GETTING INVOLVED

What locals are doing for the environment

As our Lady of Lourdes we are involved in the Resource Smart Schools program and are currently participating in the Biodiversity module. As part of this module, last term our Year 3 students completed a biodiversity audit of our school grounds.

Students used iPads to take photos and video footage on the day and this was used to create a sensational page on our Year 3 blog.

All of our classes have been busy on our Sustainability Days. Last term we tidied a garden bed which was collecting a plethora of bike paths around the oval. This was a fantastic initiative by our Sustainability Student Action Team recently attended the Knox Council Teacher Network meeting.

As part of this module, last term students were lucky enough to observe a family of birds on our school oval. In order to protect the birds, our Year 3 students announced that there would be no playing on the oval. This was a fantastic initiative by our students to protect our local fauna.

A

Sustainability Student Action Teams recently attended the Knox Council Teacher Network meeting.

BAYSWATER BUZZ 6/2011

Dance family matters

Dance therapist Heather Hill describes them as ‘magic moments’. They might usually be described as 'breakthroughs', moments where children who have, for extended periods, no opportunity to interact suddenly come alive to them.

‘A child who doesn’t have eyes contact: you’ll have a few minutes of eye contact,” says Heather. “A child who doesn’t come into the circle, suddenly one week will be there the whole time. The magic moment for us is when you see total involvement.

Bayswater Buzz 6/2011

Some of the children have difficulty connecting with others so it’s trying to get everyone to feel comfortable.’

The sessions vary but usually will explore one or several different aspects of dance, from creative movement and stretching to music, drama and use of props. ‘This term we’re exploring rhythm and will build up to a drumming session.’

‘What’s really important for many of the kids is to be situated in their body and be able to use their body in a creative way to interact with others. The aim is to do things the adults and the children can work on together, a bit like creative problem solving and play. It’s all about relationship and inclusion.’

Importantly, Heather notes, ‘we’re not working with disability; we’re working with what people can do. Some person might not be able to do certain things, but there are other things that they can do. It’s about acceptance, and creating a safe environment.

In the long term there is the possibility of public performance. But now it’s a matter of parents and children having fun and benefiting from the chance to interact creatively and socially. And, of course, appreciating those magic moments as they occur.

I find it more exciting than going to see the Australian ballet,’ says Heather. ‘When you see all the parents and the kids totally involved, not just doing the steps but doing their movements with feeling and involvement, it’s lovely to see.'

Call Rosie Dyson on 9758 7991 or email ilissa@knox.vic.gov.au

Toni Nelson @ kchs.org.au

BAYSWATER BUZZ 6/2011

Lean, mean, green footprint

What exactly does ‘Carbon Footprint’ mean and how can we reduce it?

Carbon Footprint refers to the amount of carbon (CO2) we release into the atmosphere in a year through our own actions. Most of it is emitted indirectly in various ways, including businesses, industry and transport, which we cannot control. The carbon footprint of a business is assessed by adding up all the CO2 emissions that it produces, either directly or indirectly.

How to have a ‘Lean, Mean & Green’ footprint

What is it that your household does to cut down energy costs? Email us your super-duper ideas and if they’re published, we’ll send you absolutely nothing in order to reduce our carbon footprint. Can’t be fairer than that, can we?

Toni Nelson @ kchs.org.au

PEOPLE

Help for youth health

The Knox Youth Health Service is now well-established at the Youth Information Centre (YIC) - Ground level, Capital City Boulevard, Knox City O-Zone, Wantirna South.

The Youth Health Service is a free service for young people aged 12-25 years, and they can see a nurse for a range of health issues, including sexual or mental health. It is currently operating on Tuesday afternoons from 2-3pm. Shelley Walker from Knox Community Health Service is filling in for Becky Wallis as the Youth Health Nurse while she is on Maternity leave.

The Youth Health Service has established a relationship with a local Medical Clinic in Wantirna South, which means young people can be referred to a bulk billing GP, and be seen within 24 hours. For more information about the Youth Health Service please contact Shelley on 9757 6200 or email shelly.walker@kchs.org.au or make an appointment by calling the YIC on 9528 8494.

Sustainability Student Action Teams recently attended the Knox Council Teacher Network meeting.

Mark Hermann

Roland’s Cycles, 211 Bunbury Street, Beaconsfield

Photo: S.A. Cleeve

Dancing is a way to give everyone access to literature.

Glen Park Community Centre

What is it that your household does to cut down energy costs? Email us your super-duper ideas and if they’re published, we’ll send you absolutely nothing in order to reduce our carbon footprint. Can’t be fairer than that, can we?

Toni Nelson @ kchs.org.au

BAYSWATER BUZZ 6/2011

Do you have a disability? Care Connect can help

As one of Australia’s leading community care providers, Care Connect offers tailored programs that support independent living.

We can support your Disability Support Registration application to increase your independence to remain at home within your community.

Freecall: 1800 116 166 careconnect.org.au