



Current Moves September 2012

**Dance Movement Therapy Association of Australia's (DTAA)
Professional Development Events**

November Saturday, 10, 2012

DTAA AGM and Professional development day

At Abbotsford Convent, Melbourne, Dorm 1, Rosina building.

DTAA AGM will be from 12.30 – 2.0 in Dorm 1. Bring a plate for lunch to share.

The Professional Development Event is:

Dance Movement and Other Creative Arts Therapies

A development of two presentations made by dance movement therapists at the recent Birds of a Feather Summit* held at MIECAT on 13th and 14th of July 2012.

Sharon Paetzold represented the DTAA together with Elizabeth Mackenzie, Sharon working with a music therapist and Elizabeth MacKenzie with a creative arts therapist. Their very different workshops explored themes of building bridges, connections and different perspectives. The workshops they will present at this event will be a development from their learning of working with other creative arts therapists, guided by music and movement and other forms of embodied expression. The 'Summit's theme' will be used as creative energy, with its auras illuminating across divergent landscapes to reveal small, distant, yet connecting islands which converge together.

Discussion drawn from the presentations will centre around the questions the experience of working with others raised for Sharon and Elizabeth. In particular, they ask:

As expressive movement has been incorporated into other Arts modalities, to become multi-model in some cases, and whilst we all borrow techniques or incorporate other modalities into our work – what is it that dmt can offer that is different? Can we articulate this?

*The Summit marked the first combined event between dance movement therapists and other creative arts therapists in this country. The collaboration in this event was a highly successful trial of working together as a group in preparation for working towards combined arts therapies events in the future. A web flyer to be posted with full details. Costs likely to be in the region of \$40 members \$70 non-members - in keeping with our tradition of trying to provide a low cost event connected to the AGM.

Contact: admin@dtaa.org.au

February 8, 9 and 10, 2013. Keep dates free!

Penelope Best back in Melbourne

At Abbotsford Convent, Melbourne, Dorm 1, Rosina building.

Therapist as audience, witness, and player;

How might the Fool, the Mover, and the Supervisor help the therapist to 'see' more clearly in the murky intersubjective space?

There are many ways to look at the space/s in between practitioner and client; the body is always central and always tells stories. These workshops will explore the differing ways in which bodily stories and relationships are told, shown, and felt.

Since her last workshops in Melbourne in 2012 Penelope has been investigating different ways of looking at and playing with the inter-subjective space/s between people. As always the workshops make playful use of simple tasks and accessible frameworks to build more complex questions and understandings for practitioners working therapeutically with the body mind.

The bodily relationship between therapist and client might be viewed as a performance of identities, each acting out different aspects of lived experience, each playing differing roles, adapting to each other and to contexts. What might

happen if The Fool appeared and 'showed it like it is'? Or the therapist became the Player, or the Supervisor entered and joined the show as a critical friend?

The workshops will build more on 'simple' relational building blocks, playing with different ideas and positions with the space in-between. The Archetypal Fool work supported by Laban's outlook - Authentic Movement stance of the Mover and Witness, and Supervisor as critical friend, will be looked at. And the three complete days, will also look at continued work on the issue of touch and ethical dimension, Supervisory attitude building, stance and self-reflexivity.

Penelope Best is a senior dance movement psychotherapist, clinical supervisor, international trainer and researcher, who, is keenly aware of different views about core elements of therapeutic practice and training. She is fascinated by the influence of cultural differences and has initiated and runs professional DMP trainings in Warsaw, Poland, Croatia and the Netherlands. She is an Honorary Fellow of ADMP UK, External Examiner for Derby University DMP Masters, Fellow of Higher Education Academy, consultant to the profession, and maintains both private therapy and supervisory practices.

Web flyer and costs to be posted soon on www.dtaa.org.au

Contact: admin@dtaa.org.au

March Saturday 3, 2013

Embodying the Chakras through Traditional Egyptian dance: Tools for Dance Movement Therapy

Maria Sangiorgi

The Chakras are practical tools for creating physical and emotional connections. Combined with the spiritual blue print of the chakras they provide a vehicle healing. Egyptian dance expresses through spirals, waves, circles and strong connections to the earth, the patterns of the Chakras. Physical, emotional and spiritual change has been witnessed as a result of combining Egyptian dance to the physical expression and grounding offered by the Chakras. I have also witnessed change when I have applied it to my own DMT framework when working with various populations over the years. The workshop is aimed to provide the Dance Movement Therapist with tools they can include in their practice. Web flyer and costs to be posted soon on www.dtaa.org.au

Contact: admin@dtaa.org.au

Centre Post Framework Training with Amber Gray in 2013

Dates to be confirmed

Body as Voice: Restorative Movement Psychotherapy Trauma and Resiliency Training Series

Exposure to traumatic events literally and metaphorically "freezes" our bodies, minds and spirits in a "lock-down" of past memories. Current neuro-psychiatric research has shown that when someone is traumatized, a majority of traumatic memory is implicit—or sensory-motoric. Many of the researchers endorse the use of non-verbal therapies for survivors to fully integrate the past with the present and restore well-being and balance. The training series will prepare clinicians, dance movement therapists, art therapists, and somatic therapists to work with survivors of trauma (in particular, trauma secondary to war, torture, interpersonal abuse, complex trauma, human rights violations, intergenerational and historic trauma, complex humanitarian emergencies and natural disaster) using a variety of very practical, body and arts-based practices and methods. See: www.restorativeresources.net

Contact Mandy Agnew on rmagnew@bigpond.com Or phone 98138671 / 0437348808

September 2013

Sara Boas and Jos Butte – will be back in Australia with variations of their exciting Lifedance

DTAA Memberships:

Thank you to those who have already re-joined. This makes our job so much easier. If you haven't, and intend to do so, please send your subscription in for the 2012 - 2013 membership year now. Please get back onto our members mailing list and, at the same time, support the work of the DTAA and promotion of DMT in Australia.

Dance Movement Therapy Training and Introductory Workshops

International Dance Therapy Institute of Australia

< 2013-15 DIPLOMA IN DANCE-MOVEMENT THERAPY >

The Advanced Diploma programme is a three-year coursework, fieldwork and supervision programme comprising the IDTIA Certificate (a one-year course with 20 hours of fieldwork) and the IDTIA Diploma (a two-year course with a minimum requirement of 180 hours of fieldwork and 65 hours of supervision). A supervised practice prerequisite must be completed prior to entry. Four coursework modules (two in the first year and two in the second year) are integrated with study projects, dyads, and regular dance therapy supervised practice. Trainees graduate from the programme with an Advanced Diploma in DMT. The Advanced Diploma will equip graduates with sound generic DMT principles and skills for working with people in group settings, and generally as part of a therapeutic team. Additionally, the supervised practice component will provide a solid grounding in application of DMT to a chosen population. Working at depth with any population needs advanced skill which will require further practice to develop, and will also depend on the extent of any other training and knowledge already acquired.

Certificate in Dance-Movement Therapy – commencing February 2013, Melbourne, VIC

One year, part-time; Six modules, each consisting of a W/E intensive workshop and tutorials

Training is supported by theoretical teaching and practicum. Provision for interstate trainees.

IDTIA 'Introduction to Dance-Movement Therapy' Workshop

Saturday, 27th October, 10am – 4pm, The Augustine Centre, 2 Minona Street, Hawthorn, VIC 3122. A one day experiential workshop to introduce dance-movement therapy and its potential for discovery, change and healing. For those interested in gaining some insight into dance-movement therapy and what it has to offer. COST: \$110 Full / \$95 Concession. FACILITATORS: Anna Schlusser, Evelyn Switajewski, & Natalie Will; IDTIA Diploma Graduates and DMTs. See: www.idtia.org.au Final workshops prior to Certificate course commencement.

Conferences, Information, Notices and Special Events – Australia

October 24 & 25 2012, Dementia + Recreation National Conference

Sebel Albert Park, Melbourne
Over 320 delegates from all over Australia already registered.
And 27 Trade Expo sites for the conference. See:

www.totalagedservices.com.au/index.php?q=dr-conference.html

Saturday 27 and Sunday 28 October 2012 PACFA 2012 Biennial Conference

What Works? An Exploration of Effectiveness in Counselling and Psychotherapy. 9am-4pm
Treacy Centre, 126 The Avenue, Parkville

Keynote speakers include Professor Robert King PhD, FAPS - What does the evidence tell us about evidence-based practice? and A. Roy Bowden MSW (Hons) MNZAP - Moving beyond 'self' and 'the other' to discover what works.

Contact: Simone Beyfus simone.beyfus@paca.org.au phone (03) 9486 3077 or see www.pacfa.org.au

New Vocational Graduate Certificate in Movement Based Somatic Therapy

Presented by Pilates House trading as Tensegrity Training Contact: Tracey Nicholson

See full information under Tasmania or contact info@tensegritytraining.com.au

Seeking Dance/Theatre support worker

Boilover, an established Integrated performance group based in Sunbury, needs a volunteer creative support worker to assist with workshops and performance. This is a great opportunity to gain experience or further develop your skills working with people with a disability in dance and theatre, working alongside Artistic Director Kat Worth. Kat has over 20 years experience working in dance and disability and disability arts and cultural practice. She is former Artistic Director of Restless Dance Theatre and Company CHAOS among many other diverse projects.

For more information contact Company Manager Bernie Hetherington 0448 656 680 or Artistic Director Kat Worth 0412 992 513

Referral for dmt groups for young woman recovering from anorexia

Does anyone know private or community dance therapy groups in Melbourne suitable for a young woman who is recovering from anorexia nervosa?

Contact: kimfdunphy@gmail.com

Dance Research Journal-Call for Papers

Special on the topic of 'BODY PARTS: Heads, Hips, Fingers, Feet, Chest, Belly, Butt.

For this special issue submissions are invited that attend to the way that particular body parts are central to the aesthetic configuration of certain dance styles and how those isolated movements carry cultural, historical and political significance. In this issue, we seek to explore how the fragmentation of the body can both be limiting or reductive for the dancing body, as well as liberating and transformative; and we reflect on how these compartmentalized motilities might work in compliance with or in contradiction to the whole. Submissions by June 30, 2013. Approx. 6,000 words

Inquiries: Sherril Dodds, Prof./Chair Dep.Dance, Temple University Philadelphia

Email: sherril.dodds@temple.edu

Body Movement and Dance in Psychotherapy

*For those interested in receiving this excellent Journal (now 4 copies per year), see details of the special offer for DTAA members in Moving On.

Seeking dance classes for the elderly in Forest Hill area.

If anyone knows of any classes for the elderly around the Forest Hill area for my agile and elderly mother (85 yrs), please contact: Anna Ranucci agr@inet.net.au

Please notify dtaa@admin.org.au if this request has been attended to. We are also seeking classes for a 50 year old male with an intellectual disability in the Eastern suburbs. Please contact the same email address.

Call for contributions - for a Special Issue of Journal for Dance & Somatic Practices on Transcultural Perspectives on Somatic Practices and Research. From ICTM Ethnochoreology Study Group [ETNOKOR@SI-LISTSERV.SI.EDU] On Behalf Of A.Grau@ROEHAMPTON.AC.UK A.Grau@ROEHAMPTON.AC.UK **More information at <http://jdsp.coventry.ac.uk>.**

Academic Journal of Creative Arts Therapies (AJCAT) – University of Haifa:

Researchers, and practitioners are invited to submit articles, book reviews, news of forthcoming conferences and events; or briefs reports on new theses and dissertations;

Contact: Rose G: <rs-gu@hotmail.com>

Category for DMT in Autism Holistic Directory

Cecilia Lau has posted an entry for a dance therapy program she has designed for children with special needs on the Autism Holistic Directory. She has had a DMT category included, so other dmts in Australia can forward messages about services they can provide. **See:**

www.autismholisticdirectory.com.au/autism-directory?pid=54&sid=194:Moving-Connect

PACFA applications for Research Seed Grants

PACFA supports the development of research into counselling and psychotherapy by offering research Seed Grants of \$4,000. They will be awarded for research projects compatible with PACFA's research 2012/13 research priorities, and relevant to PACFA's mission.

Contact Maria Brett, Executive Officer, maria.brett@pacfa.org.au

Ph: 03 9486 3077; 290 Park St, North Fitzroy, VIC, 3068, See: www.pacfa.org.au

11th October-16th October 2012

Explore the Healing Art of Dance

A workshop at the Bali Purnati Centre for the Arts, near Ubud.

Facilitators Alice Owen and Tracey Nicholson, both DMTs who believe in the healing power of dance as a medium for personal exploration and change. For enquiries contact: Aliceowencreate2@gmail.com; www.aliceowen.com.au or tracenicolson@gmail.com pilatashouse@bigpond.com - Full details under Bali

Society For Psychotherapy Research - A Dialogue between Psychotherapy Researchers

are interested in the full spectrum of psychotherapy and counselling interventions for individuals, families, couples or groups, including self-help, online and telephone interventions as well more traditional face-to-face services. - Both quantitative and qualitative research into therapy process is outcome. **Contact: Danielle Anderson, Australian Association Family Therapy.**

admin@aft.asn.au; www.aft.asn.au; PH: 03 9429 9938

Wanted in the Melbourne's South Eastern suburbs

Group dance classes for pre-school children with special needs for a 3½ year old girl with autism (non-verbal) and developmental delay. She LOVES dancing; watches the Wiggles DVD's & copies their dance moves.

Contact Kathryn from Glen Waverley. Email: chillin1@tpg.com.au

Victoria

Somatics, The Creative Process and Performance: Education of the Bodymind

1 & 2 Year Certificate Training with GH Soto in 2013 & 2014

GH Soto, internationally renowned teacher, performer and workshop leader and member of the original Tamalpa Institute faculty, has taught yearly experiential workshops in Australia over the past 12 years.

The training, a two year certificate program, uses movement as a vehicle to gain knowledge and awareness. Somatic practices will be employed to develop an embodied and mindful presence. Improvised Performance is a core practice through which we will study who we are. The training, underpinned by the Life/Art process, developed at the Tamalpa Institute San Francisco, will help students gain knowledge and skills to apply both professionally and personally. It will appeal to those with a background in: performance arts, movement based practices, dance, body therapies, psychotherapy, teaching and healing.

The two-year certificate program (minimum enrolment one year), is made up of:

> 20 days of face to face training per year:

> Student study groups that meet regularly between each of the 10 day workshops.

Dates for 2013: February 1st to 5th & February 8th to 12th, 2013

September 2013 (dates to be announced)

VENUE: Abbotsford Convent, 1 St Heliers St, Abbotsford 3067

Contact: Viv Neale: 0449 164 040; Email: vivneale@optusnet.com.au; Ranjit Bhagwandas: 0413 261 981; email ranjitbhagwandas@gmail.com or Tiana Lentini: 0421 045 438

Dance and Movement Workshops with Suzanne Hurley

Suzanne is an experienced dancer and counsellor who is interested in the aspects of improvisational movement practice that apply across both disciplines.

PREGNANT BODY STORIES - For women that are or have been pregnant.

Saturdays 3rd & 10th November 2012, 1-3pm

PREGNANT PAUSE - For women waiting to be pregnant.

Saturdays, 17th & 24th November 2012, 1-3pm, \$70 per workshop or \$40 for one session

Venue: Cecil Street Studio, 66 Cecil Street, Fitzroy

MOVING STORIES - An exploration of improvised dance & movement that focuses on being present to who you are ...

inviting yourself as well as others into your story from today, before today, and in front of tomorrow. Questions about self to communicate, who am I in this body before you? Which parts of myself do I avoid when I move, what happens when I invite what I avoid to be present and what is present when I am moving that is otherwise hidden?

Thursdays November 8th, 15th, 22nd & 29th, 10 – 12noon. \$100 full/ \$80 conc for series or \$30/\$25conc per class.
Venue: Cecil Street Studio, 66 Cecil Street, Fitzroy

Enquiries 0402 407 925; suzanne@suzannehurley.com.au; www.suzannehurley.com.au

Spiral Dance

Improvisation and Expressive Dance to guide you deep into yourself and connect back out to others in the world around you. Workshops are playful, imaginative and informative.

Kat Worth has been leading dance and movement workshops with community and professionals since 1992. She moves between the worlds of making live performance, film and improvisation and guiding herself and others to dance their own dance wildly at their hearts content. She works in hospitals, schools, aged care, rehabilitation, detention, beaches and laneways. Her work is ceremonial, transformational and artistic.

Contact Kat for details the next workshops planned. Call:0412 992 513; email dancingkat@iprimus.com.au

Diploma in Teaching Creative Dance at Mangala Studios Carlton

Ideal for teachers, therapists and dancers, it combines dance, art, music and pedagogy as an integrative system for personal development and education. The course runs part time for 18 months.

**For further information contact Mangala Studios. PH: 96635603
e-mail: info@mangalastudios.com.au; www.mangalastudios.com.au**

Dance with your Baby.

Two sites in Melbourne offer the joys and delights of Mother- Baby Dance (from approx.3-4 months to walking); a relaxing and nurturing time for mothers, and opportunities for musical and movement experiences for babies to share with their mothers.

Fridays: 11.30am at Ashburton Baptist Church Hall St Ashburton 3147 with Elizabeth Mackenzie, creative dance teacher and dance therapist. A community project in partnership with Ashburton Baptist Church.

Contact Elizabeth Mackenzie 03-9836 7386 for bookings. www.movingtogetherdance.com.au.

Wednesdays:

12.15 pm at Lieto Creative Dance Studio, North Fitzroy, www.lietocreatedance.com.au with Elizabeth Loughlin, creative dance teacher & clinical mother-infant dance therapist **Contact Elizabeth 03-94829312 or email loughlin@clari.net.au.**

These sessions also offer opportunity for those interested in developing dance with mother and baby to assist in the sessions, and learn about dance arts and therapeutic methods with this population.

Wise Women Moves

This program provides a unique opportunity to enjoy movement and dance to music from around the world, in a safe and nurturing space. New ways to create greater self-awareness and achieve inner peace, while having fun along the way are explored. Sessions include Dance-Movement Therapy, Art and group discussions. At: Monash Studio, 1 Forest Court, Glen Waverley; **Contact Mandy Agnew, 0437348808 for dates of future programs**

Bollywood Fusion Dance @ Box Hill

Thursday evenings, 11th October- 13th December 2012, 7pm- 8.30pm

St Peter's Hall, 1038 Whitehorse Road, Box Hill 3128. Cost: \$108 early bird/ \$135 full/ \$15 drop in

Bollywood Fusion brings together Eastern and Western ways of moving to bridge the gap between mind, body, heart and spirit. This class is about connecting with your creativity through creative dance and movement to co-create a Bollywood Dance. Bollywood dance is not just a style of dance- it is a multilayered, multi-modal experience where music, dance, story- telling, drama and performance come together to create a magical world where anything is possible!

Explore your creativity; Expand your body awareness; Reconnect with the wisdom of your body. **Contact: Anjali info@embracingspirit.net, 0401 334 738, or www.embracingspirit.net/bollywood-fusion**

Bollywood Dance @ MC²

Date: Monday evenings, 8th October- 10th December 2012, 7pm- 8.30pm

Manningham City Square (MC²), Manningham Art Studio, 687 Doncaster Road, Doncaster 3108.

Cost: \$120 early bird/ \$150 full/ \$15 drop in

Bollywood dance, evolved out of the Indian film industry and brings together elements of classical Indian dances, traditional folk dances and Western dance styles like jazz, hip hop, contemporary, afro jazz and funk dance. In this short course we will work on a dance piece to share with family and friends. This is a medium to high impact class where the movements often require an emotional connection with the song and what is being expressed. Information and bookings, visit www.embracingspirit.net/bollywood-fusion

Contact: Anjali on info@embracingspirit.net or 0401 334 738

MANGALA STUDIOS PROGRAM

Teaching Creative Dance and Yoga to Children and adults.

The experience of creative dance and yoga has deeply influenced Mangala Studios.

The programs provide a unique chance for all children to have fun with creative aspects of dance, design and yoga in a stimulating environment.

Music and Dance! Art and Dance! Solo and Ensemble Creative Dance! Poetry and Dance. All aspects of the Creative Dance can be experienced And Yoga for body, mind and spirit.

Feel free to contact us with your enquiries.

Mangala Studios, 73 Grattan St. Carlton, 3053.

Ph: 03 96635603; e-mail: info@mangalastudios.com.au; www.mangalastudios.com.au

Dance improvisation including cross-cultural fan dance and other traditional dance styles.

Enquiries: Marina Bistrin 0438 580 889

marinabistrin@optusnet.com.au www.dance-explorer.com

Sat 19th to Wed 23rd January 2013 Melbourne

Embodied Bellydance® Australia Intensives

Sat 19th to Wed 23rd January - 10am to 5 pm daily. Cost: 5days - \$600 or \$500 - Early Bird pay before Dec 1st. 2 days - (Sat & Sun only) - \$250 or \$220 - Early Bird pay before Dec 1st

PAY A NON REFUNDABLE DEPOSIT OF \$100 ASAP

Melbourne Venue: Northcote Uniting Church Hall, 251 High St Northcote

Booking & Enquiries- Melbourne: Jude Kavermann: judekave@yahoo.co.nz & +613 9314 4355

Maria Sangiorgi: info@embodiedbellydance.com

More information: <http://www.embodiedbellydance.com/workshops/australia/>

Maria Sangiorgi is a Member of the International Dance Council CID

Dancing Isis Dance! Embodied Bellydance™ Heart Centre Massage

Ostra, Le Marche, Italia, and Melbourne, Australia

+39 338 524 92 55 +61419 523 710; Skype: mariasangiorgi

See also Perth Sat 16 to Wed 20 February

Embodied Bellydance® Australia Intensives 2013

Creative movement for children with special needs and "Women Who Flow With The Sea" groups to celebrate the feminine spirit. Sally Low, Physiotherapist, Feldenkrais Practitioner, Creative Movement and Dance Teacher has a private practice in Newport. Her work with children is developmentally structured **Tel: 0405170090 or e-mail sallylowrehab@hotmail.com**

In-depth movement psychotherapy, Authentic Movement for individuals, couples and groups, and

Supervision: Linda Murrow, M.A. ADTR Prof. member: DTAA, Vic. Ass. Family Therapists, Aust. Assoc. of Relationship Counsellors, PACFA Reg, is an experienced DMT and expressive arts and couple therapist. She works with individuals, couples and groups at Relationships Australia and in private practice. Linda also teaches at the Phoenix Institute of Victoria. **Contact: lindamurrow@aapt.net.au or mobile: 0421 999 839**

Private DMT and Feldenkrais sessions in Malvern, and on-site supervision for DMT graduating students

from Bella Grossberg. Bella, DMT, Prof. member DTAA, Feldenkrais practitioner and counselor, is a graduate of Dr. Marcia Leventhal's first training program in Melbourne. She believes in the inherent healing power of dance and its power to change past limiting patterns with new empowering ways to move, think, and feel. **Call Bella on 9576 2644 or email: pgberg@bigpond.com**

Body Voice Centre news and events:

Weekly breath groups: Mondays 1.30 to 3.00pm (open to all);

Wednesdays 9.30am to 10.45am and 11.15am to 12.30pm;

Fridays 9.30am to 11am. These sessions are open by application to people who are already familiar with the work or who have attended the introductory Saturday half-days. Monday is also open by application to people new to the work.

Also, individual hands-on breath sessions available with Middendorf breathwork practitioner John Howard. These 'breath dialogue' sessions are a way of connecting more closely with oneself through heightened awareness of body and breath.

Single sessions \$70/50; set of five \$300/\$200. **jdhoward@alphalink.com.au. Body Voice Centre**

50 Wolverhampton St, Footscray, Vic 3011; www.bodyvoice.com.au

MONASH STUDIO~ for movement-based expressive arts

MIF: Moving Into Facilitation.

For more information and dates of next events, contact Tiana: 0421 045 438 **www.monashstudio.com.au** or

tianamoves@optusnet.com.au

YOGADANCE Tuesdays 7.15-8.45pm

A combination of hatha yoga and creative movement.

SOUL MOVES Wednesdays, 6.30-8.30pm. October 10th – Nov. 28th

You will have opportunities to experience yourself in new ways through movement exploration, self awareness and relaxation. The sessions offer time to feel and to listen deeply to the powerful intelligence of the body and to create personal and collective dances that have meaning. Tiana Li-Donni and Mandy Agnew have joined to create this unique 8

week course, where they will alternate weekly the facilitation of the session. You will be able to experience the dynamic Tamalpa Life/Art work through Tiana and also the unique blend of movement therapy inspired by Mandy's IDTIA learnings. Cost: \$320. Monash Studio, 1 Forest court, Glen Waverley. 3150 **Contact Mandy 0437348808 or Tiana 0421 045 438, (03) 9574 9016 www.monashstudio.com or info@monashstudio.com.au**
For Volunteer Opportunities working with Tiana Li Donna
Phone: Tiana on 0421 045 438 www.monashstudio.com or info@monashstudio.com.au

Ideokinesis and Movement with Shona Innes.

Ideokinesis is the practice of imagining a moving image within your body. This encourages mechanical balance, integrates imagination and sensory experience and offers a platform for creative action. For information on forthcoming workshops:

Contact Shona – 0421 285 338 <mailto:atinnes@alphalink.com.au> or go to <http://alexanderthinkingbody.alphalink.com.au>

Lieto Creative Dance Studio: Elizabeth Loughlin

Classes and short courses at Lieto Studio, North Fitzroy, VIC. Ring Elizabeth, creative dance teacher and DMT, on **94829312, or email loughlin@clari.net.au for further information. www.lietocreativedance.com.au**
See also under Classes, Mondays in Victoria

Soul Dance

3rd Sunday each month - at Olinda Primary School, Charlemont Lane, Olinda.

10am – 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centring dance – great location, music and people.

Tony Norquay, 03 5678 5525 or 0418 134 709 or norquaytd@ihug.com.au

NEW SOUTH WALES

Monday, 7:30 PM, 8 October & Monday, 7:30 PM, 15 October TREE OF LIFE PERFORMANCES - AT THE ENSEMBLE THEATRE

Presented by Treehouse Theatre

Proud winner 2012 Refugee Council of Australia Humanitarian Award

Young refugees perform their own stories. The performance represents a journey of healing for the young cast. For audiences, it is a powerful insight into the refugee experience as told by the children who experienced it. **WHERE:**

ENSEMBLE THEATRE, 78 McDOUGALL ST, KIRRIBILLI

BOOK: 9929 0644 www.facebook.com/treehousetheatre

5rhythms Dance and Dance Therapy with Michelle Mahrer

Wednesday nights UNSW Dance Studio gate 2 High St Kensington 7.30 - 9.30pm

An invitation to follow your own authentic way of moving with 5 rhythms dance, a movement meditation based on 5 basic rhythms - flowing staccato, chaos, lyrical and stillness which together form a wave.

Radiance Dance - fortnightly on Sunday mornings 10-30 - 12:30pm

An invitation to awaken energy, healing and transformation through 5 rhythms dance

UNSW Dance Studio Gate 2 High St Kensington, September, 30.

Sanctuary - A journey into the dance of the soul with 5rhythms dance, authentic movement and drawing. Monthly on Saturday afternoons Oct 6, Nov 3, Dec 1

Heffron Hall 34 Burton St Darlinghurst 2 - 5pm

More info: www.michellemahrerdance.com Email: mmahrer@bigpond.net.au

All About You - Flexibility & Support

Workshops with Michael Muir - The Awareness Institute, Suite 1, 20 Clarke St, CROWS NEST NSW 2065. Working with connective tissue using gentle somatic exercises and free form dance is explored. Working with the connective tissue will support our bodies re-establishing structural alignment and helps bring us back into balance - physiologically and emotionally. Our aim is to feel more connected in relationship with others, create more opportunities for choice and ultimately more flexibility in life. No prior experience necessary.

Contact: Michael Muir for group dates, more information or to secure a place

Mobile: 0414 888 248 or Email: michael@soupa.net

http://www.goodtherapy.com.au/michael_muir

Saturday, October 13 and 14

Way of the Feminine Workshops with Satyo Cate Sullivan (BCA, MA (Cat) PACFA Reg.)

Utilising naturally expressive movement, creative arts therapies (eg. drawing, clay, writing;) body sense; relaxation and awareness skills. At Home in the Feminine: Exploring and connecting more fully to the richness and depth of your own unique feminine nature: Weekend Workshop: October 13 and 14, 9.30am – 4.30 pm, Milton. \$230 Early Bird: \$200 (received by October 5)

Also, individual counselling and therapy sessions offered in both Robertson and Nowra.

For further information contact Satyo on 02 4885 1727 or 0412 122010

2nd November, 2012 - 7-9pm

An ASPA (Australian Somatic Psychotherapy Ass.) professional development event. Awareness Institute, 1/20 Clark S. Crows Nest NSW.

Tim Johnson Newell, Jean Gamble and Michele Rousseau - case studies on "working with a difficult client".

Re-Form - 8 week programs -

A Dance Movement Therapy (DMT) based program, aiming to provide healing and freedom for your body, heart, mind and spirit. The Basement, Pittwater Uniting Church, 10 Jubilee Ave, Warrenwood. Cost: \$176 for 8 sessions or \$25 per week.

Contact Esther Durham, (Grad Dip DMT, Assoc. Deg. Dance) ph: 0407 769 943: estherdurham@hotmail.com; www.aholelotofdance.com.au for more information or to register.

Creative Kids Dance

Ages 5-9. Thursdays (during school terms) 4:30-5:30pm.

In the Kids Room, 10 Jubilee Ave, Warriewood.

more info at www.aholelotofdance.com.au

Please contact Esther to register your interest on 0407 769 943 or estherdurham@hotmail.com

2011 - 2012: DRAWING MOVEMENT with Lisa Roberts

ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney.

Drawing Movement at the Rozelle School of Visual Arts, 57 Nelson Street, Rozelle, Sydney:

<http://www.lisaroberts.com.au/content/workshops/workshops.php>

Modelled on traditional Life Drawing, but instead of drawing a hired model, turns are taken to move and be drawn, moving to simple 'scores' for movement and drawings that are designed to expand the dynamic range of expression. Cost \$10, but you will need to bring your own drawing materials.

See: www.lisaroberts.com.au; www.antarcticanimation.com; www.livingdata.net.au

For more information; Contact Lisa: 02 9550 2805; lisa@lisaroberts.com.au

Tasmania

Vocational Graduate Certificate in Movement Based Somatic Therapy

Presented by Pilates House trading as Tensegrity Training

The course is delivered over a 1 year period through attendance at 5 weekend modules, virtual online classes, self-learning and supervised clinical practice. Each module can be enrolled in and in any order once Module 1 has been completed.

The Vocational Graduate Certificate is at AQF level 8, a higher level qualification than a Certificate IV, Diploma or Advanced Diploma and aims to prepare experienced practitioners to be effective Movement Based Somatic Therapy professionals. The course includes theoretical study of developmental movement patterns, self-psychology, movement analysis, somatic education and their influence on the potential negative behaviours that may prevent a client's recovery.

The course covers the theory of common pathologies, chronic conditions and injuries encountered in Allied Health. Graduates apply treatment techniques based on the principles of Somatic Exercise, Laban Movement Analysis, Barteneiff Fundamentals, Psychology of Touch, Psychotherapy and Client-Centred Counselling. The course will cover skills required to use a combination of hands-on, verbal and movement exercise techniques to deliver highly effective treatment to a broad range of clients.

Bookings & more information: info@tensegritytraining.com.au

West Australia

26 - 29 November 2012 - Western Australia -The Art of Good Health and Wellbeing 4th Annual International Arts and Health Conference

Notre Dame University, Fremantle, presented by Arts and Health Australia in association. **See**

www.artsandhealth.org.au for conference themes. **Arts and Health Australia, 52 Shoreline Drive, Port Macquarie, NSW 2444, Australia**

Sat 16 to Wed 20 February 2013 Perth

Embodied Bellydance® Australia Intensives

Booking & Enquiries For Workshop & Module Content contact :

Cindy Hyde: cindyh@gipps.net.au

Maria Sangiorgi: info@embodiedbellydance.com

More information: <http://www.embodiedbellydance.com/workshops/australia/>

Maria Sangiorgi is a Member of the International Dance Council CID

Dancing Isis Dance! Embodied Bellydance™ Heart Centre Massage

Ostra, Le Marche, Italia, and Melbourne, Australia

+39 338 524 92 55 +61419 523 710; Skype: mariasangiorgi

Classes Victoria

Mondays:

Elizabeth Loughlin, Ongoing creative and expressive dance - 7.45 - 9 pm.

At Lieto Creative Dance Studio, North Fitzroy 3068

Ring Elizabeth, creative dance teacher and dance movement therapist, on **94829312** or email:

loughlin@clari.net.au See: **www.lietocreativedance.com.au**

Tuesdays:

YOGADANCE Tuesdays 7.15-8.45pm

An ongoing class. A combination of hatha yoga and creative movement.

For registration contact Tiana: 0415 644 060

(03) 9574 9016 **www.monashstudio.com** or **info@monashstudio.com.au**

Wednesdays:

RUMBA FLAMENCO CLASS in Macleod

Wednesday nights with Marina Bistrin - 7.30 pm to 8.30. \$20

Enquiries: Marina Bistrin 0438 580 889

marinabistrin@optusnet.com.au **www.dance-explorer.com**

Fridays

SOUL MOVES - on-going classes 7-9pm

A combination of Movement Ritual and the Halprin life/Art Process.

Come and join us for movement explorations, drawing and dialogues.

Soul Moves expands and deepens our level of awareness of ourselves in motion, giving access to our personal stories and insights as we return to our daily lives.

Contact Tiana: 0415 644 060

(03) 9574 9016 **www.monashstudio.com** or **info@monashstudio.com.au**

Saturdays

Body Voice Centre

'Meeting the breath': half-day workshops

Dates, Bookings and further details: email **info@bodyvoice.com.au**

Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 **www.bodyvoice.com.au**

Sundays

Soul dance - 3rd Sunday each month

Olinda Primary School, Charlemont Lane, Olinda.

10am - 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centering dance - great location, music and people.

Call Tony Norquay on 03 5678 5525 or 0418 134 709 or email: norquaytd@ihug.com.au

New South Wales - Ongoing Classes

Mondays:

2011: Movement and Drawing

6-8pm Mondays, ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney. See full information above under NSW.

Contact: Lisa Roberts PhD (UNSW); <http://lisaroberts.com.au/>

lisa@lisaroberts.com.au 02 9550 2805

Dance is MY Therapy - dance classes with a difference - 8:00-9:00pm Sydney

The classes explore the therapeutic benefits of dance, with a focus on creativity, expression and general health and wellbeing proving that everybody can dance!! Expect the unexpected and enjoy the benefits of dance for mind, body and spirit.

Dance Alive Studios, 107 Regent St, Chippendale (near the corner of Meagher St)

Contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com.auwww.kirstydance.com.au

Mondays 2- 3.30pm, Rex Centre, Kings Cross

Creative Movement for Seniors (50+)

\$3 (subsidized by Sydney City Council)

Revitalizing, relaxing, guided self expression/movement exploration..

Connecting with stimulating music, ideas and people.

Contact Meredith Lucy 0400447951 or Email; meredithlucy6@gmail.com

Thursdays

'Moonbeam Movement'- Mums and Bubs classes, 9.30am - 10.30am

At: Lifepod, 1A Victoria St, Paddington

Six-week courses of gentle, intuitive and fun dance/movement experiences for mothers and babies aged 5 months to walking. Explore the magical space that exists between you and your baby. **Contact: Suzy Wolanski Ph: 0413444914; Email: suzy@moonbeammovement.com.au**

Fridays

Authentic Movement 6.30 - 9pm in Rozelle

A setting for a movement practice where a supportive group of committed people practice inner focus and containment to deepen personal awareness. The practice can facilitate a therapeutic release through contacting unconscious material, support creativity by exposing new ideas and it can be a community building activity by connection to a wider, collective sense of self.

Beginners and experienced movers welcome.

Contact Meredith Lucy 040 044 7951 or meredithlucy6@gmail.com

Saturdays:

Accessible Dance - 10:00 -11:00am

A dance class for dancers with a disability over the age of 16, with emphasis on ability, creative expression and having fun dancing and moving. Carers welcome to join in.

Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on left.

For more information contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com.auwww.kirstydance.com.au

Overseas Conferences and Training

Argentina

November 2 and 3, 2012, Buenos Aires.

International Congress of Dance/Movement Therapy

"Body, Art and Health in Dance Movement Therapy",

Argentinean Association of Dance Therapy

Maralia Reca (reca.maralia@gmail.com)

Austria

December 17 - 21, 2012

International Conference "Theatre Between Tradition and Contemporaneity"

Retz Hof Education Institute - 15th century castle in Austria

Practical workshops, presentations, performances, works-in-progress and discussions with performing arts experts from USA, Australia, Russia, Thailand, Turkey and United Kingdom. From arts of Aboriginal Australia, topics of traditions and heritage, strategies for contemporary arts centres to the power of the story in song, innovative musical language and contemporary cello playing styles in a post-apocalyptic world! The Conference language English.

Programme & details: <http://www.iugte.com/projects/theatretadition/Programme>

Photo Gallery <http://picasaweb.google.com/globtheatre>, <http://www.facebook.com/iugte>

Bali

Thursday 11th October-Tuesday 16th October 2012

Explore the Healing Art of Dance -

At the Bali Purnati Centre for the Arts, near Ubud

Facilitated by Alice Owen & Tracey Nicholson. Both Dance Therapists with a deeply held belief in the healing power of dance as a medium for personal exploration and positive change.

Over 5 days participants will have the opportunity to reconnect with their innate dancing self

Inner exploration and processing will be approached via various methods including Creative Dance, Improvisation, Storytelling, Drawing, Collage and Journaling.

When: \$1200 AUD twin share (single room supplement \$150)

Includes 5 nights accommodation and 5 day workshop plus breakfast and lunch daily and airport transfers Airfares not included

Earlybird discount \$1100 if full payment before 11th August 2012

To book your place send a deposit of \$250 AUD by 11th August, balance by 11th September 2012

For enquiries contact: Aliceowencreate2@gmail.com; www.aliceowen.com.au

tracenicolson@gmail.com; pilateshouse@bigpond.com

Greece

Athens, 21-25 November 2012

Dance Therapy Panorama - 33rd World Congress

CID congresses are the largest gatherings of dance specialists world-wide, the best opportunity to showcase one's work to a wide audience of practitioners, dance teachers, choreographers, researchers, journalists and organizers. All forms of dance therapy will be represented.

Intended primarily for professionals, it is at the same time a trade fair and a participatory event, facilitating contacts among colleagues in view of international cooperation.

Submitting a presentation (research report, lecture-demonstration, class, exhibition) is optional. Sent text before 1 Oct. 2012. Please note: Absentee conferees can register also; their presentations will be included in the program and the proceedings.

To apply for a visa or financial assistance, registered participants receive an official certificate.

Congress information and registration: www.orchesis-portal.org/cdr

Membership application: ExecSec@CID-portal.org; www.cid-portal.org

India

India Sahayog Foundation certificate Movement Therapy and Counselling

Involves five months of training with a theoretical framework of therapeutic dance and creative-healing movement activities. TRIPURA KASHYAP teaches the movement therapy component:

At NarenJayen Studio, Bhoomika, 53 Bharati Artists Colony, Vikas Marg (near Nirman vihar metro station), New Delhi – 110092, India

Contact: RIYA MANDAL Email: riyam.7492@gmail.com / subsyalag@yahoo.com

Blogspot: www.tripurakashyap.blogspot.in / www.bhoomikadance.blogspot.in / www.asimwaqif.com

Korea

Jun 28 - Jun 30, 2013

KDTA 2013 International DMT Conference

Seoul Olympic Parktel, Seoul, Korea Jun 28 - Jun 30

“HEALING, CONNECTION, HARMONY through Dance Therapy”

Dance/Movement therapists, arts therapists, psychotherapists, movement psychotherapist, psychiatrists, and allied professions can share knowledge and experiences under the themes of • Healing: DMT for Medical treatment and Health care

• Connection : DMT for Happiness within Family, Organization and Community

• Harmony : DMT for Peace within Multi-cultural Families, School, Society

See: www.kdmta.com; **Email :** dmtworld2013@gmail.com; **Facebook :** www.facebook.com/groups/kdmta

UK

Roehampton University, Surrey, Dance Movement Therapy Programmes,

Graduate Certificate, Postgraduate Diploma/ MA, M. Phil, PhD. For initial information and application contact enquiries@roehampton.ac.uk or write to Programmes Administrator, Arts Therapies Division, School of Psychology and Therapeutic Studies, University of Surrey, Roehampton, Southlands College, London SW15 5SL or contact the **Programmes Administrator on: 020 8 392 3000. Email: ArtsTherapies.programmes@roehampton.ac.uk**

M.Sc. Dance Movement Psychotherapy at Queen Margaret University, Edinburgh, Scotland, UK

Accredited by the ADMP UK. The M.Sc. combines academic activity with clinical placement experience and the development of dance/movement skills. It can be studied full-time over 2 years or part-time over 3 years. **See:** www.qmu.ac.uk/at/Introduction_to_Dance_Movement_Psychotherapy.htm **Or contact: Dr Vicky Karkou, VKarkou@qmu.ac.uk or HSAdmin@qmu.ac.uk**

USA

October 11 – 14, 2012

The 47th American Dance Therapy Association (ADTA) Annual Conference is in 2012

“Exploring Vistas and Soaring to New Heights: DMT 2012 and Beyond”

Albuquerque, New Mexico, USA. The 2012 conference theme invites DMTs to take a different look at their work; not only where they have come from, but where they are headed. In what new directions have you taken your work? Have you incorporated your dance/movement therapy training and skill set into a less traditional setting? Have you found ways of combining dance/movement therapy and other training into your work as a dance movement therapist?

For details go to www.adta.org then conference to see more details.