

#### **Current Moves - February 2012**

Dance Movement Therapy Association of Australia (DTAA) Professional Development Events

# Monday February 27 from 6.0pm - 10 pm

Don't miss this unexpected opportunity ......

#### Continuum Movement Refreshment Evening with Amber Gray in Melbourne

Join us for an evening of spirals, involutions and dives. This evening review of Continuum Movement is an opportunity for those who already have some experience with Continuum to refresh, relax and restore with this powerful movement practice.

Amber Gray has been teaching Continuum Movement since 2004, and has been teaching dance and movement based therapies for survivors of traumatic experiences, in Australia and elsewhere, since 1999. We will have time to practice movement sequences, and to review our questions from our own practice of this work.

At: The Gallery, Clifton Arts Centre

314 Church Street, Richmond 3121

Costs will be: \$50 members DTAA, \$75 non-members. \$45 concession and \$70 non members To book contact Melanie Keely. Email: melaniekeely@bigpond.com Tel: 0400985929

Sunday 4 March 2012 - 3-6 pm

Expressive Therapy Approaches to Working with Trauma

Vivien Marcow Speiser, Ph.D. LMHC, ADTR, and Phillip Speiser, Ph.D., RDT will be in Melbourne and will provide a 3 hour workshop

At Abbotsford Convent, Melbourne, Dorm 2, Rosina Building, First Floor, 1 St Helier Street, Abbotsford. Melway reference 44 G5. Parking \$4. See **www.abbotsfordconvent.com.au** 

Vivien is Professor and Director of National, International and Collaborative Programs at Lesley University in the USA, a dance therapist and expressive arts educator, and Phillip is Director of Arts Therapy at Whittier Street Health Center, Roxbury MA, an expressive arts educator/therapist, drama and music therapist who has developed and implemented integrated arts therapy programs for two decades. Participants in the workshop will learn body based approaches to working with trauma; arts based interventions and experiential activities for working with specific populations. Cost only a nominal \$30 members, or \$50 non-members.

Contact Mandy Agnew on rmagnew@bigpond.com Or phone 98138671 / 0437348808

# Hanny Exiner Memorial Foundation – Research in Dance-Movement Therapy Australian Dance-Movement Therapy Research Grants 2012

The Hanny Exiner Memorial Foundation (HEMF) is now inviting applications for grants from persons in Australia intending to or currently conducting projects that could advance the field of Dance-Movement Therapy through evaluation, research and quality assurance activities.

The grants could be used to 'seed' initial investigation and enquiry into the field or provide some support for more developed research projects. The findings from these projects will enhance the understanding, quality and practice of Dance-movement Therapy. Small projects that can contribute to future larger studies are eligible.

HEMF recognises that the advancement of the profession requires that research be undertaken and reported on. The awarding of the grants is as much to provide public encouragement and recognition of this work as financial assistance. The Foundation is able to offer up two grants of up to \$2,000 each in 2012.

The closing date for applications is Friday 15th June 2012

For more information about the grant criteria and to download the application form go to the HEMF

# page of the DTAA's website: www.dtaa.org.au

#### **DTAA Memberships:**

We are still trying to contact Joanne McCauley. Could Joanne please contact us, or if anyone knows Joanne, could they please alert us via **admin@dtaa.org.au** We are also trying to identify a renewing member who used a credit union in Queensland in Maleny to do so. Thank you for your assistance.

Do rejoin to get back onto our mailing list and, at the same time, support the work of the DTAA.

#### Information, Notices and Special Events

#### Supervision opportunity in East Timor

### Dance movement therapy for children with a disability East Timor, July-August 2012

Dance movement therapy trainee sought to assist in program of dance movement for children with disabilities in East Timor in mid July- August 2012.

The position offers an opportunity for intensive supervision by senior dance movement therapist Kim Dunphy, author of Freedom to Move: movement and dance for people with intellectual disabilities (Elseview, 2003). Skills developed will include program design, implementation, group facilitation, advocacy for the role of dance-movement in work with children with a disability, assessment and evaluation, trialling new electronic tool devised by Kim and colleague Sue Mullane and public presentation to health professionals about the work. Dmt sessions may also be organized with other client groups. The program will be hosted in regional East Timor, hosted by NGO Many Hands International (www.manyhands.org.au). No payment is offered and trainee must pay own fare and cover costs of accommodation and travel in Timor. Potential trainees welcome to seek own funding and some assistance can be offered with this. Position suitable for person adaptable, flexible and patient. Enquiries: kim.dunphy@manyhands.org.au

#### Seeking dance classes for the elderly in Forest Hill area.

Can anyone help with this enquiry: Does any member know if there are classes for the elderly around the forest hill area as I have an elderly mother (85 yrs), who would love to attend dance classes just to keep agile. **Please contact:**Anna Ranucci agr@iinet.net.au

#### Academic Journal of Creative Arts Therapies (AJCAT) - Call for Paper

The Academic Journal of the Graduate School of Creative Arts Therapies at the University of Haifa, invite researchers, and practitioners to submit:

Articles: Qualitative or quantitative studies, art-based studies, case studies grounded in theory, literature-based review, theoretical articles, perspectives on practice and philosophical essays. The articles will be peer-reviewed;

Book reviews published in Israel and abroad;

Forthcoming conferences and events;

Briefs reports on new theses and dissertations:

To login to the Website of the Graduate School of Creative Arts Therapies: Click here Contact assistant editor Rose G: <rs-qu@hotmail.com>

# Re Message from Bella Grossberg last month:

Bella's daughter Romi, a voluntary worker in Cambodia with disadvantaged youth through education and the creative arts, specifically with 'Tiny Toones' (Cambodian Youth Dancers), in January brought a group of dancers to Australian who performed in Melbourne. Tiny Toones uses hip hop and the creative arts as a tool for empowering the next generation of children and youth. It is a drop-in Centre for 'street kids'. That is disadvantaged young people aged 4-25 years old who come from backgrounds of extreme poverty, drug and alcohol abuse, family violence, single or no parent families, HIV affected families and prostitution. The Centre serves as a safe space for the students to come and receive free education. For more information and donations to support this group keeping their doors open in 2012 contact Jess: jessgomo@gmail.com or on 0488 002 218

Or contact Romi Grossberg, General Manager, Tiny Toones, Cambodia, mobile: (855) 0 17 560 308 email:romi@tinytoones.org www.tinytoones.org

# Organisational Development Adviser - Drama Therapy Centre

There are over a hundred ways to take your career to a new level. Australian Volunteers International (AVI) is now recruiting for an Organisational Development Adviser within the Catharsis- Lebanese Centre for Drama Therapy (LCDT). Share your skills with those who need it most, invest in your career, experience new workplaces and change your global perspective. AVI assignments are developed in response to locally identified needs, and volunteers play a vital role in building the capacity of organisations and communities in developing countries. **To find out more visit** 

# www.australianvolunteers.com

Contact person: Max Campos, Recruitment consultant

Phone: 03 9279 1752 Email: mcampos@australianvolunteers.com

# Young German volunteer seeks placement

Lena Kron from Germany who is eighteen years old, is visiting Australia between March and October 2012. She wants to

work in a voluntary capacity in the field of dance therapy, perhaps in Brisbane but other areas as well. Since she was five she has danced jazz ballet and is a member of a modern dance club in her village. She says she is open to different possibilities and would be pleased to be contacted with suggestions. Lena's email address is: Kron.Lena@web.de

#### Victoria

Date: 25 & 26 February, 2012

# PROFESSIONAL DEVELOPMENT - Dance for People with Special Needs

2 Days Professional Development for Dance Teachers currently working in, or interested in working in, mixed ability & special school settings.

This is a two day practical workshops with Kim Dunphy and Sue Mullane. Come away with valuable information and practical experience to further develop your skills and opportunities in this growing field. Topics covered include:

- Value of dance for people with intellectual disabilities
- Taking a Laban-based approach
- · Working with individuals, working with groups.
- Strategies for successful group leadership

Venue: Dancehouse, 150 Princes Street, Carlton North, VIC, 3054

Time: 9.30am - 4.30pm. Cost: \$320 - 2 Days Full, \$300 - 2 Days Concession

Click Here to view the Flyer for further information. BOOK HERE http://www.trybooking.com/BBIL Contact: Kim Dunphy - kimfdunphy@gmail.com

# **MANGALA STUDIOS PROGRAM**

Teaching Creative Dance and Yoga to Children and adults.

The experience of creative dance and yoga has deeply influenced the Mangala Studios.

The programs at the studio provide a unique chance for all children to have fun with the creative aspects of dance, design and yoga in a stimulating environment.

Music and Dance! Art and Dance! Solo and Ensemble Creative Dance! Poetry and Dance. All aspects of the Creative Dance can be experienced And Yoga for body, mind and spirit.

Please feel free to contact us with your enquiries.

Mangala Studios, 73 Grattan St. Carlton, 3053.

Ph: 03 96635603; e-mail: info@mangalastudios.com.au; www.mangalastudios.com.au

# INTERNATIONAL DANCE THERAPY INSTITUTE OF AUSTRALIA

# < 2013-14 DIPLOMA IN DANCE-MOVEMENT THERAPY>

Expressions of Interest invited...from graduates of the IDTIA Certificate in Dance-Movement Therapy or other equivalent programme. The Advanced Diploma programme is a three-year coursework, fieldwork and supervision programme comprising the IDTIA Certificate (a one-year course with 20 hours of fieldwork) and the IDTIA Diploma (a two-year course with a minimum requirement of 180 hours of fieldwork and 65 hours of supervision). The next Diploma in Dance-Movement Therapy is scheduled to commence February 2013, although a supervised practice prerequisite must be completed prior to entry. Four coursework modules (two in the first year and two in the second year) are integrated with study projects, dyads, and regular dance therapy supervised practice. Trainees graduate from the programme with an Advanced Diploma in DMT.

The Advanced Diploma will equip graduates with sound generic DMT principles and skills for working with people in group settings, and generally as part of a therapeutic team. Additionally, the supervised practice component will provide a solid grounding in application of DMT to a chosen population. Working at depth with any population needs advanced skill which will require further practice to develop, and will also depend on the extent of any other training and knowledge already acquired.

For further details of the course, eligibility criteria, fees, & application process, please visit the IDTIA website at **www.idtia.org.au** or contact the IDTIA Administrator directly.

# Certificate in Dance-Movement Therapy

Commencing July 2012 - Applications closing 18th May.

Melbourne, VIC

- One year, part-time
- Six modules, each consisting of a weekend intensive workshop and tutorials
- Training is highly experiential, supported by theoretical teaching and practicum
- Provision for interstate trainees

# Join an introductory workshop to find out more!

# IDTIA 'Introduction to Dance-Movement Therapy' Workshop

A one day experiential workshop to introduce dance-movement therapy and its potential for discovery, change and healing. For those interested in gaining some insight into dance-movement therapy and what it has to offer.

WHEN: Saturday, 25th February or 24th March or 28th April, 10am - 4pm

WHERE: The Augustine Centre, 2 Minona Street, Hawthorn, VIC 3122

COST: \$110 Full / \$95 Concession

PRINCIPAL FACILITATORS: Anna Schlusser, Evelyn Switajewski, & Natalie Will, IDTIA Diploma Graduates and Dance

Movement Therapists with experience in a variety of settings

Limited places available!

Download an enrolment form from our website at www.idtia.org.au

Contact IDTIA Administrator Michele Braban on (03) 9571 9526 or admin@idtia.org.au

#### **Wise Woman Moves**

This program provides a unique opportunity to enjoy movement and dance to music from around the world, in a safe and nurturing space. During the year we investigate various themes and delve into our creativity. We explore new ways to create greater self-awareness and achieve inner peace, while having fun along the way. Sessions include Dance-Movement Therapy,drawing and discussions.

Term 1 Theme: Power of the Five Elements - Water, Fire, Wood, Metal and Earth

Understand why you react to stress the way you do. Learn how the traditional Five Element approach improves your ability to adapt and thrive when faced with life's challenges.

At: Monash Studio, 1 Forest Court, Glen Waverley

Day: Tuesdays, Feb 7th to March 27th, 2012. Time: 1 - 3 pm?

Cost: \$200 for 8 sessions. Inquiries and Bookings: Mandy Agnew, 0437348808

Creative movement for children with special needs and "Women Who Flow With The Sea" groups to celebrate the feminine spirit. Sally Low, Physiotherapist, Feldenkrais Practitioner, Creative Movement and Dance Teacher has a private practice in Newport. Her work with children is developmentally structured Tel: 0405170090 or e-mail sallylowrehab@hotmail.com

In-depth movement psychotherapy, Authentic Movement for individuals, couples and groups, and Supervision: Linda Murrow, M.A. ADTR Prof. member: DTAA, Vic. Ass. Family Therapists, Aust. Assoc. of Relationship Counsellors, PACFA Reg, is an experienced DMT and expressive arts and couple therapist. She works with individuals, couples and groups at Relationships Australia and in private practice. Linda also teaches at the Phoenix Institute of Victoria. Contact: lindamurrow@aapt.net.au or mobile: 0421 999 839

Private DMT and Feldenkrais sessions in Malvern, and on-site supervision for DMT graduating students from Bella Grossberg. Bella, DMT, Prof. member DTAA, Feldenkrais practitioner and counselor, is a graduate of Dr. Marcia Leventhal's first training program in Melbourne. She believes in the inherent healing power of dance and its power to change past limiting patterns with new empowering ways to move think and feel. Call Bella on 9576 2644 or email: pgberg@bigpond.com

# **Creative Arts Therapy 8 Week Groups**

Weekly groups to explore a wide variety of Creative Arts Therapy processes to open up and reinvigorate inspiration, personal growth and self-awareness. Modalities are used such as drawing, painting, writing, clay, collage, movement, body awareness, symbols and more to explore authentic expression, and access new insights and understanding. MIECAT, 17 Victoria Street, Fitzroy

Enquiries for group or private sessions to Jennifer on 0417 562 024, or jenniferberlingieri@gmail.com or go to http://creativeartstherapy.com.au

# **Body Voice Centre news and events:**

Weekly breath groups: Mondays 1.30 to 3.00pm (open to all);

Wednesdays 9.30am to 10.45am and 11.15am to 12.30pm;

Fridays 9.30am to 11am. These sessions are open by application to people who are already familiar with the work or who have attended the introductory Saturday half-days. Monday is also open by application to people new to the work. Also, individual hands-on breath sessions available with Middendorf breathwork practitioner John Howard. These 'breath dialogue' sessions are a way of connecting more closely with oneself through heightened awareness of body and breath. Single sessions \$70/50; set of five \$300/\$200. jdhoward@alphalink.com.au. Body Voice Centre 50 Wolverhampton St, Footscray, Vic 3011; www.bodyvoice.com.au

# Barefoot Flamenco and other dances with Marina Bistrin

Classes and events include stick dances, Iranian (Persian) folk and social dance, Fan dances, veil and fabric dances from hankies, to scarves, to light and heavy veils; Flamenco rhythm work; Gypsy dance from Russia & Spain and dances with finger cymbals. Venues in Heidelberg, Greenhills Neighbourhood Centre, 03 9435 9287 info@greenhillsnc.org.au and Bayswater, Glen Park Community Centre. See: http://www.glenparkcc.com.au/ Contact office@glenparkcc.com.au 9294 7525.

Or call Marina 0438 580 889, or ah ph 03 9444 8212, or marinabistrin@optusnet.com.au or see: www.dance-explorer.com

# MONASH STUDIO~ for movement-based expressive arts

MIF: Moving Into Facilitation.

For more information and dates of next events, contact Tiana: 0421 045 438 www.monashstudio.com.au or info@monashstudio.com.au

YOGADANCE Tuesdays 7.15-8.45pm

A combination of hatha yoga and creative movement.

SOUL MOVES Fridays 7-9pm

A combination of Movement Ritual and the Halprin life/Art Process.

Soul Moves expands and deepens our level of awareness in motion, giving access to personal stories and insights.

During these sessions you will be guided to express your unique inner life experiences in movement. Creative movement, intuitive drawing, and dialogue will be the mediums used to shape and express ourselves physically, mentally and emotionally.

For registration contact Tiana: 0415 644 060

(03) 9574 9016 www.monashstudio.com or info@monashstudio.com.au

For Volunteer Opportunities working with Tiana Li Donna

Phone: Tiana on 0421 045 438 www.monashstudio.com or info@monashstudio.com.au

#### Ideokinesis and Movement with Shona Innes.

Ideokinesis is the practice of imagining a moving image within your body. This encourages mechanical balance, integrates imagination and sensory experience and offers a platform for creative action. For information on forthcoming workshops:

Contact Shona - 0421 285 338 mailto:atinnes@alphalink.com.au or go to

http://alexanderthinkingbody.alphalink.com.au

#### Lieto Creative Dance Studio: Elizabeth Loughlin

Classes and short courses at Lieto Studio, North Fitzroy, VIC. Ring Elizabeth, creative dance teacher and DMT, on **94829312**, or email loughlin@clari.net.au for further information. www.lietocreativedance.com.au See also under Classes, Mondays in Victoria

#### **Soul Dance**

3rd Sunday each month - at Olinda Primary School, Charlemont Lane, Olinda.

10am - 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centring dance - great location, music and people.

Tony Norquay, 03 5678 5525 or 0418 134 709 or norquaytd@ihug.com.au

#### CANBERRA

# Saturday 24 March to Saturday 31 March 2012 ROSEN METHOD BODYWORK INTENSIVE WORKSHOP

Bill (Senior Teacher and Director of Teaching in Canada) and Lynda (Teacher in Training) invite you to join them on a journey of self-discovery. Come and spend a week exploring body tension and learning to trust and live from your inner wisdom.

9am to 4pm daily (rest day Wed) At THE GATHERING PLACE

4 Bancroft St, Dickson (Canberra)

Accommodation is available at the venue - call Lorraine on 02 6247 8848 to book direct

Cost: \$1450 per person

Early Bird: \$1290 if received by 17 February 2012

2 Day Intro Workshop 24 & 25 March \$440 (\$390 earlybird)

\*Please note: RMAA (Rosen Method Association of Australia) members receive

a \$50 discount off advertised prices

Discover the simplicity and power of touch. (Research in neuroscience confirms the importance of touch for human development and well-being.) Becoming more aware, letting go of chronic tension and speaking your truth allows new freedom and authenticity into your life.

For further information OR if this is your first experience of a Rosen Method Bodywork Intensive Workshop, please contact Lynda Napier on 0408 825 168 prior to registering.

# **NEW SOUTH WALES**

# "Serpentine Mysteries" Continuum Series in Byron Bay - with Amber Gray

1pm Friday 17th The Byron Spirit Festival

Intro to Continuum Friday 17th February , 7.00 – 10.00pm - \$30

"Spirals", "Dives" and "Immersions"

Dives - Saturday 18th and Sunday 19th February 9.30 - 1pm \$75 each

Spiral - Monday 20th February 10 - 4pm \$150

Immersion - Tuesday 21st February 12 - 5pm \$150

This series also works as an integrated 4 day program

Cost for Saturday - Tuesday \$350

# "Bathing the Bones: An Introduction to Continuum Movement" Sydney - with Amber Gray

Thursday February 23 - Sunday, February 26, \$350.

Continuum movement enables us to access our capacity for fluid, free, non-constrained movement, which enhances a sense of youthfulness, aliveness and well-being.

Serpentine Mysteries offers participants the opportunity to steep themselves in this profound, gentle and dynamic work, experiencing the healing, connection and rejuvenation, whilst also feeding into their professional practices. These

workshops will offer a solid introduction to Continuum Movement practice, and will be an opportunity for those experienced in Continuum to move deeper.

Authorized Continuum teacher, AMBER GRAY has taught and provided training to professionals and paraprofessionals who work with survivors of extreme interpersonal and social trauma worldwide, who wish to integrate somatic, movement, and creative arts based therapies into their work.

Contact Sainttina: 0402 1708 46 Email: sainttina@hotmail.com

#### March 3rd 2012 Crows Nest

# All About You - Flexibility & Support

With Michael Muir - The Awareness Institute, Suite 1, 20 Clarke St, CROWS NEST NSW 2065

We will explore working with connective tissue using gentle somatic exercises and free form dance. Connective tissue is the structure within our bodies that links everything together - from head to toe and everything in between. Working with the connective tissue will support our bodies re-establishing structural alignment and helps bring us back into balance - physiologically and emotionally. Our aim is to feel more connected in relationship with others, create more opportunities for choice and ultimately more flexibility in life. This workshop is all about feeling good, letting your body do the talking, moving in ways that support opening, stretching and celebrating of you in full embodiment. No prior experience necessary.

Contact: Michael Muir for group dates, more information or to secure a place

Mobile: 0414 888 248 or Email: michael@soupa.net http://www.goodtherapy.com.au/michael\_muir

### March, 2, 2012. 7-9pm

An ASPA (Australian Somatic Psychotherapy Ass.) professional development event. Awareness Institute, 1/20 Clark S. Crows Nest NSW.

Clinton Power will talk about "Marketing your practice".

4th May: Eva Papadopoulo will discuss "Experiential evening on TRE (Trauma Release Therapy)"

6th July: Sabina Rabold will talk on "Mindfulness and its benefits to the therapist"

7th September: Dr. Gary Galambos - "update on the DSMV and on anti-depressant medication" 2nd November: Tim Johnson Newell, Jean Gamble and Michele Rousseau - case studies on "working with a difficult client".

# Re-Form - an initiative of Pittwater Uniting Church - 8 week programs

A Dance Movement Therapy (DMT) based program, aiming to provide healing and freedom for your body, heart, mind and spirit.

The Basement, Pittwater Uniting Church, 10 Jubilee Ave, Warrenwood

Thursdays, 6:30 - 8:00pm; Cost: \$20 per session or \$144 for 8 sessions

Bring: pen and notebook. Wear comfortable clothes.

Facilitated by Esther Durham, Grad Dip DMT, Assoc. Deg. Dance.

To reserve your place, contact Esther by October 7.

Maximum 10 places. ph: 0407 769 943 e: estherdurham@hotmail.com

www.awholelotofdance.com.au

### 2011 - 2012: DRAWING MOVEMENT with Lisa Roberts

ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney.

Drawing Movement at the Rozelle School of Visual Arts, 57 Nelson Street, Rozelle, Sydney:

# http://www.lisaroberts.com.au/content/workshops/workshops.php

The new workshops will be modelled on traditional Life Drawing, but instead of drawing a hired model, we take turns to move and be drawn. We move to simple 'scores' for movement and drawing that are designed to expand our dynamic range of expression.

The overall aim is to relax and have fun as we learn new ways of experiencing, observing and recording movement. In theory we know that movement and drawing enable us to identify and strengthen our expressive 'voices'. We also know that it makes us feel good, particularly when we do it with other people. So let's do more of it!

The cost remains \$10, but you will need to bring your own drawing materials (including portable easels and drawing boards if you need these).

# See www.lisaroberts.com.au; www.antarcticanimation.com; www.livingdata.net.au For more information; Contact Lisa: 02 9550 2805; lisa@lisaroberts.com.au

# Individual sessions, group work and women's retreats with Satyo Cate Sullivan (BCA, MA (Cat) PACFA Reg.)

Counselling, therapy and mentoring sessions for individuals.

Workshops/courses utilising dance/movement, creative arts therapies, body sense/awareness skills. Women's weekend retreats on relevant themes.

Individual sessions and group work are offered in both the Southern Highlands of NSW (Robertson) and Shoalhaven (Nowra).

For further information contact Satyo on 02 4885 1727 or 0412 122010

#### Email satyo@shoal.net.au

Classes Victoria

Mondays:

Monday nights 6.30 to 8.30

**Marina Bistrin teaches** a series of 8 x 2hr workshops form the Middle-East, Gypsies and Silk-Road in terms, 2011 at Glen Park Community Centre, Bayswater.

See: http://www.glenparkcc.com.au/ Contact office@glenparkcc.com.au 9294 7525 or call Marina Bistrin 0438 580 889, 9444 8212, www.dance-explorer.com marinabistrin@optusnet.com.au

Mondays - Fan Dance at Geenhills Neighbourhood Centre, Greensborough

Bookings Ph 03 9435 9287 info@greenhillsnc.org.au www.greenhillsnc.org.au

#### Elizabeth Loughlin, Ongoing creative and expressive dance - 7.45 - 9 pm.

At Lieto Creative Dance Studio, North Fitzroy 3068

Ring Elizabeth, creative dance teacher and dance movement therapist, on 94829312 or email:

loughlin@clari.net.au See: www.lietocreativedance.com.au

#### **Tuesdays:**

Tuesday lunchtime

#### Multicultural Fan dance and Gentle Egyptian Bellydance

with Marina Bistrin at Contact Community Centre, Bundoora,

Contact Marina Bistrin on 0438 580 889, ah 9444 8212

Email: marinabistrin@optusnet.com.au or see www.dance-explorer.com

# YOGADANCE Tuesdays 7.15-8.45pm

An ongoing class. A combination of hatha yoga and creative movement.

For registration contact Tiana: 0415 644 060

(03) 9574 9016 www.monashstudio.com or info@monashstudio.com.au

#### Wednesdays:

# Multicultural Fan dance, Persian Dance at Watsonia Neighbourhood House Expressive dance to world music, gentle, empowering and fun.

For more information contact Marina Bistrin on 0438 580 889, ah 9444 8212 Email:

marinabistrin@optusnet.com.au or see www.dance-explorer.com

Wednesday nights 7.30 to 9pm

# Barefoot Flamenco in Heidelberg with Marina Bistrin

Scott's Uniting Church Hall, Burgundy St, almost next to Heidelberg Station.

\$120/term, \$20 per class, casual. Entrance from their carpark.

Bookings: Marina Bistrin mob 0438 580 889 ah ph 03 9444 8212

www.dance-explorer.com marinabistrin@optusnet.com.au

## **Thursday**

#### Multicultural Fan dance, Persian Dance at Watsonia Neighbourhood House

Expressive dance to world music, gentle, empowering and fun.

Contact Marina Bistrin on 0438 580 889, ah 9444 8212 Email: marinabistrin@optusnet.com.au or see www.dance-explorer.com

# **Fridays**

**SOUL MOVES** - on-going classes 7-9pm

A combination of Movement Ritual and the Halprin life/Art Process.

Come and join us for movement explorations, drawing and dialogues.

Soul Moves expands and deepens our level of awareness of ourselves in motion, giving access to our personal stories and insights as we return to our daily lives.

Contact Tiana: 0415 644 060

(03) 9574 9016 www.monashstudio.com or info@monashstudio.com.au

# **Saturdays**

**Body Voice Centre** 

'Meeting the breath': half-day workshops

Dates, Bookings and further details: email info@bodyvoice.com.au

Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 www.bodyvoice.com.au

# Sundays

Soul dance - 3rd Sunday each month

Olinda Primary School, Charlemont Lane, Olinda.

10am - 12.30.Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centering dance - great location, music and people.

#### Call Tony Norquay on 03 5678 5525 or 0418 134 709 or email: norquaytd@ihug.com.au

**New South Wales - Ongoing Classes** 

#### Mondays:

2011: Movement and Drawing

6-8pm Mondays, ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney. See full information above under NSW

Contact: Lisa Roberts PhD (UNSW); http://lisaroberts.com.au/

lisa@lisaroberts.com.au 02 9550 2805

Dance is MY Therapy - dance classes with a difference - 8:00-9:00pm Sydney

The classes explore the therapeutic benefits of dance, with a focus on creativity, expression and general health and wellbeing proving that everybody can dance!! Expect the unexpected and enjoy the benefits of dance for mind, body and spirit.

Dance Alive Studios, 107 Regent St, Chippendale (near the corner of Meagher St)

Contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com.auwww.kirstydance.com.au

# Mondays 2- 3.30pm, Rex Centre, Kings Cross

Creative Movement for Seniors (50+)

\$3 (subsidized by Sydney City Council)

Revitalizing, relaxing, guided self expression/movement exploration..

Connecting with stimulating music, ideas and people.

Contact Meredith Lucy 0400447951 or Email; meredithlucy6@gmail.com

#### **Thursdays**

'Moonbeam Movement'- Mums and Bubs classes, 9.30am - 10.30am

At: Lifepod, 1A Victoria St, Paddington

Six-week courses of gentle, intuitive and fun dance/movement experiences for mothers and babies aged 5 months to walking. Explore the magical space that exists between you and your baby. **Contact: Suzy Wolanski Ph:** 

0413444914; Email: suzy@moonbeammovement.com.au

## **Fridays**

# Fridays 6.30 - 9pm in Rozelle

#### **Authentic Movement**

A setting for a movement practice where a supportive group of committed people practice inner focus and containment to deepen personal awareness. The practice can facilitate a therapeutic release through contacting unconscious material, support creativity by exposing new ideas and it can be a community building activity by connection to a wider, collective sense of self.

Beginners and experienced movers welcome.

Contact Meredith Lucy 040 044 7951 or meredithlucy6@gmail.com

# **Fridays**

Fridays, 4:30-5:30pm (during school terms).

Creative Kids - a creative dance class - developing physical, emotional, social and cognitive

skills. For ages: 6-11 years. Begins Friday, August 5!

At The Basement, (at Pittwater Uniting Church), 10 Jubilee Ave, Warriewood

Cost: weekly \$15 each, or 8 week term for \$96.

Bring: comfortable clothes to move in, socks, drink bottle.

Bookings: please contact Esther to reserve a place.

 $For more information \ esther durham @hotmail.com \ or see: www.awholelotof dance.com. au$ 

#### Saturdays:

# Accessible Dance - 10:00 -11:00am

A dance class for dancers with a disability over the age of 16, with emphasis on ability, creative expression and having fun dancing and moving. Carers welcome to join in.

Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on left.

For more information contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com. auwww.kirstydance.com. au

# Overseas

#### **CANADA**

**Laban / Bartenieff and Somatic Studies International, Canada™ (LSSI).** CMA Modular programs. For prerequisite programs, contact **nadine.saxton@gmail.com** 

Affiliated with Laban/Bartenieff Institute of Movement Studies (LIMS®) New York www.labaninternational.org

Contact: Janet Kaylo at info@labancan.org

#### India

#### 27th and 28th April 2012

The 5th International Conference on Psychology of music and mental Health, by Nada Centre for Music

Therapy, Chennai, India. In collaboration with The Department of Psychology

Department of Psychology, Bangalore University, Bangalore -560056

Contact: Dr. R. Gopalakrishna, Associate Professor, Bangalore University, E-mail: rgkbub@gmail.com

Phone: 080-22961506. Mob: 9731981899

Or: Dr. T. V. Sairam, President

Nada Centre for Music Therapy, Chennai

Phone: +91-9891184950; Email: tvsairam@gmail.com

See: www.nada.in

UК

### Roehampton University, Surrey,

# **Dance Movement Therapy Programmes,**

Graduate Certificate, Postgraduate Diploma/ MA, M. Phil, PhD. For initial information and application contact **enquiries@roehampton.ac.uk** or write to Programmes Administrator, Arts Therapies Division, School of Psychology and Therapeutic Studies, University of Surrey, Roehampton, Southlands College, London SW15 5SL or **contact the Programmes Administrator on: 020 8 392 3000.Email: ArtsTherapies.programmes@roehampton.ac.uk** 

#### MA Dance and Somatic Wellbeing:

Connections to the Living Body is a unique visionary and pioneering program offering a professional training in Dance and Somatic Movement Education. MA graduates are qualified to be Somatic Movement Educators. Contact: Amanda Williamson, Email: acwilliamson@uclan.ac.uk

School of Creative & Performing Arts, University of Central Lancashire. MA course Information:

www.ismeta.org/mads.html

# First UK Certification Programme in Laban Movement Studies

DMPS (Dance Movement Psychotherapy Scotland), Edinburgh, Scotland, UK. bring LMA/BF training from Laban Institute of Movement Studies (LIMS), NY, to the UK.

Module one of the Certification Programme will begin in June 2012 as a

3-week intensive. Dates: Module 1 Immersion Mon 18 Jun - Sat 7 Jul 2012.

Fees: £1875.

 $\ensuremath{\mathsf{LMA}}$  is not simply a tool to 'understand, classify and interpret human

movement' but a framework that enables the student to become immersed in

their embodied experience of self, offering a new depth of self-knowledge

and a clearer awareness of other. Laban Studies raise the profile and

volume of non-verbal expression - in artistic and mundane contexts.

Programme Coordinator: Karen Studd CMA ISMETA, Principal Assistant: Susan

Scarth SrDMP CMA. The Edinburgh programme offers the potential for a strong and innovative

learning experience based in a World Heritage city. Those who will benefit

from the depth and breadth of these studies include dance movement

therapists, actors, artists, musicians, health and body practitioners.

Further information, www.dmpscotland.com /

www.limsonline.org or contact us directly by email LMA@dmpscotland.com

# 2-3 June 2012

# The Wisdom of the Body and Movement in Supervision

Intensive weekend programme at Queen Margaret University, Edinburgh - experience the teaching of internationally known dance movement psychotherapists exploring the role of the body and movement in supervision. Prof Helen Payne (founder of the UK Association in Dance Movement Therapy, Professor at the University of Hertfordshire and author of the book: Supervision in Dance Movement Psychotherapy). Dr Hilda Wengrower (co-editor of the book, the Art and Science of Dance/Movement Therapy: Life is Dance, Lecturer in Haifa University, in the University of Burgos, Spain and other countries). Jeannette MacDonald (ex chair of the Association for Dance Movement Psychotherapy, held the first NHS posts in the UK in Dance Movement Psychotherapy and has lengthy experience of teaching and supervising. Emphasis will be placed on acknowledging body-felt and movement signals brought to supervision as holding important information about the relationship between supervisors and supervisees and between supervisees and clients/patients. The following areas will be covered:

- a. Models for engaging the body and dance movement within supervision.
- b. Bodily engagement with movement observation.
- c. The use of embodiment and neuroscientific research.
- d. Somatic counter/transference.
- e. Ethical dimensions of somatic engagement.

Open to qualified arts therapists (drama, dance movement, music or art therapists), counsellors and psychotherapists or other professionals who offer (or intend to offer) therapeutic supervision for clinical practice. Fees: £185 (£130 concessions).

For further details about the weekend on supervision and and application form see:

http://www.qmu.ac.uk/at/Movement\_Based\_Supervision.htm

Dr Vassiliki (Vicky) Karkou, Senior Lecturer

Programme Leader for the MSc in Dance Movement Psychotherapy

Queen Margaret University, Edinburgh EH21 6UU, Scotland UK, 0044 131 474 0000

http://www.qmu.ac.uk/at/Dance\_Movement\_Psychotherapy.htm

M.Sc. Dance Movement Psychotherapy at Queen Margaret University, Edinburgh, Scotland, UK Accredited by the ADMP UK. The M.Sc. combines academic activity with clinical placement experience and the development of dance/movement skills. It can be studied full-time over 2 years or part-time over 3 years. See: www.qmu.ac.uk/at/Introduction\_to\_Dance\_Movement\_Psychotherapy.htm Or contact: Dr Vicky Karkou, VKarkou@qmu.ac.uk or HSAdmin@qmu.ac.uk

**USA** 

June 8 - 10, 2012

Motus Humanus Roundtable on Professional Issues

Conference theme: "Creative Uses of Laban Theory"

Hosted by Pomona and Scripps Colleges, Claremont, California. Creative work of all types that draws upon Laban theory for inspiration. **www.motushumanus.org Click Events, then click Upcoming.** 

June 16 to July 2, 2012 - Module 1.

Certification Program in Laban Movement Studies in Knoxville, TN. "Learn our other native language: Movement". Offered by LIMS and University of Tennessee. Immersion in Laban Movement Analysis. Three more Modules and Final Project to follow.

Contact: Kista Tucker KistaTucker@verizon.net or Deborah Whelan Deborah.Whelan@knoxschools.org; http://kistatucker.com/modular-program.php

ART AND PSYCHE IN THE CITY

June 16 to July 2, 2012 - Module 1.

Certification Program in Laban Movement Studies in Knoxville, TN. "Learn our other native language: Movement". Offered by LIMS and University of Tennessee. Immersion in Laban Movement Analysis.

Three more Modules and Final Project to follow.

Contact: Kista Tucker KistaTucker@verizon.net or Deborah Whelan Deborah.Whelan@knoxschools.org http://kistatucker.com/modular-program.php

New York, New York - July 19-22, 2012

An International Conference - Organized by the Art and Psyche Working Group, Sponsored by the Jungian Psychoanalytic Association, The International Association for Analytical Psychology and the Archive for Research in Archetypal Symbolism. Cosponsored and Hosted by New York University

Steinhardt School of Culture, Education, and Human Development: Department of Applied Psychology and Department of Art and Art Professions

The Art and Psyche website, at the Steinhardt School, NYU,

http://steinhardt.nyu.edu/conference/artandpsyche will list events scheduled in New York City in July 2012, as the information becomes available.

Send enquiries to artandpsyche@nyu.edu

Dance-Movement Therapy Association of Australia -- Tel. 03 9592 4017 info@dtaa.org.au -- www.dtaa.org.au --