

International Presenter Sara Boas in Sydney

May 5 - 7, 2017, The Drill Hall, 1C New Beach Rd, Rushcutters Bay, Darling Point

The Dance Movement Therapy Association of Australasia (DTAA) is delighted to present two workshops facilitated by International dancer, healer, researcher and leadership coach Sara Boas. From Friday, May 5 to Sunday, May 7, 2017, Sara and the DTAA welcome dance movement therapists, psychotherapists, arts therapists, wellness practitioners, coaches, consultants, dancers and other artists to join us at the historic Drill Hall dance space on the water's edge at Sydney's Darling Point for one, two or three days of movement-based exploration and learning.

Our Presenter



Sara Boas (www.boastl.com) seeks to embody and integrate her calling as a dancer, healer, researcher, and leadership coach. She is the Founding Director of Boas Consulting, a pioneering enterprise that facilitates individual and collective transformation for transnational corporations, governments, NGOs and academic institutions in over 100 countries worldwide.

Sara is also a registered dance movement psychotherapist and practising artist who has performed in venues ranging from private 'sharings' and classical theatres to SFMOMA in the United States.

Her movement teachers and mentors include Anna Halprin, Steve Paxton, Lloyd Newson, Ruth Zaporah, Lothar Hahn, Gabrielle Roth, Wilbert Alix, Jacques LeCoq and other artistic pioneers and innovators. She studied and co-developed neuro-linguistic programming with its founders and leaders, including John Grinder, Judith Delozier, and Robert Dilts.

Formerly senior lecturer in the anthropology and sociology of dance at the Laban Centre in London, Sara has presented at many international conferences and taught as guest faculty in centres of excellence as varied as the London Business School and Naropa Buddhist University.

Her pro bono activities support young people and members of vulnerable and marginalised groups to realise their creative potential and take a leading role in their own communities. Sara is a recipient of the Leadership Gurus Award of Excellence. This award is bestowed upon individuals who have attained the recognition of their peers and the general public for the originality, practicality and impact of their ideas, and for their visionary leadership.

Friday May 5, 2017. 9.45 am – 5.00 pm

Transcultural Competence in Body-based Process: exploring 'difference' through movement

This one-day deep dive into working with cultural diversity provides fresh perspectives on both theory and practice. The session is designed for experienced dance therapists, as well as those who are new to the field or working in associated professions such as somatic coaching, community capacity building, movement education and the performing arts.

Through an intensive experiential engagement, the workshop explores the real challenges and opportunities that we encounter in our work, whether or not our practice is explicitly 'cross-cultural'. Participants are encouraged to question their own assumptions about culture, identity, 'difference' and more, and to develop new ideas and ways of working, all within a safe and supportive learning environment.



The workshop will cover:

- The cultural contexts of professional practice – becoming aware of our own and others' embodied culture
- Knowing 'the difference that makes a difference' – focusing attention where it matters
- Shifting perspective across radical difference – finding empathy when it seems impossible
- Bridging the difference – developing a shared movement language with our clients and community
- Transcending the difference – establishing and exploring fluid boundaries of identity

These topics are addressed through presentation, discussion, and movement-based exploration of participants' case material and questions. Prior to attending, participants are expected to read the workshop leader's book chapter "The Body of Culture: Transcultural Competence in Dance Movement Therapy" (Boas 2006), a copy of which will be supplied upon registration.

Book Now <https://www.trybooking.com/PFHN> or <https://www.trybooking.com/267215>

Saturday 6 and Sunday May 7, 2017. 9.45 am – 5.00 pm

**Art Making as Healing: a creative workshop for therapists,
coaches, artists and more...**



This two-day workshop focuses on the therapeutic value of creation and performance, as well as the artistic potential of therapeutic process. With a focus on dance and improvisational movement, but also incorporating poetry and drawing, the workshop combines experiential exploration with reflection, discussion, and theoretical analysis. It is designed to be of value to a wide range of professionals, whether therapists and other wellness practitioners, coaches and consultants whose work is primarily verbal, or dancers and other artists wishing to expand and deepen their practice. All who are ready for an intensive engagement with the topic are warmly welcome.

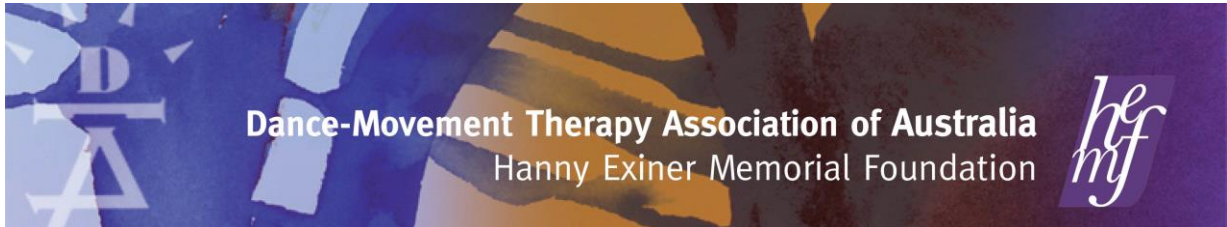
The workshop will cover:

- Strategies for nurturing your own creative flame within your professional practice
- Artistic risk-taking and ‘not-knowing’ as pathways to insight
- The transformation of life experience into art as ‘emotional alchemy’
- Balancing vulnerability and safety in artistic performing and witnessing
- Integrating artistic and therapeutic processes in your daily work

Presentation and discussion will be combined with practical application, in an immersive experience. During the session, participants will engage directly with their own art making as well as facilitating others to do so.

The workshop leader, Sara Boas, invites all participants to a performance of her 20-minute solo ‘Rock, Paper, Scissors’ on the Saturday evening from 6.00 pm, followed by feedback and informal discussion, for those who would like to stay.

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WORKSHOP FEES

COST	DTAA members* ICF members***	DTAA member concession**	Non-member	Non-member concession**
Transcultural Competence (one day)	\$140	\$125	\$180	\$160
Art Making as Healing (two days)	\$270	\$240	\$350	\$300
Both Workshops (three days)	\$390	\$350	\$490	\$410

* To qualify for the Members rate, you must be a financial member of the DTAA. Non-members are welcome to join the DTAA on-line: www.dtaa.org.au. The cost is \$60 for general and associate members, concession \$50.
 **Concession is available only to full time students, pensioners and healthcare card holders.
 Please note: By special arrangement members of the International Coach Federation can attend at DTAA member rates.

For more information, contact Jane Guthrie or Tess Hens via admin@dtaa.org.au or phone 0419 531 218, or Robyn Price 0412585568.

TO REGISTER

Use our easy on-line Trybooking System link to make your payment.
 Click on <https://www.trybooking.com/PFHN> or <https://www.trybooking.com/267215>

OR

Make an EFT into our account or pay by credit card (see below).
 A registration form is only if you are using another method of payment.

EVENT REGISTRATION FORM / INVOICE DTAA ABN: 26 323 204 775

For EFT cheque or credit card payments only, please complete this form, save as a Word document and email to admin@dtaa.org.au or mail the form to: DTAA, PO Box 641, Carlton South, Melbourne 3053.

First name: Family name:

Phone: Email:

Payment Method: EFT Date paid:

EFT to DTAA, Westpac, Middle Brighton branch BSB: 033 095 Account: 330037

Cheque Visa Mastercard

Cardholder's Name: Signature:.....

Card number: Expiry date:

TOTAL PAYMENT: \$