

Editorial

The DTAA's Conference 'Broadening the Spectrum: Dance and Other Expressive Arts Therapies for Health and Healing', has just been held in Melbourne (July, 2015). Reports and reflections from this exciting event will appear in a future issue of *Moving On* combined with some articles developed from the many workshops that took place. A selection of other articles from those that we expect to receive will also be destined to make their way into a new publication planned to become *Dance Therapy Collections 4*.

In this issue, Vol. 12, 3 and 4, we are delighted to publish several articles from overseas. They include contributions from Amber Gray, who is very well known to us in Australia, and Dita Federman, a new, but very welcome writer to our journal.

Amber Gray contributes, *Dance is fundamental to our humanity*. This article expands on the core principles of DMT and illustrates their strength in the provision of restorative psychotherapy in severe trauma problems. Gray demonstrates her expertise and wonderful work with trauma victims through a case study that involves her working with the same client for more than two years. She points out that connection and remembering for the client happen through movement, which becomes their primary language. Through this DMT approach the client's isolation was gradually reduced and a state of belonging to the human community was reinstated.

We follow this with *The Triangle; 'Mindfulness', DMT and Neuroscience – a theoretical approach* by Dita Federman from the University of Haifa. Federman identifies the theoretical approaches that have influenced the development of DMT. In the two main approaches that she focuses on, she draws our attention to the connection between recent brain research, mindfulness, and the integration and connection of both to DMT.

Also from overseas, although closer to Australia, Jennifer de Leon, from New Zealand, writes about the potency of dance in the therapeutic journey from her perspective as dancer and psychotherapist. Her article, *My House Burned*

Personal Journey to Dancing and Beyond, he shares his story which started from him being a professional musician to finally becoming a ballroom dancer – which has been particularly powerful for him in relation to interactions and relationships with others.

Also from New Zealand, Anaia Treefoot offers *Opening a Pathway: Exploring DMT Training in Aotearoa*. This article provides readers with information about the first DMT training course in New Zealand - a one year certificate program. 2014 was its inaugural year. In relation to this training, you will note the name change of the *Australian Moves* column to *Australasian Moves*. This exciting event was precipitated by this New Zealand DMT Training program.

We are pleased to be able to reprint two excellent articles from Heather Hill - *Dancing with change* and *The adventure (not dementia) club*. The latter is co-authored by Joanne Pine. As well, this issue contains a short HEMF Research Grants Report from Kim Dunphy and Sue Mullane.

World News once again, reports on the loss of two great dance movement therapists, Claire Schmais and Arlyne Samuels (Stark). Although a time for sadness, it is also an opportunity to celebrate the wonderful lives that they both lived and contributions they made to DMT.

We are also pleased to be able to publish a brief review of some important research in the arts, the *Arts and Health Research References in Dementia Care*. This is a really interesting and useful list of research articles that highlights just a selection of important studies. It was compiled by Professor Paul Camic, a leading expert in research in arts and health from the UK.

Once again, please consider writing about your work, send us your news, or news of the achievements of others. Your experiences in the field will be of interest to many of our readers. And thank you to all who have contributed to this issue and assisted with the editing.

Jane Guthrie and Naomi Aitchison

Down precedes our welcome to another new writer to *Moving On*, Jeff Withers. In *My*