

Current Moves February 2011

SUNDAY, 6 MARCH, 2011 2:30 – 4:00pm

Celebration of life and musical legacy of Nehama Patkin OAM

Memorial Concert with Compere - Peter Couchman

Performers include - Suzanne Johnston, Rebecca Chambers, Tony Gould, Peter Hurley, Louisa Breen, Vocal Folds 4, and many more!

ROBERT BLACKWOOD HALL, Monash University, Clayton (Melway map: 70 F11)

Everyone welcome. Tickets Adult - \$22; Student/Concession \$18

CONCERT and Refreshments afterwards - book by Friday 25 February.

Adult - \$42; Student/Concession \$38

Monash University Box Office (Hours: 9:30am – 4:30pm, Mon. – Fri.)

Ph: 03 9905 1111 or book online: <http://www.monash.edu.au/monart>

Website: <http://rememberingnehama.com/>

Email: concert@nehamapatkin.com Phone: 0419 115 885

DTAA's Peer Mentoring Program in Melbourne

In 2010 this took place on Sunday mornings at approximately 6 weekly intervals at Dancehouse (upstairs studio), 150 Princes Street, Carlton. The program is for members of the dmt community to promote working together, getting to know each other as peers through a focus on creative movement explorations directed towards individual or collective themes and discussions that grow from the experiences.

If you are interested in this program continuing contact:

Jennifer Ford: Ph: 9772 9352 m: 0410 922 228 email: jenniferford@live.com, or

Tiana Li Donni, ph: 9574 9016 m: 0421 045 438 email: tianamoves@hotmail.com

Victoria

5 Mar, 19 Mar 2011

Anatomy in Movement level 1.

For movers who want to understand what's happening in movement, Meran Cassidy will draw on the story of evolution in the discovery of the bones, muscles and joints inside us. We will feel, touch, embody; on the skeleton, on ourselves, on each other.

From the spherical movement of the cell, or the side to side movement of the fish; each step in evolution opens a window into understanding an aspect of our own movement.

Each week will cover a different region of the body, involving also colouring and reading. This class is designed to cater for people with a variety of learning styles. Our aim is to help you understand your movement and feel confident in your ability for inquiry and self-education.

Time: 9am-2pm every second Saturday

Where: Cecil St Studio, 66 Cecil St Fitzroy 3065

Contact: Meran Cassidy 0413736966 meran@embodying.com.au www.embodying.com.au

Soul Moves, Yogadance, Movement Ritual, Biodanza

At: Monash Studio ~ for movement-based expressive arts. Glen Waverley. **Contact Tiana Li Donni on: (03) 9574 9016 or 0421 045 438 Email: tianamoves@hotmail.com. Studio also for hire.**

March / April, 2011 Monday nights - 6:30-8:30 pm

Creative Arts Therapy 6 Week Group – Term 1.

The weekly groups are an opportunity to explore a wide variety of Creative Arts Therapy processes in order to open

up and reinvigorate your inspiration, personal growth and self awareness. The group is kept small and consistent, in order to create an intimate and supportive environment.

We will use modalities such as drawing, painting, writing, clay, collage, movement, body awareness, symbols and more to explore authentic expression, and access new insights and understanding.

These groups are suitable for anyone seeking some unique time out each week, especially for you, to connect, nurture, and reflect. Every group is designed to be different and distinctive, so if you've attended before, your next experience will be just as unpredictable as your last!

No previous arts experience required.

MIECAT, 17 Victoria Street, Fitzroy

Contact Jennifer on 0417 562 024, or jenniferberlingieri@gmail.com or go to <http://creativeartstherapy.com.au>

Saturday 12th March until Monday 14th March

MOVING FROM THE INSIDE

A Performance Lab with Hoffman Soto

10 – 5 each day at St John's Uniting Church Hall

567 Glenhuntly Rd, Elsternwick - Cost: F \$295 C \$250

This three day movement based workshop is for those who have a desire to improvise, express and create with others. Soto will guide us in movement awareness practices that will deepen our connection to our bodies. Anchored in our physicality, we will use movement, to give form to our personal stories and myths and to gain personal insight and develop ourselves as artists and human beings. The workshop is open to all, with or without previous movement/art experience.

Soto, master teacher and international presenter of improvised movement theatre and somatic therapies, based at the Tamalpa Institute in San Francisco, brings over 40 years experience in teaching, performing and studying movement arts, including several martial arts, Post Modern, African and Brazilian dance, Japanese Butoh and body work.

For information contact Viv

9531 3125 or 0449 164 040; vivneale@optusnet.com.au

Body Voice Centre

Performance Practicum working weekend 25-27 Feb has some places

available by application. See: http://www.bodyvoice.com.au/html/practicum_2010-11.html

Individual vocal development sessions with John Howard available

now: set of five one-hour sessions for \$250 full, \$150 concession. Email

John on jdhoward@alphalink.com.au

Saturday March 19, 1-5pm

'Meeting the breath': half-day workshop

Half-day group workshops are a starting point for those interested in experiencing how, in a practice of Middendorf breathwork, breath that is allowed to come and go on its own can be encountered through presence and bodily sensation. The workshops are led by Middendorf practitioner, John Howard and are now conducted on the basis of 'pay as you feel'. A container for payments and receipts is available.

Body Voice Centre, 50 Wolverhampton St, Footscray.

Bookings & further details: email info@bodyvoice.com.au

March 17 (Introductory Course), 18 – 20, 2011 Summer Conference

EMPATHINK Association for Psychoanalytic Self Psychology.

At St Hilda's College 19 - 25 College Crescent, Parkville, Melbourne 3052

The Introductory course provides a discussion and clinical examples of the Five Postulates of Kohut's Self Psychology (Empathy, Self Object Experience, Self-organizing, Affect/Feeling, and Structuralization).

The Summer Conference features an International speaker, Dr. James Fosshage, who in addition to his conference presentations, is also offering a public lecture titled: "the Organizing Functions of Dreams" (Saturday March 19, 4 to 6:15pm).

Of particular interest to Dance Therapists, two DTAA professional members, Maeve Larkin and Sandra Lauffenburger, will be co-presenting on their work using Self Psychology and Movement with Autism.

Contact Margaret Lee 03 59976175

Email: margmlee@bigpond.com or website: empathink.weebly.com/conference.html

Monday March 21 at 7pm and Tuesday 22 March 2011 all day

Catherine Fitzmaurice in Australia

This is the only chance to work with this internationally renowned voice and breath practitioner in Melbourne during her Australian workshop tour

At the Body Voice Centre Monday evening, there is a forum at 7pm, where Catherine will speak about her work.

Tremor into Action is a one day workshop on Tuesday 22

Catherine Fitzmaurice is an internationally renowned voice and breath practitioner.

Fitzmaurice Voicework® is a comprehensive approach to voice training that can include, as needed, work on breathing,

resonance, speech, dialects, impromptu speaking, text, singing, and voice with movement. The work is taught widely at schools of drama and theatre training internationally. And aspects of it have been incorporated by clinicians into the rehabilitation of injured or dysfunctional voices, and used in the corporate and professional worlds as aids to effective speaking. It explores the dynamics between body, breath, voice, the imagination, language, and presence.

Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011. Contact John Howard
info@bodyvoice.com.au

April - Wednesday 6 and Thursday 7

Reconnexion National Anxiety and Depression Conference 2011

The Puzzle of Wellbeing: an integrated approach to psychological health
Hilton on the Park, Melbourne

Clinicians and researchers will provide thought provoking and informative presentations which will understanding and foster new ideas and approaches to practice.

Speakers include Anne Deveson, AO, Writer, Broadcaster, Film Maker & Social Commentator

Dr Melanie Fennell, Oxford Cognitive Therapy Centre/Oxford University Dept of Psychiatry, UK, and Venerable Ajahn Brahm Bodhinyana Monaster, WA

Telephone: 1300 273 266 or 03 9886 9400 Website: www.reconnexion.org.au;
info@reconnexion.org.au

Volunteer Opportunities

Contact Tiana Li- Donni for information about project continuation in 2011

1. Glenallen School, 7 Allen St. Glen Waverley VIC 3150

A weekly transitional subject called "Creative Dances" ran at this school, during 2010, for teenagers with severe physical limitations. The program required assistance from students or volunteers. It ran on Mondays from 1.45 - 3.15pm.

2. Special Needs Teens - Creative Moves

Tiana also facilitated workshops for youths, 14-16yrs as part of the ASPERGER'S TEENS PROJECT in 2010. Assistance was welcomed in these sessions, which were funded by a Monash Arts Grant. Sessions were held at the Powerhouse Neighbourhood House. 54 Power Ave, Ashwood, VIC 3147.

Tiana can be contacted on: Email: tianamoves@hotmail.com ph: 9574 9016 mobile: 0421 045 438
for information on project continuation in 2011.

Ideokinesis and Movement with Shona Innes.

Ideokinesis is the practice of imagining a moving image within your body. This encourages mechanical balance, integrates imagination and sensory experience and offers a platform for creative action.

For information on forthcoming workshops:

Contact Shona - 0421 285 338 <mailto:atinnes@alphalink.com.au> or
<http://alexanderthinkingbody.alphalink.com.au>

Lieto Creative Dance Studio: Elizabeth Loughlin

Classes and short courses at Lieto Studio, North Fitzroy, VIC. Ring Elizabeth, creative dance teacher and DMT, on 94829312, or email loughlin@clari.net.au for further information. www.lietocreativedance.com.au
See also under Classes, Mondays in Victoria

Soul Dance

3rd Sunday each month

At Olinda Primary School, Charlemont Lane, Olinda.

10am - 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centring dance - great location, music and people.

Tony Norquay, 03 5678 5525 or 0418 134 709 or norquaytd@ihug.com.au

Classes and Events at the Inner Movement Centre

32 Lower Heidelberg Rd, Ivanhoe

Embodied Bellydance classes See Tuesdays, Thursdays, Fridays. **Contact Maria on 0419 523 710 or go to**
<http://www.dancingisis.com>

Classes Victoria

Mondays:

Monday nights 6.30 to 8.30

Marina Bistrin is teaching a series of 8 x 2hr workshops from the Middle-East, Gypsies and Silk-Road during term 1, 2011 at Glen Park Community Centre, Bayswater.

See: <http://www.glenparkcc.com.au/> Contact office@glenparkcc.com.au 9294 7525 or

Marina Bistrin 0438 580 889, 9444 8212, www.dance-explorer.com marinabistrin@optusnet.com.au

Bioenergetic Work Outs – with Ermanno Bergami

See: www.emotionalcouragetherapy.com

Elizabeth Loughlin, Ongoing creative and expressive dance - 7.45 - 9 pm.

At Lieto Creative Dance Studio, North Fitzroy 3068

Ring Elizabeth, creative dance teacher and dance movement therapist, on 94829312 or email: loughlin@clari.net.au See: www.lietocreatedance.com.au

Tuesdays:

Tuesday lunchtime

Multicultural Fan dance and Gentle Egyptian Bellydance

with Marina Bistrin at Contact Community Centre, Bundoora,.

Contact Marina Bistrin on 0438 580 889, ah 9444 8212

Email: marinabistrin@optusnet.com.au or see www.dance-explorer.com

Embodied Bellydance™

Regular classes in 2011 begin February

Recreational Egyptian Dance Level 1 6.30 – 8 pm Cost \$200 / \$170 con

Neo Traditional Egyptian Dance Level 2+ 8 – 10 pm Cost \$230 / \$200 con

This unique approach to teaching and learning is a wonderfully feminine and enchanting dance form. It incorporates anatomy, body awareness, creative visualisation and somatisation. Working with the breath facilitates a deeper connection to the inner and outer movement of the body to promotes self esteem and celebrate womanhood.

Inner Movement Centre, 32 Lower Heidelberg Rd, Ivanhoe, Vic

Contact: Maria 0419 523 710 or go to <http://www.dancingisis.com/embodied-bellydance/>

Wednesdays:

Bioenergetic Work Out – with Ermanno Bergami

See under Mondays at www.emotionalcouragetherapy.com

Multicultural Fan dance, Persian Dance at Watsonia Neighbourhood House

Expressive dance to world music, gentle, empowering and fun.

Contact Marina Bistrin on 0438 580 889, ah 9444 8212 Email: marinabistrin@optusnet.com.au or see

www.dance-explorer.com

Traditional Egyptian Dance - Embodied Bellydance

Thursday Evening - Level 1 (Raqs Sharqi) - 6.30 - 8 pm and 8pm – 9.30 pm. These classes promote strength, vitality, sensuality and grace. Learn the sophisticated, elegant, strong moves that interpret the traditional music of Egypt..

Contact Maria 0419 523 710 for more details or go to <http://www.dancingisis.com>

Thursday

Multicultural Fan dance, Persian Dance at Watsonia Neighbourhood House

Expressive dance to world music, gentle, empowering and fun.

Contact Marina Bistrin on 0438 580 889, ah 9444 8212 Email: marinabistrin@optusnet.com.au or see

www.dance-explorer.com

Fridays

Friday Night SHINE!

Weekly on Fridays! 7:30 - 9:30 pm.

Shine restarting on January 28th 2011

St Johns Uniting Church, 567 Glenhuntly Rd ,Elsternwick, Victoria

SHINE is free-form expressive dance. There is no level of fitness or ability that one needs to do this dance. It is simply releasing your mind, listening to your body and moving accordingly.

Through DANCE we can: Heal body, mind and spirit; strengthen the bonds of community, Commune with spirit – to discover deeper aspects of ourselves, release stress, have FUN, Let our LIGHT SHINE!

Cost:\$15.00 **Contact Teri McNeill on m. 0431 662 755 or email: dance.grl@hotmail.com**

SensingFeelingDancing the Chakras -7.30 – 10 pm

With Maria Sangiorgi, work with guided meditation, imagery and music to align the Chakras and to draw out the personal inner dance. This is explored using somatization, movement, dance, sounding, drawing, writing and Authentic Movement as vehicles of exploration.

Inner Movement Centre, 32 Lower Heidelberg Rd, Ivahnoe

Contact Maria for information on 0419 523 710 or go to: www.dancingisis.com

Saturdays

Body Voice Centre

'Meeting the breath': half-day workshops

Next workshop Saturday February 19 and then Saturday March 19, from 1-5pm

Bookings and further details: email info@bodyvoice.com.au

Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 www.bodyvoice.com.au

Sundays

Souldance - 3rd Sunday each month

Olinda Primary School, Charlemont Lane, Olinda.

10am - 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centering dance - great location, music and people.

Call Tony Norquay on 03 5678 5525 or 0418 134 709 or email: norquaytd@ihug.com.au

NEW SOUTH WALES

March 18th - 23rd, 2011

EMBODY: a workshop with Hoffman Soto, master teacher of improvised movement and somatic therapies, of the Tamalpa Institute, California.

DATE: Five days, grounded in movement, layered with voice and art

WHERE: mid north coast NSW in a beautiful, nature-immersed venue surrounded by the ocean and rainforest, to enhance our connection with nature and allow participants to explore how the environments affects who we are and how we move.

FEE: \$650

Concessions: a small number available for under 25's.

Enquiries: Thea : 0412 190 860, enquiries@thea.com.au

August 24-28, 2011

Abstract Submissions now open

World Dreaming - psychotherapy Conference in Sydney, 2011

PACFA and its Member Associations are hosting this 'once in a lifetime' conference.

See www.wcp2011.org for more information

One of the themes is Modalities and PACFA hopes that all MAs will offer papers and seminars to represent and promote their areas of specialisation.

Psychotherapeutic modalities reflect the many and diverse ways in which psychotherapists specialize. Modalities may be named after the person who founded their particular school of psychotherapy (Freudian, Jungian). They may use specialized methods (psychodrama, T.A.), hold a particular focus (object relations, self psychology) or adapt their approach to a particular client group (addictions therapy, trauma-focused therapy). Practitioners within each modality may hold a similar frame of reference that allows them to communicate many of their ideas and experiences quickly and effectively. Practitioners speaking across modalities, by contrast, have the opportunity to challenge and extend each other, exploring differences and finding common ground.

For further information contact:

Sophie Holmes at sophie@williamsroad.vic.edu.au

Alison Strasser at alison@cep.net.au

Please note that the deadline for the submission of abstracts is Thursday 24 February 2011

2011: Movement and Drawing

When? 6-8pm Mondays

Where? ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney.

Cost? \$10 per class (incl. Materials).

Explore ways of drawing that naturally arise from your unique use of space, time and energy in movement. Gentle warm-up exercises and guided improvisations lead to drawing lines that reflect your experience and observations of movement. Move and draw for expression, fun, relaxation and to sharpen your perceptions. People with all levels of experience are welcome.

Movement and drawing are inherently enjoyable. As art forms they share a gestural language that is based on the circle, spiral and cross.

These forms are naturally generated by virtue of our anatomy. We know them from childhood. They are used by artists and scientists to describe what we know of the forces that shape our environment. Moving and drawing these forms can express a heightened sense of lived

experience and connection to the natural world.

**To Enrol contact: Lisa Roberts PhD (UNSW); <http://lisaroberts.com.au/>
lisa@lisaroberts.com.au 02 9550 2805**

Sydney DMT Forum

Sydney Dance Movement Forums are held at Wesley Institute approximately twice a year. Each program includes an experiential component and opportunities for networking and up-dating. The Sydney forum is a forum for presentations of DMT applications, followed by feedback and discussion on how aspects of DMT can be applied on a personal and professional basis. Time is also provided for sharing information.

For more information: Sharon Todd-miller. Email: sharontoddmiller@yahoo.com.au

Individual sessions, group work and women's retreats with Satyo Cate Sullivan (BCA, MA (Cat) PACFA Reg.)

Counselling, therapy and mentoring sessions for individuals.

Workshops/courses utilising dance/movement, creative arts therapies, body sense/awareness skills.

Women's weekend retreats on relevant themes.

Individual sessions and group work are offered in both the Southern Highlands of NSW (Robertson) and Shoalhaven (Nowra).

For further information contact Satyo on 02 4885 1727 or 0412 122010

Email satyo@shoal.net.au

Practitioner room for rent in TURRAMURRA (Sydney's north shore)

Ideal space for Dance Movement Therapist. Light, airy and beautiful, this large furnished room has ducted air-con; sandplay & tray available; kitchen facilities; privacy; and plenty of on-street parking. I have a busy private counselling practice using expressive therapies, sandplay and breathwork and now have the second counselling room available for use by another therapist. Especially suit anyone working with sandplay, art therapy, breathwork or a dance movement therapist. It is in a peaceful, leafy residential setting with plenty of privacy and a separate entrance can be used. (The room is 8m X 4.5m)

Rate: \$90 per day; half day or multiple days negotiable

Contact: Karen Daniel on 02 9449 7121 or 0403 773 757

Email: karen@emotional-transformation.com.au

NSW - Ongoing Classes

Mondays:

2011: Movement and Drawing

6-8pm Mondays, ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney.

See full information above under NSW.

Contact: Lisa Roberts PhD (UNSW); <http://lisaroberts.com.au/>

lisa@lisaroberts.com.au 02 9550 2805

Dance is MY Therapy - dance classes with a difference - 8:00-9:00pm Sydney

The classes explore the therapeutic benefits of dance, with a focus on creativity, expression and general health and wellbeing proving that everybody can dance!! Expect the unexpected and enjoy the benefits of dance for mind, body and spirit.

Dance Alive Studios, 107 Regent St, Chippendale (near the corner of Meagher St)

Contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com.auwww.kirstydance.com.au

Mondays 2- 3.30pm, Rex Centre, Kings Cross

Creative Movement for Seniors (50+)

\$3 (subsidized by Sydney City Council)

Revitalizing, relaxing, guided self expression/movement exploration..

Connecting with stimulating music, ideas and people.

Contact Meredith Lucy 0400447951 or Email; meredithlucy6@gmail.com

Family Dance Classes - 3:45 - 4:45pm

An interactive dance class for the whole family. For Mums, Dads and children over 4 years.

Minimum of one parent and child. Cost: \$10 per person.

Where: St Peters Town Hall, Sydenham NSW

Facilitated by Esther Durham, a qualified Dance Movement Therapist.

For enquiries, contact Esther on 0407 769 943 or estherdurham@hotmail.com

Fridays

Fridays 6.30 - 9pm in Rozelle

Authentic Movement

A setting for a movement practice where a supportive group of committed people practice inner focus and containment to deepen personal awareness. The practice can facilitate a therapeutic release through contacting unconscious material, support creativity by exposing new ideas and it can be a community building activity by connection to a wider, collective sense of self.

Beginners and experienced movers welcome.

Contact Meredith Lucy 040 044 7951 or meredithlucy6@gmail.com

"Wellness Exercise Program For Everyone" from 10 am - 11 am

Yumi Schaefer - Life Wellness Network

For more vitality, flexibility, muscle tone and strength, and relaxation join in this program of gentle fun aerobics, stretching, core-conditioning and relaxation.

At Guide Hall 159 Waldron Rd, Chester Hill. Offered by Chester Hill Neighbourhood Centre Bookings: **Amy 9645-3700 or contact Yumi - Wellness Lifestyle Coaching, Pilates, Dance Therapy See:**

www.wellnessnetwork.com.au or phone: 0425-256-735

Also see on line the Wellness "RENEW ME" Lifestyle Book and "Pilates For All" DVD

Saturdays:

Accessible Dance - 10:00 -11:00am

A dance class for dancers with a disability over the age of 16, with emphasis on ability, creative expression and having fun dancing and moving. Carers welcome to join in.

Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on left.

For more information contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com.auwww.kirstydance.com.au

Dance-Movement Therapy Association of Australia -- Tel. 03 9592 4017

info@dtaa.org.au -- www.dtaa.org.au --