

Current Moves – January 2012

Dance Movement Therapy Association of Australia (DTAA) Professional Development Events

Balancing differentiation and linkage: A well-being frame for clients and therapists. Three separate - but linked workshops

Friday 3, Saturday 4 and Sunday 5 February, 2012

At Abbotsford Convent, Melbourne

Dorm 1, Rosina Building, First Floor, 1 St Helier Street, Abbotsford

Melway reference 44 G5. Parking \$4. See www.abbotsfordconvent.com.au

These workshops provide a great opportunity to work with international presenter Penelope Best.

Penelope, senior dance movement psychotherapist, clinical supervisor, international trainer and researcher has a continued curiosity about the importance of the body within relationship. She was President of the European Network for Dance Therapy (2007-2010) and is keenly aware of different views about core elements of therapeutic practice and training and fascinated by the influence of cultural differences. She has initiated and runs professional DMP trainings in Warsaw, Poland, Croatia and the Netherlands; is an Honorary Fellow of ADMP UK, External Examiner for Derby University DMP Masters, Fellow of Higher Education Academy, consultant to the profession, and maintains both private therapy and supervisory practices while publishing regularly. She enjoys facilitating opportunities for learning, using mixed creative materials and critical reflexivity. She is well known to us in Australia (as Penny) from several visits between 2000 and 2006.

Workshop opportunities are:

Friday 3 February – Registration 12 noon for 12.30 – 7.30 pm workshop -

The thinking skin: The porous nature of ethics in dance therapy

This workshop explores the relationship to our skin, sense of self- touch, other- touch and ways in which these are shaped by familial, cultural and inter cultural exchanges. Touch is at the interface of feeling as physical sensation and feeling as affect. It is through our skin that we have sensation and also emotion about memories of touch within our family and our culture.

Saturday 4 Feb: registration 9.30am for workshop 10 am – 5.00 pm

Building materials of relationship: Swim alongside, interrupt, flirt,

A workshop that explores the diversity of ways of 'being with' within DMT practice. It will consider emerging questions such as: What is it that lets a therapist know that a connection has been made? Is it possible 'simply' to be with? What intermodal elements are we using to promote empathy? Why might you interrupt processes, stop movement or shift art modality? When might different modalities be more useful developmentally than others? Is blocking someone's progress forward an invitation to move sideways, an issue of counter transference, a flirtation with something new? How might we flirt with creative ideas while maintaining both sensitive containment and observation?

Sunday February 5 - registration 9.30am for workshop 10 am – 5.00 pm

Bodies in therapeutic and supervisory spaces: Subtle seduction

This workshop explores the powerful pulls and pushes within intersubjective material and considers.

emerging questions for both therapy and supervisory practice, such as: What seduced us into dance therapy in the first place? What excites us most visually, sensorily, rhythmically, tonally, dramatically and how does this creep into our sessions? Do we see ourselves as the wounded healer, the expert, the artist, the companion, teacher, humanitarian or other? In what ways do we measure success? What do our embodied experiences tell us about those we work with? How do we hold onto hope in the face of despair?

Snacks and drinks provided in workshop breaks. Dress for movement and comfort

REGISTRATION INFORMATION: Fees start at \$290 concession for the three days for DTAA members. Non-members – day attendees welcome - see more details: www.dtaa.org.au or:

Contact Mandy Agnew on rmagnew@bigpond.com Tel:98138671 / 0437348808

Sunday 4 March 2012 - 3-6 pm

Expressive Therapy Approaches to Working with Trauma

Vivien Marcow Speiser, Ph.D. LMHC, ADTR, and Phillip Speiser, Ph.D., RDT will be in Melbourne and will provide a 3 hour workshop

At Abbotsford Convent, Melbourne, Dorm 2, Rosina Building, First Floor, 1 St Helier Street, Abbotsford. Melway reference 44 G5. Parking \$4. See www.abbotsfordconvent.com.au

Vivien is Professor and Director of National, International and Collaborative Programs at Lesley University in the USA, a dance therapist and expressive arts educator, and Phillip is Director of Arts Therapy at Whittier Street Health Center, Roxbury MA, an expressive arts educator/therapist, drama and music therapist who has developed and implemented integrated arts therapy programs for two decades. Participants in the workshop will learn body based approaches to working with trauma; arts based interventions and experiential activities for working with specific populations. Cost only a nominal \$30 members or \$50 non-members.

Contact Mandy Agnew on rmagnew@bigpond.com Or phone 98138671 / 0437348808

Hanny Exiner Memorial Foundation – Research in Dance-Movement Therapy

Australian Dance-Movement Therapy Research Grants 2012

The Hanny Exiner Memorial Foundation (HEMF) is now inviting applications for grants from persons in Australia intending to or currently conducting projects that could advance the field of Dance-Movement Therapy through evaluation, research and quality assurance activities.

The grants could be used to 'seed' initial investigation and enquiry into the field or provide some support for more developed research projects. The findings from these projects will enhance the understanding, quality and practice of Dance-movement Therapy. Small projects that can contribute to future larger studies are eligible.

HEMF recognises that the advancement of the profession requires that research be undertaken and reported on. The awarding of the grants is as much to provide public encouragement and recognition of this work as financial assistance. The Foundation is able to offer up two grants of up to \$2,000 each in 2012.

The closing date for applications is Friday 15th June 2012

For more information about the grant criteria and to download the application form go to the HEMF page of the DTAA's website: www.dtaa.org.au

DTAA Memberships:

The next journal, packed with some great articles, is about to be published, so do rejoin to get back onto the mailing list and, at the same time, support the work of the DTAA.

We are still trying to contact Joanne McCauley. Could Joanne please contact us, or if anyone knows Joanne could they please alert us via admin@dtaa.org.au
Thank you for your assistance.

Information, Notices and Special Events

Re Message from Bella Grossberg last month:

Bella alerted us to her daughter Romi's voluntary work in Cambodia with disadvantaged youth through education and the creative arts, specifically with 'Tiny Toones' (Cambodian Youth Dancers). Bella said that at the culmination of her daughter's two years with Australian Volunteers International, she hoped to bring this group of dancers to Australia. It seems that this has come to fruition as we understand that Tiny Toones will be performing this week in Melbourne. See details that follow:

Jan 10th-14th.

Tiny Toones Performance at Chapel off Chapel, Prahran, Melbourne;

Tiny Toones, a local Cambodian organisation uses hip hop and the creative arts as a tool for empowering the next generation of children and youth. It is a drop-in Centre for 'street kids'. That is disadvantaged young people aged 4-25 years old who come from backgrounds of extreme poverty, drug and alcohol abuse, family violence, single or no parent families, HIV affected families and prostitution. The Centre serves as a safe space for the students to come and receive free education.

Melbourne's performance are choreographed by the performers themselves and showcase traditional Cambodian song and dance from the 1960's and moves through scenes of the khmer rouge; the destruction of art and culture on a national scale. The majority of the show then has the performers acting out true life stories of a devastated Country. The Tiny Toones tour is designed to raise funds to keep their doors open in 2012 and well in to the future.

Additionally, there is fundraiser dinner Sun 16th Jan at the beautiful Bopha Devi Cambodian restaurant where you enjoy a 3 course traditional meal, meet the performers and participate in the auction and raffle. For more information, contact Jess: jessgomo@gmail.com or on 0488 002 218

To book your tickets: <http://www.trybooking.com/Embed.aspx?eid=18875>

**Or contact Romi Grossberg, General Manager, Tiny Toones, Cambodia, mobile: (855) 0 17 560 308
email:romi@tinytoones.org www.tinytoones.org**

Psychology self-help website- of interest to DMTs

Peter Culross, a psychologist in Brisbane, has a new website that could be of use to clients. He tells us that "According to research, over 85% of therapists routinely recommend self-help resources to clients" and that the resources available on his site could offer an inexpensive complement to therapy and personal growth work and act as a "a supportive, supplementary adjunct or 'add-on' to any psychotherapy, treatment program, or spiritual practice." Peter employs an approach that embraces and combines a broad range of effective modalities and different strategies, drawing on solution- focused, cognitive, behavioural, experiential, imaginal, inner-child, somatic, mindfulness, transpersonal, psychodynamic, energy psychology, family systems and interpersonal techniques to support change, working at the level of mind, body, emotion, imagination, and spirit. For further information on this Self Help Psychology program see:

www.SelfHelpPsychology.net Or email: **peterculross@optusnet.com.au**

Organisational Development Adviser - Drama Therapy Centre

There are over a hundred ways to take your career to a new level. Australian Volunteers International (AVI) is now recruiting for an Organisational Development Adviser within the Catharsis- Lebanese Centre for Drama Therapy (LCDT). Share your skills with those who need it most, invest in your career, experience new workplaces and change your global perspective. AVI assignments are developed in response to locally identified needs, and volunteers play a vital role in building the capacity of organisations and communities in developing countries. To find out more visit

www.australianvolunteers.com

Contact person: Max Campos, Recruitment consultant

Phone: 03 9279 1752 Email: mcampos@australianvolunteers.com

Young German volunteer seeks placement

Lena Kron from Germany who is eighteen years old, is visiting Australia between March and October 2012. She wants to work in a voluntary capacity in the field of dance therapy, perhaps in Brisbane but other areas as well. Since she was five she has danced jazz ballet and is a member of a modern dance club in her village. She says she is open to different possibilities and would be pleased to be contacted with suggestions. Lena's **email address is: Kron.Lena@web.de**

Victoria

MANGALA STUDIOS SUMMER SCHOOL PROGRAM

Teaching Creative Dance and Yoga to Children

Monday January 23 – Friday January 27

As the experience of yoga has deeply influenced the Mangala Studios, the theme this year is the use of creativity to extend both the dance and yoga experience. This is primarily for young children, but has many applications to adults. 10-12.00noon & 2-4.30pm

Creative Dance

Monday Jan.23-Friday Jan 27. Music and Dance! Art and Dance! Solo and Ensemble Creative Dance! Poetry and Dance. All aspects of the Creative Dance are to be experienced in five x 2 hour workshops, 10.00am -12.00noon

Yoga

Early morning sessions for body, mind and spirit. Beginners and Adults. 7.30-9.30 am

Children's Creative Dance

Monday Jan. 16- Thursday Jan. 19, 2012 from 10.00am-12.30pm

A unique chance for children to explore and have fun with the creative aspects of dance, design and yoga in a stimulating environment. (4-7y.o and 7-12y.o) Dance style, we are revisiting our roots and offering them as a stimulating and enriching summer school.

Please feel free to contact us with your enquiries.

Mangala Studios, 73 Grattan St. Carlton, 3053.

Ph: 03 96635603; e-mail: info@mangalastudios.com.au; www.mangalastudios.com.au

Fri 20 – Sun 22 January 2012 Workshop 1: and Fri 27 – Sun 29 January 2012 Workshop 2

SELF PORTRAIT in MOVEMENT with GH Soto

"Movement is life. When we move with consciousness and intention to express who we are, and invest ourselves in our movement then we are celebrating life and the life forces that flow through us."

Dancehouse 150 Princes St, North Carlton from 10am – 5pm each day.

Cost: F \$320 C \$280 for each workshop. 10am – 5pm each day.

* to come to both workshops Cost: \$600

In these two summer weekend workshops Soto will guide us to embody our creative "Self Portrait", in movement and dance, drawing, somatics, performance, and voice.

Individually and with others, we will focus on our bodies and movement as the source of self- exploration and expression. We will each have the opportunity of completing the workshops with our own "Self Portrait" ritual. The second workshop will build on the first, with each workshop also a full experience in itself. For more information & to book one or both workshops: **Contact Viv 9531 3125 or 0449 164 040 or vivneale@optusnet.com.au**

International Dance Therapy Institute of Australia

Introduction to Dance-Movement Therapy

Saturday, 25th February or 24th March 2012, 10am - 4pm

The Augustine Centre, Hawthorn, Vic

Cost: \$110 Full / \$95 Concession

An experiential day workshop to introduce dance therapy and its potential for discovery, change and healing, together with some discussion and theoretical underpinning for its use in therapeutic contexts. Principal Facilitators include Anna Schlusser, Michelle Mahrer, Evelyn Switajewski, & Natalie Will.

Certificate in Dance-Movement Therapy - commencing July 2012

The Certificate in Dance-Movement Therapy is a one-year, part-time, highly experiential training, which is supported by theoretical teaching and practicum. The teaching faculty are IDTIA graduates trained by American Dance Therapist and educator Dr. Marcia Leventhal, PhD, BC-DMT. All are experienced professional dance therapists and teachers. Provision for interstate trainees.

Attendance at an introductory workshop is a prerequisite for entry to the Certificate.

For more information about IDTIA courses visit website at www.idtia.org.au or contact: Michele Braban, Administrator, (03) 9571 9526 e-mail: admin@idtia.org.au

Sat 21st to Wed 25th Jan. 2012; 10 am to 5 pm daily

Embodied Bellydance

Maria Sangiorgi will be back from Europe for a short time to present Embodied Bellydance™ as a Summer Intensive and for the first time.

Embodied Bellydance™ Training & Assessment Module I.

Summer Intensive 2012. Sat 21st to Wed 25th Jan. 10 am to 5 pm daily

Cost: 5 days, \$550 or \$475 - Early Bird pay before Jan 1st

2 days (Sat & Sun only) cost is \$250 or \$220 - Early Bird pay before Jan 1st

PAY A NON REFUNDABLE DEPOSIT OF \$50 ASAP

Training & Assessment Module I.

Sat 29th & Sun 29th Jan; Sat 18th & Sun 19th Feb. and Wed 8th & 22nd Feb & 7th March

9.30 am 6.30 pm weekends and 6.30 to 9.30 pm Wed's

Cost: Total \$900 to be paid in monthly instalments.

\$450 before commencement of Module.

Time of Training & Assessment is made up of:

42 contact hours (not including peer group sessions and support):

2 @ 1 hour's assessment; 2 Skype group consultations; 2 Skype one on one Lessons

2 Peer group sessions (min 3 hours); Phone & Skype Support when required

Training Manual & Resources; conditions apply*

"Summer Intensive participants who wish to be a part of Module I can vary the installment plan to meet their needs."

Discount Cost for both \$1300

At: Northcote Uniting Church Hall, 251 High St Northcote

Contacts: Booking & Enquiries: Judith Kavermann: 03 8314 4355

Workshop & Module Content: Cindy Hyde: cindyh@gipps.net.au

Maria Sangiorgi: info@embodiedbellydance.com

skype: mariasangiorgi; For comprehensive details of both the Intensive & the Training Program go to

www.embodiedbellydance.com

Maria Sangiorgi; Dancing Isis Dance!; Embodied Bellydance™; Heart Centre Massage. +39 338 524 92 55; +61419 523 710

Wise Woman Moves

This program provides a unique opportunity to enjoy movement and dance to music from around the world, in a safe and nurturing space. During the year we investigate various themes and delve into our creativity. We explore new ways to create greater self-awareness and achieve inner peace, while having fun along the way. Sessions include Dance-Movement Therapy, drawing and discussions.

Term 1 Theme: Power of the Five Elements - Water, Fire, Wood, Metal and Earth

Understand why you react to stress the way you do. Learn how the traditional Five Element approach improves your ability to adapt and thrive when faced with life's challenges.

At: Monash Studio, 1 Forest Court, Glen Waverley

Day: Tuesdays, Feb 7th to March 27th, 2012. Time: 1 - 3 pm?

Cost: \$200 for 8 sessions. **Inquiries and Bookings : Mandy Agnew, 0437348808**

Vichealth - Community programs

Vichealth's exciting MOTION program fuses creative community engagement with increased physical activity to build social connection. Seven projects have been funded to increase understanding of arts based programs on health. These include

The Giant Theremin, a super-sized instrument controlled by movement rather than conventional touch, and they say that its' sound makes "it impossible to resist running, dancing, jumping and forming unusual shapes in the activation zone to create a symphony of movement." It's free for all and at the Les Erdi Plaza in the City of Melbourne's Northbank precinct until February 2012. See: **www.melbourne.vic.gov.au/gianttheremin**

Tangle is a brightly coloured giant elastic web, woven around six-metre poles for fun and creative movement, created

by Polyglot Theatre. It will be in the forecourt of the Arts Centre from approx Jan 18 for a week. It involves entire body weaving to build a massive artwork. Tangle will also visit Shepparton and Latrobe. Visit:

www.polyglottheatre.com/tangle

Dance with Me in the Latrobe Valley involves a choreographer developing short dances that represents the diversity, pride and aspirations of the community. To be taught to lead dancers and community groups, who will then dance in public places. A collection of films will be made from this to be projected onto public buildings across the Valley.

As well, Nillumbik Shire Council has **52 Flashmobs in 52 Weeks** for people of all ages, interests and abilities – including amongst the activities offered, of course dance. For more about these adventures see

www.52flashmobs.com

Crowd Play - aims to bring together large groups of people, from various places to participate in dance and song performances. Rehearsals are planned to take place in offices, community halls, pubs, and etc around Melbourne. See:

www.melbournefringe.com.au/crowdplay

A Roll Up - Bikefest and **Atelier Edens - APHIDS** - In partnership with Parks Victoria are also a part of VicHealth's Motion.

It could be worth people contacting VicHealth and putting themselves forward for future initiatives?

See <http://www.vichealth.vic.gov.au/motion#dance> for more details,

Creative movement for children with special needs and "Women Who Flow With The Sea" groups to celebrate the feminine spirit. Sally Low, Physiotherapist, Feldenkrais Practitioner, Creative Movement and Dance Teacher has a private practice in Newport. Her work with children is developmentally structured **Tel: 0405170090 or e-mail sallylowrehab@hotmail.com**

In-depth movement psychotherapy, Authentic Movement for individuals, couples and groups, and Supervision: Linda Murrow, M.A. ADTR Prof. member: DTAA, Vic. Ass. Family Therapists, Aust. Assoc. of Relationship Counsellors, PACFA Reg, is an experienced DMT and expressive arts and couple therapist. She works with individuals, couples and groups at Relationships Australia and in private practice. Linda also teaches at the Phoenix Institute of Victoria. **Contact: lindamurrow@aapt.net.au or mobile: 0421 999 839**

Private DMT and Feldenkrais sessions in Malvern, and on-site supervision for DMT graduating students from Bella Grossberg. Bella, DMT, Prof. member DTAA, Feldenkrais practitioner and counselor, is a graduate of Dr. Marcia Leventhal's first training program in Melbourne. She believes in the inherent healing power of dance and its power to change past limiting patterns with new empowering ways to move think and feel. **Call Bella on 9576 2644 or email: pgberg@bigpond.com**

Creative Arts Therapy 8 Week Groups

Weekly groups to explore a wide variety of Creative Arts Therapy processes to open up and reinvigorate inspiration, personal growth and self-awareness. Modalities are used such as drawing, painting, writing, clay, collage, movement, body awareness, symbols and more to explore authentic expression, and access new insights and understanding. , MIECAT, 17 Victoria Street, Fitzroy

Enquiries for group or private sessions to Jennifer on 0417 562 024, or jenniferberlingieri@gmail.com or go to <http://creativeartstherapy.com.au>

Body Voice Centre news and events:

Weekly breath groups: Mondays 1.30 to 3.00pm (open to all);

Wednesdays 9.30am to 10.45am and 11.15am to 12.30pm;

Fridays 9.30am to 11 am. These sessions are open by application to people who are already familiar with the work or who have attended the introductory Saturday half-days. Monday is also open by application to people new to the work. Also, individual hands-on breath sessions available with Middendorf breathwork practitioner John Howard. These 'breath dialogue' sessions are a way of connecting more closely with oneself through heightened awareness of body and breath. Single sessions \$70/50; set of five \$300/\$200. **jdhoward@alphalink.com.au**.

Body Voice Centre

50 Wolverhampton St, Footscray, Vic 3011; www.bodyvoice.com.au

Barefoot Flamenco and other dances with Marina Bistrin.

Classes and events include stick dances, Iranian (Persian) folk and social dance, Fan dances, veil and fabric dances from hankies, to scarves, to light and heavy veils; Flamenco rhythm work; Gypsy dance from Russia & Spain and dances with finger cymbals. Venues in Heidelberg, Greenhills Neighbourhood Centre, 03 9435 9287 **info@greenhillsnc.org.au** and Bayswater, Glen Park Community Centre. See:

<http://www.glenparkcc.com.au/> Contact office@glenparkcc.com.au 9294 7525.

Or call Marina 0438 580 889, or ah ph 03 9444 8212, or marinabistrin@optusnet.com.au or see:

www.dance-explorer.com

MONASH STUDIO~ for movement-based expressive arts

MIF: Moving Into Facilitation.

For more information and dates of next events, contact Tiana: 0421 045 438 **www.monashstudio.com.au** or

info@monashstudio.com.au

YOGADANCE Tuesdays 7.15-8.45pm

A combination of hatha yoga and creative movement.

SOUL MOVES Fridays 7-9pm

A combination of Movement Ritual and the Halprin life/Art Process.

Soul Moves expands and deepens our level of awareness in motion, giving access to personal stories and insights. During these sessions you will be guided to express your unique inner life experiences in movement. Creative movement, intuitive drawing, and dialogue will be the mediums used to shape and express ourselves physically, mentally and emotionally.

For registration contact Tiana: 0415 644 060

(03) 9574 9016 www.monashstudio.com or info@monashstudio.com.au
For Volunteer Opportunities working with Tiana Li Donni
Phone: Tiana on 0421 045 438 www.monashstudio.com or info@monashstudio.com.au

Ideokinesis and Movement with Shona Innes.

Ideokinesis is the practice of imagining a moving image within your body. This encourages mechanical balance, integrates imagination and sensory experience and offers a platform for creative action. For information on forthcoming workshops:

Contact Shona – 0421 285 338 <mailto:atannes@alphalink.com.au> or go to <http://alexanderthinkingbody.alphalink.com.au>

Lieto Creative Dance Studio: Elizabeth Loughlin

Classes and short courses at Lieto Studio, North Fitzroy, VIC. Ring Elizabeth, creative dance teacher and DMT, on 94829312, or email loughlin@clari.net.au for further information. www.lietocreativedance.com.au
See also under Classes, Mondays in Victoria

Soul Dance

3rd Sunday each month - at Olinda Primary School, Charlemont Lane, Olinda.

10am - 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centring dance - great location, music and people.

Tony Norquay, 03 5678 5525 or 0418 134 709 or norquaytd@ihug.com.au

NEW SOUTH WALES

Feb 4th 2012, Mar 3rd 2012 Crows Nest

All About You - Flexibility & Support

With Michael Muir - The Awareness Institute, Suite 1, 20 Clarke St, CROWS NEST NSW 2065

We will explore working with connective tissue using gentle somatic exercises and free form dance. Connective tissue is the structure within our bodies that links everything together - from head to toe and everything in between. Working with the connective tissue will support our bodies re-establishing structural alignment and helps bring us back into balance - physiologically and emotionally. Our aim is to feel more connected in relationship with others, create more opportunities for choice and ultimately more flexibility in life. This workshop is all about feeling good, letting your body do the talking, moving in ways that support opening, stretching and celebrating of you in full embodiment. No prior experience necessary.

Contact: Michael Muir for group dates, more information or to secure a place

Mobile: 0414 888 248 or Email: michael@soupa.net

http://www.goodtherapy.com.au/michael_muir

March, 2, 2012. 7-9pm

An ASPA (Australian Somatic Psychotherapy Ass.) professional development event at Awareness Institute, 1/20 Clark S. Crows Nest NSW.

Clinton Power will talk about "Marketing your practice".

4th May: Eva Papadopoulou will discuss "Experiential evening on TRE (Trauma Release Therapy)"

6th July: Sabina Rabold will talk on "Mindfulness and its benefits to the therapist"

7th September: Dr. Gary Galambos - "update on the DSMV and on anti-depressant medication"

2nd November: Tim Johnson Newell, Jean Gamble and Michele Rousseau - case studies on "working with a difficult client".

There is an open invitation to all to attend these sessions from ASPA. If further information is needed Carolien van Geloven can be contacted on Mobile: 0402 126 212 or Email: carolien71@iprimus.com.au

Re-Form - an initiative of Pittwater Uniting Church

A Dance Movement Therapy (DMT) based 8 week program, aiming to provide healing and freedom for your body, heart, mind and spirit.

At The Basement, Pittwater Uniting Church, 10 Jubilee Ave, Warrenwood

Facilitated by Esther Durham, Grad Dip DMT, Assoc. Deg. Dance.

To find out about programs in 2012, contact Esther. ph: 0407 769 943

e: estherdurham@hotmail.comwww.awholelotofdance.com.au

2011 - 2012: DRAWING MOVEMENT with Lisa Roberts

ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney.

Drawing Movement at the Rozelle School of Visual Arts, 57 Nelson Street, Rozelle, Sydney:

<http://www.lisaroberts.com.au/content/workshops/workshops.php>

The new workshops are modelled on traditional Life Drawing, but instead of drawing a hired model, we take turns to move and be drawn. We move to simple 'scores' for movement and drawing that are designed to expand our dynamic range of expression. The overall aim is to relax and have fun as we learn new ways of experiencing, observing and recording movement. In theory we know that movement and drawing enable us to identify and strengthen our expressive 'voices'. We also know that it makes us feel good, particularly when we do it with other people. So let's do more of it!

The cost remains \$10, but you will need to bring your own drawing materials (including portable easels and drawing boards if you need these).

See www.lisaroberts.com.au; www.antarcticanimation.com; www.livingdata.net.au

For more information; Contact Lisa: 02 9550 2805; lisa@lisaroberts.com.au

Individual sessions, group work and women's retreats with Satyo Cate Sullivan (BCA, MA (Cat) PACFA Reg.)

Counselling, therapy and mentoring sessions for individuals.

Workshops/courses utilising dance/movement, creative arts therapies, body sense/awareness skills. Women's weekend retreats on relevant themes. Individual sessions and group work are offered in both the Southern Highlands of NSW (Robertson) and Shoalhaven (Nowra).

For further information contact Satyo on 02 4885 1727 or 0412 122010

Email satyo@shoal.net.au

Classes Victoria

Mondays:

Monday nights 6.30 to 8.30

Marina Bistrin teaches a series of 8 x 2hr workshops from the Middle-East, Gypsies and Silk-Road at Glen Park Community Centre, Bayswater.

See: <http://www.glenparkcc.com.au/> Contact office@glenparkcc.com.au 9294 7525

Fan Dance at Geenhills Neighbourhood Centre, Greensborough

Bookings Ph 03 9435 9287 info@greenhillsnc.org.au www.greenhillsnc.org.au

Marina Bistrin 0438 580 889, 9444 8212

www.dance-explorer.com marinabistrin@optusnet.com.au

Elizabeth Loughlin, Ongoing creative and expressive dance - 7.45 - 9 pm.

At Lieto Creative Dance Studio, North Fitzroy 3068

Ring Elizabeth, creative dance teacher and dance movement therapist, on 94829312 or email: loughlin@clari.net.au

See: www.lietocreativedance.com.au

Tuesdays:

Multicultural Fan dance and Gentle Egyptian Bellydance

with Marina Bistrin at Contact Community Centre, Bundoora,

Contact Marina Bistrin on 0438 580 889, ah 9444 8212

Email: marinabistrin@optusnet.com.au or see www.dance-explorer.com

YOGADANCE Tuesdays 7.15-8.45pm

An ongoing class. A combination of hatha yoga and creative movement.

For registration contact Tiana: 0415 644 060

(03) 9574 9016 www.monashstudio.com or info@monashstudio.com.au

Wednesdays:

Multicultural Fan dance, Persian Dance at Watsonia Neighbourhood House. Expressive dance to world music, gentle, empowering and fun.

For more information contact Marina Bistrin on 0438 580 889, ah 9444 8212 Email: marinabistrin@optusnet.com.au or see

www.dance-explorer.com

Wednesday nights 7.30 to 9pm

Barefoot Flamenco in Heidelberg with Marina Bistrin

Scott's Uniting Church Hall, Burgundy St, almost next to Heidelberg Station.

\$120/term, \$20 per class, casual. Entrance from their carpark.

Bookings: Marina Bistrin mob 0438 580 889 ah ph 03 9444 8212

www.dance-explorer.com marinabistrin@optusnet.com.au

Thursdays:

Multicultural Fan dance, Persian Dance at Watsonia Neighbourhood House

Expressive dance to world music, gentle, empowering and fun.

Contact Marina Bistrin on 0438 580 889, ah 9444 8212 Email: marinabistrin@optusnet.com.au or see www.dance-explorer.com

Fridays:

SOUL MOVES - on-going classes 7-9pm

A combination of Movement Ritual and the Halprin life/Art Process.

Come and join us for movement explorations, drawing and dialogues.

Soul Moves expands and deepens our level of awareness of ourselves in motion, giving access to our personal stories and insights as we return to our daily lives.

Contact Tiana: 0415 644 060

(03) 9574 9016 www.monashstudio.com or info@monashstudio.com.au

Saturdays;

Body Voice Centre

'Meeting the breath': half-day workshops

Dates, Bookings and further details: [email info@bodyvoice.com.au](mailto:info@bodyvoice.com.au)

Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 www.bodyvoice.com.au

Sundays;

Soul dance - 3rd Sunday each month

Olinda Primary School, Charlemont Lane, Olinda.

10am - 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centering dance - great location, music and people.

Call Tony Norquay on 03 5678 5525 or 0418 134 709 or email: norquaytd@ihug.com.au

New South Wales - Ongoing Classes

Mondays:

2011: Movement and Drawing

6-8pm Mondays, ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney. See full information above under NSW.

Contact: Lisa Roberts PhD (UNSW); <http://lisaroberts.com.au/>
lisa@lisaroberts.com.au 02 9550 2805

Dance is MY Therapy - dance classes with a difference - 8:00-9:00pm Sydney

The classes explore the therapeutic benefits of dance, with a focus on creativity, expression and general health and wellbeing proving that everybody can dance!! Expect the unexpected and enjoy the benefits of dance for mind, body and spirit.

Dance Alive Studios, 107 Regent St, Chippendale (near the corner of Meagher St)

Contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com.au www.kirstydance.com.au

2- 3.30pm, Rex Centre, Kings Cross - Creative Movement for Seniors (50+)

\$3 (subsidized by Sydney City Council). Revitalizing, relaxing, guided self expression/movement exploration. Connecting with stimulating music, ideas and people.

Contact Meredith Lucy 0400447951 or Email; meredithlucy6@gmail.com

Thursdays;

'Moonbeam Movement'- Mums and Bubs classes, 9.30am - 10.30am

At: Lifepod, 1A Victoria St, Paddington. Six-week courses of gentle, intuitive and fun dance/movement experiences for mothers and babies

aged 5 months to walking. Explore the magical space that exists between you and your baby. Contact: Suzy Wolanski Ph: 0413444914;

Email: suzy@moonbeammovement.com.au

Fridays:

Authentic Movement = 6.30 - 9pm in Rozelle

A setting for a movement practice where a supportive group of committed people practice inner focus and containment to deepen personal awareness. The practice can facilitate a therapeutic release through contacting unconscious material, support creativity by exposing new ideas and it can be a community building activity by connection to a wider, collective sense of self.

Beginners and experienced movers welcome.

Contact Meredith Lucy 040 044 7951 or meredithlucy6@gmail.com

4:30-5:30pm (during school terms) - Creative Kids - a creative dance class

Developing physical, emotional, social and cognitive skills. For ages: 6-11 years.

At The Basement, (at Pittwater Uniting Church), 10 Jubilee Ave, Warriewood

Cost: weekly \$15 each, or 8 week term for \$96.

Contact Esther Durham for more details: estherdurham@hotmail.com or see: www.awholelotofdance.com.au

Saturdays:

Accessible Dance - 10:00 - 11:00am - A dance class for dancers with a disability over the age of 16, with emphasis on ability, creative expression and having fun dancing and moving. Carers welcome to join in. Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on left.

For more information contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com.au www.kirstydance.com.au

Overseas

CANADA

Laban / Bartenieff and Somatic Studies International, Canada™ (LSSI). CMA Modular programs. For pre-requisite programs, contact nadine.saxton@gmail.com

Affiliated with Laban/Bartenieff Institute of Movement Studies (LIMS®) New York www.labaninternational.org

Contact: Janet Kaylo at info@labanacan.org

India

27th and 28th April 2012

The 5th International Conference on Psychology of music and mental Health, by Nada Centre for Music Therapy, Chennai, India. In

collaboration with The Department of Psychology

Department of Psychology, Bangalore University

Contact: Dr. R. Gopalakrishna, Associate Professor, Bangalore University, E-mail: rgkbub@gmail.com Or: Dr. T. V. Sairam, President Nada Centre for Music Therapy, Chennai

Phone: +91-9891184950; Email: tv@sairam@gmail.com

See: www.nada.in

UK

Roehampton University, Surrey,

Dance Movement Therapy Programmes,

Graduate Certificate, Postgraduate Diploma/ MA, M. Phil, PhD. For initial information and application contact enquiries@roehampton.ac.uk

or write to Programmes Administrator, Arts Therapies Division, School of Psychology and Therapeutic Studies, University of Surrey,

Roehampton, Southlands College, London SW15 5SL or contact the Programmes Administrator on: 020 8 392 3000. Email:

ArtsTherapies.programmes@roehampton.ac.uk

MA Dance and Somatic Wellbeing:

Connections to the Living Body is a unique visionary and pioneering program offering a professional training in Dance and Somatic Movement Education. MA graduates are qualified to be Somatic Movement Educators. **Contact: Amanda Williamson, Email: acwilliamson@uclan.ac.uk**
School of Creative & Performing Arts, University of Central Lancashire. MA course Information: www.ismeta.org/mads.html

Laban Movement Analysis (LMA) training Edinburgh, Scotland, 2012

The Meaning of Movement: a study of the principles and application of LMA. A PG Dip. (Dip. LMA) equal to the USA and German Certificate level programmes. Dance Base, Edinburgh. **For further information email PRIMA (Practice and Research in Movement Analysis) Directors - Kedzie Penfield kedzie1@btinternet.co.uk and Susan Scarth sbscarth@hotmail.com**

M.Sc. Dance Movement Psychotherapy at Queen Margaret University, Edinburgh, Scotland, UK

Accredited by the ADMP UK. The M.Sc. combines academic activity with clinical placement experience and the development of dance/movement skills. It can be studied full-time over 2 years or part-time over 3 years. **Contact: Dr Vicky Karkou, VKarkou@qmu.ac.uk or HSAdmin@qmu.ac.uk**
Or go to: www.qmu.ac.uk/at/Introduction_to_Dance_Movement_Psychotherapy.htm

USA

June 8 – 10, 2012

Motus Humanus Roundtable on Profe

**Dance-Movement Therapy Association of Australia -- Tel. 03 9592 4017
info@dtaa.org.au -- www.dtaa.org.au --**