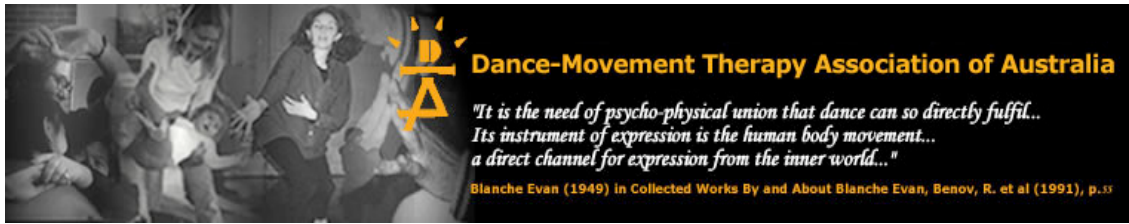


Dance-Movement Therapy Association of Australia Inc. (DTAA)



Dance-Movement therapy combines the **creative process** and the study of **human movement**. This holistic approach draws upon the elements inherent in dance, to restore balance and integration in the areas of physical function, feelings and cognition

Dance-Movement Therapists:

- ❖ Work with the physical, emotional, and cognitive dimensions of human behaviour to assess and treat individuals or groups of all ages
- ❖ Use their skills in movement observation and analysis to develop and evaluate therapeutic programs in clinical, educational, and community contexts
- ❖ Work with body movement as the basis of human interaction and communication
- ❖ Are trained in counselling skills and group facilitation
- ❖ Design and implement programs to help clients in areas such as:
 - relationships
 - self-esteem
 - mother-infant bonding; community health
 - body image
 - educational contexts
 - traumatic injuries; medical problems; rehabilitation
 - mental health conditions

In settings which include:

- special schools
- rehabilitation centres
- hospitals
- aged care facilities
- prisons
- psychiatric clinics
- community health centres
- and private practice

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