Dance-Movement Therapy
Association of Australia Inc. (DTAA)

Dance-Movement therapy combines the creative process and the study of human movement. This holistic approach draws upon the elements inherent in dance, to restore balance and integration in the areas of physical function, feelings and cognition.

Dance-Movement Therapists:

- Work with the physical, emotional, and cognitive dimensions of human behaviour to assess and treat individuals or groups of all ages
- Use their skills in movement observation and analysis to develop and evaluate therapeutic programs in clinical, educational, and community contexts
- Work with body movement as the basis of human interaction and communication
- Are trained in counselling skills and group facilitation
- Design and implement programs to help clients in areas such as:
  - relationships
  - self-esteem
  - mother-infant bonding; community health
  - body image
  - educational contexts
  - traumatic injuries; medical problems; rehabilitation
  - mental health conditions

In settings which include:

- special schools
- rehabilitation centres
- hospitals
- aged care facilities
- prisons
- psychiatric clinics
- community health centres
- and private practice

ABN 26 323 204 775
P.O. Box 641
Carlton South 3053
Victoria Australia
Tel: 0419 531 218
Fax: 61 3 9598 0636
Email: dtaa@alphalink.com.au
Web: www.dtaa.org.au