Reference list for dance movement therapy

The references listed below are core texts and publications underpinning the discipline area of dance movement therapy, including recently published material and 'classic' references. Some of these books are available for sale from the DTAA and others are available for loan to DTAA members from the DTAA library (www.dtaa.org.au).

Peer reviewed Literature: the main peer reviewed literature in DMT appears in the following.

*The Arts in Psychotherapy*, ed. Robyn Flaum Cruz, is an international journal for professionals in the fields of mental health and education. It publishes peer-reviewed articles by art, dance/movement, drama, music, and poetry psychotherapists, as well as psychiatrists, psychologists and creative arts therapists, that reflect the theory and practice of these disciplines. Imprint: Elsevier.

*Body Movement Dance and Psychotherapy*, is an international, peer-reviewed journal that explores the body and mind in relationship and significance of this in the therapeutic setting. It is a scholarly journal totally dedicated to the developing fields of body psychotherapy and dance movement therapy, published by Taylor and Francis. Jane Guthrie is on the editorial board. DTAA members can subscribe to this journal at reduced cost, through this link www.tandf.co.uk/journals/offer/tbmd-so.asp

*The American Dance Therapy Association Journal*, is a peer reviewed journal published by the Association twice annually. It is a great source of excellent articles related to research and practice issues.

Other than the above, articles on DMT appear in various other peer reviewed Journals on an ongoing basis. In particular, journals related to psychotherapy, and physical education and dance.

Other Journals

*Moving On: DTAA Journal* is published by the Dance Movement Therapy Association twice a year. Reviewed by DTAA members, the journal provides information and the profession generally and articles by practitioners from Australia and overseas. Editor: Jane Guthrie

Core Texts in Dance-Movement Therapy


Dance-Movement Therapy Association of Australia


Dunphy, K., Loughlin, E., Guthrie, J. et al 2009, Dance Therapy Collections 3, DTAA, Melbourne


Goodill, S. 2005, Introduction to Medical Dance-Movement Therapy, Jessica Kingsley, UK


Hervey, L. W. 2000, Artistic Inquiry in Dance/Movement Therapy: Creative Research Alternatives, C. C. Thomas, Springfield, USA.

Hill, H. 2000, Invitation to the Dance, University of Stirling, Scotland.


Levy, F. 2005, Dance and Other Expressive Art Therapies: When Words are not Enough, New York, Routledge


Schmais, C. 2004, Capturing the Essence of Chace: A Teacher's Journey, Marion Chace Foundation, USA.


Seminal Historic Texts:

Bartenieff, I. & Davis, M. A. 1965, Effort-Shape Analysis of Movement: The Unity of Expression and Function, Albert Einstein College of Medicine, New York

Bernstein, P. ed. 1979, Eight Theoretical Approaches to Dance Therapy, Kendall/Hunt, USA.

Bernstein, P. 1986, Theoretical Approaches in Dance-Movement Therapy, Kendall/Hunt, Dubuque, Iowa.

Canner, N. 1968, And A Time To Dance, Plays Inc., Boston.

Chaiklin, H. ed. 1976, Marion Chace: Her Papers, ADTA, USA.


Dell, C. 1977, A Primer for Movement Description Using Effort-Shape and Supplementary Concepts, Dance Notation Bureau, New York.


Mason, K. ed, 1974, *Dance Therapy: Focus on Dance VII*, AAHPERD, USA.


**Other Arts Therapy Texts**

