

### Current Moves July 2010

Current Moves, the DTAA's email bulletin, aims to keep the dance movement therapy community up-to-date with information in-between publications of the Association's journal, 'Moving On'. Please forward any communications, news of events, or changes of events, to [dtaa@alphalink.com.au](mailto:dtaa@alphalink.com.au) for distribution.

### Dance Movement Therapy Association Events

#### International Presenter Amber Gray returns to Australia - In Melbourne

Friday November 5 – Sunday November 7, 2010

#### Pathways to Restoration on the Stress Trauma Continuum

Presented by the Dance Therapy Association of Australia (DTAA)

At Dancehouse (upstairs), 50 Princes Street, Carlton, 3054, Melbourne

#### Friday, November 5, Movement Mysterium

A movement practice that focuses on Continuum – movement that enables us to access the capacity for fluid, free, non-constrained movement, particularly beneficial to restore resilience after injury, illness and chronic stress. It is an excellent adjunct to somatic psychotherapy and dance movement therapy, and is fundamentally based on Shamanistic principles, combining somatic awareness, and simple and effective dance movement therapy practices.

#### Saturday November 6, and Sunday November 7, 2010 – Restoring Core Rhythmicity: Movement, Dance and Rhythm based interventions

This experientially based event, supported by theory, integrates Continuum, which is based on Shamanistic principles, with dance movement, somatic awareness, and Ecopsychology. The movement practices that emerge can be applied clinically, or used solely for personal rejuvenation and restoration. **See flyer on [www.dtaa.org.au](http://www.dtaa.org.au)**

**Information and enquiries: Mandy Agnew – Tel. 03 90177850; Mobile 0437348808**

**Email: [rmagnew@bigpond.com](mailto:rmagnew@bigpond.com)**

The DTAA AGM will be held this weekend at lunchtime on Sunday November 7.

#### In Sydney - Inside the Spoken Word: The Body's Role in Telling, Re-telling and Remaking our Lives

A joint presentation by the DTAA and Australian Somatic Integration Association (ASIA)

Saturday 23rd to Monday 25th October 2010 9.30am - 5pm

At: STARTTS Training Centre, 152-168, The Horsley Drive, Carramar, NSW 2163

A 3 day event that balances theory with experiential learning, to explore various somatic and expressive arts approaches to working with survivors of historic, spiritual, interpersonal, intergenerational, social and secondary trauma. The essential narrative and processing (memories) phase of the restorative process for survivors of trauma will be explored in depth.

**Amber Elizabeth Lynn Gray**, MPH, MA, BC-DMT, NCC, LPCC, has over twenty-five years experience in human service and working with displaced people, refugees, and survivors of human rights abuses, and over 13 years experience working with survivors of civilian and combat-related war trauma, torture, domestic violence and ritual abuse.

**For further information and enquiries about both events:**

**Contact: Mandy Agnew - Tel. 03 90177850; Mobile 0437348808**

**Email: [rmagnew@bigpond.com](mailto:rmagnew@bigpond.com) (DTAA)**

**Or for Sydney: Gerry O'Sullivan – Mobile 0412 392 420**

**Email: [gerry.osullivan@optusnet.com.au](mailto:gerry.osullivan@optusnet.com.au) (ASIA)**

**Or: see advertising on [www.dtaa.org.au](http://www.dtaa.org.au) and [www.somaticassociation.org.au](http://www.somaticassociation.org.au)**

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### Sept. 12th

#### DTAA Peer Mentoring Program Melbourne – 2010

Sunday 10am – 1pm: Meran Cassidy presents:

Embodying: 'A Hands on Relationship Between Anatomy and Movement'.

Dancehouse upstairs studio, 150 Princes Street, Carlton 3054.

Anatomical movement, presented by Meran Cassidy (a Rolfer), is alive and a vital part of the living breathing self. The story of evolution has the potential to deepen understanding of the body in motion. The workshop will begin with self-enquiry into anatomy by considering the spine, girdles and limbs through movement and hands-on explorations using a variety of mediums. That is, the skeleton, self sense and movement, palpation and drawing, all possibilities to develop understanding of living anatomy. The cell, the fish, the mammal; all hold aspects of human motion, and will be considered in what unfolds through an understanding of human movement, questions, movement explorations, and fun.

**Oct. 24nd: Sunday 10 - 4pm**

**Articulating Style as Facilitators, presented by Tiana Li-Donna and Embodied Bellydance as a Therapeutic Dance, presented by Maria Sangiorgi**

The peer mentoring program is for members and non-members of the DTAA in the DMT community, who would find it personally and professionally beneficial to join a program that aims to promote working together as peers and getting to know each other through a focus on creative movement explorations. The explorations are directed towards allowing for individual or collective themes and discussions that grow from thematic dialogues.

Contact Tiana if you have a subject in mind that you would like to present in 2011, that would benefit your professional work, or that of others.

Email confirming attendance would be appreciated.

Fee: DTAA Members \$10 non-members; \$25 .

For enquiries and more information about this program for 2010 and 2011

**Contact: Tiana Li- Donna 438 email: [tianamoves@hotmail.com](mailto:tianamoves@hotmail.com)**

**ph: 9574 9016 mobile: 0421 045 438**

**DTAA Memberships for 2010/2011 are due.**

New and renewing members always welcome. Please try our Membership Online System under the link [www.dtaa.org.au](http://www.dtaa.org.au) again.

There has been a corruption problem in the system which should now be resolved. It would be appreciated if you could assist us by trialling it. A hard copy of the DTAA Membership form is also available from the same site. Your membership is valued and essential for the continuation of the DTAA.

**Please direct any queries to the membership secretary, Jennifer Ford on Tel 9772 9352; or 04109 22228 or email:**

**[jenniferford@live.com.au](mailto:jenniferford@live.com.au)**

**Letter to the DTAA – Can you assist?**

**Winston Churchill Memorial Trust Fellowship - traveller to Australia**

We are sending this letter from Georgina Spurgeon to you, and hoping that you will be able to assist her whilst she is travelling in Australia:

Dear Colleagues

I am travelling to Australia in September to visit relatives and undertake a project, for which I have received a Winston Churchill Travelling Fellowship Award, to look at the contribution of movement to music for the wellbeing of older people.

I recently took early retirement from NHS Coventry where I worked as a Health Promotion Specialist and Public Health Practitioner with remits around older people and mental health and wellbeing. I have now moved to Cornwall where I hope to work with older people in my capacity as a teacher of EXTEND (Movement to music for older people and less able people of any age

[www.extend.org.uk](http://www.extend.org.uk)) and to facilitate the development of EXTEND in the area.

I am keen to explore the use of rhythm and music with movement and dance particularly relating to different cultures so that I can enhance my knowledge and experience both personally and professionally.

I hope through your association to make links with practitioners working with older people in groups in the community (or perhaps in care homes), especially those working with different cultural groups and those who use dance and music from different cultures in their classes. It would be really helpful to observe and participate in some group classes or workshops so I can experience the approach adopted by your members in dance/movement to music at first hand.

I will be in Victoria 4-25 October staying in Balwyn, Whittlesea and near Corryong (N Victoria) and in WA from 25 October - 20 November staying in Perth, Yancheep and Collie and am currently making contacts to refine my itinerary.

**You can contact me at [g.spurgeon@hotmail.co.uk](mailto:g.spurgeon@hotmail.co.uk).**

**With many thanks**

**Georgina Spurgeon**

**News and Special Events**

**Volunteers wanted for autism program**

**SONRISE PROGRAM - DESCRIPTION**

If you are a dancer or a performer in any discipline (acting, comedian, musician etc) with a community interest or looking for a different channel to apply your skills, then this volunteer program is made for you!

Evan is our sweet and gentle 6yr old son with a diagnosis of autism. As his parents, we have been trained in a unique home based program which uses the autistic child's motivations to build their social skills via the pure energy, excitement and enthusiasm of the human interaction. Physical motion and facial expression are key elements in bonding with the child and building the bridge to their world. In the last 2 years Evan has made remarkable progress thanks to our fabulous volunteers who have come to play with him.

We are excited about Evan's future and are looking for equally excited volunteers

Contact Ari [arikats@optusnet.com.au](mailto:arikats@optusnet.com.au) or 0414 513 452

**Victoria**

**International Dance Therapy Institute of Australia**

**Certificate in Dance Therapy, commencing February 2011**

The Certificate in Dance Therapy is a one-year, part-time, highly experiential training, which is supported by theoretical teaching and practicum. The teaching faculty are IDTIA graduates trained by American Dance Therapist and educator Dr. Marcia Leventhal, PhD, CMA, ADTR. All are experienced professional dance therapists and teachers. Attendance at an introductory workshop is a prerequisite for entry to the Certificate. Provision for interstate trainees – see under August.

**For more information about IDTIA courses contact: Michele Braban, Administrator, (03) 9578 7109 e-mail:**

**[admin@idtia.org.au](mailto:admin@idtia.org.au) Website: [www.idtia.org.au](http://www.idtia.org.au)**

**A Volunteer Opportunity**

**At Glenallen 7 Allen St. Glen Waverley VIC 3150**

On Mondays from 1.45 - 3.15pm

Join Tiana Li-Donni in running a weekly transitional subject called "Creative Dances" at Glenallen School with teenagers with

severe physical limitations. The students will be leaving school at the end of the year and entering the next phase of their lives in day centres. Tiana is inviting assistance with this program that provides the students with the opportunity to develop their self-expression. A 'Working with Children' card is essential.

Contact Tiana. Email: [tianamoves@hotmail.com](mailto:tianamoves@hotmail.com) ph: 9574 9016 mobile: 0421 045 438

And Volunteer Opportunity with Special Needs Teens - Creative Moves

Tiana Li-Donni is facilitating workshops for youths, 14-16yrs as part of the ASPERGER'S TEENS PROJECT. She would welcome anyone interested in assisting in sessions with "these amazing boys" for the experience, and perhaps an opportunity to try out some personal skills in sessions and performances. It is a 2010 Monash Arts Grant funded project.

Powerhouse Neighbourhood House. 54 Power Ave, Ashwood VIC 3147.

Rehearsals: October 11 and 26, and Performances: Nov. 8, and 15. A 20hr Project in 2010

Contact Tiana: Email: [tianamoves@hotmail.com](mailto:tianamoves@hotmail.com) ph: 9574 9016 mobile: 0421 045 438

### Soul Dance

#### 3rd Sunday each month

At Olinda Primary School, Charlemont Lane, Olinda.

10am – 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centring dance – great location, music and people.

Tony Norquay, 03 5678 5525 or 0418 134 709 or [norquaytd@ihug.com.au](mailto:norquaytd@ihug.com.au)

### Body Voice Centre weekend workshops

A starting point for those interested in Middendorf breathwork, with Middendorf practitioner, John Howard. See under Saturdays.

Now on the basis of 'pay as you feel', with box for payments in the studio. Coming soon to the Body Voice centre is the Ship of

Fools, new weekly bodyvoice vocal development singing performance project. Ship of Fools is a place to make

sound/noise/song/text, a place to listen and be heard. Ship of Fools is a gathering of people fascinated with sounding and

listening, with human noise and silence. On the Ship of Fools all sounds are welcome; silence is golden; beauty is in the ear of the beholder. All adults welcome. [www.bodyvoice.com.au](http://www.bodyvoice.com.au)

50 Wolverhampton St, Footscray, Vic 3011

Enquiries: [info@bodyvoice.com.au](mailto:info@bodyvoice.com.au)

### Anatomy in Movement level 1

For movers who want to understand what's happening in movement. We will draw on the story of evolution in our discovery of the bones, muscles and joints inside us. We will feel, touch, embody; on the skeleton, on ourselves, on each other.

Each week will cover a different region of the body. Weekly you will do colouring and reading. This class is designed to cater for people with a variety of learning styles. Our aim is to help you understand your movement and feel confident in your ability for inquiry and self-education.

Dates: 10 weeks from 23 Sept 2010

Time: 2-4pm Thursday

Place: Embodying rear 77 Eastwood St Kensington VIC

Cost: \$270 before 16 Sept (\$220 for DTAA members) (or \$310 by first class (\$260 for DTAA members))

Contact: Meran Cassidy 0413 736 955

[info@embodying.com.au](mailto:info@embodying.com.au) [www.embodying.com.au](http://www.embodying.com.au)

### Creative Arts Therapy 8 Week Group

MIECAT, 17 Victoria St, Fitzroy - \$340 including all materials

The weekly groups are an opportunity to explore a wide variety of Creative Arts Therapy processes, over a longer period of time, to open up and reinvigorate your inspiration, personal growth and self awareness. The group is kept small and consistent, in order to create an intimate and supportive environment. Modalities used include, drawing, painting, writing, clay, collage, movement, body awareness, symbols and more to explore authentic expression, and access new insights and understanding. These groups are suitable for anyone seeking some unique time out each week, especially for you, to connect, nurture, and reflect. No previous arts experience required.

Term 3: 8 Week Group - 8 Monday nights, 6:30-8:30 pm, has just commenced.

For Bookings or Enquiries for the 8 week group contact Jennifer on 0417 562 024, or [jenniferberlingieri@gmail.com](mailto:jenniferberlingieri@gmail.com) or go to [creativeartstherapy.com.au](http://creativeartstherapy.com.au)

Private sessions are also available.

### 9th October or 13th November 2010, 10am - 4pm

#### International Dance Therapy Institute of Australia

#### Introduction to Dance Therapy Workshop

Saturday, Prana House, Thornbury, VIC, Cost: \$105 Full \$85 Concession

An experiential day workshop to introduce dance therapy and its potential for discovery, change and healing, together with some discussion and theoretical underpinning for its use in therapeutic contexts. Presented by Anna Schlusser, IDTIA Dip. graduate with extensive experience in a variety of settings.

Contact: Michele Braban, Administrator, (03) 9578 7109 e-mail: [admin@idtia.org.au](mailto:admin@idtia.org.au)

Website: [www.idtia.org.au](http://www.idtia.org.au)

### November 16 to 19, 2010.

#### The Art of Good Health and Wellbeing

#### 2nd annual international arts and health conference

The Sidney Myer Asia Centre, University of Melbourne, Victoria, Australia,

Abstracts have been received to date from the USA, UK, New Zealand, Canada, Germany, India, Singapore and Hong Kong as well as Australia so the conference promises exciting dialogue and international information exchange.

Go to: [www.artsandhealth.org](http://www.artsandhealth.org) for conference details and registration.

Lieto Creative Dance Studio: Elizabeth Loughlin

Classes and short courses at Lieto Studio, North Fitzroy, VIC 3068.

**Ring Elizabeth, creative dance teacher and dance therapist, on 94829312, or email [loughlin@clari.net.au](mailto:loughlin@clari.net.au) for information.**  
[www.lietocreatedance.com.au](http://www.lietocreatedance.com.au)

### **ADVANCED NOTICE**

#### **Mind the Baby Forum II: 2010**

Home, Heartache and Healing: The infant/parent relationship, familial trauma and lives in transition

Monday 29th November 2010, 9.15am - 4.30pm

Keynote Speaker: Professor Louise Newman

In 2009 the RCH Addressing Family Violence Programs (AFVP) held a one day "Mind the Baby" forum on Working with Vulnerable Infants and their Families. This one day forum was oversubscribed and we have since had many enquiries asking if we would be making this an annual event. We are delighted to announce that we are running our second annual forum with Dr Louise Newman as our keynote speaker as well as several other speakers from Victoria and Tasmania who will focus on such areas as, Infant/mother work within the homelessness sector, An indigenous "Peek-a- Boo Club™" group, Working with fathers who have been violent and their infants, bringing play into our therapeutic work with infants

For more information about what the Peek-a- Boo Club™ is and who are the AFVP team please go to [www.rch.org.au/mhs/afvp](http://www.rch.org.au/mhs/afvp).

Cost: \$70, Venue: Ella Latham Lecture Theatre, Royal Children's Hospital

Flemington Road, Parkville, 3052.

**Enquiries: Susannah Duncan (<mailto:susannah.duncan@rch.org.au>)**

**Phone: 03 9312 7204, Fax: 03 9312 7147**

Hosted by Addressing Family Violence Programs - The Peek-a-Boo Club™

Royal Children's Hospital, Integrated Mental Health Program, Addressing Family Violence

#### **Space for Hire in Elsternwick – Melbourne**

Contact: Sam Seamer - Wellbeing & Development Co-ordinator

Hive (a Division of Community First Victoria P/L) - 474 Glenhenty Rd, Elsternwick

**Tel: 03 9523 9105 - Mb: 0421 715 601. e-mail: [sam@communityfirst.net.au](mailto:sam@communityfirst.net.au) [www.hive.org.au](http://www.hive.org.au)**

#### **New South Wales**

#### **Inside the Spoken Word: The Body's Role in Telling, Re-telling and Remaking our Lives**

A unique opportunity to work with Amber Gray

When: Saturday 23rd to Monday 25th October 2010 9.30am - 5pm

Where: STARTTS Training Centre, 152-168 The Horsley Drive, Carramar, Sydney, NSW 2163

**See under DTAA Events**

#### **Wesley Institute**

#### **Graduate Diploma in Dance Movement Therapy**

The Wesley Institute Graduate Diploma of Dance Movement Therapy (DMT) offers an accredited tertiary qualification designed to provide professional DMT therapy training delivered by highly qualified people in the fields of counselling, DMT, and dance. The course encompasses various theoretical models and approaches, evidence-based interventions including counselling and assessment skills, DMT skills and techniques, ethical and legal processes, and supervised practical experience with different client populations. The program qualifies for fee help, is one year full time or can be taken over three years part-time.

The DMT program includes examination of movement theory and analysis, theory and practice in the works of Laban, Bartenieff and Kestenberg; models of improvisation for DMT based on psychotherapeutic models and the works of DMT pioneers; psychological studies in relevant theories, models and practices for DMT for working with different client groups. Students also complete supervised practicum in disabilities and mental health.

Contact: Brenda Stevenson, Senior Lecturer, Dance Movement Therapy

Wesley Institute, Graduate School of Counselling

**Tel 02/ 9819 8838 Email: [brenda.stevenson@wi.edu.au](mailto:brenda.stevenson@wi.edu.au) Website: [www.wi.edu.au](http://www.wi.edu.au)**

#### **Sydney DMT Forums**

A forum for presentations of DMT applications, followed by feedback and discussion on how aspects of DMT can be applied on a personal and professional basis. Time is also given to networking and sharing of information. Contact: Sharon Todd-miller

**Email: [sharontoddmiller@yahoo.com.au](mailto:sharontoddmiller@yahoo.com.au)**

#### **Honouring Heart and Soul – A Weekend for Women**

**Saturday 16 and Sunday 17 October.**

In Milton NSW. Take time out in this weekend to explore how to live more in touch with what matters to you, nurtures and inspires you. A weekend using movement, dance, creative arts therapies, awareness skills and body sense. These annual workshops have been enjoyed for over 12 years exploring relevant themes. They offer a respectful place where each woman can follow her own individual enquiry, self-reflection and personal growth, yet also feel inspired by and connected with others. No former experience needed. Satyo Cate Sullivan has run courses and workshops for 30 years and also gives individual counselling and therapy sessions in the Shoalhaven and Southern Highlands. (Early bird, \$190 by October 1)

**For further information contact Satyo on 0412 122010. Email: [satyo@shoal.net.au](mailto:satyo@shoal.net.au)**

#### **October 8 - 10**

#### **AASP and ASIA joint conference:**

#### **Beings in Relationship - Keynote Speaker: Amber Gray**

The conference line up is SPECTACULAR and includes a number of presenters from complementary and different modalities.

At St Joseph's Centre for Reflective Living, 64 MacKillop Drive, Baulkham Hills NSW 2153

**Contact: Gerry O'Sullivan – Mobile 0412 392 420**

**Email: [gerry.osullivan@optusnet.com.au](mailto:gerry.osullivan@optusnet.com.au) (ASIA)**

#### **Conscious And Unconscious Relationship In Psychotherapy: A Contemporary Jungian Approach To Transference And**

## Countertransference.

**Friday 29th October 2010 - 7.30pm – 9.00pm**

At Sydney University Village, 90 Carillon Ave, Newtown, NSW 2042

Cost (inc. light supper): \$50 (GST inc)

The Mind In Fragments: Understanding And Working With Dissociation In Clinical Practice.

Saturday 30th October 2010 - 9.30am – 4.30pm

Venue: Sydney University Village, 90 Carillon Ave, Newtown, NSW 2042

Cost (inc. light lunch): \$195 (GST inc)

Jean Knox (Oxford, UK) Dr Jean Knox is a psychiatrist and Jungian analyst in private practice in Oxford. She is a Training Analyst of the Society of Analytical Psychology, a Senior Member of the British Association of Psychotherapists, Consultant Editor of the Journal of Analytical Psychology and Honorary Senior Lecturer at the University of Kent. She has written and taught extensively on the relevance of attachment theory and developmental neuroscience to Jungian theory and practice. Her book Archetype, Attachment, Analysis: Jungian Psychology and the Emergent Mind was published by Brunner- Routledge in 2003.

**For bookings, further details, or to be placed on the ANZSJA mailing list please contact [pds@anzsja.org.au](mailto:pds@anzsja.org.au) or leave a message on +61 2 9436 0040.**

## Ongoing Classes

### Victoria

#### Monday

**Elizabeth Loughlin, Ongoing creative and expressive dance - 7.45 - 9 pm.**

At Lieto Creative Dance Studio, North Fitzroy 3068

**Ring Elizabeth, creative dance teacher and dance movement therapist, on 94829312 or email: [loughlin@clari.net.au](mailto:loughlin@clari.net.au) See: [www.lietocreativedance.com.au](http://www.lietocreativedance.com.au)**

#### Tuesdays

##### Soul Moves

**Tuesdays 7.30-9.30pm Oct.12-Nov. 23, 6 wks**

Augustine Centre 2 Minona st. Hawthorn. Cost: \$180

Express your unique inner experiences using the arts.

Soul Moves gives you opportunities to enter into movement explorations from the inside out with the potential for insightful self-awareness and discoveries of your inner landscape.

Freeing and increasing your range of movement can also be a way of building a more flexible and toned body. Soul Moves expands and deepens your level of awareness in motion, and has the potential to help you access your personal stories. Creative movement, intuitive drawing and dialogues will help to you to shape and express yourself physically, mentally and emotionally.

Tiana is a graduate of Anna Halpin's work at Tamalpa Institute.

"All our life experiences and stories live and are held in the muscles, bones and soft tissue of the body.

Our personal history shapes the body ... and determines how we feel, move, think and act..." ( G. Hoffman Soto).

**Phone Tiana on (03) 9574 9016 m: 0421 045 438, or Email: [tianamoves@hotmail.com](mailto:tianamoves@hotmail.com) Bookings essentials.**

**Multicultural Fan dance with Marina Bistrin** - Self-expression, imagination, creativity.

Dance with colourful fans and silk scarves to world music for enjoyable gentle exercise. Moves from the Silk-Road and Flamenco as well as others will be used. Great for those who need regular gentle upper body exercise.

At Livingstone Community Centre, 1 Livingstone Street, Ivanhoe

**Bookings essential: Contact Marina Bistrin on 0438 580 889 [marinabistrin@optusnet.com.au](mailto:marinabistrin@optusnet.com.au) or see [www.dance-explorer.com](http://www.dance-explorer.com)**

##### Embodied Bellydance Classes

This is a unique approach to teaching and learning this wonderfully feminine and enchanting dance form. It incorporates anatomy, body awareness, creative visualisation and somatisation. Working with the breath facilitates a deeper connection to the inner and outer movement of the body to promotes self esteem and celebrate womanhood.

Inner Movement Centre, 32 Lower Heidelberg Rd, Ivanhoe, Vic

**Contact: Maria 0419 523 710 or go to <http://www.dancingisis.com/embodied-bellydance/>**

##### Maria's School of Raqs Sharqi

Inner Movement Centre, 32 Lower Heidelberg Rd Ivanhoe Classes for Adults

Tuesday Morning - 10 - 11.30 am - Dance with your inner child.

Embodied Bellydance - Recreational Egyptian Dance

Tuesday afternoon 12 – 1.30. Tuesday Evening – Level 1, 6.30 to 8 pm, Level 2, 8 to 9.30pm Egyptian Belly dance promotes, strength, vitality, sensuality and grace. Soft slow feminine movements are contrasted with sharp masculine movements.

**Contact Maria on 0419 523 710 for more details or go to <http://www.dancingisis.com>**

#### Thursday

**Barefoot Flamenco in Macleod** - Thursday nights 7.30 to 8.30

\$125 per 10 week term, \$15 casual - call for venue info

Bookings: Marina Bistrin mob 0438 580 889 ah ph 03 9444 8212

[www.dance-explorer.com](http://www.dance-explorer.com) [marinabistrin@optusnet.com.au](mailto:marinabistrin@optusnet.com.au)

Beginners & continuing - taught gently. This class is aimed at older women, though anyone can attend. Taught in a gentle, safe way, encouraging you to get to know your body & express this passionate music of the Spanish Gypsies. The movement principles taught apply to efficient use of the body generally, so you can use this in your everyday life.

We will be working with fans, skirts and shawls.

Traditional Egyptian Dance - Embodied Bellydance

Thursday Evening - Level 1 (Raqs Sharqi) - 6.30 - 8.0 pm and 8 pm – 9.30 pm. This promotes, strength, vitality, sensuality and

grace - Learn the sophisticated, elegant strong moves that interpret the traditional music of Egypt..  
**Contact Maria 0419 523 710 for more details or go to <http://www.dancingisis.com>**

### **Friday**

#### **Sensing Feeling Dancing the Chakras -7.30 – 10 pm**

With Maria Sangiorgi, work with guided meditation, imagery and music to align the Chakras and to draw out the personal inner dance. This is explored using somatization, movement, dance, sounding, drawing, writing and Authentic Movement as vehicles of exploration.

Inner Movement Centre, 32 Lower Heidelberg Rd, Ivahnoe

**Contact Maria for information on 0419 523 710 or go to: [www.dancingisis.com](http://www.dancingisis.com)**

### **Saturday**

#### **Body Voice Centre**

'Meeting the breath': half-day workshops

Half-day group workshops are on the third or fourth Saturday of each month.

Bookings & further details: email [info@bodyvoice.com.au](mailto:info@bodyvoice.com.au)

Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 [www.bodyvoice.com.au](http://www.bodyvoice.com.au)

### **New South Wales Ongoing Classes**

#### **Monday**

Dance is MY Therapy - dance classes with a difference - 8:00-9:00pm Sydney

The classes explore the therapeutic benefits of dance, with a focus on creativity, expression and general health and wellbeing proving that everybody can dance!! Expect the unexpected and enjoy the benefits of dance for mind, body and spirit.

Dance Alive Studios, 107 Regent St, Chippendale (near the corner of Meagher St)

Contact: Kirsty Fromholtz - 0402 644 510

[kirsty@kirstydance.com.au](mailto:kirsty@kirstydance.com.au) [www.kirstydance.com.au](http://www.kirstydance.com.au)

#### **Tuesday**

**Dance Therapy Program at Burwood Council** - 6:30pm-7:30pm, Sydney

Yumi Schaefer and Kirsty Fromholz are presenting a dance therapy course for the council's community program called "Have a Go".

Woodstock Community Centre, 22 Church Street, Burwood.

**Ring the Council at 02- 9911-9911, See website: [www.burwood.nsw.gov.au](http://www.burwood.nsw.gov.au)**

#### **Wednesday**

##### **Family Dance Classes**

An interactive dance class for the whole family. For Mums, Dads and children over 4 years. minimum of one parent & child. Cost: \$10 per person.

Where: St Peters Town Hall, Sydenham NSW

When: Wednesdays, 3:45 - 4:45pm

Facilitated by Esther Durham, a qualified Dance Movement Therapist.

**For enquiries, contact Esther on 0407 769 943 or [estherdurham@hotmail.com](mailto:estherdurham@hotmail.com)**

#### **Friday**

##### **"Wellness Exercise Program For Everyone" from 10 am- 11am**

Yumi Schaefer - Life Wellness Network

For more vitality, flexibility, muscle tone and strength, and relaxation join in this program of gentle fun aerobics, stretching, core-conditioning and relaxation.

At Guide Hall 159 Waldron Rd, Chester Hill. Offered by Chester Hill Neighbourhood Centre Booking: **Amy 9645-3700 or contact Yumi - Wellness Lifestyle Coaching, Pilates, Dance Therapy See:**

[www.wellnessnetwork.com.au](http://www.wellnessnetwork.com.au) or phone: 0425-256-735

**Also see on line order available for the Wellness "RENEW ME" Lifestyle Book and "Pilates For All" DVD**

#### **Saturday**

**Accessible Dance** - 10:00-11:00am - A dance class for dancers with a disability

For people with a disability over the age of 16, with emphasis on ability, creative expression and having fun dancing and moving. Carers welcome to join in.

Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on left.

**For more information contact: Kirsty Fromholtz - 0402 644 510**

[kirsty@kirstydance.com.au](mailto:kirsty@kirstydance.com.au) [www.kirstydance.com.au](http://www.kirstydance.com.au)

## International

### "Embodiment, Intersubjectivity and Psychopathology"

Heidelberg, August 30 – September 2, 2010

The conference creates an interdisciplinary forum for the exchange of ideas on the themes of embodiment, intersubjectivity and their role in psychopathology. It brings together worldwide experts from the fields of developmental psychology, philosophy, and psychopathology, in order to advance on some key questions for this research area. See:

[www.eip-conference2010.unitt.de](http://www.eip-conference2010.unitt.de)

### Caroline Plummer Fellowship in Community Dance

The University of Otago invites applications for the year 2011 for the above Fellowship. The Fellowship is open to any New Zealand or international community dance practitioner, teacher or researcher.

[www.carolineplummer.org.nz](http://www.carolineplummer.org.nz)

[www.otago.ac.nz/alumni/advancement/carolineplummer.html](http://www.otago.ac.nz/alumni/advancement/carolineplummer.html)

[www.otago.ac.nz/otagofellows/](http://www.otago.ac.nz/otagofellows/)

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### Professional and Associate Members

Please check your website details and keep them up-to-date. Help potential clients wanting dmt programs, potential employers wanting employees, or students and volunteers wanting placements, to find you. Enquires to the DTAA are referred to the Professional and Associate Member's listing on website <http://www.dtaa.org.au/supervisors.htm> and <http://www.dtaa.org.au/associate.htm>.

See criteria for these listings under Membership on [www.dtaa.org.au](http://www.dtaa.org.au) Applications and enquiries to Anna Ganz 03 94702673 or [apganz@hotmail.com](mailto:apganz@hotmail.com)

**Send changes to listings to:** [info@dtaa.org.au](mailto:info@dtaa.org.au) or [dtaa@alphalink.com.au](mailto:dtaa@alphalink.com.au)

### Volunteers needed

We still need writers to assist with our popular and internationally highly regarded informal Journal – 'Moving On', and of course your contributions for publication. Also, people interested in joining the DTAA committee in its work towards promoting dmt in Australia.

**Email:** [dtaa@alphalink.com.au](mailto:dtaa@alphalink.com.au)

**Dance-Movement Therapy Association of Australia -- Tel. 03 9592 4017**

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