



Current Moves, March 2013

Dance Movement Therapy Association of Australia (DTAA) Professional Development Events

Centre Post Framework Training with Amber Gray in 2013

Dates: June 29, 30, July 1 and 2. And October 13, 14, 15 16.

Body as Voice: Restorative Movement Psychotherapy Trauma and Resiliency Training Series

Exposure to traumatic events literally and metaphorically 'freezes' our bodies, minds and spirits in a 'lock-down' of past memories. Current neuro-psychiatric research has shown that when someone is traumatized, a majority of traumatic memory is implicit or sensory-motoric. Many of the researchers endorse the use of non-verbal therapies for survivors to fully integrate the past with the present and restore well-being and balance. The training series will prepare clinicians, dance movement therapists, art therapists, and somatic therapists to work with survivors of trauma (in particular, trauma secondary to war, torture, interpersonal abuse, complex trauma, human rights violations, intergenerational and historic trauma, complex humanitarian emergencies and natural disaster) using a variety of very practical, body and arts-based practices and methods. See: www.restorativeresources.net

Contact Mandy Agnew on rmagnew@bigpond.com Or phone 98899123 / 0437348808

July 6, 2013

A Creative Arts Therapies day planned in Melbourne

More details soon

September 2013

Sara Boas and Jos Butte - will be in Australia and presenting variations of their exciting eLifedance. This will be a 3 day event - Friday 13, September to Sunday 15, September, 2013. There is some debate at the moment as to whether this event will be in Melbourne or Sydney. Expressions of interest will help make this decision. Please contact admin@dtaa.org.au with your response.

February 2014

Feb 14, 15, 16, **Penelope Best - returning to Melbourne.** Extra day may be planned for supervisor's depending on demand.

End Feb beginning March - 27 March to Feb 5. TBC.

For those wanting more Continuum.

Emilie Conrad - founder of Continuum Movement - will be in Melbourne (with Amber Gray) to lead a 7 day event. Participants need to have had some experience in Continuum. To register interest contact; Melanie Keely, ph 0400 985 929, email: melaniekeely@bigpond.com

DTAA Memberships:

More copies of the latest journal just reprinted. If you haven't already done so, send your subscription in to get back onto our mailing list. Thank you for supporting the DTAA and its promotion of DMT in Australia. Without this the Association could not function. Contact: admin@dtaa.org.au

Body, Movement & Dance in Psychotherapy - Journal

International Journal for Theory, Research and Practice. Pub.Taylor & Francis

Privilege rate offer for DTAA members - 4 issues per year for members at special discounted rate of \$45 (96 pages each). DTAA members can take advantage of this offer, by going to the web link in the DTAA journal Moving On, then

clicking on the eSpecial Offer box.

The journal is internationally, peer-reviewed and explores the relationship between body and mind. It focuses on the significance of body and movement in therapeutic settings. It is the only scholarly journal wholly dedicated to the growing fields of body (somatic) psychotherapy and dance movement therapy.

Dance Movement Therapy Training and Introductory Workshops

International Dance Therapy Institute of Australia Advance Clinical Training in Dance Movement Therapy

This program is a three-year coursework, fieldwork and supervision program, with an exit point after the first year gaining a Certificate in Dance-Movement Therapy. The full three-year course is accredited with PACFA and the award is Advanced Clinical Training in Dance-Movement Therapy.

The first year study is part-time with six modules, each consisting of a three or four day intensive workshop and tutorials. Training is supported by theoretical teaching and practicum, with provision for interstate participants. A supervised practice prerequisite is required for continuation into the second and third years, which include four further coursework modules integrated with study projects, dyads, and regular dance therapy supervised practice. Completion will equip graduates with sound generic DMT principles and skills for working with people in group settings, and generally as part of a therapeutic team. The extensive supervised practice component will provide a solid grounding in application of DMT to a chosen population.

Additionally, completion of the full course will satisfy most of the requirements for Professional Membership of the DTAA (the DMT professional association) .

Introductory Workshops (a pre-requisite for entry into the training) are to be held on: Saturday, 10th August and 12th October 2013.

See: www.idtia.org.au or contact - Tamsin Sawford, Administrator: admin@idtia.org.au

Related Training

Vocational Graduate Certificate in Movement Based Somatic Therapy - Tasmania Presented by Pilates House trading as Tensegrity Training

Course delivered over 1 year through attendance at 5 weekend modules, virtual online classes, self-learning and supervised clinical practice. Each module can be enrolled in and in any order once Module 1 has been completed. The Vocational Graduate Certificate is at AQF level 8, a higher level qualification than a Certificate IV, Diploma or Advanced Diploma and aims to prepare experienced practitioners to be effective Movement Based Somatic Therapy professionals. The course includes theoretical study of developmental movement patterns, self-psychology, movement analysis, somatic education and their influence on the potential negative behaviours that may prevent a client's recovery. The course covers the theory of common pathologies, chronic conditions and injuries encountered in Allied Health. Graduates apply treatment techniques based on the principles of Somatic Exercise, Laban Movement Analysis, Barteneiff Fundamentals, Psychology of Touch, Psychotherapy and Client-Centred Counselling. The course will cover skills required to use a combination of hands-on, verbal and movement exercise techniques to deliver highly effective treatment to a broad range of clients. Contact: Tracey Nicholson info@tensegritytraining.com.au

Conferences, Information, Notices and Special Events - Australia

Seeking Creative Movement & Dance Volunteer

ERLS (Eastern Recreation & Leisure Services) is seeking a new creative movement & dance volunteer to support a class for children with autism. This role is suitable for a student who enjoy teaching children to be expressive through creative movement, dance and drama and will have the guidance and supervision of an experienced Dance Therapist. Sessions run every Sunday morning in Bayswater Youth Hall from 10.15am -12.30pm. Corner of Station Street and Pine Road in Bayswater. Please feel free to call our Volunteer Co-ordinator for more information. Applicants will go through an interview and induction process. All volunteers working with children are required to have an up to date police check processed by ERLS.

Contact: Melissa Lutui, Volunteer Incentive Program Coordinator and Project Officer,
Bayswater VIC 3153 Ph: (03) 9720 5944 Email: vip@erls.net | Website www.erls.net

PACFA Mental Health Training Update

PACFA, in conjunction with the University of Canberra, continues to run on-line Mental Health Training Courses. Dates for the first half of 2013: 15 April - 28 April; 20 May - 2 June; 24 June - 6 July. The course of four modules takes a minimum of eight hours to complete. A certificate is issued on completion. The course contributes eight hours of Professional Development. Enrolments open to all practitioners, not just PACFA Registrants. Cost \$220 to members of PACFA Member Associations, or \$330 non-members. Registration Form from www.pacfa.org.au - return to PACFA with payment. Enquiries: Kim Smythe, (03) 9486 3077 or admin@pacfa.org.au

Dance for PDÆ Training Workshops Sydney | Brisbane May 2013

Our workshops are designed to introduce people to Dance for PDÆ. Dance for PDÆ method has been presented at the

International Congress for Parkinson's disease and Related Disorders in Berlin (2005), the World Parkinson Congress in Washington, D.C. (2006) and at Neuroscience 2008 in Washington D.C. Our specially-designed training modules, demo class and interactive sessions provide a wealth of information to experienced dance teachers and other interested participants to develop their expertise in working with people with Parkinson's. The Sydney workshop is on May 8 and 9 at Critical Path's Drill Hall from 9 a.m. - 6 p.m. The Brisbane workshop is on May 11 and 12 at the studios of Queensland Ballet from 11:00 am - 7:00 pm on May 11, and 9:00 am - 6:00 pm on May 12. Please go to www.danceforpd.org

'The Flowing Spine' Continuum Movement & Embodied BellydanceÆ Weekend Retreat

Friday 10th to Sunday 12th May 2013

Amber Elizabeth Gray & Maria Sangiorgi

See details under Italy

Dance Research - Journal-Call for Papers

'BODY PARTS: Heads, Hips, Fingers, Feet, Chest, Belly, Butt.

Special issue to attend to the way particular body parts are central to the aesthetic configuration of certain dance styles and how those isolated movements carry cultural, historical and political significance. In this issue, we seek to explore how the fragmentation of the body can both be limiting or reductive for the dancing body, as well as liberating and transformative; and we reflect on how these compartmentalized motilities might work in compliance with or in contradiction to the whole. Submissions by June 30, 2013. Approx. 6,000 words

Inquiries: Sherril Dodds, Prof./Chair Dep.Dance, Temple University Philadelphia Email:sherril.dodds@temple.edu

The Academic Journal of Creative Arts Therapies (AJCAT) is accepting submissions for the next issue for 2013. This journal of the University of Haifa is a peer-reviewed academic journal and this issue will be exclusively devoted to Creative Arts Therapies. It aims to publish original articles in several languages. Researchers, and practitioners are invited to submit articles, book reviews, news of forthcoming conferences and events; or briefs reports on new theses and dissertations;

Contact: Rose G: <rs-gu@hotmail.com> visit:

http://ajcat.haifa.ac.il/index.php?option=com_content&view=article&id=1&Itemid=2&lang=en

PACFA applications for Research Seed Grants

PACFA supports the development of research into counselling and psychotherapy by offering research Seed Grants of \$4,000. They will be awarded for research projects compatible with PACFA's research and relevant to PACFA's mission. Contact Maria Brett, Executive Officer, maria.brett@pacfa.org.au, Ph: 03 9486 3077, or see: www.pacfa.org.au

Climate Change made visible

Oceanic Sydney was well received at Customs House - a part of the Art & About Sydney program. Presentations in Hobart and Newcastle are planned for 2013. To assist with this we seek feedback on the Sydney event - please see a video record then complete a BRIEF survey on: <http://www.livingdata.net.au>

Contact: Lisa Roberts: lisaroberts49@gmail.com

Call for Research Assistance If you are a therapist working with sexuality based issues please assist Rebecca, a Masters of Sexology student who completed her DMT certificate and is looking to develop research into therapeutic intervention for sexuality based issues. Please Contact Rebecca Johnston <rivca@hotmail.com>

Victoria

Martial arts distilled for contemporary dancers - first ever Infinite Movement Lab!

29/30 Mar 2013 or 31 Mar/1 Apr 2013 - 10am - 5pm

Created for dancers, choreographers and movement enthusiasts that want to keep an ongoing creative practice, these workshops are a fusion of martial arts movement principles with current contemporary dance and somatic practices. Infinite Movement Lab combines awareness of imagery, releasing, and the following of body weight and breath familiar to dancers, with the precision and explosive power of martial arts.

Studio 202 - 16-20 William St - Balaclava 3183

\$260 (Early Bird: extended \$220) Only 25 spots per class

Information & Bookings: <http://studio202.com.au/classes/movement-practices/infinite-movement-lab/>

Contact: Zac at infinitemovementlab@gmail.com - 0457 347 696

Wise Woman Moves

provides a unique opportunity to enjoy movement and dance to music from around the world, in a safe and nurturing space. Various themes are investigated and delve into new ways to create greater self-awareness and achieve inner peace for both experienced and inexperienced movers. Sessions include Dance-Movement Therapy, drawing and discussions, and power of the Five Elements - Water, Fire, Wood, Metal and Earth. Charisma Dance Centre, 1 Queens Pde, Glen Iris, 3146; Tuesday Afternoons - term commitment appreciated. Inquiries: Mandy Agnew 0437 348808 See: www.moveintolife.com.au

Drawing and Movement Workshops

Life drawing with a difference - focussing on life drawing as a physical experience exploring experimental mark making

to music - focusing on the experience and not the final drawing. A sensory experience getting a feel for movement and body language. With Marina Bistrin & Libby Letcher.

Marina is a life model and dance teacher, who uses imagery, words and music to free people up to dance in her classes. Libby has been teaching life drawing for 10 years with a focus on sensory mark making with mindful techniques. North Carlton. Contact: Marina Bistrin 0438 580 889, marinabistrin@optusnet.com.au; www.dance-explorer.com

Soul Moves

In Soul Moves you will have opportunities to experience yourself in new ways through movement exploration, self-awareness and relaxation. Freeing and increasing range of movement can also be a way of building a more flexible and toned body. During these sessions you will be guided to find your inner experiences while holding the potential to give expression of personal stories. Creative movement, intuitive drawing and writing to shape and express ourselves physically, mentally and emotionally will be used. - Wednesday Evenings 6.30-8.30pm; Cost: \$40/2hr session
Term 2: 17th April - 26th June (11wks), Term 3 Dates: 17th July - 18th Sept (10wks); Term 4 Dates: 9th Oct - 11th Dec (10wks)

Monash Studio ~ for Movement- based Expressive Arts; 1 Forest crt, Glen Waverley. 3150. Bookings Essential - Mandy 0437 348808 or Tiana 0421 045 438. See: www.moveintolife.com.au

Workshops: Tuesday 30 April & Tuesday 7, 14, and 21 May 7-9pm

Informal performance: Saturday 25 May 8pm

An exciting FREE dance program for local dancers, dance teachers, physical performers, tertiary dance students and choreographers. Work with leading dance artist Jodie Farrugia and guest Melbourne choreographer Jo Lloyd to explore dance and choreographic practice.

Four workshops will push participants to explore new contemporary dance vocabulary and choreographic material to perform on stage at Knox Community Arts Centre.

Contact: Samara Cunningham, Knox Art Centre Marketing Officer 9729 7287

Dance and Movement Workshops with Suzanne Hurley

Suzanne is an experienced dancer and counsellor, interested in aspects of improvisational movement practice that apply across both disciplines.

PREGNANT BODY STORIES - is for women that are or have been pregnant.

PREGNANT PAUSE - is for women waiting to be pregnant.

MOVING STORIES - is an exploration of improvised dance & movement that focuses on being present to who you are & inviting yourself as well as others into your story from today, before today, and in front of tomorrow. Questions about self to communicate, who am I in this body before you? Which parts of myself do I avoid when I move, what happens when I invite what I avoid to be present and what is present when I am moving that is otherwise hidden?

Enquiries for future dates 0402 407 925; suzanne@suzannehurley.com.au; www.suzannehurley.com.au

Spiral Dance Workshops - with Kat Worth

March 22, May 17, June 21

2013 is the Chinese year of the snake. It is a great time for transformation, introspection and intuition. In Spiral Dance we will dance circles with each other and circles on our own. We will dance our instinctual, enigmatic and collected expression and shed our skins again and again and again. This workshop is a deep practice of improvisation and personal expression. No dance experience is needed. Come with an open heart and a willingness to be danced.

Friday Night 7-9pm monthly at Prana House High St Thornbury - \$20

Kat Worth has been leading dance and movement workshops with community and professionals since 1992. She moves between the worlds of making live performance, film and improvisation and guiding herself and others to dance their own deep dance wildly at their hearts content. Her work is ceremonial, transformational, imaginative and playful.

For info and bookings call Kat 0412 992 513 or email dancingkat@iprimus.com.au

<http://www.facebook.com/pages/Spiral-Dance/153205578170590>

Diploma in Teaching Creative Dance at Mangala Studios Carlton

Ideal for teachers, therapists and dancers, it combines dance, art, music and pedagogy as an integrative system for personal development and education. The course runs part time for 18 months.

For further information contact Mangala Studios. PH: 96635603

e-mail: info@mangalastudios.com.au; www.mangalastudios.com.au

Dance with your Baby.

Two sites in Melbourne offer the joys and delights of Mother- Baby Dance - a relaxing and nurturing time for mothers.

Fridays: 11.30am at Ashburton Baptist Church Hall St Ashburton 3147 with Elizabeth Mackenzie, creative dance teacher and dance therapist. A community project in partnership with Ashburton Baptist Church. Contact Elizabeth Mackenzie 03-9836 7386 for bookings. www.movingtogetherdance.com.au

Wednesdays: 12.15 pm at Lieto Creative Dance Studio, North Fitzroy, www.lietocreativedance.com.au with Elizabeth Loughlin, creative dance teacher & clinical mother-infant dance therapist. Contact Elizabeth 03-94829312 or email loughlin@clari.net.au.

These sessions also offer opportunity for those interested in developing dance with mother and baby to assist in the sessions, and learn about dance arts and therapeutic methods with this population.

Bollywood Dance Classes

Give yourself permission to do the things that bring you joy and have some fun! Take some personal time out to reconnect with your body, mind and spirit through meditation, dance and performance.

Bollywood Dance is not just a style of dance- it is a multilayered, multi-modal experience where music, dance, story-telling, drama and performance come together to create a magical world where anything is possible! You do not need any prior experience to learn Bollywood dance- people of all ages, shapes and sizes in many different parts of the world enjoy this expressive and energetic style of dance. Classes are now available in Doncaster and Bentleigh.

- Learn new ways of moving the body
- Connect with muscles you never knew you had &
- Let your inner superstar shine!

Doncaster Classes: Mon: 6pm - 7pm, The Youth Brigade - Teens

Mon: 7pm - 8:30pm, Bollywood Blast - Open class

Fri: 11.30am - 1pm, Morning Masala Madness - Open class

Bentleigh Classes: Tue: 11am- 12pm, Bollywood Blast- Open class

Click here for course dates, location and detailed flyers- <http://eepurl.com/t8Wcr>

For more information and bookings, please contact Anjali on 0401 334 738, email info@embracingspirit.net or visit www.embracingspirit.net/bollywood-dance

Mangala Studios

Teaching Creative Dance and Yoga to Children and adults.

The experience of creative dance and yoga has deeply influenced Mangala Studios.

The programs provide a unique chance for all children to have fun with creative aspects of dance, design and yoga in a stimulating environment. Music and Dance! Art and Dance! Solo and Ensemble Creative Dance! Poetry and Dance. All aspects of the Creative Dance can be experienced And Yoga for body, mind and spirit. Contact: Mangala Studios, 73 Grattan St. Carlton, 3053.

Ph: 03 96635603; e-mail: info@mangalastudios.com.au; www.mangalastudios.com.au

Dance improvisation including cross-cultural fan dance and other traditional dance styles.

Enquiries: Marina Bistrin 0438 580 889.

marinabistrin@optusnet.com.au www.dance-explorer.com

Creative movement for children with special needs and "Women Who Flow With The Sea" groups to celebrate the feminine spirit. Sally Low, Physiotherapist, Feldenkrais Practitioner, Creative Movement and Dance Teacher has a private practice in Newport. Her work with children is developmentally structured Tel: 0405170090 or e-mail sallylowrehab@hotmail.com

In-depth movement psychotherapy, Authentic Movement for individuals, couples and groups, and

Supervision: Linda Murrow, M.A. ADTR Prof. member: DTAA, Vic. Ass. Family Therapists, Aust. Assoc. of Relationship Counsellors, PACFA Reg, is an experienced DMT and expressive arts and couple therapist. She works with individuals, couples and groups at Relationships Australia and in private practice. Linda also teaches at the Phoenix Institute of Victoria. Contact: lindamurrow@aapt.net.au or mobile: 0421 999 839

Private DMT and Feldenkrais sessions in Malvern, and on-site supervision for DMT graduating students

from Bella Grossberg. Bella, DMT, Prof. member DTAA, Feldenkrais practitioner and counselor, is a graduate of Dr. Marcia Leventhal's first training program in Melbourne. She believes in the inherent healing power of dance and its power to change past limiting patterns with new empowering ways to move, think, and feel. Call Bella on 9576 2644 or email: pgberg@bigpond.com

Body Voice Centre news and events:

Breath meditations each Tuesday 8 to 9am and some Fridays 6.30 to 7.30pm. Check dates on the website.

Breath gathering on the third Saturday of each month (fourth Saturday in June), 1pm to 4pm.

Individual vocal development sessions available. Individual breath dialogue sessions available.

Contact: jdhoward@alphalink.com.au. Body Voice Centre

50 Wolverhampton St, Footscray, Vic 3011; www.bodyvoice.com.au

Monash Studio ~ for movement-based expressive arts MIF(Moving Into Facilitation).

For more information and dates of next events, contact Tiana: 0421 045 438 or tianamoves@optusnet.com.au

YOGADANCE Tuesdays 7.15-8.45pm - A combination of hatha yoga and creative movement.

SOUL MOVES - see information above. Monash Studio, 1 Forest court, Glen Waverley. 3150 Contact Mandy

0437348808 or Tiana 0421 045 438, (03) 9574 9016 or info@monashstudio.com.au

For Volunteer Opportunities working with Tiana Lentini:

Phone: Tiana on 0421 045 438 or info@monashstudio.com.au

Ideokinesis and Movement with Shona Innes.

Ideokinesis is the practice of imagining a moving image within your body. This encourages mechanical balance, integrates imagination and sensory experience and offers a platform for creative action. For information on forthcoming workshops:

Contact Shona - 0421 285 338 <mailto:atinnes@alphalink.com.au> or go to <http://alexanderthinkingbody.alphalink.com.au>

Lieto Creative Dance Studio: Elizabeth Loughlin

Classes and short courses at Lieto Studio, North Fitzroy, VIC. Ring Elizabeth, creative dance teacher and DMT, on 94829312, or email loughlin@clari.net.au for further information. www.lietocreativedance.com.au
See also under Classes, Mondays in Victoria

Soul Dance

3rd Sunday each month - at Olinda Primary School, Charlemont Lane, Olinda.

10am - 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centring dance - great location, music and people.

Tony Norquay, 03 5678 5525 or 0418 134 709 or norquaytd@ihug.com.au

NEW SOUTH WALES

Just commenced Drummoyne - "Gifts of Emotions"

10 workshops using creative arts, movement and games to discover the gifts of emotions. Create new ways of emotional responses to promote self-growth. Cost: \$220 for 10 sessions or \$35 per week. Contact Cecilia Tsz Kai, Lau at 0430 376 838 or ctlklu@gmail.com. www.movingconnect.com.au

5rhythms Dance and Dance Therapy with Michelle Mahrer

Wednesday nights UNSW Dance Studio gate 2 High St Kensington 7.30 - 9.30pm

Follow your own authentic way of moving with 5 rhythms dance, a movement meditation based on 5 basic rhythms - flowing staccato, chaos, lyrical and stillness which form a wave.

Radiance Dance - fortnightly on Sunday mornings 10-30 - 12:30pm

An invitation to awaken energy, healing and transformation through 5 rhythms dance

Sanctuary - A journey into the dance of the soul with 5rhythms dance, authentic movement and drawing. Monthly Sat. afternoons.

More info: www.michellemahrerdance.com Email: mmahrer@bigpond.net.au

Playing with the Arts: Expressive Arts Therapy methods for self-care, burnout prevention and peer supervision groups.

Commencing March 23, 2013 - Mosman, Sydney.

At Alexander Technique and Somatic Education Centre, 89b Cowles Rd Mosman.

A series of monthly Saturday afternoon workshops facilitated by Dr Rosemary Faire, Registered Expressive Arts Therapist (IEATA), former coordinator of MA in Music Therapy at UTS.

"My Music Therapy students really enjoyed the self-care component of our course, which I created from my Expressive Arts Therapy and Somatic Education background; so am offering these resources more widely to Creative Arts Therapists & those in other helping & teaching professions where burnout is a potential undermining factor."

Fourth Saturday each month - 1:30pm to 4:30pm. Topics include:

- introduction to the field of Expressive Arts Therapy in self-work;
- Exploring song lyrics that still reverberate inside you years later;
- Bringing forth your own self-healing stories;
- An introduction to somatic education tools for centering & grounding;
- Ecological expressive therapies sustaining activism;
- An Arts-based peer supervision method for pairs and groups;
- Drumming support groups.

Further details: roseyaire@ozemail.com.au or <http://www.zulenet.com/ecosomatics/>

Meet Your Neighbour -11 April - Lismore

Interrelate and the Mental Health Coordinating Council Invite:

Organisations and people with an interest in mental health issues in the Lismore area to:

Meet other organisations and mental health service providers from the Lismore area to hear what they are doing and share what you are doing in relation to supporting people with mental health issues. Find ways to work together.

Join us for a cuppa and a chat. Bring along any material you want to share.

At - Family Relationship Centre, 5 Market Street, Lismore

On Thursday 11 April 2013

9.30am arrival for a 10.00am start - ends 12.30pm

RSVP essential: info@mhcc.org.au or 02 9555 8388 ext 100

For more information: Stephanie Maraz - Mental Health Coordinating Council, 02 9555 8388 ext 104

Julie Leete - Interrelate, 02 6623 2700

Way of the Feminine Workshops with Satyo Cate Sullivan (BCA, MA (Cat) PACFA Reg.)

Utilising naturally expressive movement, creative arts therapies (eg. drawing, clay, writing); body sense; relaxation and awareness skills.

At Home in the Feminine: Exploring and connecting more fully to the richness and depth of your own unique feminine nature: For future workshop dates or individual counselling and therapy sessions contact Satyo on 02 4885 1727 or

0412 122010

Re-Form - just beginning:

Our bodies know us better than we know ourselves. We have headaches before we realise we are stressed, neck aches before we realise we are tired and restless sleep before we realise we are upset. Re-Form helps people, through movement, engage with the wisdom of our bodies as a window into our inner realities.

The Basement, Pittwater Uniting Church, 10 Jubilee Ave, Warriewood, Thursdays, 6:30 - 8pm

8-week program, Cost: \$200 for 8 sessions or \$30 per week.

0407 769 943; www.awholelotofdance.com.au

Drawing Movement with Lisa Roberts

Rozelle School of Visual Arts, 57 Nelson Street, Rozelle, Sydney.

Modelled on traditional Life Drawing, but instead of drawing a hired model, turns are taken to move and be drawn, using simple 'scores' that are designed to expand the dynamic range of expression. Cost \$10, bring your own drawing materials. See: www.lisaroberts.com.au; www.antarcticanimation.com; www.livingdata.net.au

For more information; Contact Lisa: 02 9550 2805; lisa@lisaroberts.com.au

<http://www.lisaroberts.com.au/content/workshops/workshops.php>

TASMANIA

Vocational Graduate Certificate in Movement Based Somatic Therapy

A new training presented by Pilates House trading as Tensegrity Training

See full information under Other Related Training or contact

Tracey Nicholson info@tensegritytraining.com.au

VICTORIA ONGOING CLASSES

Mondays:

Elizabeth Loughlin, Ongoing creative and expressive dance - 7.45 - 9 pm.

At Lieto Creative Dance Studio, North Fitzroy 3068. Ring Elizabeth, creative dance teacher / dmt on 94829312 or email: loughlin@clari.net.au See: www.lietocreativedance.com.au

Tuesdays:

YOGADANCE Tuesdays 7.15-8.45pm

An ongoing class. A combination of hatha yoga and creative movement.

For registration contact Tiana: 0415 644 060

(03) 9574 9016 www.monashstudio.com or info@monashstudio.com.au

Wednesdays:

RUMBA FLAMENCO / DANCE-EXPLORER in Macleod with Marina Bistrin - 7.0 pm to 8.0. \$20. Enquiries: Marina Bistrin 0438 580 889, 03 9444 8212; marinabistrin@optusnet.com.au, website www.dance-explorer.com

Fridays

SOUL MOVES - on-going classes 7-9pm

A combination of Movement Ritual and Halprin life/Art Process. Join us for movement explorations, drawing and dialogues. Tiana 0415 644 060, 9574 9016 www.monashstudio.com or info@monashstudio.com.au

Saturdays

Body Voice Centre

èMeeting the breathí: half-day workshops

Dates, Bookings and further details: email info@bodyvoice.com.au

Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 www.bodyvoice.com.au

Sundays

Soul dance - 3rd Sunday each month

Olinda Primary School, Charlemont Lane, Olinda. 10am - 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centering dance - great location, music and people.

Call Tony Norquay on 03 5678 5525 or 0418 134 709 or email: norquaytd@ihug.com.au

NEW SOUTH WALES ONGOING CLASSES

Mondays:

Movement and Drawing

6-8pm Mondays, ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney. See full information above under NSW. Contact: Lisa Roberts PhD (UNSW);

<http://lisaroberts.com.au/> lisa@lisaroberts.com.au 02 9550 2805

Mondays 2- 3.30pm, Rex Centre, Kings Cross

Creative Movement for Seniors (50+)

\$3 (subsidized by Sydney City Council)
Revitalizing, relaxing, guided self expression/movement exploration..
Connecting with stimulating music, ideas and people.
Contact Meredith Lucy 0400447951 or meredithlucy6@gmail.com

Thursdays

'Moonbeam Movement'- Mums and Bubs classes, 9.30am - 10.30am

At: Lifepod, 1A Victoria St, Paddington

Six-week courses of gentle, intuitive and fun dance/movement experiences for mothers and babies aged 5 months to walking. Explore the magical space that exists between you and your baby.

Contact Suzy Wolanski 0413444914; Email: suzy@moonbeammovement.com.au

Fridays

Authentic Movement 6.30 - 9pm in Rozelle

A setting for a movement practice where a supportive group of committed people practice inner focus and containment to deepen personal awareness. The practice can facilitate a therapeutic release through contacting unconscious material, support creativity by exposing new ideas and it can be a community building activity by connection to a wider, collective sense of self.

Beginners and experienced movers welcome.

Contact Meredith Lucy 040 044 7951 or meredithlucy6@gmail.com

Saturdays:

Integrated Dance - Classes for movers of all abilities and physicality's (16+)

Term 1: 2nd of Feb - 6th of April; Term 2: 27th of April - 29th of June

10:00 - 11:00 Integrated Contemporary; 11:00 - 12:00 Integrated Hip Hop

During each term we work towards a small in-studio showing, performance opportunities throughout the year and a major show at the end of each year.

Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on left.

For more information contact Kirsty Fromholtz - 0402 644 510

kirsty@sydneycreativemovement.com.au or visit www.sydneycreativemovement.com.au

Overseas Conferences and Training

INDIA

October 7 - 11, 2013

21ST Conference of Asian Federation on Intellectual Disability (AFID).

The theme of the 21st AFID Conference, to be held at the India Habitat Centre in New Delhi, India is "Towards Dignity & Quality of Life - Evolving Individual Capacity with Family & Community Participation". For information on submitting presentations and registration see: <http://www.afid2013.in/>

Sahayog Foundation certificate Movement Therapy and Counselling

A five month training with a theoretical framework of therapeutic dance and creative-healing movement activities. It also includes evolution, philosophy and objectives of movement therapy, innovative techniques in group/individual work, facilitation skills, case studies and movement evaluation. TRIPURA KASHYAP teaches the bodymind movement therapy component.:

At NarenJayen Studio, Bhoomika, 53 Bharati Artists Colony, Vikas Marg (near Nirman vihar metro station), New Delhi - 110092, India

Contact: RIYA MANDAL Email: riyam.7492@gmail.com / subsyalag@yahoo.com

Blogspot: www.tripurakashyap.blogspot.in / www.bhoomikadance.blogspot.in / www.asimwaqif.com

ITALY

'The Flowing Spine' Continuum Movement & Embodied BellydanceÆ - Weekend Retreat

Friday 10th to Sunday 12th May 2013

Amber Elizabeth Gray & Maria Sangiorgi

Continuum Movement and Embodied BellydanceÆ both embrace the undulating, spiralling, circling movements of the human body, life and the universe. Following these natural movements, allows them to amplify and radiate through the whole organism. Where Continuum asks you to listen to your inner wave and allow the movement to arise within you and follow wherever it leads, Embodied bellydanceÆ invites you to organise it. Embodied BellydanceÆ embraces what Continuum gives and beckons you to follow the rhythm, song, or beat of the drum and organize the spirals, circles and waves into patterns that tell the story of the music. By accessing the rich resources of movement offered by our spines explored in Continuum "dives", the ancient dance of the Serpent is expressed through serpentine movement. This provides the potential to inspire connective tissue, bones, muscles, organs, and fluidity of the spaces in-between with the resonance of water. This fluidity liberates us, on all levels.

The workshop is aimed at both those who have never experienced these forms of movement before, or those who would like to deepen their practice. Professionals welcomed!

Friday 10th, 4 pm to 8 pm, Saturday and Sunday 11th and 12th 9.30 am to 6.30 pm

Cost: Å290 whole weekend for workshop + 2 night's accommodation and all food (vegetarian) & beverages. Or Workshop only Å190 + Meals Å15 each

At La Ragola Country House and Yoga Centre, Ostra, Ancona, Italy

Contact: Maria Sangiorgi, +39 338 525 9255 (Italy), dancingisis@gmail.com, Skype: mariasangiorgi

For more information:

Amber: www.restorativeresources.net

Maria: www.embodiedbellydance.com & www.dancingisis.com

KOREA

Jun 28 - Jun 30, 2013

KDTA 2013 International DMT Conference

Seoul Olympic Parktel, Seoul, Korea Jun 28 - Jun 30

'HEALING, CONNECTION, HARMONY through Dance Therapy'

Dance/Movement therapists, arts therapists, psychotherapists, movement psychotherapist, psychiatrists, and allied professions can share knowledge and experiences under the themes of 'Healing: DMT for Medical treatment and Health care

Connection: DMT for Happiness within Family, Organization and Community

Harmony: DMT for Peace within Multi-cultural Families, School, Society

KDTA invites you to join them in Seoul!

See: www.kdmta.com; Email: dmtworld2013@gmail.com

Facebook: www.facebook.com/groups/kdmta

UNITED KINGDOM

June 24th, 25th, 26th 2013 in Bristol UK

Call for abstracts - Culture, Health and Wellbeing international Conference

Oral Presentation; Poster Presentation; Participatory Workshop and Performance /Film

Themes: Healthy and Creative Ageing; Global Health Inequalities and Culture; Culture and the Social Determinants of Wellbeing. Deadline for submissions - December 21st 2012. Then send to: Alexandra Coulter, Director : 01305 269081;

M: 07973345967, E: alex@ahsw.org.uk

W: <http://www.ahsw.org.uk>; www.culturehealthwellbeing.org.uk

Roehampton University, Surrey,

Dance Movement Therapy Programmes,

Graduate Certificate, Postgraduate Diploma/ MA, M. Phil, PhD. For initial information and application contact

enquiries@roehampton.ac.uk or write to Programmes Administrator, Arts Therapies Division, School of Psychology and

Therapeutic Studies, University of Surrey, Roehampton, Southlands College, London SW15 5SL or contact the

Programmes Administrator on: 020 8 392 3000. Email: ArtsTherapies.programmes@roehampton.ac.uk

MA Dance and Somatic Wellbeing:

Connections to the Living Body is a unique visionary and pioneering program offering a professional training in Dance and Somatic Movement Education. MA graduates are qualified to be Somatic Movement Educators. Contact: Amanda Williamson, Email: acwilliamson@uclan.ac.uk

School of Creative & Performing Arts, University of Central Lancashire. MA course Information:

www.ismeta.org/mads.html

UK Certification Programmes in Laban Movement Studies

DMPS (Dance Movement Psychotherapy Scotland), Edinburgh, Scotland, UK.

bring LMA/BF training from Laban Institute of Movement Studies (LIMS), NY, to the UK.

Programme Coordinator: Karen Studd CMA ISMETA, Principal Assistant: Susan

Scarth SrDMP CMA. The Edinburgh programme offers the potential for a strong and innovative

learning experience based in a World Heritage city. Further enquiries about dates and costs see; www.dmpscotland.com

/www.limsonline.org, email LMA@dmpscotland.com

MSc in Dance Movement Psychotherapy - School of Health Sciences, Queen Margaret University, Edinburgh, Scotland, UK

This unique programme is the only Master of Science to offer licence to practise in the discipline. Further information relating to this international programme can through:

Contact: Dr Vassiliki (Vicky) Karkou, Senior Lecturer, Programme Leader. Division of Nursing, Occupational Therapy and Arts Therapies, School of Health Sciences, 0044 131 474 0000 or:

http://www.qmu.ac.uk/otat/V_Karkou.htm

http://www.qmu.ac.uk/at/Dance_Movement_Psychotherapy.htm

<http://www.facebook.com/pages/MSc-Dance-Movement-Psychotherapy-at-Queen-Margaret-University-Scotland/168632633166168>

USA

October 2013

The 48th American Dance Therapy Association (ADTA) Annual Conference, 2013
Dance/Movement Therapy: Creating Community Connections: Brooklyn and Beyond
Call for Proposals - Via Online Submission only. Deadline - February 15, 2013, no later than midnight
Emailed or mailed paper proposals not accepted.
See: www.adta.org and conference

Kinections' Alternate route program - Accepting applications now for - Dance/Movement Therapy I. A hybrid course integrating video conferencing beginning in February 2013 and in-class work June 24 -28, 2013. Get a heads up for our summer schedule which we will post on our web site: www.kinections.com

Dance-Movement Therapy Association of Australia -- Tel. 03 9592 4017
info@dtaa.org.au -- **www.dtaa.org.au** --