



Current Moves, January 2013

Dance Movement Therapy Association of Australia (DTAA) Professional Development Events

February 8, 9 and 10, 2013.

Penelope Best back in Melbourne

At Abbotsford Convent, Melbourne, Dorm 1, Rosina building.

Therapist as audience, witness, and player;

How might the Fool, the Mover, and the Supervisor help the therapist to 'see' more clearly in the murky inter-subjective space?

There are many ways to look at the space/s in between practitioner and client; the body is always central and always tells stories. These workshops will explore the differing ways in which bodily stories and relationships are told, shown, and felt.

Since her last workshops in Melbourne in 2012 Penelope has been investigating different ways of looking at and playing with the inter-subjective space/s between people. As always the workshops make playful use of simple tasks and accessible frameworks to build more complex questions and understandings for practitioners working therapeutically with the body mind.

The bodily relationship between therapist and client might be viewed as a performance of identities, each acting out different aspects of lived experience, each playing differing roles, adapting to each other and to contexts. What might happen if The Fool appeared and 'showed it like it is'? Or the therapist became the Player, or the Supervisor entered and joined the show as a critical friend?

The workshops will build more on 'simple' relational building blocks, playing with different ideas and positions with the space in-between. The Archetypal Fool work supported by Laban's outlook - Authentic Movement stance of the Mover and Witness, and Supervisor as critical friend, will be looked at. And the three complete days, will also look at continued work on the issue of touch and ethical dimension, Supervisory attitude building, stance and self-reflexivity.

Penelope Best is a senior dance movement psychotherapist, clinical supervisor, international trainer and researcher, who, is keenly aware of different views about core elements of therapeutic practice and training. She is fascinated by the influence of cultural differences and has initiated and runs professional DMP trainings in Warsaw, Poland, Croatia and the Netherlands. She is an Honorary Fellow of ADMP UK, External Examiner for Derby University DMP Masters, Fellow of Higher Education Academy, consultant to the profession, and maintains both private therapy and supervisory practices. **See more details on web flyer at www.dtaa.org.au or more information, contact Mandy Agnew on rmagnew@bigpond.com Or phone 98138671 / 0437348808**

March Saturday 3, 2013

Embodying the Chakras through Traditional Egyptian dance: Tools for Dance Movement Therapy - with Maria Sangiorgi

The Chakras are practical tools for creating physical and emotional connections. Combined with the spiritual blue print of the chakras they provide a vehicle healing. Egyptian dance expresses through spirals, waves, circles and strong connections to the earth, the patterns of the Chakras. Physical, emotional and spiritual change has been witnessed as a result of combining Egyptian dance to the physical expression and grounding offered by the Chakras. I have also witnessed change when I have applied it to my own DMT framework when working with various populations over the years. The workshop is aimed to provide the Dance Movement Therapist with tools they can include in their practice.

Flyer posted soon on www.dtaa.org.au

Contact: admin@dtaa.org.au

Centre Post Framework Training with Amber Gray in 2013

Dates: June 29, 30, July 1 and 2. Ongoing dates will be posted as soon as possible.

Body as Voice: Restorative Movement Psychotherapy Trauma and Resiliency Training Series
Exposure to traumatic events literally and metaphorically “freezes” our bodies, minds and spirits in a “lock-down” of past memories. Current neuro-psychiatric research has shown that when someone is traumatized, a majority of traumatic memory is implicit—or sensory-motoric. Many of the researchers endorse the use of non-verbal therapies for survivors to fully integrate the past with the present and restore well-being and balance. The training series will prepare clinicians, dance movement therapists, art therapists, and somatic therapists to work with survivors of trauma (in particular, trauma secondary to war, torture, interpersonal abuse, complex trauma, human rights violations, intergenerational and historic trauma, complex humanitarian emergencies and natural disaster) using a variety of very practical, body and arts-based practices and methods.

Contact Mandy Agnew on rmagnew@bigpond.com Or phone 98138671 / 0437348808

September 2013

Sara Boas and Jos Butte – will be back in Australia with variations of their exciting Lifedance
Either the first or second weekend in September

DTAA Memberships:

Thank you to those who have already re-joined for the 2012/2013 membership year. If you haven't already done so, please send your subscription in now to get back onto our mailing list. We thank you for supporting the DTAA and its promotion of DMT in Australia. Without this support the Association could not function. **Contact:** admin@dtaa.org.au if you have any queries.

Dance Movement Therapy Training and Introductory Workshops

International Dance Therapy Institute of Australia < 2013-15 DIPLOMA IN DANCE-MOVEMENT THERAPY >

The Advanced Diploma programme is a three-year coursework, fieldwork and supervision programme comprising the IDTIA Certificate (a one-year course with 20 hours of fieldwork) and the IDTIA Diploma (a two-year course with a minimum requirement of 180 hours of fieldwork and 65 hours of supervision). A supervised practice prerequisite must be completed prior to entry. Four coursework modules (two in the first year and two in the second year) are integrated with study projects, dyads, and regular dance therapy supervised practice. Trainees graduate from the programme with an Advanced Diploma in DMT. The Advanced Diploma will equip graduates with sound generic DMT principles and skills for working with people in group settings, and generally as part of a therapeutic team. Additionally, the supervised practice component will provide a solid grounding in application of DMT to a chosen population. Working at depth with any population needs advanced skill which will require further practice to develop, and will also depend on the extent of any other training and knowledge already acquired.

Certificate in Dance-Movement Therapy – commencing February 2013, Melbourne, VIC

One year, part-time; Six modules, each consisting of a W/E intensive workshop and tutorials

Training is supported by theoretical teaching and practicum. Provision for interstate trainees.

Contact: Tamsin Sawford, tsawford@hotmail.com

**New Vocational Graduate Certificate in Movement Based Somatic Therapy
Presented by Pilates House trading as Tensegrity Training Contact: Tracey Nicholson
See full information under Tasmania or contact info@tensegritytraining.com.au**

Conferences, Information, Notices and Special Events – Australia

PACFA Mental Health Training Update

PACFA, in conjunction with the University of Canberra, continues to run on-line Mental Health Training Courses. Dates for the first half of 2013: 21 January - 3 February; 25 February - 10 March; 15 April - 28 April; 20 May - 2 June; 24 June - 6 July. The course of four modules takes a minimum of eight hours to complete. A certificate is issued on completion. The course contributes eight hours of Professional Development. Enrolments open to all practitioners, not just PACFA Registrants. Cost \$220 to members of PACFA Member Associations, or \$330 non-members. **Registration Form from www.pacfa.org.au – return to PACFA with payment. Enquiries: Kim Smythe, (03) 9486 3077 or admin@pacfa.org.au.**

Please assist by completing this survey:

Dance Movement Psychotherapists/therapist experience of vicarious trauma

It is a part of a dissertation for an MA in DMP for Mira Schauble who is from Australia and completing her studies in dmp at Roehampton University in the UK.

There are 31 questions that take between 5 to 10 minutes to complete. Mira says

“Thank you to all who can help! “ **Go to: <https://www.surveymonkey.com/s/JXBF3MB>**

for the survey and feel free to pass this on to any DMP/T colleagues whom you think might be able to

assist.

Referral for dmt groups for young woman recovering from anorexia

Does anyone know private or community dance therapy groups in Melbourne suitable for a young woman who is recovering from anorexia nervosa?

Contact: kimfdunphy@gmail.com

Looking for Creative Dance classes/workshops/gatherings in West Gippsland (e.g. Warragul, Drouin or Pakenham) areas. Or also Cheltenham or SE suburbs in Melbourne.

Contact: Renee from Longwarry (near Drouin) email: mebelle@gmail.com

Request for dance sessions for 7 year old child with ADHD who lives in the Casey area.

and attends a local special needs school. He loves dancing to music. His mother would like to offer the opportunity for him to take part in an after school activity, to build his self-esteem and self-awareness. **Contact:** Alison Foley,

Family Services, Southern Connections

T 03 8792 8999; alison.foley@connections.org.au

Wanted in Melbourne's South Eastern suburbs

Group dance classes for pre-school children with special needs for a 3½ year old girl with autism (non-verbal) and developmental delay. She LOVES dancing; watches the Wiggles DVD's & copies their dance moves.

Contact Kathryn from Glen Waverley. Email: chillin1@tpg.com.au

Dance Research - Journal-Call for Papers

'BODY PARTS: Heads, Hips, Fingers, Feet, Chest, Belly, Butt.

Special issue to attend to the way particular body parts are central to the aesthetic configuration of certain dance styles and how those isolated movements carry cultural, historical and political significance. In this issue, we seek to explore how the fragmentation of the body can both be limiting or reductive for the dancing body, as well as liberating and transformative; and we reflect on how these compartmentalized motilities might work in compliance with or in contradiction to the whole. Submissions by June 30, 2013. Approx. 6,000 words

Inquiries: Sherril Dodds, Prof./Chair Dep.Dance, Temple University Philadelphia

Email: sherril.dodds@temple.edu

The Academic Journal of Creative Arts Therapies (AJCAT) is accepting submissions for the next issue for 2013. This journal of the University of Haifa is a peer-reviewed academic journal and this issue will be exclusively devoted to Creative Arts Therapies. It aims to publish original articles in several languages. Researchers, and practitioners are invited to submit articles, book reviews, news of forthcoming conferences and events; or briefs reports on new theses and dissertations;

Contact: Rose G: <rs-gu@hotmail.com visit:

http://ajcat.haifa.ac.il/index.php?option=com_content&view=article&id=1&Itemid=2&lang=en

Body Movement and Dance in Psychotherapy

*For those interested in receiving this excellent Journal (now 4 copies per year) at an incredibly low cost, see details of the special offer for DTAA members in Moving On.

Call for contributions

Special Issue of Journal for Dance & Somatic Practices on Transcultural Perspectives on Somatic Practices and Research. From ICTM Ethnochoreology Study Group [ETNOKOR@SI-LISTSERV.SI.EDU] **On Behalf Of**

A.Grau@ROEHAMPTON.AC.UKA.A.Grau@ROEHAMPTON.AC.UK] **More information at**

<http://jdsp.coventry.ac.uk>.

PACFA applications for Research Seed Grants

PACFA supports the development of research into counselling and psychotherapy by offering research Seed Grants of \$4,000. They will be awarded for research projects compatible with PACFA's research - 2012/13 research priorities, and relevant to PACFA's mission.

Contact Maria Brett, Executive Officer, maria.brett@pacfa.org.au

Ph: 03 9486 3077; 290 Park St, North Fitzroy, VIC, 3068, See: www.pacfa.org.au

Society For Psychotherapy Research - A Dialogue between Psychotherapy Researchers.

Are interested in the full spectrum of psychotherapy and counselling interventions for individuals, families, couples or groups, including self-help, online and telephone interventions as well more traditional face-to-face services. - Both quantitative and qualitative research into therapy process is outcome. **Contact: Danielle Anderson, Australian**

Association Family Therapy.

admin@aaft.asn.au; www.aaft.asn.au; PH: 03 9429 9938

Climate Change made visible

Oceanic Sydney was well received at Customs House - a part of the Art & About Sydney program. Presentations in Hobart and Newcastle are planned for 2013. To assist with this we seek feedback on the Sydney event - please see a

video record then complete a BRIEF survey on:

<http://www.livingdata.net.au/content/presentations/2012Art&AboutSydney>

Video.php **Contact: Lisa Roberts: lisaroberts49@gmail.com**

Victoria

Sunday Jan 13 1-4pm \$25 - Dance Mandala Workshop

A creative dance workshop to weave your attitudes and beliefs about yourself and the world you inhabit into a mandala for prayer and reflection for the new year. Leinster Grove Community Centre THORNBURY. Mandala is Sanskrit for Circle. It has spiritual and ritual significance and plays a key role in establishing a sacred space for meditation and trance. This workshop is open to all. It is non-religious. It will be physical but you can pace yourself and adapt the exercises

For info and bookings please contact Kat Worth - 0412 992 513/dancingkat@iprimus.com.au

Sat 19th to Wed 23rd January 2013 Melbourne

Embodied Bellydance® Australia Intensives - 10am to 5 pm daily. Cost: 5days - \$600 or \$500. Sat & Sun only - \$250 or \$220. Northcote Uniting Church Hall, 251 High St Northcote

Booking & Enquiries: Jude Kavermann: judekave@yahoo.co.nz & +613 9314 4355

Maria Sangiorgi: info@embodiedbellydance.com

More information: <http://www.embodiedbellydance.com/workshops/australia/>

See also Perth Sat 16 to Wed 20 February

Embodied Bellydance® Australia Intensives 2013

May 2013

Dance Hub - Attention dancers in the Outer East (Melbourne)

Workshops: Tuesday 30 April & Tuesday 7, 14, and 21 May 7-9pm

Informal performance: Saturday 25 May 8pm

An exciting FREE dance program for local dancers, dance teachers, physical performers, tertiary dance students and choreographers. Work with leading dance artist Jodie Farrugia and guest Melbourne choreographer Jo Lloyd to explore dance and choreographic practice.

Four workshops will push participants to explore new contemporary dance vocabulary and choreographic material to perform on stage at Knox Community Arts Centre.

Contact: Samara Cunningham, Knox Art Centre Marketing Officer 9729 7287

Somatics, Performance and the Creative Process: Education of the body mind with GH Soto

1 & 2 Year Certificate Training 2013 & 2014. An experiential education that uses movement, performance and creativity to gain knowledge and awareness. The training is underpinned by the Life/Art process, developed at the Tamalpa Institute and San Francisco Dancers Workshop. Students will gain skills professional and personal skills. GH Soto is an internationally renowned teacher, performer and workshop leader; member of the original Tamalpa Institute faculty, who has taught in Australia over the past 12 years. This two year training program is for those with a background in: dance therapy, performance arts, movement based practices, dance, body therapies, psychotherapy, teaching and healing. This two-year certificate program (minimum enrolment one year), is made up of:

20 contact days per year and study groups that meet regularly in-between workshops.

DATES: February 1st to 5th & 8th to 12th, 2013 and September 26th to 30th & October 3rd to 7th, 2013. VENUE: Abbotsford Convent, 1 St Heliers St, Abbotsford 3067

Contact: Viv Neale: 0449 164 040, vivneale@optusnet.com.au; Ranjit Bhagwandas: 0413 261 981 or ranjitbhagwandas@gmail.com; or Tiana Lentini: 0421 045 438 or tianamoves@optusnet.com.au

Dance and Movement Workshops with Suzanne Hurley

Suzanne is an experienced dancer and counsellor, interested in aspects of improvisational movement practice that apply across both disciplines.

PREGNANT BODY STORIES - is for women that are or have been pregnant.

PREGNANT PAUSE - is for women waiting to be pregnant.

MOVING STORIES - is an exploration of improvised dance & movement that focuses on being present to who you are ... inviting yourself as well as others into your story from today, before today, and in front of tomorrow. Questions about self to communicate, who am I in this body before you? Which parts of myself do I avoid when I move, what happens when I invite what I avoid to be present and what is present when I am moving that is otherwise hidden?

Enquiries for future dates 0402 407 925; suzanne@suzannehurley.com.au; www.suzannehurley.com.au

Spiral Dance

Improvisation and Expressive Dance to guide you deep into yourself and connect back out to others in the world around you. Workshops are playful, imaginative and informative.

Kat Worth has been leading dance and movement workshops with community and professionals since 1992. She moves between the worlds of making live performance, film and improvisation and guiding herself and others to dance their own dance wildly at their hearts content. She

works in hospitals, schools, aged care, rehabilitation, detention, beaches and laneways. Her work is ceremonial, transformational and artistic. **Contact Kat for details of the next workshops planned. Call:0412 992 513; email dancingkat@iprimus.com.au**

Diploma in Teaching Creative Dance at Mangala Studios Carlton

Ideal for teachers, therapists and dancers, it combines dance, art, music and pedagogy as an integrative system for personal development and education. The course runs part time for 18 months.

For further information contact Mangala Studios. PH: 96635603

e-mail: info@mangalastudios.com.au; www.mangalastudios.com.au

Dance with your Baby.

Two sites in Melbourne offer the joys and delights of Mother- Baby Dance a relaxing and nurturing time for mothers, and for musical and movement experiences for babies to share with their mothers.

Fridays: 11.30am at Ashburton Baptist Church Hall St Ashburton 3147 with Elizabeth Mackenzie, creative dance teacher and dance therapist. A community project in partnership with Ashburton Baptist Church. **Contact Elizabeth Mackenzie 03-9836 7386 for bookings. www.movingtogetherdance.com.au**

Wednesdays: 12.15 pm at Lieto Creative Dance Studio, North Fitzroy, www.lietocreativedance.com.au with Elizabeth Loughlin, creative dance teacher & clinical mother-infant dance therapist. **Contact Elizabeth 03-94829312 or email loughlin@clari.net.au.**

These sessions also offer opportunity for those interested in developing dance with mother and baby to assist in the sessions, and learn about dance arts and therapeutic methods with this population.

Wise Women Moves

This program provides a unique opportunity to enjoy movement and dance to music from around the world, in a safe and nurturing space. New ways to create greater self-awareness and achieve inner peace, while having fun along the way are explored. Sessions include Dance-Movement Therapy, Art and group discussions. At: Monash Studio, 1 Forest Court, Glen Waverley; **Contact Mandy Agnew, 0437348808 for dates of future programs**

Bollywood Fusion Dance @ Box Hill

Thursday evenings, 7pm- 8.30pm, St Peter's Hall, 1038 Whitehorse Road, Box Hill 3128 - brings together Eastern and Western ways of moving to bridge the gap between mind, body, heart and spirit. Bollywood dance is a multilayered, multi-modal experience where music, dance, story- telling, drama and performance come together to create a magical world where anything is possible!

Bollywood Dance @ MC²: Manningham Art Studio, 687 Doncaster Road, Doncaster 3108

Bollywood Blast, Open class; Mondays, 7pm- 8.30pm, 4th February- 29th April 2013.

Bollywood dance, as evolved out of the Indian film industry that brings together classical Indian traditional folk and Western dance styles like jazz, hip hop, contemporary, afro jazz and funk dance.

The Youth Brigade - 7-17yrs; Mondays, 6-7pm; 4th February- 29th April 2013

Morning Masala Madness, Open class; Fridays, 11.30am- 1.00pm, 8th February- 26th April 2013.

Contact: Anjali info@embracingspirit.net, 0401 334 738, or www.embracingspirit.net/bollywood-fusion

MANGALA STUDIOS

Teaching Creative Dance and Yoga to Children and adults.

The experience of creative dance and yoga has deeply influenced Mangala Studios.

The programs provide a unique chance for all children to have fun with creative aspects of dance, design and yoga in a stimulating environment. Music and Dance! Art and Dance! Solo and Ensemble Creative Dance! Poetry and Dance. All aspects of the Creative Dance can be experienced And Yoga for body, mind and spirit. **Contact: Mangala Studios, 73 Grattan St. Carlton, 3053.**

Ph: 03 96635603; e-mail: info@mangalastudios.com.au; www.mangalastudios.com.au

Dance improvisation including cross-cultural fan dance and other traditional dance styles.

Enquiries: Marina Bistrin 0438 580 889.

marinabistrin@optusnet.com.auwww.dance-explorer.com

Creative movement for children with special needs and "Women Who Flow With The Sea" groups to celebrate the feminine spirit. Sally Low, Physiotherapist, Feldenkrais Practitioner, Creative Movement and Dance Teacher has a private practice in Newport. Her work with children is developmentally structured **Tel: 0405170090 or e-mail sallylowrehab@hotmail.com**

In-depth movement psychotherapy, Authentic Movement for individuals, couples and groups, and

Supervision: Linda Murrow, M.A. ADTR Prof. member: DTAA, Vic. Ass. Family Therapists, Aust. Assoc. of Relationship Counsellors, PACFA Reg, is an experienced DMT and expressive arts and couple therapist. She works with individuals, couples and groups at Relationships Australia and in private practice. Linda also teaches at the Phoenix Institute of Victoria. **Contact: lindamurrow@aapt.net.au or mobile: 0421 999 839**

Private DMT and Feldenkrais sessions in Malvern, and on-site supervision for DMT graduating students from Bella Grossberg. Bella, DMT, Prof. member DTAA, Feldenkrais practitioner and counselor, is a graduate of Dr. Marcia Leventhal's first training program in Melbourne. She believes in the inherent healing power of dance and its power to change past limiting patterns with new empowering ways to move, think, and feel. **Call Bella on 9576 2644 or email: pgberg@bigpond.com**

Body Voice Centre news and events:

Weekly breath groups: Mondays 1.30 to 3.00pm (open to all);
Wednesdays 9.30am to 10.45am and 11.15am to 12.30pm;
Fridays 9.30am to 11am. These sessions are open by application to people who are already familiar with the work or who have attended the introductory Saturday half-days. Monday is also open by application to people new to the work. Individual hands-on breath sessions available with Middendorf breathwork practitioner John Howard. These 'breath dialogue' sessions are a way of connecting more closely with oneself through heightened awareness of body and breath. Single sessions \$70/50; set of five \$300/\$200. **Contact: jdhoward@alphalink.com.au. Body Voice Centre 50 Wolverhampton St, Footscray, Vic 3011; www.bodyvoice.com.au**

MONASH STUDIO~ for movement-based expressive arts

MIF: Moving Into Facilitation.

For more information and dates of next events, contact Tiana: 0421 045 438 www.monashstudio.com.au or tianamoves@optusnet.com.au

YOGADANCE Tuesdays 7.15-8.45pm - A combination of hatha yoga and creative movement.

SOUL MOVES Wednesdays, 6.30-8.30pm. Provides opportunities to experience oneself in new ways through movement exploration, self-awareness and relaxation. The sessions offer time to feel and to listen deeply to the powerful intelligence of the body and to create personal and collective dances that have meaning. Tiana Lentini and Mandy Agnew have joined to create unique 8 week courses - the dynamic Tamalpa Life/Art work through Tiana and the unique blend of movement therapy inspired by Mandy. Cost: \$320. Monash Studio, 1 Forest court, Glen Waverley. 3150 Contact Mandy 0437348808 or **Tiana 0421 045 438, (03) 9574 9016 www.monashstudio.com.au or info@monashstudio.com.au**

For Volunteer Opportunities working with Tiana Lentini:

Phone: Tiana on 0421 045 438 www.monashstudio.com or info@monashstudio.com.au

Ideokinesis and Movement with Shona Innes.

Ideokinesis is the practice of imagining a moving image within your body. This encourages mechanical balance, integrates imagination and sensory experience and offers a platform for creative action. For information on forthcoming workshops:

Contact Shona - 0421 285 338 <mailto:atinnes@alphalink.com.au> or go to <http://alexanderthinkingbody.alphalink.com.au>

Lieto Creative Dance Studio: Elizabeth Loughlin

Classes and short courses at Lieto Studio, North Fitzroy, VIC. Ring Elizabeth, creative dance teacher and DMT, on 94829312, or email loughlin@clari.net.au for further information. www.lietocreativedance.com.au
See also under Classes, Mondays in Victoria

Soul Dance

3rd Sunday each month - at Olinda Primary School, Charlemont Lane, Olinda.

10am - 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centring dance - great location, music and people.

Tony Norquay, 03 5678 5525 or 0418 134 709 or norquaytd@ihug.com.au

NEW SOUTH WALES

Commencing 19th Jan, 2013 at Drummoyne - "Gifts of Emotions"

10 workshops using creative arts, movement and games to discover the gifts of emotions. Create new ways of emotional responses to promote self-growth. Cost: \$220 for 10 sessions or \$35 per week. **Contact Cecilia Tsz Kai, Lau at 0430 376 838 or ctklau@gmail.com. www.movingconnect.com.au**

5rhythms Dance and Dance Therapy with Michelle Mahrer

Wednesday nights UNSW Dance Studio gate 2 High St Kensington 7.30 - 9.30pm

Follow your own authentic way of moving with 5 rhythms dance, a movement meditation based on 5 basic rhythms - flowing staccato, chaos, lyrical and stillness which form a wave.

Radiance Dance - fortnightly on Sunday mornings 10-30 - 12:30pm

An invitation to awaken energy, healing and transformation through 5 rhythms dance

Sanctuary - A journey into the dance of the soul with 5rhythms dance, authentic movement and drawing. Monthly Sat. afternoons .

More info: www.michellemahrerdance.com Email: mmahrer@bigpond.net.au

All About You - Flexibility & Support

Workshops with Michael Muir - The Awareness Institute, Suite 1, 20 Clarke St, CROWS NEST NSW 2065. Michael works with connective tissue and gentle somatic exercises and free form dance to support our bodies re-establishing structural alignment and bring us back into balance - physiologically and emotionally. **Contact: Michael Muir for group dates, more information or to secure a place. Mobile: 0414 888 248 or Email: michael@soupa.net**

http://www.goodtherapy.com.au/michael_muir

Way of the Feminine Workshops with Satyo Cate Sullivan (BCA, MA (Cat) PACFA Reg.)

Utilising naturally expressive movement, creative arts therapies (eg. drawing, clay, writing); body sense; relaxation and awareness skills. At Home in the Feminine: Exploring and connecting more fully to the richness and depth of your own unique feminine nature: **For future workshop dates or individual counselling and therapy sessions contact Satyo on 02 4885 1727 or 0412 122010**

Re-Form - 8 week programs -

A Dance Movement Therapy (DMT) based program, aiming to provide healing and freedom for your body, heart, mind and spirit. The Basement, Pittwater Uniting Church, 10 Jubilee Ave, Warrenwood. Cost: \$176 for 8 sessions or \$25 per week. Sat 19th to Wed 23rd January 2013 Melbourne

Embodied Bellydance® Australia Intensives - 10am to 5 pm daily. Cost: 5days - \$600 or \$500. Sat & Sun only - \$250 or \$220. Northcote Uniting Church Hall, 251 High St Northcote

Booking & Enquiries: Jude Kavermann: judekave@yahoo.co.nz & +613 9314 4355

Maria Sangiorgi: info@embodiedbellydance.com

More information: <http://www.embodiedbellydance.com/workshops/australia/>

See also Perth Sat 16 to Wed 20 February

Embodied Bellydance® Australia Intensives 2013

Contact Esther Durham, (Grad Dip DMT, Ass Deg. Dance) Contact: ph: 0407 769 943:

estherdurham@hotmail.com; www.awholelotofdance.com.au

Creative Kids Dance

Ages 5-9. Thursdays (during school terms) 4:30-5:30pm, Kids Room, 10 Jubilee Ave, Warriewood.

See www.awholelotofdance.com.au for more information or contact Esther to register your interest on 0407 769 943 or estherdurham@hotmail.com

DRAWING MOVEMENT with Lisa Roberts

ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney.

Modelled on traditional Life Drawing, but instead of drawing a hired model, turns are taken to move and be drawn, using simple 'scores' that are designed to expand the dynamic range of expression. Cost \$10, bring your own drawing materials. See: www.lisaroberts.com.au; www.antarcticanimation.com; www.livingdata.net.au

For more information; Contact Lisa: 02 9550 2805; lisa@lisaroberts.com.au

<http://www.lisaroberts.com.au/content/workshops/workshops.php>

Tasmania

Vocational Graduate Certificate in Movement Based Somatic Therapy

Presented by Pilates House trading as Tensegrity Training

Course delivered over 1 year through attendance at 5 weekend modules, virtual online classes, self-learning and supervised clinical practice. Each module can be enrolled in and in any order once Module 1 has been completed. The Vocational Graduate Certificate is at AQF level 8, a higher level qualification than a Certificate IV, Diploma or Advanced Diploma and aims to prepare experienced practitioners to be effective Movement Based Somatic Therapy professionals. The course includes theoretical study of developmental movement patterns, self-psychology, movement analysis, somatic education and their influence on the potential negative behaviours that may prevent a client's recovery. The course covers the theory of common pathologies, chronic conditions and injuries encountered in Allied Health.

Graduates apply treatment techniques based on the principles of Somatic Exercise, Laban Movement Analysis, Barteneiff Fundamentals, Psychology of Touch, Psychotherapy and Client-Centred Counselling. The course will cover skills required to use a combination of hands-on, verbal and movement exercise techniques to deliver highly effective treatment to a broad range of clients. **Bookings & more information: Tracey Nicholson**

info@tensegritytraining.com.au

West Australia

Sat 16 to Wed 20 February 2013 Perth

Embodied Bellydance® Australia Intensives. Booking & Enquiries For Workshop & Module Content

contact: **Cindy Hyde:** cindyh@gipps.net.au or **Maria Sangiorgi:** info@embodiedbellydance.com

More information: <http://www.embodiedbellydance.com/workshops/australia/>

ACT

Laban and the Voice (Wildvoices music theatre)

Classical Ballet Centre, Templeton St, Cook

Introductory: Sat 26 January - 1 till 6pm AND Sun 27 January - 1 till 5pm \$250

Exploratory; Sun 3 February - 1 till 6pm \$130 (must have completed the Introductory sessions, or previous Laban and Voice workshop series, in March 2012).

Intensive workshops connecting Rudolf Laban's effort actions to the voice in speech and song. Presented by director, voice coach & repetiteur Dianna Nixon; with Sandra Lauffenburger - Certified Laban Movement Analyst. Laban's work is central to many training institutions around the world, and has been influential in dance, theatre, community arts practice and has found application in fields as diverse as manufacturing and psychology. This workshop series is suitable for professionals and artists in training who wish to be introduced to Laban and to explore Laban's work in the context

of multi-skilled performance. **Workshop bookings and enquiries: wildvoices@bigpond.com Further info: 0417 548851**

Classes Victoria

Mondays:

Elizabeth Loughlin, Ongoing creative and expressive dance - 7.45 - 9 pm.

At Lieto Creative Dance Studio, North Fitzroy 3068. **Ring Elizabeth, creative dance teacher / dmt on 94829312 or email: loughlin@clari.net.au See: www.lietocreativedance.com.au**

Tuesdays:

YOGADANCE Tuesdays 7.15-8.45pm

An ongoing class. A combination of hatha yoga and creative movement.

For registration **contact Tiana: 0415 644 060**

(03) 9574 9016 www.monashstudio.com or info@monashstudio.com.au

Wednesdays:

RUMBA FLAMENCO CLASS in Macleod

Wednesday nights with Marina Bistrin - 7.30 pm to 8.30. \$20. **Enquiries: Marina Bistrin 0438 580 889, marinabistrin@optusnet.com.au, website www.dance-explorer.com**

Fridays

SOUL MOVES - on-going classes 7-9pm

A combination of Movement Ritual and Halprin life/Art Process. Join us for movement explorations, drawing and dialogues. **Tiana 0415 644 060, 9574 9016 www.monashstudio.com or info@monashstudio.com.au**

Saturdays

Body Voice Centre

'Meeting the breath': half-day workshops

Dates, Bookings and further details: **email info@bodyvoice.com.au**

Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 www.bodyvoice.com.au

Sundays

Soul dance - 3rd Sunday each month

Olinda Primary School, Charlemont Lane, Olinda. 10am - 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centering dance - great location, music and people.

Call Tony Norquay on 03 5678 5525 or 0418 134 709 or email: norquaytd@ihug.com.au

New South Wales - Ongoing Classes

Mondays:

Movement and Drawing

6-8pm Mondays, ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney. See full information above under NSW. Contact: Lisa Roberts PhD (UNSW); <http://lisaroberts.com.au/>

lisa@lisaroberts.com.au 02 9550 2805

Dance is MY Therapy - dance classes with a difference - 8:00-9:00pm Sydney.

The classes explore the therapeutic benefits of dance, with a focus on creativity, expression and general health and wellbeing proving that everybody can dance!! Expect the unexpected and enjoy the benefits of dance for mind, body and spirit.

Dance Alive Studios, 107 Regent St, Chippendale (near the corner of Meagher St)

Contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com.auwww.kirstydance.com.au

Mondays 2- 3.30pm, Rex Centre, Kings Cross

Creative Movement for Seniors (50+)

\$3 (subsidized by Sydney City Council)

Revitalizing, relaxing, guided self expression/movement exploration..

Connecting with stimulating music, ideas and people.

Contact Meredith Lucy 0400447951 or Email; meredithlucy6@gmail.com

Thursdays

'Moonbeam Movement'- Mums and Bubs classes, 9.30am - 10.30am

At: Lifepod, 1A Victoria St, Paddington

Six-week courses of gentle, intuitive and fun dance/movement experiences for mothers and babies aged 5 months to walking. Explore the magical space that exists between you and your baby. **Contact: Suzy Wolanski Ph:**

0413444914; Email: suzy@moonbeammovement.com.au

Fridays

Authentic Movement 6.30 - 9pm in Rozelle

A setting for a movement practice where a supportive group of committed people practice inner focus and containment to deepen personal awareness. The practice can facilitate a therapeutic release through contacting unconscious material, support creativity by exposing new ideas and it can be a community building activity by connection to a wider, collective sense of self.

Beginners and experienced movers welcome.

Contact Meredith Lucy 040 044 7951 or meredithlucy6@gmail.com

Saturdays:

Accessible Dance - 10:00 -11:00am

A dance class for dancers with a disability over the age of 16, with emphasis on ability, creative expression and having fun dancing and moving. Carers welcome to join in.

Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on left.

For more information **contact: Kirsty Fromholtz - 0402 644 510**

kirsty@kirstydance.com.au www.kirstydance.com.au

Overseas Conferences and Training

India

October 7 - 11, 2013

21ST Conference of Asian Federation on Intellectual Disability (AFID).

The theme of the 21st AFID Conference, to be held at the India Habitat Centre in New Delhi, India is "Towards Dignity & Quality of Life - Evolving Individual Capacity with Family & Community Participation". For information on submitting presentations and registration see: <http://www.afid2013.in/>

Sahayog Foundation certificate Movement Therapy and Counselling

A five month training with a theoretical framework of therapeutic dance and creative-healing movement activities. It also includes evolution, philosophy and objectives of movement therapy, innovative techniques in group/individual work, facilitation skills, case studies and movement evaluation. TRIPURA KASHYAP teaches the bodymind movement therapy component.:

At NarenJayen Studio, Bhoomika, 53 Bharati Artists Colony, Vikas Marg (near Nirman vihar metro station), New Delhi - 110092, India

Contact: RIYA MANDAL Email: riyam.7492@gmail.com/ subsyalag@yahoo.com

Blogspot: www.tripurakashyap.blogspot.in / www.bhoomikadance.blogspot.in / www.asimwaqif.com

Korea

Jun 28 - Jun 30, 2013

KDTA 2013 International DMT Conference

Seoul Olympic Parktel, Seoul, Korea Jun 28 - Jun 30

"HEALING, CONNECTION, HARMONY through Dance Therapy"

Dance/Movement therapists, arts therapists, psychotherapists, movement psychotherapist, psychiatrists, and allied professions can share knowledge and experiences under the themes of •

Healing: DMT for Medical treatment and Health care

Connection: DMT for Happiness within Family, Organization and Community

Harmony: DMT for Peace within Multi-cultural Families, School, Society

KDTA invites you to join them in Seoul!

See: www.kdmta.com; Email: dmtworld2013@gmail.com

Facebook: www.facebook.com/groups/kdmta

UK

June 24th, 25th, 26th 2013 in Bristol UK

Call for abstracts - Culture, Health and Wellbeing international Conference

Oral Presentation; Poster Presentation; Participatory Workshop and Performance /Film

Themes: Healthy and Creative Ageing; Global Health Inequalities and Culture; Culture and the Social Determinants of Wellbeing. Deadline for submissions - December 21st 2012. Then send to: Alexandra Coulter, Director : 01305 269081; M: 07973345967, E: alex@ahsw.org.uk

W: <http://www.ahsw.org.uk>; www.culturehealthwellbeing.org.uk

Roehampton University, Surrey, Dance Movement Therapy Programmes,

Graduate Certificate, Postgraduate Diploma/ MA, M. Phil, PhD. For initial information and application contact enquiries@roehampton.ac.uk or write to Programmes Administrator, Arts Therapies Division, School of Psychology and Therapeutic Studies, University of Surrey, Roehampton, Southlands College, London SW15 5SL or **contact the Programmes Administrator on: 020 8 392 3000. Email: ArtsTherapies.programmes@roehampton.ac.uk**

MA Dance and Somatic Wellbeing:

Connections to the Living Body is a unique visionary and pioneering program offering a professional training in Dance and Somatic Movement Education. MA graduates are qualified to be Somatic Movement Educators. **Contact: Amanda Williamson, Email: acwilliamson@uclan.ac.uk**
School of Creative & Performing Arts, University of Central Lancashire. **MA course Information:**
www.ismeta.org/mads.html

UK Certification Programmes in Laban Movement Studies

DMPS (Dance Movement Psychotherapy Scotland), Edinburgh, Scotland, UK.
bring LMA/BF training from Laban Institute of Movement Studies (LIMS), NY, to the UK.
Programme Coordinator: Karen Studd CMA ISMETA, Principal Assistant: Susan Scarth SrDMP CMA. The Edinburgh programme offers the potential for a strong and innovative learning experience based in a World Heritage city. Further enquiries about dates and costs **see:**
www.dmpscotland.com /www.limsonline.org, email LMA@dmpscotland.com

M.Sc. Dance Movement Psychotherapy at Queen Margaret University, Edinburgh, Scotland, UK

Accredited by ADMP UK. The M.Sc. combines academic activity with clinical placement experience and the development of dance/movement skills. It can be studied full-time over 2 years or part-time over 3 years. **See:**
www.qmu.ac.uk/at/Introduction_to_Dance_Movement_Psychotherapy.htm Or contact: Dr Vicky Karkou, VKarkou@qmu.ac.uk or HSAdmin@qmu.ac.uk

USA

October 24-27, 2013

The 48th American Dance Therapy Association (ADTA) Annual Conference.

Dance/Movement Therapy: Creating Community Connections: Brooklyn and Beyond
Call for Proposals - Via Online Submission only. Deadline - February 15, 2013, no later than midnight
Emailed or mailed paper proposals not accepted.
See: www.adta.org and conference

Kinectons' Alternate route program - Accepting applications now for - Dance/Movement Therapy I. A hybrid course integrating video conferencing beginning in February 2013 and in-class work June 24 -28, 2013. Get a heads up for our summer schedule which we will post on our **web site: www.kinectons.com**