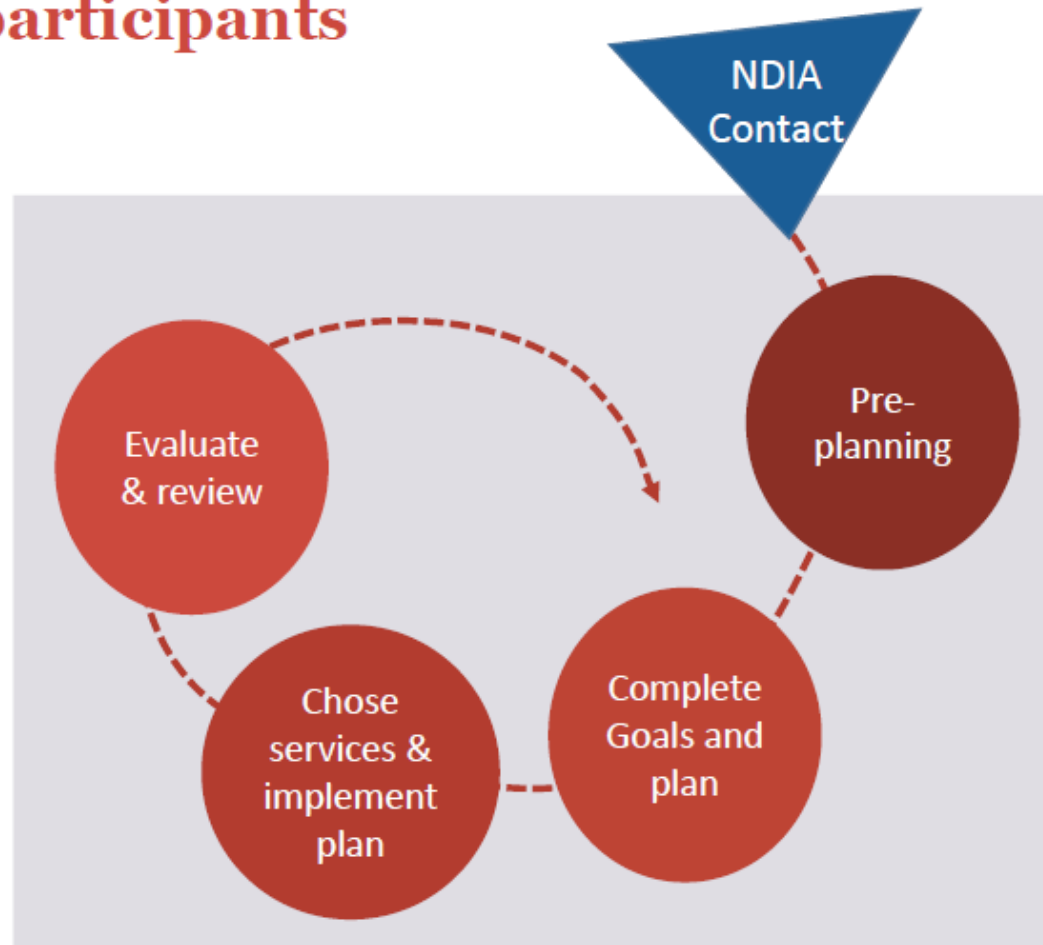


With the NDIS:



## Process for participants

- NDIA contacts the Participant to say we will meet soon
- The Participant does some pre-planning – asking what do I need & want?
- A plan is created with the NDIA (or LAC) & funding allocated
- Participant chooses services
- Plan & services reviewed





# What will be funded?

Each participant with funding under the NDIS is given a budget that aligns with their individual plan and supports them in achieving their goals. These budgets are broken into three **Support Purpose categories**:

- **CORE** – A support that enables a participant to complete activities of daily living and enables them to work towards their goals and meet their objectives.
- **CAPITAL** – An investment, such as assistive technologies - equipment, home or vehicle modifications, or for Specialist Disability Accommodation.
- **CAPACITY BUILDING** - A support that enables a participant to build their independence and skills.

# What will be funded?

The support categories described above are designed to align with the outcomes framework.

These links are provided below: SUPPORT PURPOSE	OUTCOMES FRAMEWORK DOMAIN	SUPPORT CATEGORY (Plan Budgets)
CORE	Daily Living	1. Assistance with Daily Life
	Daily Living	2. Transport
	Daily Living	3. Consumables
	Social & Community Participation	4. Assistance with Social & Community Participation
CAPITAL	Daily Living	1. Assistive Technology
	Home	2. Home Modifications and Specialised Disability Accommodation (SDA)
CAPACITY BUILDING	Choice & Control	1. Support Coordination
	Home	2. Improved Living Arrangements
	Social and Community Participation	3. Increased Social and Community Participation
	Work	4. Finding and Keeping a Job
	Relationships	5. Improved Relationships
	Health & Wellbeing	6. Improved Health and Wellbeing
	Lifelong Learning	7. Improved Learning
	Choice and Control	8. Improved Life Choices
	Daily Living	9. Improved Daily Living Skills

# Funding allocation



**Goal:** To maintain & improve independent living

Funding allocated & consumer selects service item under the category

C A T E G O R Y	Assistance with self-care activities during daytime weekdays	Assistance in a shared living arrangement for 2 persons - standard	Improved daily living skills	Vehicle modifications
\$	\$15,576	\$3,712.61	\$2,141	\$3,000

This item is calculated as 7 hours a week at \$42.79 per hour

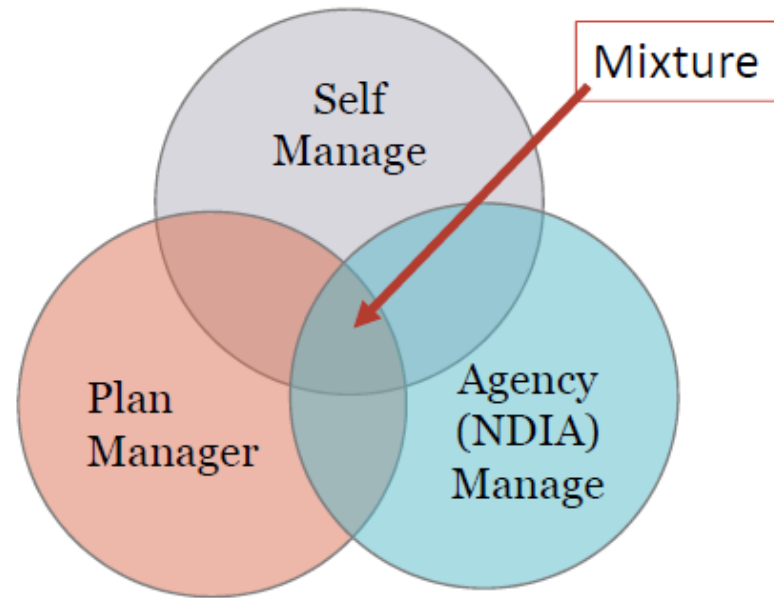
These individual support sessions are then billable each fortnight or month

This item is a single quote to modify a car

## Managing funding packages

Participants have a choice how to manage their funding package.

- The Agency will manage it.
- The Participant can hire a registered Plan Manager. Funds will be allocated for this.
- The Participant can manage their own package. They can ask for training to do this.



# DMT and NDIS – progress so far

- Clarification of the questions to ask
- At present, DMT is not included in the list of profession for NDIS registered service providers. The DTAA is working on getting DMT as a recognised profession on NDIS so that DMTs can become registered service providers.
- Official letters sent
- Learnings from other organisations – how have they gone through this process
- Tracking working DMT experiences in the field – we are all having different experiences in this early stage of the NDIS implementation.

# How does NDIS impact DMT?

Depending on how the funding is managed:

- **NDIA managed** – all services to be provided by registered service providers.
- **Plan managed** – Services can be delivered by registered or non-registered service providers.
- **Self managed** – Services can be delivered by registered or non-registered service providers.

# How does NDIS impact DMT?

All services must link to Support Categories and Outcome framework.

The DTAA NDIS Subcommittee has identified that DMT's are related to the following areas:

- Early intervention supports for early childhood
- Therapeutic supports
- Exercise, physiology and personal wellbeing activities
- Positive behavioral support

# How does NDIS impact DMT?

At present, DMT is not included in the list of profession for NDIS registered service providers.

We can continue our practice as is, as non-registered providers, in the following support categories:

- CORE Social Community and Civic Participation
- CAPACITY BUILDING Daily Activity – Therapeutic Supports
- CAPACITY BUILDING Social, Community and Civic Participation



# How does NDIS impact DMT?

Comparison of registered and non-registered service providers:

Registered Service Provider	Non-registered Service Provider
1. Can work with participants with NDIA managed funding	1. Can only work with participants with Plan or Self managed funding
2. Service fees are capped as per NDIA pricing guide	2. No cap on service fees
3. Must follow NDIA operational guidelines	3. Not governed by NDIA, guided through general and consumer laws

## Acting on good faith to achieve outcomes

Registered providers must act in good faith and in the interests of the participants

Providers agree to work with participants to achieve outcomes – pursue their goals, maximise their independence and social and economic participation.

An agreement is signed between the participant and the service provider outlining services provided and responsibilities of both  
Participant & Service Provider



# Useful websites

- [www.ndis.gov.au](http://www.ndis.gov.au)
- [www.everyaustraliancounts.com.au](http://www.everyaustraliancounts.com.au)
- [www.disabilityloop.com.au](http://www.disabilityloop.com.au)
- Facebook – NDIS Grassroots Discussion