



## Current Moves November 2012

### Dance Movement Therapy Association of Australia (DTAA) Professional Development Events

#### February 8, 9 and 10, 2013. Keep dates free!

#### Penelope Best back in Melbourne

At Abbotsford Convent, Melbourne, Dorm 1, Rosina building.

#### Therapist as audience, witness, and player;

#### How might the Fool, the Mover, and the Supervisor help the therapist to 'see' more clearly in the murky intersubjective space?

There are many ways to look at the space/s in between practitioner and client; the body is always central and always tells stories. These workshops will explore the differing ways in which bodily stories and relationships are told, shown, and felt.

Since her last workshops in Melbourne in 2012 Penelope has been investigating different ways of looking at and playing with the inter-subjective space/s between people. As always the workshops make playful use of simple tasks and accessible frameworks to build more complex questions and understandings for practitioners working therapeutically with the body mind.

The bodily relationship between therapist and client might be viewed as a performance of identities, each acting out different aspects of lived experience, each playing differing roles, adapting to each other and to contexts. What might happen if The Fool appeared and 'showed it like it is'? Or the therapist became the Player, or the Supervisor entered and joined the show as a critical friend?

The workshops will build more on 'simple' relational building blocks, playing with different ideas and positions with the space in-between. The Archetypal Fool work supported by Laban's outlook - Authentic Movement stance of the Mover and Witness, and Supervisor as critical friend, will be looked at. And the three complete days, will also look at continued work on the issue of touch and ethical dimension, Supervisory attitude building, stance and self-reflexivity.

Penelope Best is a senior dance movement psychotherapist, clinical supervisor, international trainer and researcher, who, is keenly aware of different views about core elements of therapeutic practice and training. She is fascinated by the influence of cultural differences and has initiated and runs professional DMP trainings in Warsaw, Poland, Croatia and the Netherlands. She is an Honorary Fellow of ADMP UK, External Examiner for Derby University DMP Masters, Fellow of Higher Education Academy, consultant to the profession, and maintains both private therapy and supervisory practices. **See more details on web flyer at [www.dtaa.org.au](http://www.dtaa.org.au) or more information, contact Mandy Agnew on [rmagnew@bigpond.com](mailto:rmagnew@bigpond.com) Or phone 98138671 / 0437348808**

#### March Saturday 3, 2013

#### Embodying the Chakras through Traditional Egyptian dance: Tools for Dance Movement Therapy

#### Maria Sangiorgi

The Chakras are practical tools for creating physical and emotional connections. Combined with the spiritual blue print of the chakras they provide a vehicle healing. Egyptian dance expresses through spirals, waves, circles and strong connections to the earth, the patterns of the Chakras. Physical, emotional and spiritual change has been witnessed as a result of combining Egyptian dance to the physical expression and grounding offered by the Chakras. I have also witnessed change when I have applied it to my own DMT framework when working with various populations over the years. The workshop is aimed to provide the Dance Movement Therapist with tools they can include in their practice.

**Flyer to be posted soon on [www.dtaa.org.au](http://www.dtaa.org.au)**

**Contact: [admin@dtaa.org.au](mailto:admin@dtaa.org.au)**

### **Centre Post Framework Training with Amber Gray in 2013**

**Dates: June 29, 30, July 1 and 2.** Ongoing dates will be posted as soon as possible. At Abbotsford Convent, Melbourne, Dorm 1, Rosina building.

#### **Body as Voice: Restorative Movement Psychotherapy Trauma and Resiliency Training Series**

Exposure to traumatic events literally and metaphorically “freezes” our bodies, minds and spirits in a “lock-down” of past memories. Current neuro-psychiatric research has shown that when someone is traumatized, a majority of traumatic memory is implicit—or sensory-motoric. Many of the researchers endorse the use of non-verbal therapies for survivors to fully integrate the past with the present and restore well-being and balance. The training series will prepare clinicians, dance movement therapists, art therapists, and somatic therapists to work with survivors of trauma (in particular, trauma secondary to war, torture, interpersonal abuse, complex trauma, human rights violations, intergenerational and historic trauma, complex humanitarian emergencies and natural disaster) using a variety of very practical, body and arts-based practices and methods. **See: [www.restorativeresources.net](http://www.restorativeresources.net)**

**Contact Mandy Agnew on [rmagnew@bigpond.com](mailto:rmagnew@bigpond.com) Or phone 98138671 / 0437348808**

### **September 2013**

**Sara Boas and Jos Butte** – will be back in Australia with variations of their exciting Lifedance

Either the first or second weekend in September

### **DTAA Memberships:**

Thank you to those who have already re-joined. This makes our job so much easier. If you haven't, and intend to do so, send your subscription in for the 2012 – 2013 membership year now. Get back onto our members mailing list and, at the same time, support the work of the DTAA and promotion of DMT in Australia.

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### **Dance Movement Therapy Training and Introductory Workshops**

#### **International Dance Therapy Institute of Australia**

##### **< 2013-15 DIPLOMA IN DANCE-MOVEMENT THERAPY >**

The Advanced Diploma programme is a three-year coursework, fieldwork and supervision programme comprising the IDTIA Certificate (a one-year course with 20 hours of fieldwork) and the IDTIA Diploma (a two-year course with a minimum requirement of 180 hours of fieldwork and 65 hours of supervision). A supervised practice prerequisite must be completed prior to entry. Four coursework modules (two in the first year and two in the second year) are integrated with study projects, dyads, and regular dance therapy supervised practice. Trainees graduate from the programme with an Advanced Diploma in DMT. The Advanced Diploma will equip graduates with sound generic DMT principles and skills for working with people in group settings, and generally as part of a therapeutic team. Additionally, the supervised practice component will provide a solid grounding in application of DMT to a chosen population. Working at depth with any population needs advanced skill which will require further practice to develop, and will also depend on the extent of any other training and knowledge already acquired.

**Certificate in Dance-Movement Therapy** – commencing February 2013, Melbourne, VIC

One year, part-time; Six modules, each consisting of a W/E intensive workshop and tutorials

Training is supported by theoretical teaching and practicum. Provision for interstate trainees.

**Contact Jennifer Helmich [jennifer.helmich1@bigpond.com](mailto:jennifer.helmich1@bigpond.com)**

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### **New Vocational Graduate Certificate in Movement Based Somatic Therapy**

Presented by Pilates House trading as Tensegrity Training **Contact: Tracey Nicholson**

**See full information under Tasmania or contact [info@tensegritytraining.com.au](mailto:info@tensegritytraining.com.au)**

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### **Conferences, Information, Notices and Special Events – Australia**

#### **Seeking Dance/Theatre support worker**

Boilover, an established Integrated performance group based in Sunbury, needs a volunteer creative support worker to assist with workshops and performance. This is a great opportunity to gain experience or further develop your skills working with people with a disability in dance and theatre. You will work alongside Artistic Director Kat Worth who will mentor you during your time with the company. Kat has over 20 years of experience working in dance and disability and disability arts and cultural practice. She is a former Artistic Director of Restless Dance Theatre and Company CHAOS among many other diverse projects.

**More information Company Manager Bernie Hetherington 0448 656 680 or Artistic Director Kat Worth 0412 992 513**

#### **Referral for dmt groups for young woman recovering from anorexia**

Does anyone know private or community dance therapy groups in Melbourne suitable for a young woman who is recovering from anorexia nervosa?

**Contact: [kimfdunphy@gmail.com](mailto:kimfdunphy@gmail.com)**

**Looking for Creative Dance classes/workshops/gatherings in West Gippsland** (e.g. Warragul, Drouin or Pakenham) areas. Or also Cheltenham or SE suburbs in Melbourne.

“I love creative dance and am looking for a group of people to dance with!”

**Contact: Renee from Longwarry (near Drouin) email: [mebelle@gmail.com](mailto:mebelle@gmail.com)**

### **Dance Research - Journal-Call for Papers**

#### **'BODY PARTS: Heads, Hips, Fingers, Feet, Chest, Belly, Butt.**

Special issue to attend to the way particular body parts are central to the aesthetic configuration of certain dance styles and how those isolated movements carry cultural, historical and political significance. In this issue, we seek to explore how the fragmentation of the body can both be limiting or reductive for the dancing body, as well as liberating and transformative; and we reflect on how these compartmentalized motilities might work in compliance with or in contradiction to the whole. Submissions by June 30, 2013. Approx. 6,000 words

**Inquiries: Sherril Dodds, Prof./Chair Dep.Dance, Temple University Philadelphia**

**Email: [sherril.dodds@temple.edu](mailto:sherril.dodds@temple.edu)**

### **Body Movement and Dance in Psychotherapy**

\*For those interested in receiving this excellent Journal (now 4 copies per year), see details of the special offer for DTAA members in Moving On.

### **Request for dance sessions for 7 year old child who lives in the Casey area.**

He has been diagnosed with ADHD and attends local special needs school. He loves dancing to music. His mother would like to offer the opportunity for him to take part in an after school activity, to build his self-esteem and self-awareness.

**Contact: Alison Foley, Family Services, Southern Connections**

**T 03 8792 8999; [alison.foley@connections.org.au](mailto:alison.foley@connections.org.au)**

### **Seeking dance classes for the elderly in Forest Hill area.**

If anyone knows of any classes for the elderly around the Forest Hill area for my agile and elderly mother (85 yrs),

**please contact: Anna Ranucci [agr@iinet.net.au](mailto:agr@iinet.net.au)**

Please notify [dtaa@admin.org.au](mailto:dtaa@admin.org.au) if this request has been attended to. We are also seeking classes for a 50 year old male with an intellectual disability in the Eastern suburbs. Please contact the same email address.

### **Call for contributions**

Special Issue of Journal for Dance & Somatic Practices on Transcultural Perspectives on Somatic Practices and Research. From ICTM Ethnochoreology Study Group [ETNOKOR@SI-LISTSERV.SI.EDU] On Behalf Of

**[A.Grau@ROEHAMPTON.AC.UK](mailto:A.Grau@ROEHAMPTON.AC.UK).[Grau@ROEHAMPTON.AC.UK](mailto:Grau@ROEHAMPTON.AC.UK)] **More information at****

**<http://jdsp.coventry.ac.uk>.**

### **Academic Journal of Creative Arts Therapies (AJCAT) – University of Haifa:**

Researchers, and practitioners are invited to submit articles, book reviews, news of forthcoming conferences and events; or briefs reports on new theses and dissertations;

**Contact: Rose G: [rs-gu@hotmail.com](mailto:rs-gu@hotmail.com)**

### **PACFA applications for Research Seed Grants**

PACFA supports the development of research into counselling and psychotherapy by offering research Seed Grants of \$4,000. They will be awarded for research projects compatible with PACFA's research - 2012/13 research priorities, and relevant to PACFA's mission.

**Contact Maria Brett, Executive Officer, [maria.brett@pacfa.org.au](mailto:maria.brett@pacfa.org.au)**

**Ph: 03 9486 3077; 290 Park St, North Fitzroy, VIC, 3068, See: [www.pacfa.org.au](http://www.pacfa.org.au)**

### **Society For Psychotherapy Research - A Dialogue between Psychotherapy Researchers.**

Are interested in the full spectrum of psychotherapy and counselling interventions for individuals, families, couples or groups, including self-help, online and telephone interventions as well more traditional face-to-face services. - Both quantitative and qualitative research into therapy process is outcome. **Contact: Danielle Anderson, Australian**

**Association Family Therapy.**

**[admin@aft.asn.au](mailto:admin@aft.asn.au); [www.aft.asn.au](http://www.aft.asn.au); PH: 03 9429 9938**

### **Climate Change made visible**

Oceanic Sydney was well received at Customs House this year as part of the Art & About Sydney program. Now we are planning iterations for presentation in Hobart and Newcastle next year.

To help us plan for these we seek feedback on the Sydney event.

For people who could not make it we prepared a video record and invite you to sit comfortably and watch it and then complete a BRIEF survey:

**<http://www.livingdata.net.au/content/presentations/2012Art&AboutSydney>**

**Video.php Lisa Roberts: [lisaroberts49@gmail.com](mailto:lisaroberts49@gmail.com)**

### **Wanted in Melbourne's South Eastern suburbs**

#### **Group dance classes for pre-school children with special needs**

for a 3½ year old girl with autism (non-verbal) and developmental delay.

She LOVES dancing; watches the Wiggles DVD's & copies their dance moves.

**Contact Kathryn from Glen Waverley. Email: [chillin1@tpg.com.au](mailto:chillin1@tpg.com.au)**

**Victoria**

## MAY 2013

### Dance Hub - Attention dancers in the Outer East (Melbourne)

Workshops: Tuesday 30 April & Tuesday 7, 14, and 21 May 7-9pm

Informal performance: Saturday 25 May 8pm

An exciting FREE dance program for local dancers, dance teachers, physical performers, tertiary dance students and choreographers. Come and work with leading local dance artist Jodie Farrugia and guest Melbourne choreographer Jo Lloyd during the month of May to explore your dance and choreographic practice while establishing a network of local dance artists.

Jodie and Jo will conduct four workshops that will push participants to explore a new contemporary dance vocabulary and develop new choreographic material to perform on stage in an informal presentation at Knox Community Arts Centre.

**Samara Cunningham, Knox Art Centre Marketing Officer 9729 7287**

### Somatics, Performance and the Creative Process: Education of the body mind with GH Soto

1 & 2 Year Certificate Training 2013 & 2014 will definitely go ahead. A few places still available.

An experiential education that uses movement and performance and creativity as vehicles to gain knowledge and awareness. The training is underpinned by the Life/Art process, developed at the Tamalpa Institute and San Francisco Dancers Workshop. Students will gain skills to apply professionally and personally. GH Soto is an internationally renowned teacher, performer and workshop leader and member of the original Tamalpa Institute faculty. He has taught yearly experiential workshops in Australia over the past 12 years. In 2013, he will offer a two year training program in Somatics, Performance and the Creative Process for those with a background in: dance therapy, performance arts, movement based practices, dance, body therapies, psychotherapy, teaching and healing. This two-year certificate program (minimum enrolment one year), made up of:

-20 days of face to face training per year: -Student study groups that meet regularly between each of the 10 day workshops.

DATES FOR 2013: February 1st to 5th & February 8th to 12th, 2013 and September 26th to 30th & October 3rd to 7th, 2013. VENUE: Abbotsford Convent, 1 St Heliers St, Abbotsford 3067

**Contact: Viv Neale: 0449 164 040, [vivneale@optusnet.com.au](mailto:vivneale@optusnet.com.au); Ranjit Bhagwandas: 0413 261 981 or [ranjitbhagwandas@gmail.com](mailto:ranjitbhagwandas@gmail.com); or Tiana Lentini: 0421 045 438 or [tianamoves@optusnet.com.au](mailto:tianamoves@optusnet.com.au)**

### Dance and Movement Workshops with Suzanne Hurley

Suzanne is an experienced dancer and counsellor, interested in the aspects of improvisational movement practice that apply across both disciplines.

PREGNANT BODY STORIES - For women that are or have been pregnant.

PREGNANT PAUSE - For women waiting to be pregnant.

MOVING STORIES - An exploration of improvised dance & movement that focuses on being present to who you are ... inviting yourself as well as others into your story from today, before today, and in front of tomorrow. Questions about self to communicate, who am I in this body before you? Which parts of myself do I avoid when I move, what happens when I invite what I avoid to be present and what is present when I am moving that is otherwise hidden?

**Enquiries for future dates 0402 407 925; [suzanne@suzannehurley.com.au](mailto:suzanne@suzannehurley.com.au); [www.suzannehurley.com.au](http://www.suzannehurley.com.au)**

### Spiral Dance

Improvisation and Expressive Dance to guide you deep into yourself and connect back out to others in the world around you. Workshops are playful, imaginative and informative.

Kat Worth has been leading dance and movement workshops with community and professionals since 1992. She moves between the worlds of making live performance, film and improvisation and guiding herself and others to dance their own dance wildly at their hearts content. She

works in hospitals, schools, aged care, rehabilitation, detention, beaches and laneways. Her work is ceremonial, transformational and artistic. **Contact Kat for details of the next workshops planned. Call: 0412 992 513; email [dancingkat@iprimus.com.au](mailto:dancingkat@iprimus.com.au)**

### Diploma in Teaching Creative Dance at Mangala Studios Carlton

Ideal for teachers, therapists and dancers, it combines dance, art, music and pedagogy as an integrative system for personal development and education. The course runs part time for 18 months.

**For further information contact Mangala Studios. PH: 96635603  
e-mail: [info@mangalastudios.com.au](mailto:info@mangalastudios.com.au); [www.mangalastudios.com.au](http://www.mangalastudios.com.au)**

### Dance with your Baby.

Two sites in Melbourne offer the joys and delights of Mother- Baby Dance (from approx. 3-4 months to walking); a relaxing and nurturing time for mothers, and opportunities for musical and movement experiences for babies to share with their mothers.

**Fridays: 11.30am at Ashburton Baptist Church Hall St Ashburton 3147** with Elizabeth Mackenzie, creative dance teacher and dance therapist. A community project in partnership with Ashburton Baptist Church. **Contact Elizabeth Mackenzie 03-9836 7386** for bookings. [www.movingtogetherdance.com.au](http://www.movingtogetherdance.com.au)

**Wednesdays: 12.15 pm at Lieto Creative Dance Studio, North Fitzroy, [www.lietocreativedance.com.au](http://www.lietocreativedance.com.au)** with Elizabeth Loughlin, creative dance teacher & clinical mother-infant dance therapist **Contact Elizabeth 03-**

**94829312 or email [loughlin@clari.net.au](mailto:loughlin@clari.net.au).**

These sessions also offer opportunity for those interested in developing dance with mother and baby to assist in the sessions, and learn about dance arts and therapeutic methods with this population.

### **Wise Women Moves**

This program provides a unique opportunity to enjoy movement and dance to music from around the world, in a safe and nurturing space. New ways to create greater self-awareness and achieve inner peace, while having fun along the way are explored. Sessions include Dance-Movement Therapy, Art and group discussions. At: Monash Studio, 1 Forest Court, Glen Waverley; **Contact Mandy Agnew, 0437348808 for dates of future programs**

### **Bollywood Fusion Dance @ Box Hill**

Thursday evenings, December 2012, 7pm- 8.30pm, St Peter's Hall, 1038 Whitehorse Road, Box Hill 3128. Cost: \$15 drop in. Bollywood Fusion brings together Eastern and Western ways of moving to bridge the gap between mind, body, heart and spirit. Bollywood dance is not just a style of dance- it is a multilayered, multi-modal experience where music, dance, story- telling, drama and performance come together to create a magical world where anything is possible!

**Contact: Anjali [info@embracingspirit.net](mailto:info@embracingspirit.net), 0401 334 738, or [www.embracingspirit.net/bollywood-fusion](http://www.embracingspirit.net/bollywood-fusion)**

### **Bollywood Dance @ MC<sup>2</sup>**

Monday evenings, December 10, 2012, 7pm- 8.30pm Cost: \$15 drop in

Manningham City Square (MC<sup>2</sup>), Manningham Art Studio, 687 Doncaster Road, Doncaster 3108.

Bollywood dance, evolved out of the Indian film industry and brings together elements of classical Indian dances, traditional folk dances and Western dance styles like jazz, hip hop, contemporary, afro jazz and funk dance. Information and bookings, visit [www.embracingspirit.net/bollywood-fusion](http://www.embracingspirit.net/bollywood-fusion)

**Contact: Anjali on [info@embracingspirit.net](mailto:info@embracingspirit.net) or 0401 334 738**

**Bollywood daytime classes** includes information and videos to get the most out of your class experience. Also a short course for the **Youth Brigade** (7-17yrs). Mondays 6pm- 7pm, \$15 drop in.

**Morning Masala Madness**, Fridays, to 14th December 11.30am- 1pm, \$15 drop in

Manningham City Square, Manningham Art Studios (Studio 6).

**Contact: Anjali Senjupta [info@embracingspirit.net](mailto:info@embracingspirit.net) telephone: 0401 334 738**

### **MANGALA STUDIOS PROGRAM**

#### **Teaching Creative Dance and Yoga to Children and adults.**

The experience of creative dance and yoga has deeply influenced Mangala Studios.

The programs provide a unique chance for all children to have fun with creative aspects of dance, design and yoga in a stimulating environment.

Music and Dance! Art and Dance! Solo and Ensemble Creative Dance! Poetry and Dance. All aspects of the Creative Dance can be experienced And Yoga for body, mind and spirit.

**Feel free to contact us with your enquiries. Mangala Studios, 73 Grattan St. Carlton, 3053.**

**Ph: 03 96635603; e-mail: [info@mangalastudios.com.au](mailto:info@mangalastudios.com.au); [www.mangalastudios.com.au](http://www.mangalastudios.com.au)**

**Dance improvisation** including cross-cultural fan dance and other traditional dance styles.

**Enquiries: Marina Bistrin 0438 580 889.**

**[marinabistrin@optusnet.com.au](mailto:marinabistrin@optusnet.com.au) [www.dance-explorer.com](http://www.dance-explorer.com)**

### **Sat 19th to Wed 23rd January 2013 Melbourne**

#### **Embodied Bellydance® Australia Intensives**

Sat 19th to Wed 23rd January - 10am to 5 pm daily. Cost: 5days - \$600 or \$500 - Early Bird pay before Dec 1st. 2 days - (Sat & Sun only) - \$250 or \$220 - DEPOSIT OF \$100

Melbourne Venue: Northcote Uniting Church Hall, 251 High St Northcote

**Booking & Enquiries- Melbourne: Jude Kavermann: [judekave@yahoo.co.nz](mailto:judekave@yahoo.co.nz) & +613 9314 4355**

**Maria Sangiorgi: [info@embodiedbellydance.com](mailto:info@embodiedbellydance.com)**

**More information: <http://www.embodiedbellydance.com/workshops/australia/>**

Dancing Isis Dance! Embodied Bellydance™ Heart Centre Massage

Ostra, Le Marche, Italia, and Melbourne, Australia

+39 338 524 92 55 +61419 523 710; Skype: mariasangiorgi

**See also Perth Sat 16 to Wed 20 February**

Embodied Bellydance® Australia Intensives 2013

**Creative movement for children with special needs and "Women Who Flow With The Sea" groups** to celebrate the feminine spirit. Sally Low, Physiotherapist, Feldenkrais Practitioner, Creative Movement and Dance Teacher has a private practice in Newport. Her work with children is developmentally structured **Tel: 0405170090 or e-mail [sallylowrehab@hotmail.com](mailto:sallylowrehab@hotmail.com)**

### **In-depth movement psychotherapy, Authentic Movement for individuals, couples and groups, and**

**Supervision:** Linda Murrow, M.A. ADTR Prof. member: DTAA, Vic. Ass. Family Therapists, Aust. Assoc. of Relationship Counsellors, PACFA Reg, is an experienced DMT and expressive arts and couple therapist. She works with individuals, couples and groups at Relationships Australia and in private practice. Linda also teaches at the Phoenix Institute of

Victoria. **Contact:** [lindamurrow@aapt.net.au](mailto:lindamurrow@aapt.net.au) or mobile: 0421 999 839

**Private DMT and Feldenkrais sessions in Malvern, and on-site supervision** for DMT graduating students from Bella Grossberg. Bella, DMT, Prof. member DTAA, Feldenkrais practitioner and counselor, is a graduate of Dr. Marcia Leventhal's first training program in Melbourne. She believes in the inherent healing power of dance and its power to change past limiting patterns with new empowering ways to move, think, and feel. **Call Bella on 9576 2644 or email: [pgberg@bigpond.com](mailto:pgberg@bigpond.com)**

#### **Body Voice Centre news and events:**

Weekly breath groups: Mondays 1.30 to 3.00pm (open to all);  
Wednesdays 9.30am to 10.45am and 11.15am to 12.30pm;  
Fridays 9.30am to 11am. These sessions are open by application to people who are already familiar with the work or who have attended the introductory Saturday half-days. Monday is also open by application to people new to the work. Also, individual hands-on breath sessions available with Middendorf breathwork practitioner John Howard. These 'breath dialogue' sessions are a way of connecting more closely with oneself through heightened awareness of body and breath. Single sessions \$70/50; set of five \$300/\$200. [jdhoward@alphalink.com.au](mailto:jdhoward@alphalink.com.au). **Body Voice Centre 50 Wolverhampton St, Footscray, Vic 3011; [www.bodyvoice.com.au](http://www.bodyvoice.com.au)**

#### **MONASH STUDIO~ for movement-based expressive arts**

##### **MIF: Moving Into Facilitation.**

For more information and dates of next events, contact Tiana: 0421 045 438 [www.monashstudio.com.au](http://www.monashstudio.com.au) or [tianamoves@optusnet.com.au](mailto:tianamoves@optusnet.com.au)

**YOGADANCE** Tuesdays 7.15-8.45pm - A combination of hatha yoga and creative movement.

**SOUL MOVES** Wednesdays, 6.30-8.30pm. You will have opportunities to experience yourself in new ways through movement exploration, self-awareness and relaxation. The sessions offer time to feel and to listen deeply to the powerful intelligence of the body and to create personal and collective dances that have meaning. Tiana Lentini and Mandy Agnew have joined to create this unique 8 week course, where they will alternate facilitation of the sessions weekly. You will be able to experience the dynamic Tamalpa Life/Art work through Tiana and the unique blend of movement therapy inspired by Mandy's IDTIA learnings. Cost: \$320. Monash Studio, 1 Forest court, Glen Waverley. 3150 **Contact Mandy 0437348808 or Tiana 0421 045 438, (03) 9574 9016 [www.monashstudio.com](http://www.monashstudio.com) or [info@monashstudio.com.au](mailto:info@monashstudio.com.au)**

**For Volunteer Opportunities** working with Tiana Lentini:

**Phone: Tiana on 0421 045 438 [www.monashstudio.com](http://www.monashstudio.com) or [info@monashstudio.com.au](mailto:info@monashstudio.com.au)**

#### **Ideokinesis and Movement with Shona Innes.**

Ideokinesis is the practice of imagining a moving image within your body. This encourages mechanical balance, integrates imagination and sensory experience and offers a platform for creative action. For information on forthcoming workshops:

**Contact Shona – 0421 285 338 <mailto:atannes@alphalink.com.au> or go to <http://alexanderthinkingbody.alphalink.com.au>**

#### **Lieto Creative Dance Studio: Elizabeth Loughlin**

Classes and short courses at Lieto Studio, North Fitzroy, VIC. Ring Elizabeth, creative dance teacher and DMT, on 94829312, or email [loughlin@clari.net.au](mailto:loughlin@clari.net.au) for further information. [www.lietocreatedance.com.au](http://www.lietocreatedance.com.au)  
**See also under Classes, Mondays in Victoria**

#### **Soul Dance**

3rd Sunday each month - at Olinda Primary School, Charlemont Lane, Olinda.

10am – 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centring dance – great location, music and people.

**Tony Norquay, 03 5678 5525 or 0418 134 709 or [norquaytd@ihug.com.au](mailto:norquaytd@ihug.com.au)**

#### **NEW SOUTH WALES**

**Thursday 6 December 10.00am; Thursday 6 December 12.30pm; Saturday 8 December 7.30pm**

**Treehouse Theatre presents 'TREE OF LIFE'** - Brand new stories from a brand new cast in Sydney.

Following the remarkable success of Tree of Life, Stories of the Refugee Experience in the Liverpool area, Treehouse Theatre is pleased to announce the first Tree of Life performance at Parramatta Riverside Theatres with students from the Blacktown area! These are true life stories of young refugees from Iran, Iraq, Sri Lanka, Bhutan, Liberia and Sudan currently attending local high schools. The performance will represent a journey of healing and recovery for the young cast.

For audiences, it is a powerful insight into the refugee experience as told by the young people who experienced it. **For more information go to Riverside Theatres website:**

<http://riversideparramatta.com.au/show/tree-of-life/> or call 8839 3399

Tickets from <http://riversideparramatta.com.au/show/tree-of-life/> or phone 02 8839 3398

**Catherine Maguire-Donvito Creative Producer & Registered Psychologist Treehouse Theatre Inc.**

[facebook.com/treehousetheatre](https://www.facebook.com/treehousetheatre)

### **5rhythms Dance and Dance Therapy with Michelle Mahrer**

Wednesday nights UNSW Dance Studio gate 2 High St Kensington 7.30 - 9.30pm

An invitation to follow your own authentic way of moving with 5 rhythms dance, a movement meditation based on 5 basic rhythms - flowing staccato, chaos, lyrical and stillness which together form a wave.

Radiance Dance - fortnightly on Sunday mornings 10-30 - 12:30pm

An invitation to awaken energy, healing and transformation through 5 rhythms dance

Sanctuary - A journey into the dance of the soul with 5rhythms dance, authentic movement and drawing. Monthly Sat. afternoons .

**More info:** [www.michellemahrerdance.com](http://www.michellemahrerdance.com) **Email:** [mmahrer@bigpond.net.au](mailto:mmahrer@bigpond.net.au)

### **All About You - Flexibility & Support**

Workshops with Michael Muir - The Awareness Institute, Suite 1, 20 Clarke St, CROWS NEST NSW 2065. Michael works with connective tissue and gentle somatic exercises and free form dance to support our bodies re-establishing structural alignment and bring us back into balance - physiologically and emotionally. **Contact: Michael Muir for group dates, more information or to secure a place. Mobile: 0414 888 248 or Email:**

[michael@soupa.net](mailto:michael@soupa.net)

[http://www.goodtherapy.com.au/michael\\_muir](http://www.goodtherapy.com.au/michael_muir)

### **Way of the Feminine Workshops with Satyo Cate Sullivan** (BCA, MA (Cat) PACFA Reg.)

Utilising naturally expressive movement, creative arts therapies (eg. drawing, clay, writing;) body sense; relaxation and awareness skills. At Home in the Feminine: Exploring and connecting more fully to the richness and depth of your own unique feminine nature: **For future workshop dates or individual counselling and therapy sessions contact Satyo on 02 4885 1727 or 0412 122010**

### **Re-Form - 8 week programs -**

A Dance Movement Therapy (DMT) based program, aiming to provide healing and freedom for your body, heart, mind and spirit. The Basement, Pittwater Uniting Church, 10 Jubilee Ave, Warrenwood. Cost: \$176 for 8 sessions or \$25 per week. **Contact Esther Durham, (Grad Dip DMT, Ass Deg. Dance) Contact: ph: 0407 769 943:**

[estherdurham@hotmail.com](mailto:estherdurham@hotmail.com); [www.awholelotofdance.com.au](http://www.awholelotofdance.com.au)

### **Creative Kids Dance**

Ages 5-9. Thursdays (during school terms) 4:30-5:30pm, Kids Room, 10 Jubilee Ave, Warriewood.

**See [www.awholelotofdance.com.au](http://www.awholelotofdance.com.au) for more information or contact Esther to register your interest on 0407 769 943 or [estherdurham@hotmail.com](mailto:estherdurham@hotmail.com)**

### **DRAWING MOVEMENT with Lisa Roberts**

ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney.

Modelled on traditional Life Drawing, but instead of drawing a hired model, turns are taken to move and be drawn, using simple 'scores' for that are designed to expand the dynamic range of expression. Cost \$10, but you will need to bring your own drawing materials.

**See:** [www.lisaroberts.com.au](http://www.lisaroberts.com.au); [www.antarcticanimation.com](http://www.antarcticanimation.com); [www.livingdata.net.au](http://www.livingdata.net.au)

**For more information; Contact Lisa: 02 9550 2805; [lisa@lisaroberts.com.au](mailto:lisa@lisaroberts.com.au)**

<http://www.lisaroberts.com.au/content/workshops/workshops.php>

## **Tasmania**

### **Vocational Graduate Certificate in Movement Based Somatic Therapy Presented by Pilates House trading as Tensegrity Training**

Course delivered over 1 year period through attendance at 5 weekend modules, virtual online classes, self-learning and supervised clinical practice. Each module can be enrolled in and in any order once Module 1 has been completed. The Vocational Graduate Certificate is at AQF level 8, a higher level qualification than a Certificate IV, Diploma or Advanced Diploma and aims to prepare experienced practitioners to be effective Movement Based Somatic Therapy professionals. The course includes theoretical study of developmental movement patterns, self-psychology, movement analysis, somatic education and their influence on the potential negative behaviours that may prevent a client's recovery. The course covers the theory of common pathologies, chronic conditions and injuries encountered in Allied Health.

Graduates apply treatment techniques based on the principles of Somatic Exercise, Laban Movement Analysis, Barteneiff Fundamentals, Psychology of Touch, Psychotherapy and Client-Centred Counselling. The course will cover skills required to use a combination of hands-on, verbal and movement exercise techniques to deliver highly effective treatment to a broad range of clients. **Bookings & more information: Tracey Nicholson**

[info@tensegritytraining.com.au](mailto:info@tensegritytraining.com.au)

## **West Australia**

### **Sat 16 to Wed 20 February 2013 Perth**

**Embodied Bellydance® Australia Intensives.** Booking & Enquiries For Workshop & Module Content

**contact: Cindy Hyde: [cindyh@gipps.net.au](mailto:cindyh@gipps.net.au) or Maria Sangiorgi: [info@embodiedbellydance.com](mailto:info@embodiedbellydance.com)**

**More information: <http://www.embodiedbellydance.com/workshops/australia/>**

Dancing Isis Dance! Embodied Bellydance™ Heart Centre Massage

Ostra, Le Marche, Italia, and Melbourne, Australia  
+39 338 524 92 55 +61419 523 710; Skype: mariasangiorgi

#### Classes Victoria

##### Mondays:

**Elizabeth Loughlin, Ongoing creative and expressive dance** - 7.45 - 9 pm.  
At Lieto Creative Dance Studio, North Fitzroy 3068. **Ring Elizabeth, creative dance teacher / dmt on 94829312 or email: [loughlin@clari.net.au](mailto:loughlin@clari.net.au) See: [www.lietocreativedance.com.au](http://www.lietocreativedance.com.au)**

##### Tuesdays:

**YOGADANCE** Tuesdays 7.15-8.45pm  
An ongoing class. A combination of hatha yoga and creative movement.  
**For registration contact Tiana: 0415 644 060  
(03) 9574 9016 [www.monashstudio.com](http://www.monashstudio.com) or [info@monashstudio.com.au](mailto:info@monashstudio.com.au)**

##### Wednesdays:

#### **RUMBA FLAMENCO CLASS in Macleod**

Wednesday nights with Marina Bistrin - 7.30 pm to 8.30. \$20. **Enquiries: Marina Bistrin 0438 580 889, [marinabistrin@optusnet.com.au](mailto:marinabistrin@optusnet.com.au), website [www.dance-explorer.com](http://www.dance-explorer.com)**

##### Fridays

#### **SOUL MOVES** - on-going classes 7-9pm

A combination of Movement Ritual and the Halprin life/Art Process. Come and join us for movement explorations, drawing and dialogues. Soul Moves expands and deepens our level of awareness of ourselves in motion, giving access to our personal stories and insights as we return to our daily lives.

**Tiana 0415 644 060, 9574 9016 [www.monashstudio.com](http://www.monashstudio.com) or [info@monashstudio.com.au](mailto:info@monashstudio.com.au)**

##### Saturdays

#### **Body Voice Centre**

'Meeting the breath': half-day workshops

Dates, Bookings and further details: **email [info@bodyvoice.com.au](mailto:info@bodyvoice.com.au)**

**Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 [www.bodyvoice.com.au](http://www.bodyvoice.com.au)**

##### Sundays

#### **Soul dance - 3rd Sunday each month**

Olinda Primary School, Charlemont Lane, Olinda. 10am - 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centering dance - great location, music and people.

**Call Tony Norquay on 03 5678 5525 or 0418 134 709 or email: [norquaytd@ihug.com.au](mailto:norquaytd@ihug.com.au)**

#### **New South Wales - Ongoing Classes**

##### Mondays:

#### **Movement and Drawing**

6-8pm Mondays, ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney. See full information above under NSW. **Contact: Lisa Roberts PhD (UNSW); <http://lisaroberts.com.au/> [lisa@lisaroberts.com.au](mailto:lisa@lisaroberts.com.au) 02 9550 2805**

#### **Dance is MY Therapy - dance classes with a difference** - 8:00-9:00pm Sydney.

The classes explore the therapeutic benefits of dance, with a focus on creativity, expression and general health and wellbeing proving that everybody can dance!! Expect the unexpected and enjoy the benefits of dance for mind, body and spirit.

Dance Alive Studios, 107 Regent St, Chippendale (near the corner of Meagher St)

**Contact: Kirsty Fromholtz - 0402 644 510**

**[kirsty@kirstydance.com.au](mailto:kirsty@kirstydance.com.au) [www.kirstydance.com.au](http://www.kirstydance.com.au)**

#### **Mondays 2- 3.30pm, Rex Centre, Kings Cross**

#### **Creative Movement for Seniors (50+)**

\$3 (subsidized by Sydney City Council)

Revitalizing, relaxing, guided self expression/movement exploration..

Connecting with stimulating music, ideas and people.

**Contact Meredith Lucy 0400447951 or Email; [meredithlucy6@gmail.com](mailto:meredithlucy6@gmail.com)**

##### Thursdays

#### **'Moonbeam Movement'- Mums and Bubs classes, 9.30am - 10.30am**

At: Lifepod, 1A Victoria St, Paddington



Six-week courses of gentle, intuitive and fun dance/movement experiences for mothers and babies aged 5 months to walking. Explore the magical space that exists between you and your baby. **Contact: Suzy Wolanski Ph: 0413444914; Email: [suzy@moonbeammovement.com.au](mailto:suzy@moonbeammovement.com.au)**

#### **Fridays**

##### **Authentic Movement 6.30 - 9pm in Rozelle**

A setting for a movement practice where a supportive group of committed people practice inner focus and containment to deepen personal awareness. The practice can facilitate a therapeutic release through contacting unconscious material, support creativity by exposing new ideas and it can be a community building activity by connection to a wider, collective sense of self.

Beginners and experienced movers welcome.

**Contact Meredith Lucy 040 044 7951 or [meredithlucy6@gmail.com](mailto:meredithlucy6@gmail.com)**

#### **Saturdays:**

##### **Accessible Dance - 10:00 -11:00am**

A dance class for dancers with a disability over the age of 16, with emphasis on ability, creative expression and having fun dancing and moving. Carers welcome to join in.

Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on left.

**For more information contact: Kirsty Fromholtz - 0402 644 510**

**[kirsty@kirstydance.com.au](mailto:kirsty@kirstydance.com.au)[www.kirstydance.com.au](http://www.kirstydance.com.au)**

#### **Overseas Conferences and Training**

##### **Austria**

**December 17 - 21, 2012**

##### **International Conference "Theatre Between Tradition and Contemporaneity"**

Retzhof Education Institute - 15th century castle in Austria Conference language English.

Practical workshops, presentations, performances, works-in-progress and discussions with performing arts experts from USA, Australia, Russia, Thailand, Turkey and United Kingdom. **Programme & details:**

**<http://www.iugte.com/projects/theatretradition/Programme>**

**Photo Gallery <http://picasaweb.google.com/globtheatre>, <http://www.facebook.com/iugte>**

##### **India**

**October 7 - 11, 2013**

##### **21ST Conference of Asian Federation on Intellectual Disability (AFID).**

The 21st AFID Conference will be held at the well known India Habitat Centre in New Delhi, India from 7-11 October, 2013. The theme of this conference will be "Towards Dignity & Quality of Life - Evolving Individual Capacity with Family & Community Participation". The site contains a wealth of useful information, including registration and hotel information, a preliminary programme which will be updated as plans for the conference progress and information concerning important deadlines

**or information on submitting presentations and registration on: <http://www.afid2013.in/>**

##### **Sahayog Foundation certificate Movement Therapy and Counselling**

Involves five months training with a theoretical framework of therapeutic dance and creative-healing movement activities. It also includes evolution, philosophy and objectives of movement therapy, innovative techniques in group/individual work, facilitation skills, case studies and movement evaluation. TRIPURA KASHYAP teaches bodymind movement therapy component:

At NarenJayen Studio, Bhoomika, 53 Bharati Artists Colony, Vikas Marg (near Nirman vihar metro station), New Delhi - 110092, India

**Contact: RIYA MANDAL Email: [riyam.7492@gmail.com](mailto:riyam.7492@gmail.com)/[subsyalag@yahoo.com](mailto:subsyalag@yahoo.com)**

**Blogspot: [www.tripurakashyap.blogspot.in](http://www.tripurakashyap.blogspot.in) / [www.bhoomikadance.blogspot.in](http://www.bhoomikadance.blogspot.in) / [www.asimwaqif.com](http://www.asimwaqif.com)**

##### **Korea**

**Jun 28 - Jun 30, 2013**

##### **KDTA 2013 International DMT Conference**

Seoul Olympic Parktel, Seoul, Korea Jun 28 - Jun 30

"HEALING, CONNECTION, HARMONY through Dance Therapy"

Dance/Movement therapists, arts therapists, psychotherapists, movement psychotherapist, psychiatrists, and allied professions can share knowledge and experiences under the themes of • Healing: DMT for Medical treatment and Health care

Connection: DMT for Happiness within Family, Organization and Community

Harmony: DMT for Peace within Multi-cultural Families, School, Society

KDTA invites you to join them in Seoul!

**See: [www.kdmta.com](http://www.kdmta.com); Email: [dmtworld2013@gmail.com](mailto:dmtworld2013@gmail.com)**

**Facebook: [www.facebook.com/groups/kdmta](http://www.facebook.com/groups/kdmta)**

## UK

### June 24th, 25th, 26th 2013 in Bristol UK

#### Call for abstracts - Culture, Health and Wellbeing international Conference

Oral Presentation; Poster Presentation; Participatory Workshop and Performance /Film

Themes: Healthy and Creative Ageing; Global Health Inequalities and Culture; Culture and the Social Determinants of Wellbeing. Deadline for submissions - December 21st 2012. **Then send to: Alexandra Coulter, Director : 01305 269081; M: 07973345967, E: alex@ahsw.org.uk**

**W: <http://www.ahsw.org.uk>; [www.culturehealthwellbeing.org.uk](http://www.culturehealthwellbeing.org.uk)**

#### Roehampton University, Surrey, Dance Movement Therapy Programmes,

Graduate Certificate, Postgraduate Diploma/ MA, M. Phil, PhD. For initial information and application contact **[enquiries@roehampton.ac.uk](mailto:enquiries@roehampton.ac.uk)** or write to Programmes Administrator, Arts Therapies Division, School of Psychology and Therapeutic Studies, University of Surrey, Roehampton, Southlands College, London SW15 5SL or **contact the Programmes Administrator on: 020 8 392 3000. Email: [ArtsTherapies.programmes@roehampton.ac.uk](mailto:ArtsTherapies.programmes@roehampton.ac.uk)**

#### MA Dance and Somatic Wellbeing:

Connections to the Living Body is a unique visionary and pioneering program offering a professional training in Dance and Somatic Movement Education. MA graduates are qualified to be Somatic Movement Educators. Contact: Amanda Williamson, **Email: [acwilliamson@uclan.ac.uk](mailto:acwilliamson@uclan.ac.uk)**

**School of Creative & Performing Arts, University of Central Lancashire. MA course Information: [www.ismeta.org/mads.html](http://www.ismeta.org/mads.html)**

#### UK Certification Programmes in Laban Movement Studies

DMPS (Dance Movement Psychotherapy Scotland), Edinburgh, Scotland, UK.

bring LMA/BF training from Laban Institute of Movement Studies (LIMS), NY, to the UK.

Programme Coordinator: Karen Studd CMA ISMETA, Principal Assistant: Susan

Scarth SrDMP CMA. The Edinburgh programme offers the potential for a strong and innovative

learning experience based in a World Heritage city. **Further enquiries about dates and costs see;**

**[www.dmpscotland.com](http://www.dmpscotland.com) /[www.limsonline.org](http://www.limsonline.org), email [LMA@dmpscotland.com](mailto:LMA@dmpscotland.com)**

#### M.Sc. Dance Movement Psychotherapy at Queen Margaret University, Edinburgh, Scotland, UK

Accredited by ADMP UK. The M.Sc. combines academic activity with clinical placement experience and the development of dance/movement skills. It can be studied full-time over 2 years or part-time over 3 years. **See:**

**[www.qmu.ac.uk/at/Introduction\\_to\\_Dance\\_Movement\\_Psychotherapy.htm](http://www.qmu.ac.uk/at/Introduction_to_Dance_Movement_Psychotherapy.htm) Or contact: Dr Vicky Karkou, [VKarkou@qmu.ac.uk](mailto:VKarkou@qmu.ac.uk) or [HSAdmin@qmu.ac.uk](mailto:HSAdmin@qmu.ac.uk)**

## USA

### October The 48th American Dance Therapy Association (ADTA) Annual Conference is in 2013

For details go to **[www.adta.org](http://www.adta.org)** then conference

#### Dance with Anna Halprin A 5-Day Holiday Workshop - December 27-31, 2012 at Mountain Home Studio, Kentfield, CA

Anna Halprin, one of the most important artists of the 20th century, has helped redefine our notion of dance with her belief in its power to teach, heal, and transform. Join this extraordinary opportunity to discover the joy, strength, and inspiration that dance offers. Experience a variety of ways to connect deeply to your body's natural intelligence, while exploring a creative process that will enrich your movement and life. In recognition of this time of intense global upheaval, Sunday will conclude with the Planetary Dance, in which we come together to call for peace - for ourselves, our communities, and our relationship to the Earth. At Anna Halprin's historic Mountain Home Studio. Fee: \$750

**To register please contact: [admin@annahalprin.org](mailto:admin@annahalprin.org) or call 451.461.5362**

**Website: [www.annahalprin.org](http://www.annahalprin.org)**

**Kinections' Alternate route program** - Accepting applications now for - Dance/Movement Therapy I. A hybrid course integrating video conferencing beginning in February 2013 and in-class work June 24 -28, 2013. Get a heads up for our summer schedule which we will post on our **web site: [www.kinections.com](http://www.kinections.com)**

Dance-Movement Therapy Association of Australia -- Tel. 03 9592 4017  
**[info@dtaa.org.au](mailto:info@dtaa.org.au) -- [www.dtaa.org.au](http://www.dtaa.org.au) --**