



**Dance Movement Therapy Association (DTAA)
Current Moves - May/June 2011**

**Dance Movement Therapy Association of Australia (DTAA)
Professional Development Workshops**

Saturday and Sunday June 18 and 19, 2011

Saturday June 18, 9.30 - 5 pm

Freedom to Move: movement and dance with people who have intellectual disabilities

With Kim Dunphy and Sue Mullane

Lucy Guerin Studio, 14 Batman St, West Melbourne

Morning:

Experiential workshop- practice and principles of dance-movement

The morning workshop will focus on the practice and principles of dance and movement with people who have intellectual disabilities. Topics covered will include

- * the value of dance for people with intellectual disabilities
- * taking a Laban-based approach
- * working with children, working with adults
- * maximising the potential of low functioning clients
- * strategies for successful group leadership
- * extending the dance medium: props, music, dance styles, arts forms

This workshop is for dance-movement therapists and others working with children with special needs and adults with intellectual and physical disabilities, including community dance practitioners, disability professionals, dance, music and special ed teachers, music and creative arts therapists.

Experienced practitioners and those wanting to develop new skills welcome.

Afternoon:

Introducing a framework of assessment for dance and dance movement therapy programs, especially for people with intellectual disabilities

This workshop will introduce a framework of assessment for dance-movement programs for people with special needs and intellectual disabilities. Theory will be complemented by practice: participants will use the framework to analyse video material of clients' participation in a dance movement therapy program. This will be followed by discussion on topics including:

- * introducing dmt principles and the assessment framework to senior staff and school (or other organization) management
- * harmonizing dmt assessment with other assessment frameworks, especially those in schools
- * engaging non-specialist staff in the assessment process
- * reporting to parents, especially those from different cultural backgrounds.

This workshop will be primarily directed to those working with children and adults with intellectual disabilities, but may also be of interest for those wanting to know more about assessment and evaluation in dance movement therapy more generally.

Cost full day: DTAA members \$100/ conc \$75 Others: \$125 / conc \$100

Cost half day: DTAA members \$ 75 / conc \$50 Others: ? \$100 / conc \$75

Lunch: Bring a plate to share while networking over the break

Enquiries: Sue Mullane mullane.susan.m@edumail.vic.gov.au

Sunday June 19, 9.45 - 4.15 pm

Professional Development and Supervision Day

'More on what is happening in the therapeutic space?'

Led by Anna Ganz and Jane Guthrie

Lucy Guerin Studio, 14 Batman St, West Melbourne

This workshop will encourage self-reflective practice in the relationship between therapist and clients. It will encourage

a creative approach to problem solving and personal creative development. It further develops the materials, introduced in a similar workshop in April.

The experiential morning session will involve a developmental exploration of both personal and professional material. The body of the therapist is central to their work, and the various perspectives therapists come from will be a focus, together with the way their perspectives can impose on their potential. What do therapists bring into the therapeutic space, what other influences exist and how do personal beliefs and values shape practice? Attention will be drawn to the need to draw from a wide range of possibilities in therapeutic interventions, so that opportunities for growth can be offered to clients through a rich choice of resources. .

The afternoon session will focus on the needs of the participants as these relate to their current work. The intention will be to reflect on one's practice by talking and moving when appropriate. The workshop will be focused on being open to engagement with what the participants present.

Bring an issue or issues to move and discuss within a supportive professional environment.

The workshop will provide attendees with five hours of professional development and / or supervision, as needed.

Lunch: Light refreshments provided – to add to this bring a plate to share

Cost: DTAA Members \$75 / \$65 conc; non-members \$100 / \$90 concession.

Enquiries: Anna Ganz Ph: 94702673, 0424295095

Email: anna@dtaa.org.au See flyer on www.dtaa.org.au

Please note: Flyers with more information and registration forms can be found on www.dtaa.org.au

See link on Home page.

Lucy Guerin Studio is a five minute walk from Flagstaff station. More info

www.lucyguerininc.com/studio-projects/Studio_Hire

Dates for your diary

August 27 – 30, 2011

Amber Gray will be in Australia and conducting a three day event on Emilie Conrad's Continuum Movement. A flyer will be available shortly.

Information, Conferences and Events

Drexel University, Philadelphia - Department of Creative Arts Therapies

Full-Time Tenure-Track Faculty Position Opening

Doctor of Philosophy Degree Program

The Drexel University Department of Creative Arts Therapies has a full-time, resident faculty position for an individual who meets the qualifications for a tenure track appointment in the College of Nursing and Health Professions. The position has primary responsibilities to the Ph.D. program in Creative Arts Therapies.

The candidate for the position must meet the following requirements:

- * An earned doctorate in a creative arts therapy or a related field, Ph.D. preferred
- * Board certification in art therapy, dance/movement therapy or music therapy
- * A minimum of 3-5 years teaching and course development at the graduate level
- * A dossier of past and ongoing research and scholarship, including peer-reviewed publications
- * A documented record of grant submissions and funded projects
- * A history of service to their profession and university/college
- * Outstanding organizational skills and motivation to advance in the Drexel tenure-track

Major Responsibilities:

- * To serve as faculty advisor/supervising professor for students enrolled in the Ph.D Program in Creative Arts Therapies
- * To generate funded projects that support the research in the Ph.D Program
- * To teach or co-teach doctoral level courses and seminars
- * To participate in designing and analyzing program evaluation data
- * To participate in any other activities that advance the scholarly mission of the program, department, college and university
- * To participate in program activities such as recruitment, admissions, procedure and policy review and other activities as necessary

Applications will be evaluated as they are received. Please direct inquiries or send a letter of interest and **CV to Dr. Sherry Goodill, chair of the search committee, at sg35@drexel.edu. Drexel University is an Equal Opportunity/Affirmative Action**

PhD Bursary for Dance Movement Psychotherapy (and other Arts Therapies) and Dementia, Queen Margaret University, Edinburgh, Scotland

Queen Margaret University, Edinburgh, Scotland, has announced a competitive PhD bursary for a number of topics including Dance Movement Psychotherapy (and/or other Arts Therapies) with clients with dementias. The call is for a fully funded PhD study for a clinical trial with clients with dementias. It is open to qualified dance movement psychotherapists as well as other qualified arts therapists, psychologists and/or other health professionals with a strong research background.

Further information about the bursary can be found on:

http://www.qmu.ac.uk/post_research/topicindex11.htm

For further information: contact Dr Vicky Karkou, email: V.Karkou@qmu.ac.uk

Senior Lecturer, Programme Leader for the MSc in Dance Movement Psychotherapy
Division of Nursing, Occupational Therapy and Arts Therapies, School of Health Sciences
Queen Margaret University, Edinburgh EH21 6UU, Scotland UK, 0044 131 474 0000
http://www.qmu.ac.uk/otat/V_Karkou.htm
http://www.qmu.ac.uk/at/Dance_Movement_Psychotherapy.htm

Caroline Plummer Fellowship in Community Dance

The University of Otago invites applications for the year 2012 for the above Fellowship. The Fellowship is open to any New Zealand or international community dance practitioner, teacher or researcher. Applicants need not possess a university degree or diploma, any other educational or professional qualification, or belong to any association or organisation of dancers.

If you have a passion for community dance and want to be able to inspire learning, healing, and peace in our community through community dance, then this Fellowship is for you.

For more information about Caroline Plummer, the Caroline Plummer Memorial Trust and the Caroline Plummer Fellowship in Community Dance, and to download an application form, visit

websites: www.otago.ac.nz/otagofellows/plummer.html; and www.carolineplummer.org.nz

The closing date for applications is 1 June 2011.

World Dreaming – psychotherapy Conference in Sydney, 2011

August 24-28, 2011

PACFA and its Member Associations are hosting this 'once in a lifetime' conference.

See www.wcp2011.org for more information also see under NSW.

Friday 16th September - 21st September 2011

Explore the Healing art of Dance

**A workshop in the magical environment of Bali at the Bali Purnati Centre for the Arts
Batuan village near Ubud.**

Cost : \$1200 AUS twin share - (single room supplement \$150)

Includes 5 nights accommodation and 5 days workshop plus breakfast and lunch daily and airport transfers to and from Denpasar

Does not include airfares

Earlybird discount \$1100 if full payment before 16th July 2011

To book your place please send a deposit of \$250 AUS by 16th July - balance by 16th August.

Plan to be in Bali to stay the night on the 16th ready to start on the 17th. The workshop will finish at 5pm on the 21st.

Accommodation can be booked in Ubud for those wishing to stay longer in Bali.

Facilitators Alice Owen and Tracey Nicholson are both Dance Therapists with a deeply personal belief and experience of the healing power of dance as a medium for personal exploration and deep change on all dimensions physical emotional intellectual spiritual.

Over 5 days and nights in the beautiful environment at Purnati participants will have the opportunity to reconnect with the innate dancing self that we all have within us ready to respond when given the chance.

Come alive to your creative passionate dancing body and the joy of letting yourself be danced. Tracy will be sharing some valuable insights from her Pilates and creative dance teaching practice and Alice will be encouraging some improvisation and voice exploration from her Speech Pathology and arts background.

Inner exploration and processing will be approached via various methods including dance improvisation, storytelling, drawing, collage and journaling.

For enquiries contact: Aliceowencreate2@gmail.com or tracenicholson@gmail.com

Work experience wanted for student from southern suburbs

Can you help?

Mariah Gardner, a year 10 student at Kilibreda College Mentone, who has been dancing since the age of 2, is seeking work experience. She is currently studying Tap, Ballet, Jazz, and contemporary dance, and was recently given a 6 month scholarship to YABC (Young Australian Broadway Chorus), which she started last year. She says that she has been helping with dance classes, teaching students of all ages and enjoys helping people improve their skills and developing their confidence. She lives in Beaumaris, but is happy to travel to any location accessible by public transport.

Work experience dates are 27th of June - 1st of July 2011

Email: copper1995@hotmail.com; Tel: 9585 2358, or 0421 560 482

Victoria

May 26, 27, 28 at 8pm & Sat 28 at 5pm

Golden Leaves – Melbourne Shows

OLD COUNCIL CHAMBERS, TRADES HALL Melbourne,
Level 1, Trades Hall Corner of Victoria & Lygon Streets
Carlton South (enter off Lygon Street)

The story of eternity in 3 acts

Golden Leaves is Anglesea Performing Arts' latest effort and is set to leave mouths agape and have audiences pondering life.

Jessica Lesosky a DTAA Member is one of the performers in this event

Bookings PH 9650 5699 www.bellaunion.com.au

Body Voice Centre

'Meeting the breath': half-day workshop

Half-day group workshops are a starting point for those interested in experiencing how, in a practice of Middendorf breathwork, breath that is allowed to come and go on its own can be encountered through presence and bodily sensation. The workshops are led by Middendorf practitioner, John Howard.

Practicum working weekend 27-29 May. Contact Margaret Cameron: mcameron@labyrinth.net.au, John Howard jdhoward@alphalink.com.au, or Helen Sharp: hsharp@alphalink.com.au Performance Practicum is conducted under the auspice of In the Company of Others <<http://www.inthecompanyofothers.com.au/>> .

Susan Bamford Caleo will be running a

<http://www.bodyvoice.com.au/html/susan_bamford_caleo.html> weekend workshop

on 2-3 July at the Body Voice Centre as part of her Voice and Body

Exploration series for experienced performers. Contact Susan on (03) 9497 8098 or sbamcal@hotmail.com.

Individual vocal development sessions available now: set of five one-hour sessions for \$300 full, \$200 concession. Email John on

jdhoward@alphalink.com.au.

Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011, www.bodyvoice.com.au

10th - 13th June 2011

Embodied Bellydance™ Winter Intensive

Friday 6.30 to 9.30 pm

Sat Sun & Mon 9.30 am to 5.30 pm daily

Venue: Inner Movement Centre, 32 Lower Heidelberg Rd, Ivanhoe

Ideal for teachers wanting to enrich their teaching styles or the complete novice and everyone in-between. This is an opportunity to develop a grounding in the dance that will support your relationship the essential aspects of the dance.

LAST WORKSHOP IN AUSTRALIA THIS YEAR

Bed and breakfast is available \$50 a night – enquire on registration.

Download Winter Intensive 3.5 day program

Download Winter Intensive booking form

Cost: \$ 350 – Complete workshop – Instalment plan available with \$50 deposit.

\$50 Friday evening - \$125 per day * conditions apply

Book via website or call me if you need to know more about any aspect of the workshop 0419 523 710; 9497 2832; Skye: mariasangiorgi

July 2nd, 2011

Impact Afghanistan War - 100 people fall

On July 2nd, 2011, I invite you to join me in a 100 people falling ritual to coincide with Helene Voster's year end, culminating fall.

When: Saturday 2nd July at 2.00pm – 3.00pm

Where: on the grass on the left of the Hot Sea Baths

Jacka Boulevard/St Kilda beach, St Kilda - * & Toronto, Canada

Helene Vosters began "Impact Afghanistan War" on July 1, 2010, a memorial project in which she falls 100 times a day in a public space for one year-each fall in recognition of an Afghani death through the war in Afghanistan.

Inspired and moved (literally) by Helene's project, Viv Neale has fallen in public in Melbourne and WA, sometimes alone and sometimes with others.

Participants can adjust the number of falls and method of falling to be easy on your body, possibly falling slowly to the ground and choosing to spend longer periods standing or lying on the ground. A short introduction will be held immediately before the ritual. Witnesses welcome.(no movement or performance experience necessary)

For more information: Contact Viv 0449164040/95313125 or vivneale@optusnet.com.au

Also see: www.impactafghanistanwar.org

September 3rd Saturday 9.30am – 12.30pm

Music and Imagery for Health and Wellbeing

Led by Carolyn Van Dort and Cherie Baxter as an event of the Music and Imagery Association of Australia Inc (MIAA)

Venue: Esmonde House, Villa Maria, Kew

Would you like to live with greater freedom and fullness? Did you know that music listening can unleash psychological and spiritual potential? This workshop will introduce the role of music listening in exploring consciousness, accessing inner potential and in counselling/psychotherapy. Cost: \$30

Contact: Margaret Lee email: margmlee@bigpond.com tel: 0419 119 849

Monash Studio

For movement-based expressive arts. Glen Waverley.

Soul Moves, Movement Ritual, Biodanza **Contact Tiana Li Donni on: (03) 9574 9016 or 0421 045 438**

www.monashstudio.com or info@monashstudio.com.au

YOGADANCE at Fernwood Gym. 1866 Princess Hwy. Clayton. SUNDAYS - 10.45-12.15pm. Cost: \$25 Open to members & non-members so bring a friend. Experience yourself in new ways, replenish your energy, catch your breath while you creatively move, draw & write. Find centeredness, build flexibility and release tension. Casual classes, no bookings required. Come and join us when a 90min Yogadance experience calls you.

Enquiries: Tiana 0421 045 438

Volunteer Positions:

Yarraville Special developmental School in the Western suburbs, 2 sessions on Thursday mornings.

Glenallen Special School in the Sth Eastern suburbs on Monday afternoons.

Autism/Aspergers Teens ongoing group of Creative Movers on Monday nights.

By appointment and permission of parents only, witness individual sessions with special needs teens in Caulfield area. **Phone: Tiana on 0421 045 438**

Creative Arts Therapy 8 Week Groups

MIECAT, 17 Victoria Street, Fitzroy

The weekly groups are an opportunity to explore a wide variety of Creative Arts Therapy processes in order to open up and reinvigorate your inspiration, personal growth and self awareness. The group is kept small and consistent, in order to create an intimate and supportive environment.

We will use modalities such as drawing, painting, writing, clay, collage, movement, body awareness, symbols and more to explore authentic expression, and access new insights and understanding.

These groups are suitable for anyone seeking some unique time out each week, especially for you, to connect, nurture, and reflect. Every group is designed to be different and distinctive, so if you've attended before, your next experience will be just as unpredictable as your last! \$345 including all materials

Private Sessions also available

For Bookings or more info contact Jennifer on jenniferberlingieri@gmail.com or go to creativeartstherapy.com.au

Ideokinesis and Movement with Shona Innes.

Ideokinesis is the practice of imagining a moving image within your body. This encourages mechanical balance, integrates imagination and sensory experience and offers a platform for creative action. For information on forthcoming workshops:

Contact Shona – 0421 285 338 <mailto:atinnes@alphalink.com.au> or <http://alexanderthinkingbody.alphalink.com.au>

Lieto Creative Dance Studio: Elizabeth Loughlin

Classes and short courses at Lieto Studio, North Fitzroy, VIC. **Ring Elizabeth, creative dance teacher and DMT, on 94829312, or email loughlin@clari.net.au for further information. www.lietocreativedance.com.au**

See also under Classes, Mondays in Victoria

Soul Dance

3rd Sunday each month

At Olinda Primary School, Charlemont Lane, Olinda.

10am – 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centring dance – great location, music and people.

Tony Norquay, 03 5678 5525 or 0418 134 709 or norquaytd@ihug.com.au

Classes and Events at the Inner Movement Centre

Regular Classes in Embodied Bellydance™

Neo Traditional Egyptian Shaabi - 6.30 to 8 pm,

Neo Traditional Egyptian Baladi

7.45pm to 9.45 pm,

LAST CLASSES IN AUSTRALIA FOR A FEW YEARS!

If you wish to speak to Maria call 0419 523 710

32 Lower Heidelberg Rd, Ivanhoe

Embodied Bellydance classes See Tuesdays, Thursdays, Fridays. **Contact Maria on 0419 523 710 or go to**

<http://www.dancingisis.com>

NEW SOUTH WALES

Wed 1 June – Sun 5 June 2011

ROSEN MOVEMENT INTENSIVE WORKSHOP DETAILS

At The Centre, 14 Frances St, Randwick. Accommodation is available at the venue - 02 9398 2211 to book direct

Cost \$ \$880, early bird \$790, if paid by 12.May

Move with joy!

ROSEN METHOD MOVEMENT teaches us how to relax, to cultivate the qualities of awareness, presence, and ease in our bodies so we can bring more of ourselves into our daily lives. The movements encourage natural, free breathing, increase range of motion, and improve alignment and flexibility.

A MOVEMENT INTENSIVE gives an in-depth experience of what it's like to enjoy one's full potential for movement.

Each day will begin with an hour-long movement class followed by discussion about the underlying theory and structure of Rosen Movement. We will explore the movements in depth using various tools, such as anatomy lessons, partner work, and body-readings. The learning process will be supported with Rosen-sharing circles to allow expression of new discoveries and understandings.

Theresa Garcia from San Francisco, California will lead the Workshop. Theresa is a Senior Movement Training Teacher, an Introductory Workshop teacher, and in training as a Bodywork teacher. She has taught Rosen Method Movement in Canada, Europe, and Mexico, and teaches weekly classes in the San Francisco Bay Area.

For further information please contact Lynda Napier on 0408 825168

August 24-28, 2011

World Dreaming – psychotherapy Conference in Sydney, 2011

PACFA and its Member Associations are hosting this 'once in a lifetime' conference.

See www.wcp2011.org for more information

Psychotherapeutic modalities reflect the many and diverse ways in which psychotherapists specialize. Modalities may be named after the person who founded their particular school of psychotherapy (Freudian, Jungian). They may use specialized methods (psychodrama, T.A.), hold a particular focus (object relations, self psychology) or adapt their approach to a particular client group (addictions therapy, trauma-focused therapy). Practitioners within each modality may hold a similar frame of reference that allows them to communicate many of their ideas and experiences quickly and effectively. Practitioners speaking across modalities, by contrast, have the opportunity to challenge and extend each other, exploring differences and finding common ground.

For further information contact:

Sophie Holmes at sophie@williamsroad.vic.edu.au

Alison Strasser at alison@cep.net.au

Fri 9 Sept (6-9pm), Sat 10 Sept (9-5pm), Sun 11 Sept (9-1pm)

Exploring Non-verbal and Pre-verbal Developmental Issues in Counselling, Psychotherapy and Dance Movement Therapy

Led by Sandra Kay Lauffenburger, BEd MSc BSocSci (Hons)(Psych); Provisionally Registered Psychologist MAPS; Registered Psychodynamic Psychotherapist PACFA ANZAP AASP; Professional Dance Movement Therapist DTAA; Certified Laban Movement Analyst LIMS

*This workshop has been recognised for 15 professional development hours by the Psychotherapy and Counselling Federation of Australia (PACFA)

Wesley Institute, 5 Mary Street, Drummoyne NSW

As therapists we acknowledge that the non-verbal, or wordless, components of our work inform up to 70% of our therapeutic interventions. Additionally, many of our important therapeutic concepts such as attachment, attunement, and intersubjectivity have emerged from the observations of non-verbal mother-infant interactions, such as those recorded by Beebe & Lachmann (1988) and Stern (1985). Understanding the early years of development can add great richness to our psychological theories and open up a world of therapeutic choices.

In this workshop we will focus on the pre-verbal and non-verbal aspects of self that develop during the early years of life. Through movement, discussion, and play, we will:

1. Explore the physical, emotional, and relational challenges faced in infancy,
2. Interweave research on brain development with factors impacting on the child's capacity for affect regulation and relational interactions,
3. Discover and play with the role of affect in the developmental process,
4. Chart the development of the senses of self (Stern, 1985), focussing primarily on the pre-verbal, and
5. Explore the impact of non-verbal/pre-verbal development in our own lives.

Sandra has over twenty five years of studying and exploring the body and movement as well as clinical training in Self-psychology. She teaches Dance Movement Therapy and offers phone and face to face supervision for Dance Therapists, Counsellors, and Psychotherapists. She has been an invited presenter in Laban Movement Analysis throughout Australia, Asia and Canada.

General Registration \$395; DTAA/IDTIA Member \$295; Student \$195

FURTHER INFORMATION contact Dr. Jeff Rutter, Head of Counselling, at (02) 9719 1924.

REGISTRATION: Graduate School of Counselling, 5 Mary Street/PO Box 534, Drummoyne NSW 1470. p: (02) 9719 1924; e: info@wi.edu.au; www.wi.edu.au

Creative Doctor's Network film night- AMA

Lisa Robert's new animation, 'Do krill have sex'? will be screened again.

It will be a fun night.

AMA house 69 Christie Street, St Leonards, Sydney

All welcome Admission \$25

Email: janene@amansw.com.au for information about future date

Re-Form

an initiative of Pittwater Uniting Church

A Dance Movement Therapy (DMT) based program, aiming to provide healing and freedom for your body, heart, mind and spirit.

The purpose of Re-Form:

"I have come that they may have life, and have it to the full." (Jesus)

- Experience joy and freedom, physically, emotionally, mentally and spiritually.
- To provide opportunity for personal insight and transformation through
- movement, drawing, journaling and discussion.
- Reduce physical tension.

Where: The Basement, Pittwater Uniting Church, 10 Jubilee Ave, Warriewood

When: Thursdays, 6:30 - 8:30pm

Duration: 8-week programs

Cost: \$20 per session (cash or direct deposit)

Bring: A pen and notebook. Wear comfortable clothes.

Facilitated by Esther Durham, qualified dmt. Grad Dip DMT, Assoc Deg Dance.

Contact Esther ph: 0407 769 943 or email: estherdurham@hotmail.com
or contact the church office: 9997 2386

2011 Drawing Movement - Sydney,

Lisa Roberts, PhD (UNSW), Artist-researcher, invites you to join a new series of Monday night workshops at the Rozelle School of Visual Arts (Sydney):

See: <http://www.lisaroberts.com.au/content/workshops/workshops.php>

SHIFT IN APPROACH

It has been difficult to describe this form of drawing to people who have not worked with me before, and even to those who have, because my approach to teaching has shifted since I first ran these kinds of workshops in Sydney. Since 2007 I have been revisiting the sources of my training in art and dance as part of a PhD research project (which was very theoretical, despite all my best efforts!). The research has led me (via a most respected peer) to the Rozelle School of Visual Arts, where methods taught by Gertrud Bodenwieser are passed on in dance classes directed by Barbara Cuckson. Attending these classes is adding new meaning to my drawing and animation practice and inspiring my teaching.

Drawing Movement is for people of all levels of skill to explore ways of expressing their experience and observation of movement. The shift is away from academia and towards the sheer pleasure of drawing through moving!

NOTE that the 'drop-in' status of the last series has been changed. To avoid the disappointment of turning up and finding there is no class, I will keep you posted via email. Contact Lisa: 02 9550 2805; www.lisaroberts.com.au; lisa@lisaroberts.com.au

Individual sessions, group work and women's retreats

with Satyo Cate Sullivan (BCA, MA (Cat) PACFA Reg.)

Counselling, therapy and mentoring sessions for individuals.

Workshops/courses utilising dance/movement, creative arts therapies, body sense/awareness skills. Women's weekend retreats on relevant themes.

Individual sessions and group work are offered in both the Southern Highlands of NSW (Robertson) and Shoalhaven (Nowra).

For further information contact Satyo on 02 4885 1727 or 0412 122010

Email satyo@shoal.net.au

Practitioner room for rent in TURRAMURRA (Sydney's north shore)

Ideal space for Dance Movement Therapist. Light, airy and beautiful, this large furnished room has ducted air-con; sandplay & tray available; kitchen facilities; privacy; and plenty of on-street parking. I have a busy private counselling practice using expressive therapies, sandplay and breathwork and now have the second counselling room available for use by another therapist. Especially suit anyone working with sandplay, art therapy, breathwork or a dance movement therapist. It is in a peaceful, leafy residential setting with plenty of privacy and a separate entrance can be used. (The room is 8m X 4.5m)

Rate: \$90 per day; half day or multiple days negotiable

Contact: Karen Daniel on 02 9449 7121 or 0403 773 757

Email: karen@emotional-transformation.com.au

Classes Victoria

Mondays:

Monday nights 6.30 to 8.30

Marina Bistrin teaches a series of 8 x 2hr workshops from the Middle-East, Gypsies and Silk-Road in terms, 2011 at Glen Park Community Centre, Bayswater.

See: <http://www.glenparkcc.com.au/> Contact office@glenparkcc.com.au 9294 7525 or call Marina Bistrin 0438 580 889, 9444 8212, www.dance-explorer.com marinabistrin@optusnet.com.au

Bioenergetic Work Outs - with Ermanno Bergami

See: www.emotionalcouragetherapy.com

Elizabeth Loughlin, Ongoing creative and expressive dance - 7.45 - 9 pm.

At Lieto Creative Dance Studio, North Fitzroy 3068

Ring Elizabeth, creative dance teacher and dance movement therapist, on 94829312 or email:

loughlin@clari.net.au See: www.lietocreativedance.com.au

Tuesdays:

Tuesday lunchtime

Multicultural Fan dance and Gentle Egyptian Bellydance

with Marina Bistrin at Contact Community Centre, Bundoora,

Contact Marina Bistrin on 0438 580 889, ah 9444 8212

Email: marinabistrin@optusnet.com.au or see www.dance-explorer.com

Embodied Bellydance™

Dancing Isis Dance! Embodied Bellydance™

Inner Movement Centre, 32 Lower Heidelberg Rd, Ivanhoe, Vic

Contact: Maria 0419 523 710 for information or go to <http://www.dancingisis.com/embodied-bellydance/>

Wednesdays:

Bioenergetic Work Out – with Ermanno Bergami

See under Mondays at www.emotionalcouragetherapy.com

Multicultural Fan dance, Persian Dance at Watsonia Neighbourhood House Expressive dance to world music, gentle, empowering and fun.

Contact Marina Bistrin on 0438 580 889, ah 9444 8212 Email: marinabistrin@optusnet.com.au or see www.dance-explorer.com

Thursday

Traditional Egyptian Dance - Embodied Bellydance

Thursday Evening - Level 1 (Raqs Sharqi) - 6.30 - 8 pm and 8pm – 9.30 pm. These classes promote strength, vitality, sensuality and grace. Learn the sophisticated, elegant, strong moves that interpret the traditional music of Egypt.

Contact Maria 0419 523 710 for more details or go to <http://www.dancingisis.com>

Multicultural Fan dance, Persian Dance at Watsonia Neighbourhood House

Expressive dance to world music, gentle, empowering and fun.

Contact Marina Bistrin on 0438 580 889, ah 9444 8212 Email: marinabistrin@optusnet.com.au or see www.dance-explorer.com

Fridays

Friday Night SHINE!

Weekly on Fridays! 7:30 - 9:30 pm.

Shine restarting on January 28th 2011

St Johns Uniting Church, 567 Glenhuntly Rd, Elsternwick, Victoria

SHINE is free-form expressive dance. There is no level of fitness or ability that one needs to do this dance. It is simply releasing your mind, listening to your body and moving accordingly.

Through DANCE we can: Heal body, mind and spirit; strengthen the bonds of community, Commune with spirit – to discover deeper aspects of ourselves, release stress, have FUN, Let our LIGHT SHINE!

Cost: \$15.00 Contact Teri McNeill on m. 0431 662 755 or email: dance.grl@hotmail.com

SensingFeelingDancing the Chakras -7.30 – 10 pm

With Maria Sangiorgi, work with guided meditation, imagery and music to align the Chakras and to draw out the personal inner dance. Contact Maria for information regarding continuation of these classes on 0419 523

710 or go to: www.dancingisis.com

Saturdays

Body Voice Centre

'Meeting the breath': half-day workshops

Dates, Bookings and further details: email info@bodyvoice.com.au

Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 www.bodyvoice.com.au

Sundays

Soul dance - 3rd Sunday each month

Olinda Primary School, Charlemont Lane, Olinda.

10am – 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centering dance – great location, music and people.

Call Tony Norquay on 03 5678 5525 or 0418 134 709 or email: norquaytd@ihug.com.au

New South Wales - Ongoing Classes

Mondays:

2011: Movement and Drawing

6-8pm Mondays, ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney. See full information above under NSW.

Contact: Lisa Roberts PhD (UNSW); <http://lisaroberts.com.au/>

lisa@lisaroberts.com.au 02 9550 2805

Dance is MY Therapy - dance classes with a difference - 8:00-9:00pm Sydney

The classes explore the therapeutic benefits of dance, with a focus on creativity, expression and general health and wellbeing proving that everybody can dance!! Expect the unexpected and enjoy the benefits of dance for mind, body and spirit.

Dance Alive Studios, 107 Regent St, Chippendale (near the corner of Meagher St)

Contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com.au www.kirstydance.com.au

Mondays 2- 3.30pm, Rex Centre, Kings Cross

Creative Movement for Seniors (50+)

\$3 (subsidized by Sydney City Council)

Revitalizing, relaxing, guided self expression/movement exploration..
Connecting with stimulating music, ideas and people.

Contact Meredith Lucy 0400447951 or Email; meredithlucy6@gmail.com

Family Dance Classes - 3:45 - 4:45pm

An interactive dance class for the whole family. For Mums, Dads and children over 4 years. Minimum of one parent and child. Cost: \$10 per person.

Where: St Peters Town Hall, Sydenham NSW

Facilitated by Esther Durham, a qualified Dance Movement Therapist.

For enquiries, contact Esther on 0407 769 943 or estherdurham@hotmail.com

Thursdays

'Moonbeam Movement' - Mums and Bubs classes, 9.30am - 10.30am

At: Lifepod, 1A Victoria St, Paddington

Six-week courses of gentle, intuitive and fun dance/movement experiences for mothers and babies aged 5 months to walking. Explore the magical space that exists between you and your baby.

Contact: Suzy Wolanski Ph: 0413444914; Email: suzy@moonbeammovement.com.au

Fridays

Fridays 6.30 - 9pm in Rozelle

Authentic Movement

A setting for a movement practice where a supportive group of committed people practice inner focus and containment to deepen personal awareness. The practice can facilitate a therapeutic release through contacting unconscious material, support creativity by exposing new ideas and it can be a community building activity by connection to a wider, collective sense of self.

Beginners and experienced movers welcome.

Contact Meredith Lucy 040 044 7951 or meredithlucy6@gmail.com

"Wellness Exercise Program For Everyone" from 10 am - 11am

Yumi Schaefer - Life Wellness Network

For more vitality, flexibility, muscle tone and strength, and relaxation join in this program of gentle fun aerobics, stretching, core-conditioning and relaxation.

At Guide Hall 159 Waldron Rd, Chester Hill. Offered by Chester Hill Neighbourhood Centre Bookings: Amy 9645-3700 or contact Yumi - Wellness Lifestyle Coaching, Pilates, Dance Therapy See: www.wellnessnetwork.com.au or

phone: 0425-256-735

Also see on line the Wellness "RENEW ME" Lifestyle Book and "Pilates For All" DVD

Saturdays:

Accessible Dance - 10:00 -11:00am

A dance class for dancers with a disability over the age of 16, with emphasis on ability, creative expression and having fun dancing and moving. Carers welcome to join in.

Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on left.

For more information contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com.au www.kirstydance.com.au