



Current Moves, February 2013

Dance Movement Therapy Association of Australia (DTAA) Professional Development Events

March Saturday 3, 2013

Embodying the Chakras through Traditional Egyptian dance: Tools for Dance Movement Therapy – with Maria Sangiorgi
The Chakras are practical tools for creating physical and emotional connections. Combined with the spiritual blue print of the chakras they provide a vehicle healing. Egyptian dance expresses through spirals, waves, circles and strong connections to the earth, the patterns of the Chakras. Physical, emotional and spiritual change has been witnessed as a result of combining Egyptian dance to the physical expression and grounding offered by the Chakras. I have also witnessed change when I have applied it to my own DMT framework when working with various populations over the years. The workshop is aimed to provide the Dance Movement Therapist with tools they can include in their practice. See flyer www.dtaa.org.au

Contact Mandy Agnew, phone 98899123 / 0437348808; rmagnew@bigpond.com or admin@dtaa.org.au

Centre Post Framework Training with Amber Gray in 2013

Dates: June 29, 30, July 1 and 2. Ongoing dates this year October 13, 14, 15 16.

Body as Voice: Restorative Movement Psychotherapy Trauma and Resiliency Training Series

Exposure to traumatic events literally and metaphorically “freezes” our bodies, minds and spirits in a “lock-down” of past memories. Current neuro-psychiatric research has shown that when someone is traumatized, a majority of traumatic memory is implicit—or sensory-motoric. Many of the researchers endorse the use of non-verbal therapies for survivors to fully integrate the past with the present and restore well-being and balance. The training series will prepare clinicians, dance movement therapists, art therapists, and somatic therapists to work with survivors of trauma (in particular, trauma secondary to war, torture, interpersonal abuse, complex trauma, human rights violations, intergenerational and historic trauma, complex humanitarian emergencies and natural disaster) using a variety of very practical, body and arts-based practices and methods. See: www.restorativeresources.net

Contact Mandy Agnew on rmagnew@bigpond.com Or phone 98899123 / 0437348808

September 2013

Sara Boas and Jos Butte – will be back in Australia with variations of their exciting Lifedance

Either the first or second weekend in September

DTAA Memberships:

We have just reprinted more copies of the latest journal posted. If you haven't already done so, please send your subscription in now to get back onto our mailing list. We thank you for supporting the DTAA and its promotion of DMT in Australia. Without this support the Association could not function. **Contact:** admin@dtaa.org.au if you have any queries.

Dance Movement Therapy Training and Introductory Workshops

International Dance Therapy Institute of Australia < 2013-15 DIPLOMA IN DANCE-MOVEMENT THERAPY >

The Advanced Diploma programme is a three-year coursework, fieldwork and supervision programme comprising the IDTIA Certificate (a one-year course with 20 hours of fieldwork) and the IDTIA Diploma (a two-year course with a

minimum requirement of 180 hours of fieldwork and 65 hours of supervision). A supervised practice prerequisite must be completed prior to entry. Four coursework modules (two in the first year and two in the second year) are integrated with study projects, dyads, and regular dance therapy supervised practice. Trainees graduate from the programme with an Advanced Diploma in DMT. The Advanced Diploma will equip graduates with sound generic DMT principles and skills for working with people in group settings, and generally as part of a therapeutic team. Additionally, the supervised practice component will provide a solid grounding in application of DMT to a chosen population. Working at depth with any population needs advanced skill which will require further practice to develop, and will also depend on the extent of any other training and knowledge already acquired.

Certificate in Dance-Movement Therapy – has just commenced in Melbourne, VIC

One year, part-time; Six modules, each consisting of a W/E intensive workshop and tutorials

Training is supported by theoretical teaching and practicum. Provision for interstate trainees.

Contact: Tamsin Sawford, tsawford@hotmail.com

New Vocational Graduate Certificate in Movement Based Somatic Therapy

Presented by Pilates House trading as Tensegrity Training Contact: Tracey Nicholson

See full information under Tasmania or **Contact info@tensegritytraining.com.au**

Conferences, Information, Notices and Special Events – Australia

Seeking Creative Movement & Dance Volunteer

ERLS is seeking a new creative movement & dance volunteer to support a class for children with autism. This role is suitable for a student who enjoy teaching children to be expressive through creative movement, dance and drama and will have the guidance and supervision of an experienced Dance Therapist. Sessions run every Sunday morning in Bayswater Youth Hall from 10.15am -12.30pm. Corner of Station Street and Pine Road in Bayswater. Please feel free to call our Volunteer Co-ordinator for more information. Applicants will go through an interview and induction process. All volunteers will be required to have working with children's check and an up to date police check that will be processed by ERLS.

Contact: Melissa Lutui, Volunteer Incentive Program Coordinator and Project Officer Eastern Recreation & Leisure Services Inc; Bayswater VIC 3153 **Ph: (03) 9720 5944**

Email: vip@erls.net | Website www.erls.net

Seeking Work Experience

Slovenian primary school teacher, Katja visiting Australia in May 2013, is looking to further her work in dance-movement therapy music and art therapy. She has finished an Arts therapy programme in Ljubljana and subsequently works with elderly people, and in a psychiatric clinic leading workshops of arts therapies in Sarajevo, leading a workshop for daily activities of elderly people, she has conducted therapies with blind and short-sighted children and children with special needs. Her work has been based on her experience in post-war Sarajevo, Bosnia and Herzegovina. If you can offer a voluntary placement please **contact Katja**.

Contact: **Katja Jarc**. Email: katjarc@gmail.com

PACFA Mental Health Training Update

PACFA, in conjunction with the University of Canberra, continues to run on-line Mental Health Training Courses. Dates for the first half of 2013: 21 January - 3 February; 25 February - 10 March; 15 April - 28 April; 20 May - 2 June; 24 June - 6 July. The course of four modules takes a minimum of eight hours to complete. A certificate is issued on completion. The course contributes eight hours of Professional Development. Enrolments open to all practitioners, not just PACFA Registrants. Cost \$220 to members of PACFA Member Associations, or \$330 non-members. **Registration Form** from www.pacfa.org.au – return to PACFA with payment. **Enquiries: Kim Smythe, (03) 9486 3077** or admin@pacfa.org.au.

Please assist by completing this survey:

Dance Movement Psychotherapists/therapist experience of vicarious trauma

It is a part of a dissertation for an MA in DMP for Mira Schauble who is from Australia and completing her studies in dmp at Roehampton University in the UK.

There are 31 questions that take between 5 to 10 minutes to complete. Mira says

“Thank you to all who can help! “ **Go to: <https://www.surveymonkey.com/s/JXBF3MB>**

for the survey and feel free to pass this on to any DMP/T colleagues whom you think might be able to assist.

Dance Research - Journal-Call for Papers

'BODY PARTS: Heads, Hips, Fingers, Feet, Chest, Belly, Butt.

Special issue to attend to the way particular body parts are central to the aesthetic configuration of certain dance styles and how those isolated movements carry cultural, historical and political significance. In this issue, we seek to explore how the fragmentation of the body can both be limiting or reductive for the dancing body, as well as liberating and transformative; and we reflect on how these compartmentalized motilities might work in compliance with or in contradiction to the whole. Submissions by June 30, 2013. Approx. 6,000 words

Enquiries: Sherril Dodds, Prof./Chair Dep.Dance, Temple University Philadelphia Email:

sherril.dodds@temple.edu

The Academic Journal of Creative Arts Therapies (AJCAT) is **accepting submissions** for the next issue for 2013. This journal of the University of Haifa is a peer-reviewed academic journal and this issue will be exclusively devoted to Creative Arts Therapies. It aims to publish original articles in several languages. Researchers, and practitioners are invited to submit articles, book reviews, news of forthcoming conferences and events; or briefs reports on new theses and dissertations;

Contact: Rose G: <rs-gu@hotmail.com visit:

http://ajcat.haifa.ac.il/index.php?option=com_content&view=article&id=1&Itemid=2&lang=en

Body Movement and Dance in Psychotherapy

*For those interested in receiving this excellent Journal (now 4 copies per year) at an incredibly low cost, see details of the special offer for DTAA members in Moving On.

Call for Contributions

Special Issue of Journal for Dance & Somatic Practices on Transcultural Perspectives on Somatic Practices and Research. From ICTM Ethnochoreology Study Group [ETNOKOR@SI-LISTSERV.SI.EDU] On Behalf Of

A.Grau@ROEHAMPTON.AC.UK A.Grau@ROEHAMPTON.AC.UK More information at

<http://jdsp.coventry.ac.uk>.

PACFA applications for Research Seed Grants

PACFA supports the development of research into counselling and psychotherapy by offering research Seed Grants of \$4,000. They will be awarded for research projects compatible with PACFA's research - 2012/13 research priorities, and relevant to PACFA's mission.

Contact Maria Brett, Executive Officer, maria.brett@pacfa.org.au

Ph: 03 9486 3077; 290 Park St, North Fitzroy, VIC, 3068, See: www.pacfa.org.au

Society For Psychotherapy Research - A Dialogue between Psychotherapy Researchers.

Are interested in the full spectrum of psychotherapy and counselling interventions for individuals, families, couples or groups, including self-help, online and telephone interventions as well more traditional face-to-face services. - **Both quantitative and qualitative research** into therapy process is outcome. **Contact: Danielle Anderson,**

Australian Association Family Therapy.

admin@aft.asn.au; www.aft.asn.au; PH: 03 9429 9938

Climate Change made visible

Oceanic Sydney was well received at Customs House - a part of the Art & About Sydney program. Presentations in Hobart and Newcastle are planned for 2013. To assist with this we seek feedback on the Sydney event - please see a video record then complete a BRIEF survey on:

<http://www.livingdata.net.au/content/presentations/2012Art&AboutSydney>

Video.php Contact: Lisa Roberts: lisaroberts49@gmail.com

Victoria

Dance Mandala

Creative dance workshops to weave vision and intention for yourself and the world you inhabit into a mandala for prayer and reflection, Leinster Grove Community Centre THORNBURY

Mandala is Sanskrit for Circle. It has spiritual and ritual significance and plays a key role in establishing a sacred space for meditation and trance

For information on future workshops **contact Kat Worth; Whole Body Dance Movement**

Ph. 0412992513; dancingkat@iprimus.com.au; Facebook/Whole Body Dance Movement

Wise Woman Moves -

12th Feb - 26th March (8wks)

The Wise Woman Moves program provides a unique opportunity to enjoy movement and dance to music from around the world, in a safe and nurturing space. During the year we investigate various themes and delve into our creativity.

We explore new ways to create greater self-awareness and achieve inner peace, while having fun along with the way.

Sessions include Dance-Movement Therapy, drawing and discussions. Term 1 Theme: Power of the Five Elements -

Water, Fire, Wood, Metal and Earth - Learn how the traditional Five Element approach improves your ability

to adapt and thrive when faced with life's challenges. No previous movement experience required. The sessions also offer new and exciting resources to those that are experienced movers.

Charisma Dance Centre, 1 Queens Pde, Glen Iris, 3146; Tuesday Afternoons 12.45-2.45pm

\$35/2hr session - term commitment appreciated. **See: www.moveintolife.com.au**

Enquiries and Bookings: Mandy Agnew 0437 348808

Sat 17/02/2013 & Sat 17/03/2013

DRAWING AND MOVEMENT WORKSHOPS

Life drawing with a difference - a pilot class focussing on life drawing as a physical experience exploring experimental mark making to music - focusing on the experience and not the final drawing. A sensory experience getting a feel for

movement and body language.

Facilitated by Marina Bistrin & Libby Letcher.

Marina is a life model and dance teacher, who uses imagery, words and music to free people up to dance in her classes.

Libby has been teaching life drawing for 10 years with a focus on sensory mark making with mindful techniques.

Suitable for regular drawers and anyone who has never drawn as well. \$50/40 concession for each session.

Princes Hill Community Centre, in Upstairs Studio, Rear 270 Macpherson St, Princes Hill (North Carlton). From 2pm to 4.30. **BOOKINGS: Marina Bistrin 0438 580 889**

marinabistrin@optusnet.com.au; www.dance-explorer.com

Soul Moves

In Soul Moves you will have opportunities to experience yourself in new ways through movement exploration, self awareness and relaxation. Freeing and increasing range of movement can also be a way of building a more flexible and toned body. During these sessions you will be guided to find your inner experiences while holding the potential to give expression of personal stories. Creative movement, intuitive drawing and writing to shape and express ourselves physically, mentally and emotionally will be used.

No previous experience is required. The sessions also offer new and exciting resources to experienced movers. 2013 - Wednesday Evenings 6.30-8.30pm; Cost: \$40/2hr session

Term 1 Dates: 13th Feb - 27th March (7wks); Term 2 Dates: 17th April - 26th June (11wks)

Term 3 Dates: 17th July - 18th Sept (10wks); Term 4 Dates: 9th Oct - 11th Dec (10wks)

Venue: Monash Studio ~ for Movement-based Expressive Arts; 1 Forest crt, Glen Waverley. 3150. **Bookings**

Essential - Mandy 0437 348808 or Tiana 0421 045 438

Further information on: www.moveintolife.com.au

Thursday 7 March and Thursday 14 March 2013

"Creative Play and Movement Together" to support mother -infant interaction

Auspiced by the Parent Infant Research Institute (PIRI) Austin Health at the Department of Clinical and Health Psychology, Heidelberg Repatriation Hospital, 300 Waterdale Road Heidelberg Heights 3081. Two half day workshops - 9.00am - 1.00pm.

The workshops will examine the use of creative play and dance to engage the infant and mother and setting up the space to encourage the infant's interest and the mother's imagination. Observational skills and selected movement/dance interventions will be practised and evaluation of creative interventions research outcome data presented.

Elizabeth Loughlin Prof member DTAA has worked for many years as dance therapist in group and individual mother-infant dance therapy at the Infant Clinic, and Parent-infant inpatient program at the Austin Hospital as well as in the mother infant day program at the Albert Road Clinic, private psychiatric hospital. She co-facilitates a Community therapeutic playgroup model and offers supervision in early mothering areas.

Contact: Elizabeth Loughlin a/h 94829312 loughlin@clari.net.au or elizabeth.loughlin@austin.org.au or Dept Clinical and Health Psychology, Austin Health 94964496 Elizabeth.Groth@austin.org.au for Brochure, costs and registration.

May 2013

Dance Hub - Attention dancers in the Outer East (Melbourne)

Workshops: Tuesday 30 April & Tuesday 7, 14, and 21 May 7-9pm

Informal performance: Saturday 25 May 8pm

An exciting FREE dance program for local dancers, dance teachers, physical performers, tertiary dance students and choreographers. Work with leading dance artist Jodie Farrugia and guest Melbourne choreographer Jo Lloyd to explore dance and choreographic practice.

Four workshops will push participants to explore new contemporary dance vocabulary and choreographic material to perform on stage at Knox Community Arts Centre.

Contact: Samara Cunningham, Knox Art Centre Marketing Officer 9729 7287

Dance and Movement Workshops with Suzanne Hurley

Suzanne is an experienced dancer and counsellor, interested in aspects of improvisational movement practice that apply across both disciplines.

PREGNANT BODY STORIES - is for women that are or have been pregnant.

PREGNANT PAUSE - is for women waiting to be pregnant.

MOVING STORIES - is an exploration of improvised dance & movement that focuses on being present to who you are ... inviting yourself as well as others into your story from today, before today, and in front of tomorrow. Questions about self to communicate, who am I in this body before you? Which parts of myself do I avoid when I move, what happens when I invite what I avoid to be present and what is present when I am moving that is otherwise hidden?

Enquiries for future dates 0402 407 925; suzanne@suzannehurley.com.au; www.suzannehurley.com.au

Spiral Dance

Improvisation and Expressive Dance to guide you deep into yourself and connect back out to others in the world around you. Workshops are playful, imaginative and informative.

Kat Worth has been leading dance and movement workshops with community and professionals since 1992. She moves

between the worlds of making live performance, film and improvisation and guiding herself and others to dance their own dance wildly at their hearts content. She works in hospitals, schools, aged care, rehabilitation, detention, beaches and laneways. Her work is ceremonial, transformational and artistic. **Contact Kat** for details of the next workshops planned. **Call:0412 992 513; email dancingkat@iprimus.com.au**

Diploma in Teaching Creative Dance at Mangala Studios Carlton

Ideal for teachers, therapists and dancers, it combines dance, art, music and pedagogy as an integrative system for personal development and education. The course runs part time for 18 months.

For further information contact Mangala Studios. ph: **96635603**

e-mail: info@mangalastudios.com.au; www.mangalastudios.com.au

Dance with your Baby.

Two sites in Melbourne offer the joys and delights of Mother- Baby Dance a relaxing and nurturing time for mothers, and for musical and movement experiences for babies to share with their mothers.

Fridays: 11.30am at Ashburton Baptist Church Hall St Ashburton 3147 with Elizabeth Mackenzie, creative dance teacher and dance therapist. A community project in partnership with Ashburton Baptist Church. **Contact Elizabeth Mackenzie 03-9836 7386 for bookings. www.movingtogetherdance.com.au**

Wednesdays: 12.15 pm at Lieto Creative Dance Studio, North Fitzroy, **www.lietocreative.com.au** with Elizabeth Loughlin, creative dance teacher & clinical mother-infant dance therapist. **Contact Elizabeth 03-94829312 or email loughlin@clari.net.au.**

These sessions also offer opportunity for those interested in developing dance with mother and baby to assist in the sessions, and learn about dance arts and therapeutic methods with this population.

Bollywood Dance Classes

Give yourself permission to do the things that bring you joy and have some fun! Take some personal time out to reconnect with your body, mind and spirit through meditation, dance and performance.

Bollywood Dance is not just a style of dance- it is a multilayered, multi-modal experience where music, dance, story-telling, drama and performance come together to create a magical world where anything is possible! You do not need any prior experience to learn Bollywood dance- people of all ages, shapes and sizes in many different parts of the world enjoy this expressive and energetic style of dance. Classes are now available in Doncaster and Bentleigh.

? Learn new ways of moving the body

? Connect with muscles you never knew you had &

? Let your inner superstar shine!

Doncaster Classes: Mon: 6pm - 7pm, The Youth Brigade - Teens

Mon: 7pm - 8:30pm, Bollywood Blast - Open class

Fri: 11.30am - 1pm, Morning Masala Madness - Open class

Bentleigh Classes: Tue: 11am- 12pm, Bollywood Blast- Open class

Click here for course dates, location and detailed flyers- **<http://eepurl.com/t8Wcr>**

For more information and bookings, please contact **Anjali on 0401 334 738, email info@embracingspirit.net or visit www.embracingspirit.net/bollywood-dance**

MANGALA STUDIOS

Teaching Creative Dance and Yoga to Children and adults.

The experience of creative dance and yoga has deeply influenced Mangala Studios.

The programs provide a unique chance for all children to have fun with creative aspects of dance, design and yoga in a stimulating environment. Music and Dance! Art and Dance! Solo and Ensemble Creative Dance! Poetry and Dance. All aspects of the Creative Dance can be experienced And Yoga for body, mind and spirit. **Contact:** Mangala Studios, 73 Grattan St. Carlton, 3053.

Ph: 03 96635603; e-mail: info@mangalastudios.com.au; www.mangalastudios.com.au

Dance improvisation including cross-cultural fan dance and other traditional dance styles.

Enquiries: Marina Bistrin 0438 580 889.

marinabistrin@optusnet.com.auwww.dance-explorer.com

Creative movement for children with special needs and "Women Who Flow With The Sea" groups to celebrate the feminine spirit. Sally Low, Physiotherapist, Feldenkrais Practitioner, Creative Movement and Dance Teacher has a private practice in Newport. Her work with children is developmentally structured **Tel: 0405170090 or e-mail sallylowrehab@hotmail.com**

In-depth movement psychotherapy, Authentic Movement for individuals, couples and groups, and Supervision: Linda Murrow, M.A. ADTR Prof. member: DTAA, Vic. Ass. Family Therapists, Aust. Assoc. of Relationship Counsellors, PACFA Reg, is an experienced DMT and expressive arts and couple therapist. She works with individuals, couples and groups at Relationships Australia and in private practice. Linda also teaches at the Phoenix Institute of Victoria.

Contact: lindamurrow@aapt.net.au or mobile: 0421 999 839

Private DMT and Feldenkrais sessions in Malvern, and on-site supervision for DMT graduating students from Bella Grossberg. Bella, DMT, Prof. member DTAA, Feldenkrais practitioner and counselor, is a graduate of Dr. Marcia

Leventhal's first training program in Melbourne. She believes in the inherent healing power of dance and its power to change past limiting patterns with new empowering ways to move, think, and feel. Call **Bella** on **9576 2644** or **email: pgberg@bigpond.com**

Body Voice Centre news and events:

Weekly breath groups: Mondays 1.30 to 3.00pm (open to all);
Wednesdays 9.30am to 10.45am and 11.15am to 12.30pm;
Fridays 9.30am to 11am. These sessions are open by application to people who are already familiar with the work or who have attended the introductory Saturday half-days. Monday is also open by application to people new to the work. Individual hands-on breath sessions available with Middendorf breathwork practitioner John Howard. These 'breath dialogue' sessions are a way of connecting more closely with oneself through heightened awareness of body and breath. Single sessions \$70/50; set of five \$300/\$200. **Contact: jdhoward@alphalink.com.au**. Body Voice Centre
50 Wolverhampton St, Footscray, Vic 3011; www.bodyvoice.com.au

MONASH STUDIO~ for movement-based expressive arts

MIF: Moving Into Facilitation.

For more information and dates of next events, **contact Tiana: 0421 045 438 www.monashstudio.com.au or tianamoves@optusnet.com.au**

YOGADANCE Tuesdays 7.15-8.45pm - A combination of hatha yoga and creative movement.

SOUL MOVES – see information above. Monash Studio, 1 Forest court, Glen Waverley. 3150 Contact **Mandy 0437348808** or **Tiana 0421 045 438, (03) 9574 9016 www.monashstudio.com or info@monashstudio.com.au**

For Volunteer Opportunities working with Tiana Lentini:

Phone: **Tiana on 0421 045 438 www.monashstudio.com or info@monashstudio.com.au**

Ideokinesis and Movement with Shona Innes.

Ideokinesis is the practice of imagining a moving image within your body. This encourages mechanical balance, integrates imagination and sensory experience and offers a platform for creative action. For information on forthcoming workshops:

Contact Shona – 0421 285 338 <mailto:atinnes@alphalink.com.au> or go to <http://alexanderthinkingbody.alphalink.com.au>

Lieto Creative Dance Studio: Elizabeth Loughlin

Classes and short courses at Lieto Studio, North Fitzroy, VIC. **Ring Elizabeth**, creative dance teacher and DMT, on **94829312**, or **email loughlin@clari.net.au** for further information. **www.lietocreativedance.com.au**
See also under Classes, Mondays in Victoria

Soul Dance

3rd Sunday each month - at Olinda Primary School, Charlemont Lane, Olinda.

10am – 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centring dance – great location, music and people.

Tony Norquay, 03 5678 5525 or 0418 134 709 or norquaytd@ihug.com.au

NEW SOUTH WALES

Commencing just commenced Drummoyne - "**Gifts of Emotions**"

10 workshops using creative arts, movement and games to discover the gifts of emotions. Create new ways of emotional responses to promote self-growth. Cost: \$220 for 10 sessions or \$35 per week. Contact **Cecilia Tsz Kai, Lau** at **0430 376 838** or **ctlklu@gmail.com**. **www.movingconnect.com.au**

5rhythms Dance and Dance Therapy with Michelle Mahrer

Wednesday nights UNSW Dance Studio gate 2 High St Kensington 7.30 - 9.30pm

Follow your own authentic way of moving with 5 rhythms dance, a movement meditation based on 5 basic rhythms - flowing staccato, chaos, lyrical and stillness which form a wave.

Radiance Dance - fortnightly on Sunday mornings 10-30 - 12:30pm

An invitation to awaken energy, healing and transformation through 5 rhythms dance

Sanctuary - A journey into the dance of the soul with 5rhythms dance, authentic movement and drawing. Monthly Sat. afternoons .

More info: **www.michellemahrerdance.com Email: mmahrer@bigpond.net.au**

All About You - Flexibility & Support

Workshops with Michael Muir - The Awareness Institute, Suite 1, 20 Clarke St, CROWS NEST NSW 2065. Michael works with connective tissue and gentle somatic exercises and free form dance to support our bodies re-establishing structural alignment and bring us back into balance - physiologically and emotionally. **Contact: Michael Muir** for group dates, more information or to secure a place. **Mobile: 0414 888 248** or **Email: michael@soupa.net**
http://www.goodtherapy.com.au/michael_muir

Way of the Feminine Workshops with Satyo Cate Sullivan (BCA, MA (Cat) PACFA Reg.)

Utilising naturally expressive movement, creative arts therapies (eg. drawing, clay, writing); body sense; relaxation and awareness skills. At Home in the Feminine: Exploring and connecting more fully to the richness and depth of your own unique feminine nature: For future workshop dates or individual counselling and therapy sessions **contact Satyo on 02 4885 1727 or 0412 122010**

Re-Form – just beginning:

Our bodies know us better than we know ourselves. We have headaches before we realise we are stressed, neck aches before we realise we are tired and restless sleep before we realise we are upset. Re-Form helps people, through movement, engage with the wisdom of our bodies as a window into our inner realities.

The Basement, Pittwater Uniting Church, 10 Jubilee Ave, Warriewood, Thursdays, 6:30 – 8pm

8-week program, Cost: \$200 for 8 sessions or \$30 per week.

Contact Esther to Esther Edwards; Dance Movement Therapist; A Whole Lot of Dance
0407 769 943; www.aholelotofdance.com.au

DRAWING MOVEMENT with Lisa Roberts

ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney.

Modelled on traditional Life Drawing, but instead of drawing a hired model, turns are taken to move and be drawn, using simple 'scores' that are designed to expand the dynamic range of expression. Cost \$10, bring your own drawing materials. **See: www.lisaroberts.com.au; www.antarcticanimation.com; www.livingdata.net.au**

For more information; **Contact Lisa: 02 9550 2805; lisa@lisaroberts.com.au**

<http://www.lisaroberts.com.au/content/workshops/workshops.php>

Tasmania

Vocational Graduate Certificate in Movement Based Somatic Therapy

Presented by Pilates House trading as Tensegrity Training

Course delivered over 1 year through attendance at 5 weekend modules, virtual online classes, self-learning and supervised clinical practice. Each module can be enrolled in and in any order once Module 1 has been completed. The Vocational Graduate Certificate is at AQF level 8, a higher level qualification than a Certificate IV, Diploma or Advanced Diploma and aims to prepare experienced practitioners to be effective Movement Based Somatic Therapy professionals. The course includes theoretical study of developmental movement patterns, self-psychology, movement analysis, somatic education and their influence on the potential negative behaviours that may prevent a client's recovery. The course covers the theory of common pathologies, chronic conditions and injuries encountered in Allied Health. Graduates apply treatment techniques based on the principles of Somatic Exercise, Laban Movement Analysis, Barteneiff Fundamentals, Psychology of Touch, Psychotherapy and Client-Centred Counselling. The course will cover skills required to use a combination of hands-on, verbal and movement exercise techniques to deliver highly effective treatment to a broad range of clients. Bookings & more information: **Tracey Nicholson**
info@tensegritytraining.com.au

West Australia

Sat 16 to Wed 20 February 2013 Perth

Embodied Bellydance® Australia Intensives. Booking & Enquiries For Workshop & Module Content **contact: Cindy**

Hyde: cindyh@gipps.net.au or Maria Sangiorgi: info@embodiedbellydance.com

More information: <http://www.embodiedbellydance.com/workshops/australia/>

Classes Victoria

Mondays:

Elizabeth Loughlin, Ongoing creative and expressive dance - 7.45 - 9 pm.

At Lieto Creative Dance Studio, North Fitzroy 3068. **Ring Elizabeth**, creative dance teacher / dmt on **94829312** or **email: loughlin@clari.net.au** See: **www.lietocreativedance.com.au**

Tuesdays:

YOGADANCE Tuesdays 7.15-8.45pm

An ongoing class. A combination of hatha yoga and creative movement.

For registration **contact Tiana: 0415 644 060**

(03) 9574 9016 www.monashstudio.com or info@monashstudio.com.au

Wednesdays:

RUMBA FLAMENCO / DANCE-EXPLORER in Macleod

Wednesday nights with Marina Bistrin - 7.0 pm to 8.0. \$20. **Enquiries: Marina Bistrin 0438 580 889, 03 9444 8212; marinabistrin@optusnet.com.au, website www.dance-explorer.com**

Fridays

SOUL MOVES - on-going classes 7-9pm

A combination of Movement Ritual and Halprin life/Art Process. Join us for movement explorations, drawing and

dialogues. **Tiana 0415 644 060, 9574 9016 www.monashstudio.com or info@monashstudio.com.au**

Saturdays

Body Voice Centre

'Meeting the breath': half-day workshops

Dates, Bookings and further details: **email info@bodyvoice.com.au**

Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 **www.bodyvoice.com.au**

Sundays

Soul dance - 3rd Sunday each month

Olinda Primary School, Charlemont Lane, Olinda. 10am – 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centering dance – great location, music and people.

Call Tony Norquay on 03 5678 5525 or 0418 134 709 or email: norquaytd@ihug.com.au

Ongoing Classes New South Wales

Mondays:

Movement and Drawing

6-8pm Mondays, ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney. See full information above under NSW. Contact: Lisa Roberts PhD (UNSW); **<http://lisaroberts.com.au/>**

lisa@lisaroberts.com.au 02 9550 2805

Dance is MY Therapy - dance classes with a difference - 8:00-9:00pm Sydney.

The classes explore the therapeutic benefits of dance, with a focus on creativity, expression and general health and wellbeing proving that everybody can dance!! Expect the unexpected and enjoy the benefits of dance for mind, body and spirit.

Dance Alive Studios, 107 Regent St, Chippendale (near the corner of Meagher St)

Contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com.auwww.kirstydance.com.au

Mondays 2- 3.30pm, Rex Centre, Kings Cross

Creative Movement for Seniors (50+)

\$3 (subsidized by Sydney City Council)

Revitalizing, relaxing, guided self expression/movement exploration..

Connecting with stimulating music, ideas and people.

Contact Meredith Lucy 0400447951 or Email: meredithlucy6@gmail.com

Thursdays

'Moonbeam Movement' - Mums and Bubs classes, 9.30am - 10.30am

At: Lifepod, 1A Victoria St, Paddington

Six-week courses of gentle, intuitive and fun dance/movement experiences for mothers and babies aged 5 months to walking. Explore the magical space that exists between you and your baby. **Contact: Suzy Wolanski Ph:**

0413444914; Email: suzy@moonbeammovement.com.au

Fridays

Authentic Movement 6.30 - 9pm in Rozelle

A setting for a movement practice where a supportive group of committed people practice inner focus and containment to deepen personal awareness. The practice can facilitate a therapeutic release through contacting unconscious material, support creativity by exposing new ideas and it can be a community building activity by connection to a wider, collective sense of self.

Beginners and experienced movers welcome.

Contact Meredith Lucy 040 044 7951 or meredithlucy6@gmail.com

Saturdays:

Accessible Dance - 10:00 -11:00am

A dance class for dancers with a disability over the age of 16, with emphasis on ability, creative expression and having fun dancing and moving. Carers welcome to join in.

Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on left.

For more information **contact: Kirsty Fromholtz - 0402 644 510**

kirsty@kirstydance.com.auwww.kirstydance.com.au

Overseas Conferences and Training

India

October 7 - 11, 2013

21ST Conference of Asian Federation on Intellectual Disability (AFID).

The theme of the 21st AFID Conference, to be held at the India Habitat Centre in New Delhi, India is "Towards Dignity &

Quality of Life - Evolving Individual Capacity with Family & Community Participation". For information on submitting presentations and registration see: <http://www.afid2013.in/>

Sahayog Foundation certificate Movement Therapy and Counselling

A five month training with a theoretical framework of therapeutic dance and creative-healing movement activities. It also includes evolution, philosophy and objectives of movement therapy, innovative techniques in group/individual work, facilitation skills, case studies and movement evaluation. TRIPURA KASHYAP teaches the bodymind movement therapy component.:

At NarenJayen Studio, Bhoomika, 53 Bharati Artists Colony, Vikas Marg (near Nirman vihar metro station), New Delhi – 110092, India

Contact: RIYA MANDAL Email: riyam.7492@gmail.com/subsyalag@yahoo.com

Blogspot: www.tripurakashyap.blogspot.in / www.bhoomikadance.blogspot.in / www.asimwaqif.com

Korea

Jun 28 - Jun 30, 2013

KDTA 2013 International DMT Conference

Seoul Olympic Parktel, Seoul, Korea Jun 28 - Jun 30

“HEALING, CONNECTION, HARMONY through Dance Therapy”

Dance/Movement therapists, arts therapists, psychotherapists, movement psychotherapist, psychiatrists, and allied professions can share knowledge and experiences under the themes of • Healing: DMT for Medical treatment and Health care

Connection: DMT for Happiness within Family, Organization and Community

Harmony: DMT for Peace within Multi-cultural Families, School, Society

KDTA invites you to join them in Seoul!

See: www.kdmta.com; Email: dmtworld2013@gmail.com

Facebook: www.facebook.com/groups/kdmta

UK

June 24th, 25th, 26th 2013 in Bristol UK

Call for abstracts - Culture, Health and Wellbeing international Conference

Oral Presentation; Poster Presentation; Participatory Workshop and Performance /Film

Themes: Healthy and Creative Ageing; Global Health Inequalities and Culture; Culture and the Social Determinants of Wellbeing. Deadline for submissions - December 21st 2012. Then **send to: Alexandra Coulter, Director : 01305 269081; M: 07973345967, E: alex@ahsw.org.uk**

W: <http://www.ahsw.org.uk>; www.culturehealthwellbeing.org.uk

Roehampton University, Surrey,

Dance Movement Therapy Programmes,

Graduate Certificate, Postgraduate Diploma/ MA, M. Phil, PhD. For initial information and application **contact enquiries@roehampton.ac.uk** or write to Programmes Administrator, Arts Therapies Division, School of Psychology and Therapeutic Studies, University of Surrey, Roehampton, Southlands College, London SW15 5SL **or contact the Programmes Administrator on: 020 8 392 3000. Email: ArtsTherapies.programmes@roehampton.ac.uk**

MA Dance and Somatic Wellbeing:

Connections to the Living Body is a unique visionary and pioneering program offering a professional training in Dance and Somatic Movement Education. MA graduates are qualified to be Somatic Movement Educators. **Contact: Amanda Williamson, Email: acwilliamson@uclan.ac.uk**

School of Creative & Performing Arts, University of Central Lancashire. **MA course Information:**

www.ismeta.org/mads.html

UK Certification Programmes in Laban Movement Studies

DMPS (Dance Movement Psychotherapy Scotland), Edinburgh, Scotland, UK.

bring LMA/BF training from Laban Institute of Movement Studies (LIMS), NY, to the UK.

Programme Coordinator: Karen Studd CMA ISMETA, Principal Assistant: Susan

Scarth SrDMP CMA. The Edinburgh programme offers the potential for a strong and innovative

learning experience based in a World Heritage city. Further enquiries about dates and costs see;

www.dmpscotland.com /www.limsonline.org, email LMA@dmpscotland.com

M.Sc. Dance Movement Psychotherapy at Queen Margaret University, Edinburgh, Scotland, UK

Accredited by ADMP UK. The M.Sc. combines academic activity with clinical placement experience and the development of dance/movement skills. It can be studied full-time over 2 years or part-time over 3 years. **See:**

www.qmu.ac.uk/at/Introduction_to_Dance_Movement_Psychotherapy.htm Or contact: Dr Vicky Karkou, VKarkou@qmu.ac.uk or HSAdmin@qmu.ac.uk

USA

March 9&10 2013

The Dance of Interaction: Embodied Relationships in Dementia Care

California Institute of Integral Studies, 1453 Mission Street, San Francisco, CA 94103

Social-emotional support for people with dementia through the caregiver's conscious use of movement. This training is relevant to all areas of care, including approaching and departing, shaping one's body to a seated person, encouraging and accompanying people to appointments and meals, and engaging them in activities. Practicing these nonverbal elements on an embodied level, trainees will not only know what to do cognitively, but will be able to change their ways of relating physically, socially, and emotionally to the people in their care.

Contact Donna Newman-Bluestein, M.Ed., BC-DMT, LMHC and see:

http://www.ciis.edu/News_and_Events/Event_Calendar/Chang_SP13.html

October 2013

The 48th American Dance Therapy Association (ADTA) Annual Conference, 2013

Dance/Movement Therapy: Creating Community Connections: Brooklyn and Beyond

Call for Proposals - Via Online Submission only. Deadline - February 15, 2013, no later than midnight

Emailed or mailed paper proposals not accepted.

See: www.adta.org and conference

Kinnections' Alternate route program - **Accepting applications now for - Dance/Movement Therapy I.** A hybrid course integrating video conferencing beginning in February 2013 and in-class work June 24 -28, 2013. Get a heads up for our summer schedule which we will post on our web site: **www.kinnections.com**

Dance-Movement Therapy Association of Australia -- Tel. 03 9592 4017

info@dtaa.org.au -- www.dtaa.org.au --