



Current Moves, April 2013

Dance Movement Therapy Association of Australia (DTAA) Information and Professional Development Events

HEMF RESEARCH GRANTS: Research in Dance Movement Therapy Australian - Research Grants 2013. The Hanny Exiner Memorial Foundation is now inviting applications for grants from persons in Australia intending to or currently conducting projects that could advance the field of Dance Movement Therapy. The grants could be used to 'seed' initial investigation and enquiry into the field or support more developed research projects. Small projects that can contribute to future larger studies are eligible. The Foundation is able to offer two grants of up to \$2,000 each in 2013. The closing date for applications is Sunday 28th July 2013. For more information, grant criteria and to download the application form, go to the HEMF link at www.dtaa.org.au

CREATIVE ARTS THERAPY FORUM 2013: 'Birds of a Feather'

Community Rooms, The Abbotsford Convent on Saturday 6, July 2013. 9am – 5pm

Presentations from professional Associations ANZATA, ACATA, DTAA, AMTA

Small group work on case scenarios and modality approaches

Sharing the diversity of creative arts therapy and contributing to future forums

\$65 includes lunch and drinks. Bookings and payment essential prior to event go to www.trybooking.com/CRHA. For enquiries email admin@dtaa.org.au or vicepresident@anzata.org

CENTRE POST FRAMEWORK TRAINING WITH AMBER GRAY: in 2013

Body as Voice: Restorative Movement Psychotherapy Trauma and Resiliency Training Series.

June 29, 30, July 1 and 2 and October 13, 14, 15 and 16. Exposure to traumatic events literally and metaphorically “freezes” our bodies, minds and spirits in a “lock-down” of past memories. Current neuro-psychiatric research has shown that when someone is traumatized, a majority of traumatic memory is implicit—or sensory-motoric. Many researchers endorse the use of non-verbal therapies for survivors to fully integrate the past with the present and restore well-being and balance. The training series will prepare clinicians, dance movement therapists, art therapists, and somatic therapists to work with survivors of trauma (in particular, trauma secondary to war, torture, interpersonal abuse, complex trauma, human rights violations, intergenerational and historic trauma, complex humanitarian emergencies and natural disaster) using a variety of very practical, body and arts-based practices and methods. See: www.restorativeresources.net

Contact Mandy Agnew on rmagnew@bigpond.com Or phone **9889 9123 / 0437 348 808**

Book through: www.trybooking.com/CNTL

SARA BOAS AND JOS BUTTE: September Saturday 14 and Sunday 15, will be in held in Sydney venue TBA and presenting exciting therapy applications of their work with dance therapy, music and sound and 'Lifedance'. This will be a 2 day event –. Contact admin@dtaa.org.au

PENELOPE BEST –returning to Melbourne February 2014.

Feb 14, 15, 16. Extra day may be planned for supervisors depending on demand.

AMBER GRAY and EMILIE CONRAD: Emilie Conrad – founder of Continuum Movement –will be in Melbourne to lead a 7 day event. Participants need to have had some experience in Continuum. To register interest contact; **Melanie Keely**, ph **0400 985 929**, email: melaniekeely@bigpond.com
Flyer and more details soon.

JOURNAL: Body, Movement & Dance in Psychotherapy.

International Journal for Theory, Research and Practice. Pub.Taylor & Francis. Privilege rate offer for DTAA members - 4 issues per year for members at special discounted rate of \$45 (96 pages each). DTAA members can take advantage of this offer, by going to the web link in the DTAA journal Moving On, then clicking on the 'Special Offer' box. The journal is internationally, peer-reviewed and explores the relationship between body and mind. It focuses on the significance of body and movement in therapeutic settings. It is the only scholarly journal wholly dedicated to the growing fields of body (somatic) psychotherapy and dance movement therapy.

DTAA MEMBERSHIPS: More copies of the latest journal just reprinted. If you haven't already done so, send your subscription in to get back onto our mailing list. Thank you for supporting the DTAA and its promotion of DMT in Australia. Without this the Association could not function. Contact: admin@dtaa.org.au

Dance Movement Therapy Training and Introductory Workshops

International Dance Therapy Institute of Australia.

Advance Clinical Training in Dance Movement Therapy. This program is a three-year coursework, fieldwork and supervision program, with an exit point after the first year gaining a Certificate in Dance-Movement Therapy. The full three-year course is accredited with PACFA and the award is Advanced Clinical Training in Dance-Movement Therapy. The first year study is part-time with six modules, each consisting of a three or four day intensive workshop and tutorials. Training is supported by theoretical teaching and practicum, with provision for interstate participants. A supervised practice prerequisite is required for continuation into the second and third years, which include four further coursework modules integrated with study projects, dyads, and regular dance therapy supervised practice. Completion will equip graduates with sound generic DMT principles and skills for working with people in group settings, and generally as part of a therapeutic team. The extensive supervised practice component will provide a solid grounding in application of DMT to a chosen population. Completion of the course will satisfy most of the requirements for Professional Membership of the DTAA .

Introductory Workshops are to be held on: Saturday, 10th August and 12th October 2013. See: www.idtia.org.au or contact - **Tamsin Sawford**, Administrator: admin@idtia.org.au

RELATED TRAINING

COURSE: Vocational Graduate Certificate in Movement Based Somatic Therapy – Tasmania. Presented by Pilates House trading as Tensegrity Training. Course delivered over 1 year through attendance at 5 weekend modules, virtual online classes, self-learning and supervised clinical practice. Each module can be enrolled in and in any order once Module 1 has been completed. The Vocational Graduate Certificate is at AQF level 8, a higher level qualification than a Certificate IV, Diploma or Advanced Diploma and aims to prepare experienced practitioners to be effective Movement Based Somatic Therapy professionals. The course includes theoretical study of developmental movement patterns, self-psychology, movement analysis, somatic education and their influence on the potential negative behaviours that may prevent a client's recovery. The course covers the theory of common pathologies, chronic conditions and injuries encountered in Allied Health. Graduates apply treatment techniques based on the principles of Somatic Exercise, Laban Movement Analysis, Barteneiff Fundamentals, Psychology of Touch, Psychotherapy and Client-Centred Counselling. The course will cover skills required to use a combination of hands-on, verbal and movement exercise techniques to deliver highly effective treatment to a broad range of clients. **Contact: Tracey Nicholson**
info@tensegritytraining.com.au

Conferences, Information, Notices and Special Events – Australia

PACFA MENTAL HEALTH TRAINING: in conjunction with the University of Canberra, continues to run on-line Mental Health Training Courses. Dates for the first half of 2013: 20 May - 2 June; 24 June - 6 July. The course of four modules takes a minimum of eight hours to complete. A certificate is issued on completion. The course contributes eight hours of Professional Development. Enrolments open to all practitioners. Cost \$220 to members of PACFA Member Associations, or \$330 non-members. See: www.pacfa.org.au Enquiries: **Kim Smythe, (03) 9486 3077** or admin@pacfa.org.au

DANCE FOR PD® Dance for Parkinson's Disease: Training Workshops Sydney | Brisbane May 2013 Our workshops are designed to introduce people to Dance for PD®. Presented at the International World Congresses for Parkinson's disease. Our specially-designed training modules, demo class and interactive sessions provide a wealth of information to experienced dance teachers and other interested participants to develop their expertise. Sydney workshop May 8 and 9 at Critical Path's Drill Hall from 9 a.m. - 6 p.m. Brisbane workshop May 11 and 12 at the studios of Queensland Ballet from 11:00 am - 7:00 pm May 11, and 9:00 am - 6:00 pm May 12. See: www.danceforpd.org

4th May 2013 - 7.30pm - 9pm

The Goddess Within - A Community Dance and Arts Event

Join us as we celebrate the many shades and nuances of the divine feminine through dance, art, poetry, music, sound and spoken word. The show is dedicated to the young woman from New Delhi (India) who lost her life, and the countless other women, men, children and other living creatures who have been and continue to be victims of senseless violence, abuse and aggression.

Any profits go to The Art2Healing Project which supports women and children at risk. (www.theart2healingproject.org).
Doncaster Playhouse, 679 Doncaster Road, Doncaster 3108, Melway ref. 47 E1

Cost: \$20 or more if you like - See: <http://eepurl.com/x6VYT>.

Book at <http://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=47067&embed=47067>

Payments accepted via online bank transfer.

Contact: Anjali on info@embracingpsirit.net or 0401 334 738 or visit www.embracingpsirit.net for more information.

EMBODIED BELLYDANCE®: "The Flowing Spine" Continuum Movement & Embodied Bellydance® Weekend Retreat.

Friday 10th to Sunday 12th May 2013 Amber Elizabeth Gray & Maria Sangiorgi

See details under Italy

PACFA APPLICATIONS FOR RESEARCH SEED GRANTS: PACFA supports the development of research into counselling and psychotherapy by offering research Seed Grants of \$4,000. They will be awarded for research projects compatible with PACFA's research and relevant to PACFA's mission. Contact Maria Brett, Executive Officer, maria.brett@pacfa.org.au, Ph: 03 9486 3077, or see: www.pacfa.org.au

CALL FOR PAPERS 'BODY PARTS: Heads, Hips, Fingers, Feet, Chest, Belly, Butt'. Special issue to attend to the way particular body parts are central to the aesthetic configuration of certain dance styles and how those isolated movements carry cultural, historical and political significance. In this issue, we seek to explore how the fragmentation of the body can both be limiting or reductive for the dancing body, as well as liberating and transformative; and we reflect on how these compartmentalized motilities might work in compliance with or in contradiction to the whole. Submissions by June 30, 2013. Approx. 6,000 words Inquiries: Sherril Dodds, Prof./Chair Dep.Dance, Temple University Philadelphia Email:sherril.dodds@temple.edu

CALL FOR PAPERS: The Academic Journal of Creative Arts Therapies (AJCAT) is accepting submissions for the next issue for 2013. This journal of the University of Haifa is a peer-reviewed academic journal and this issue will be exclusively devoted to Creative Arts Therapies. It aims to publish original articles in several languages. Researchers, and practitioners are invited to submit articles, book reviews, news of forthcoming conferences and events; or briefs reports on new theses and dissertations; Contact: **Rose G:** rs-gu@hotmail.com visit:

http://ajcat.haifa.ac.il/index.php?option=com_content&view=article&id=1&Itemid=2&lang=en

VOLUNTEER/STUDENT NOTICES

SEEKING CREATIVE MOVEMENT & DANCE VOLUNTEER: ERLS (Eastern Recreation & Leisure Services) is seeking a new creative movement & dance volunteer to support a class for children with autism. This role is suitable for a student who enjoys teaching children to be expressive through creative movement, dance and drama and will have the guidance and supervision of an experienced Dance Therapist. Sessions run every Sunday morning in Bayswater Youth Hall from 10.15am -12.30pm. Corner of Station Street and Pine Road in Bayswater. Please feel free to call our Volunteer Co-ordinator for more information. Applicants will go through an interview and induction process. All volunteers working with children are required to have an up to date police check processed by ERLS. Contact: Melissa Lutui, Volunteer Incentive Program Coordinator and Project Officer, Bayswater VIC 3153 Ph: (03) 9720 5944 **Email:** vip@erls.net **IWebsite** www.erls.net

REQUEST FOR ASSISTANCE: If you are a therapist working with sexuality based issues please assist Rebecca, a Masters of Sexology student who completed her DMT certificate and is looking to develop research into therapeutic intervention for sexuality based issues. Please Contact Rebecca Johnston rivca@hotmail.com

REQUEST FOR VOLUNTEERING AND TRAINING: Can anyone offer Katja Jarc, a primary school teacher in Slovenia a chance to visit their program? She is planning a family trip to Australia in May. She is looking to get some more experience on working in any field of arts therapy. She would like to observe a creative therapist working and if possible to participate in any kind of training. katjarc@gmail.com

VICTORIA

BODY VOICE: Half-day experiential breath gatherings, usually on the third Saturday of the month are continuing throughout 2013. Next dates are 18 May, and 22 June. Individual vocal exploration and development sessions available now: set of five one-hour sessions for \$400 full, \$300 concession. Single sessions \$100 full, \$80 concession. Email **John on** jdhoward@alphalink.com.au

EMBODIED BELLYDANCE®: Embracing the Energy Field

Awaken the feel good Neuropeptides the "Molecules of Emotion" (thank you Candace Pert) through the beauty and grace of Egyptian Dance Sat 8 Sun 9 & Mon 10, June 2013 9.30am for a 10am - 5pm daily Dorm 1, Rosina Building, The Convent, Abbotsford, Melbourne, Australia

Inside Bellydance there is Energy, we can go to this powerhouse and harness it to feed our dance.

Through entering an inner conscious state, (chakras), feeling what emotions come up (Neuropeptides), observing your mind (Nerve plexus) and moving dancing the curves, waves and spirals of your spine that radiate through the whole body (Body). This can only give your life and your dance more vitality and authenticity. All welcome; \$350 for the 3 days.

Contact maria - maria@dancingisis.com or +61419 523 710 (text only till 20th May)

"DANCE ON FILM": an evening of rarely seen dances from Ethiopia and Zanzibar.

Sunday 9th June 2013 Time: 7 pm

Tamalyn Dallal, a USA based dancer and master teacher, film maker, author - travelled to five Muslim countries living in each for 40 days. Her experiences are documented in print and film entitled "40 Days and 1001 Nights". "Ethiopia Dances for Joy" (2013) is being shown in Melbourne. See: <http://www.danceonfilm.info/> and <http://www.zamaniculture.com/> <http://www.tamalyndallal.com/> and travel blog: [40daysand1001nights](http://40daysand1001nights.blogspot.it/).

<http://40daysand1001nights.blogspot.it/> Cost: \$15 Venue: Dorm 1 Rosina Building Abbotsford Convent Hellier St.

Abbotsford. Booking: **Jude: 03 9314 4355 Email: judekave@yahoo.co.nz Maria: 0419 523 710**

maria@dancingisis.com BYO cushions. Some chairs available.

MOVEMENT LAB WORKSHOP: Infinite Movement LAB. Martial Arts for movers. 25th May 1-5pm

26th May 1.30-5.30pm. Studio 202 - 16-20 William St - Balaclava 3183 Anyone with an interest in movement practices can attend this workshop. Infinite Movement LAB is a movement system that fuses martial arts and dance. It is for anyone who has a passion for movement, whether dance, yoga, pilates, theatre, martial arts or somatic practices. It is a way to access the fundamentals of movement unique to your own body and enhance any existing practice. It is appropriate for all levels of fitness. Created for movement enthusiasts that want to keep an ongoing creative practice, these workshops are a fusion of martial arts movement principles with current dance and somatic practices. Infinite Movement Lab combines awareness of imagery, releasing, and the following of body weight and breath familiar to dancers, with the precision and explosive power of martial arts. Cost: \$220 Students: \$180 Only 25 spots per class. More information & Bookings: **www.infinitesystem.org/movement or Zac at infinitemovementlab@gmail.com - 0457 347 696**

WISE WOMAN MOVES: Charisma Dance Centre, 1 Queens Pde, Glen Iris, 3146; Tuesday Afternoons. Provides a unique opportunity to enjoy movement and dance to music from around the world, in a safe and nurturing space. Various themes are investigated and delve into new ways to create greater self-awareness and achieve inner peace for both experienced and inexperienced movers. Sessions include Dance-Movement Therapy, drawing and discussions, and power of the Five Elements - Water, Fire, Wood, Metal and Earth - term commitment appreciated. Inquiries: **Mandy Agnew 0437 348808 See: www.moveintolife.com.au**

DRAWING AND MOVEMENT WORKSHOPS: North Carlton. Life drawing with a difference - focussing on life drawing as a physical experience exploring experimental mark making to music - focusing on the experience and not the final drawing. A sensory experience with Marina Bistrin & Libby Letcher. Marina is a life model and dance teacher, who uses imagery, words and music to free people up to dance in her classes. Libby has been teaching life drawing for 10 years with a focus on sensory mark making with mindful techniques. Contact: **Marina Bistrin 0438 580 889, marinabistrin@optusnet.com.au; www.dance-explorer.com**

SOUL MOVES: Wednesday Evenings 6.30-8.30pm. Monash Studio for Movement-based Expressive Arts; 1 Forest crt, Glen Waverley. Provides the opportunity to experience yourself in new ways through movement exploration, self-awareness and relaxation. Freeing and increasing range of movement can also be a way of building a more flexible and toned body. You will be guided to find your inner experiences while holding the potential to give expression of personal stories. Creative movement, intuitive drawing and writing will shape you physically, mentally and emotionally. Cost: \$40/2hr session Term 2: 17th April - 26th June (11wks), Term 3 Dates: 17th July - 18th Sept (10wks); Term 4 Dates: 9th Oct - 11th Dec (10wks). Bookings Essential - **Mandy 0437 348808 or Tiana 0421 045 438. See: www.moveintolife.com.au**

DANCE HUB: Attention dancers in the Outer East (Melbourne) Workshops: Tuesday 30 April & Tuesday 7, 14, and 21 May 7-9pm Informal performance: Saturday 25 May 8pm. An exciting FREE dance program for local dancers, dance teachers, physical performers, tertiary dance students and choreographers. Work with leading dance artist Jodie Farrugia and guest Melbourne choreographer Jo Lloyd to explore dance and choreographic practice. Four workshops will push participants to explore new contemporary dance vocabulary and choreographic material to perform on stage at Knox Community Arts Centre. **Contact: Samara Cunningham, 9729 7287**

DANCE AND MOVEMENT WORKSHOPS: with Suzanne Hurley - experienced dancer and counsellor, interested in aspects of improvisational movement practice that apply across both disciplines .PREGNANT BODY STORIES - is for women that are or have been pregnant. PREGNANT PAUSE - is for women waiting to be pregnant. MOVING STORIES - is

an exploration of improvised dance & movement that focuses on being present to who you are ... inviting yourself as well as others into your story from today, before today, and in front of tomorrow. Enquiries for future dates **0402 407 925; suzanne@suzannehurley.com.au; www.suzannehurley.com.au**

SPIRAL DANCE WORKSHOPS: with Kat Worth - 2013 is the Chinese year of the snake - a time for transformation, introspection and intuition. In Spiral Dance we will dance circles with each other and circles on our own. We will dance our instinctual, enigmatic and collected expression and shed our skins again and again and again. This workshop is a deep practice of improvisation and personal expression. No dance experience is needed. Come with an open heart and a willingness to be danced. Friday Night 7-9pm monthly at Prana House High St Thornbury - \$20 May 17, June 2. Kat Worth has been leading dance and movement workshops with community and professionals since 1992. She moves between the worlds of making live performance, film and improvisation and guiding herself and others to dance their own deep dance wildly at their hearts content. Her work is ceremonial, transformational, imaginative and playful. For info and bookings call **Kat 0412 992 513 or email dancingkat@iprimus.com.au**
<http://www.facebook.com/pages/Spiral-Dance/153205578170590>

DIPLOMA IN TEACHING CREATIVE DANCE: at Mangala Studios Carlton Ideal for teachers, therapists and dancers, it combines dance, art, music and pedagogy as an integrative system for personal development and education. The course runs part time for 18 months. For further information contact Mangala Studios. **PH: 96635603 e-mail: info@mangalastudios.com.au; www.mangalastudios.com.au**

DANCE WITH YOUR BABY: Two sites in Melbourne offer the joys and delights of Mother- Baby Dance - a relaxing and nurturing time for mothers. Fridays: 11.30am at Ashburton Baptist Church Hall St Ashburton 3147 with Elizabeth Mackenzie, creative dance teacher and dance therapist. A community project in partnership with Ashburton Baptist Church. Contact Elizabeth Mackenzie 03-9836 7386 for bookings. www.movingtogetherdance.com.au Wednesdays: 12.15 pm at Lieto Creative Dance Studio, North Fitzroy, www.lietocreativedance.com.au with Elizabeth Loughlin, creative dance teacher & clinical mother-infant dance therapist. **Contact Elizabeth 03-94829312 or email loughlin@clari.net.au**. These sessions also offer opportunity for those interested in developing dance with mother and baby to assist in the sessions, and learn about dance arts and therapeutic methods with this population.

Bollywood Dance in Doncaster and Bentleigh

Bollywood Dance is not just a style of dance- it is a multi-layered experience where music, dance, story-telling and drama come together to create a magical worlds where anything is possible! These dance classes are designed for people who have little or no dance experience as well as seasoned dancers to perfect this exciting new form of dance. Learn new ways of moving the body
Get fit while having a blast!

Build your self-confidence and let your inner superstar shine!

Mondays and Fridays in Doncaster; Tuesdays in Bentleigh

Doncaster Venue- Manningham Studio, 2/687 Doncaster Road, Doncaster 3108

Bentleigh Venue- Studio A, 177B Jasper Road, Bentleigh 3204

Bookings: contact Anjali on info@embracingpsirit.net or 0401 334 738 or visit www.embracingpsirit.net/bollywood-dance

MANGALA STUDIOS: Teaching Creative Dance and Yoga to Children and adults. The experience of creative dance and yoga has deeply influenced Mangala Studios. The programs provide a unique chance for all children to have fun with creative aspects of dance, design and yoga in a stimulating environment. Music and Dance! Art and Dance! Solo and Ensemble Creative Dance! Poetry and Dance. All aspects of the Creative Dance can be experienced And Yoga for body, mind and spirit. Contact: Mangala Studios, 73 Grattan St. Carlton, 3053. Ph: 03 96635603; e-mail: info@mangalastudios.com.au; www.mangalastudios.com.au Dance improvisation including cross-cultural fan dance and other traditional dance styles. Enquiries: **Marina Bistrin 0438 580 889. marinabistrin@optusnet.com.au**
www.dance-explorer.com

'WOMEN WHO FLOW WITH THE SEA': Creative movement for children with special needs and groups to celebrate the feminine spirit. Sally Low, Physiotherapist, Feldenkrais Practitioner, Creative Movement and Dance Teacher has a private practice in Newport. Her work with children is developmentally structured **Tel: 0405170090 or e-mail sallylowrehab@hotmail.com**

INDIVIDUAL, COUPLE, GROUP WORK AND SUPERVISION: In-depth movement psychotherapy, Authentic Movement for individuals, couples and groups, and Supervision: Linda Murrow, M.A. ADTR Prof. member: DTAA, Vic. Ass. Family Therapists, Aust. Assoc. of Relationship Counsellors, PACFA Reg, is an experienced DMT and expressive arts and couple therapist. She works at Relationships Australia and in private practice. Linda also teaches at the Phoenix Institute of Victoria. Contact: **lindamurrow@aapt.net.au or mobile: 0421 999 839**

PRIVATE DMT: and Feldenkrais sessions in Malvern, and on-site supervision for DMT graduating students from Bella Grossberg. Bella, DMT, Prof. member DTAA, Feldenkrais practitioner and counselor, is a graduate of Dr. Marcia Leventhal's first training program in Melbourne. She believes in the inherent healing power of dance and its power to change past limiting patterns with new empowering ways to move, think, and feel. Call **Bella on 9576 2644 or**

email: pgberg@bigpond.com

BODY VOICE CENTRE: news and events: Breath meditations each Tuesday 8 to 9am and some Fridays 6.30 to 7.30pm. Check dates on the website. Breath gathering on the third Saturday of each month (fourth Saturday in June), 1pm to 4pm. Individual vocal development sessions available. Individual breath dialogue sessions available. Contact: jdhoward@alphalink.com.au. **Body Voice Centre 50 Wolverhampton St, Footscray, Vic 3011;** www.bodyvoice.com.au

MONASH STUDIO: for movement-based expressive arts MIF(Moving Into Facilitation). For more information and dates of next events, **contact Tiana: 0421 045 438 or tianamoves@optusnet.com.au**

YOGADANCE: Tuesdays 7.15-8.45pm - A combination of hatha yoga and creative movement.

SOUL MOVES : see information above. Monash Studio, 1 Forest court, Glen Waverley. 3150 Contact **Mandy 0437348808 or Tiana 0421 045 438, (03) 9574 9016 or info@monashstudio.com.au**

VOLUNTEER OPPORTUNITIES: working with Tiana Lentini: Phone: **Tiana on 0421 045 438 or info@monashstudio.com.au**

IDEOKINESIS: and Movement with Shona Innes. Ideokinesis is the practice of imagining a moving image within your body. This encourages mechanical balance, integrates imagination and sensory experience and offers a platform for creative action. For information on forthcoming workshops: Contact **Shona – 0421 285 338** **mailto:atinnes@alphalink.com.au or go to <http://alexanderthinkingbody.alphalink.com.au>**

LIETO: Creative Dance Studio: Elizabeth Loughlin Classes and short courses at Lieto Studio, North Fitzroy, VIC. Ring Elizabeth, creative dance teacher and DMT, on **94829312, or email loughlin@clari.net.au** for further information. **www.lietocreativedance.com.au** See also under Classes, Mondays in Victoria

SOUL DANCE: 3rd Sunday each month - at Olinda Primary School, Charlemont Lane, Olinda. 10am – 12.30. Cost: \$22 or \$17 concession. Self-expressive, inspiring and centring dance – great location, music and people. **Tony Norquay, 03 5678 5525 or 0418 134 709 or norquaytd@ihug.com.au**

NEW SOUTH WALES

GIFTS OF EMOTIONS: New Drummoyne classes 10 workshops using creative arts, movement and games to discover the gifts of emotions. Create new ways of emotional responses to promote self-growth. Cost: \$220 for 10 sessions or \$35 per week. Contact **Cecilia Tsz Kai, Lau at 0430 376 838 or ctklau@gmail.com.** **www.movingconnect.com.au**

5 RHYTHMS DANCE AND DANCE THERAPY: with Michelle Mahrer Wednesday nights UNSW Dance Studio gate 2 High St Kensington 7.30 - 9.30pm Follow your own authentic way of moving with 5 rhythms dance, a movement meditation based on 5 basic rhythms - flowing staccato, chaos, lyrical and stillness which form a wave. Radiance Dance - fortnightly on Sunday mornings 10-30 - 12:30pm An invitation to awaken energy, healing and transformation through 5 rhythms dance sanctuary - A journey into the dance of the soul with 5rhythms dance, authentic movement and drawing. Monthly Sat. afternoons. More **info: www.michellemahrerdance.com Email: mmahrer@bigpond.net.au**

PLAYING WITH THE ARTS: Expressive Arts Therapy methods for self-care, burnout prevention and peer supervision groups. - Mosman, Sydney. At Alexander Technique and Somatic Education Centre, 89b Cowles Rd Mosman. A series of monthly Saturday afternoon workshops facilitated by Dr Rosemary Faire, Registered Expressive Arts Therapist (IEATA), former coordinator of MA in Music Therapy at UTS. "My Music Therapy students really enjoyed the self-care component of our course, which I created from my Expressive Arts Therapy and Somatic Education background; so am offering these resources more widely to Creative Arts Therapists & those in other helping & teaching professions where burnout is a potential undermining factor." Fourth Saturday each month - 1:30pm to 4:30pm. Topics include introducing somatic education tools for centering & grounding , arts-based peer supervision method for pairs and groups and drumming support groups. Further details: **roseyfaire at ozemail.com.au or <http://www.zulenet.com/ecosomatics/>**

WAY OF THE FEMINE: Workshops with Satyo Cate Sullivan (BCA, MA (Cat) PACFA Reg.) Utilising naturally expressive movement, creative arts therapies (eg. drawing, clay, writing); body sense; relaxation and awareness skills. At Home in the Feminine: Exploring and connecting more fully to the richness and depth of your own unique feminine nature: For future workshop dates or individual counselling and therapy sessions contact **Satyo on 02 4885 1727 or 0412 122010**

RE-FORM-JUST BEGINNING: Our bodies know us better than we know ourselves. We have headaches before we realise we are stressed, neck aches before we realise we are tired and restless sleep before we realise we are upset. Re-Form helps people, through movement, engage with the wisdom of our bodies as a window into our inner realities. The Basement, Pittwater Uniting Church, 10 Jubilee Ave, Warriewood, Thursdays, 6:30 – 8pm 8-week program, Cost: \$200 for 8 sessions or \$30 per week. **Contact Esther to Esther Edwards;** Dance Movement Therapist; A Whole Lot of Dance **0407 769 943; www.awholelotofdance.com.au**

DRAWING MOVEMENT with Lisa Roberts at the Rozelle school of visual arts, 57 Nelson Street, Rozelle, Sydney.

Modelled on traditional Life Drawing, but instead of drawing a hired model, turns are taken to move and be drawn, using simple 'scores' that are designed to expand the dynamic range of expression. Cost \$10, bring your own drawing materials. See: www.lisaroberts.com.au; www.antarcticanimation.com; www.livingdata.net.au For more information; Contact **Lisa: 02 9550 2805; lisa@lisaroberts.com.au**
<http://www.lisaroberts.com.au/content/workshops/workshops.php>

TASMANIA

CERTIFICATE: Vocational Graduate Certificate in Movement Based Somatic Therapy. A new training presented by Pilates House trading as Tensegrity Training. See full information under Other Related Training or contact Tracey Nicholson info@tensegritytraining.com.au

VICTORIA ONGOING CLASSES

Mondays:

Elizabeth Loughlin, Ongoing creative and expressive dance - 7.45 - 9 pm.
At Lieto Creative Dance Studio, North Fitzroy 3068. **Ring Elizabeth**, creative dance teacher / dmt on **94829312** or **email: loughlin@clari.net.au** See: www.lietocreativedance.com.au

Tuesdays:

YOGADANCE Tuesdays 7.15-8.45pm
An ongoing class. A combination of hatha yoga and creative movement.
For registration contact **Tiana: 0415 644 060**
(03) 9574 9016 www.monashstudio.com or info@monashstudio.com.au

Wednesdays:

RUMBA FLAMENCO / DANCE-EXPLORER in Macleod with Marina Bistrin - 7.0 pm to 8.0. \$20. Enquiries: **Marina Bistrin 0438 580 889, 03 9444 8212; marinabistrin@optusnet.com.au, website www.dance-explorer.com**

Fridays:

SOUL MOVES - on-going classes 7-9pm
A combination of Movement Ritual and Halprin life/Art Process. Join us for movement explorations, drawing and dialogues. **Tiana 0415 644 060, 9574 9016 www.monashstudio.com or info@monashstudio.com.au**

Saturdays:

Body Voice Centre
'Meeting the breath': half-day workshops
Dates, Bookings and further details: **email info@bodyvoice.com.au**
Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 www.bodyvoice.com.au

Sundays:

Soul dance - 3rd Sunday each month
Olinda Primary School, Charlemont Lane, Olinda. 10am - 12.30. Cost: \$22 or \$17 concession.
Self-expressive, inspiring and centering dance - great location, music and people.
Call **Tony Norquay on 03 5678 5525 or 0418 134 709 or email: norquaytd@ihug.com.au**

NEW SOUTH WALES ONGOING CLASSES

Mondays:

Movement and Drawing
6-8pm Mondays, ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney. See full information above under NSW. Contact: Lisa Roberts PhD (UNSW);
<http://lisaroberts.com.au/> lisa@lisaroberts.com.au **02 9550 2805**

Creative Movement for Seniors (50+) 2- 3.30pm, Rex Centre, Kings Cross
\$3 (subsidized by Sydney City Council)
Revitalizing, relaxing, guided self expression/movement exploration..
Connecting with stimulating music, ideas and people.
Contact Meredith Lucy 0400447951 or meredithlucy6@gmail.com

Thursdays:

'Moonbeam Movement'- Mums and Bubs classes, 9.30am - 10.30am
At: Lifepod, 1A Victoria St, Paddington
Six-week courses of gentle, intuitive and fun dance/movement experiences for mothers and babies aged 5 months to walking. Explore the magical space that exists between you and your baby.
Contact **Suzy Wolanski 0413444914; Email: suzy@moonbeammovement.com.au**

Fridays:

Authentic Movement 6.30 - 9pm in Rozelle

A setting for a movement practice where a supportive group of committed people practice inner focus and containment to deepen personal awareness. The practice can facilitate a therapeutic release through contacting unconscious material, support creativity by exposing new ideas and it can be a community building activity by connection to a wider, collective sense of self.

Beginners and experienced movers welcome.

Contact **Meredith Lucy 040 044 7951** or meredithlucy6@gmail.com

Saturdays:

Integrated Dance - Classes for movers of all abilities and physicality's (16+)

Term 1: 2nd of Feb - 6th of April; Term 2: 27th of April - 29th of June

10:00 - 11:00 Integrated Contemporary; 11:00 - 12:00 Integrated Hip Hop

During each term we work towards a small in-studio showing, performance opportunities throughout the year and a major show at the end of each year.

Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on left.

For more information contact **Kirsty Fromholtz - 0402 644 510**

kirsty@sydneycreativemovement.com.au or visit www.sydneycreativemovement.com.au

OVERSEAS CONFERENCES AND TRAINING

International for Advanced Practice in Dance Movement Therapy

Beijing China

June 3-7 and Oct 12-16 2013: "The Art of Embodiment: Whole Person Approaches to Group Psychotherapy and Clinical Practice"

SAN FRANCISCO, CA, late fall 2013-14: "Assimilate, Integrate and Innovate; Creativity and the Art of Embodiment-- The Role of Whole Person Health in Transformation and Change"----Advanced Practitioners Training. For further Information on course requirements, certification, dates, and fees, please contact Institute Founders and Directors:

Marcia B. Leventhal, PhD, BC-DMT, CMA, NCC

Drmbleventhal@gmail.com 818.783.3630 -and/or-- **Ilene Serlin, PhD, BC-DM** Iserlin@leneserlin.com 415.931.3819

INDIA

October 7 - 11, 2013 21ST Conference of Asian Federation on Intellectual Disability (AFID).

The theme of the 21st AFID Conference, to be held at the India Habitat Centre in New Delhi, India is "Towards Dignity & Quality of Life - Evolving Individual Capacity with Family & Community Participation". For information on submitting presentations and registration see: <http://www.afid2013.in/>

NEW DELHI

Sahayog Foundation certificate Movement Therapy and Counselling

A five month training with a theoretical framework of therapeutic dance and creative-healing movement activities. It also includes evolution, philosophy and objectives of movement therapy, innovative techniques in group/individual work, facilitation skills, case studies and movement evaluation. TRIPURA KASHYAP teaches the bodymind movement therapy component.: At NarenJayen Studio, Bhoomika, 53 Bharati Artists Colony, Vikas Marg (near Nirman vihar metro station), New Delhi - 110092, India Contact: RIYA MANDAL Email: riyam.7492@gmail.com/ subsyalag@yahoo.com
Blogspot: www.tripurakashyap.blogspot.in / www.bhoomikadance.blogspot.in / www.asimwaqif.com

ITALY

"The Flowing Spine" Continuum Movement & Embodied Bellydance® - Weekend Retreat Friday 10th to Sunday 12th May 2013 Amber Elizabeth Gray & Maria Sangiorgi. Continuum Movement and Embodied Bellydance® both embrace the undulating, spiralling, circling movements of the human body, life and the universe. Following these natural movements, allows them to amplify and radiate through the whole organism. Where Continuum asks you to listen to your inner wave and allow the movement to arise within you and follow wherever it leads, Embodied bellydance® invites you to organise it. Embodied Bellydance® embraces what Continuum gives and beckons you to follow the rhythm, song, or beat of the drum and organize the spirals, circles and waves into patterns that tell the story of the music. By accessing the rich resources of movement offered by our spines explored in Continuum "dives", the ancient dance of the Serpent is expressed through serpentine movement. This provides the potential to inspire connective tissue, bones, muscles, organs, and fluidity of the spaces in-between with the resonance of water. This fluidity liberates us, on all levels. The workshop is aimed at both those who have never experienced these forms of movement before, or those who would like to deepen their practice. Professionals welcomed! Friday 10th, 4 pm to 8 pm, Saturday and Sunday 11th and 12th 9.30 am to 6.30 pm Cost: €290 whole weekend for workshop + 2 night's accommodation and all food (vegetarian) & beverages. Or Workshop only €190 + Meals €15 each At La Ragola Country House and Yoga Centre, Ostra, Ancona, Italy Contact: **Maria Sangiorgi, +39 338 525 9255 (Italy), dancingisis@gmail.com, Skype: [mariasangiorgi](https://www.skype.com/name/mariasangiorgi).**
For more information: Amber: www.restorativeresources.net Maria: www.embodiedbellydance.com & www.dancingisis.com

KOREA

Jun 28 - Jun 30, 2013 KDTA 2013 International DMT Conference
Seoul Olympic Parktel, Seoul, Korea Jun 28 - Jun 30 "HEALING, CONNECTION, HARMONY through Dance Therapy"
Dance/Movement therapists, arts therapists, psychotherapists, movement psychotherapist, psychiatrists, and allied professions can share knowledge and experiences under the themes of Healing: DMT for Medical treatment and Health care Connection: DMT for Happiness within Family, Organization and Community Harmony: DMT for Peace within Multi-cultural Families, School, Society KDTA invites you to join them in Seoul! **See: www.kdmta.com; Email: dmtworld2013@gmail.com Facebook: www.facebook.com/groups/kdmta**

UNITED KINGDOM

June 24th, 25th, 26th 2013 in Bristol UK Call for abstracts - Culture, Health and Wellbeing international Conference
Oral Presentation; Poster Presentation; Participatory Workshop and Performance /Film. Themes: Healthy and Creative Ageing; Global Health Inequalities and Culture; Culture and the Social Determinants of Wellbeing. Deadline for submissions - December 21st 2012. Then send to: **Alexandra Coulter, Director : 01305 269081; M: 07973345967, E: alex@ahsw.org.uk Website: <http://www.ahsw.org.uk>; www.culturehealthwellbeing.org.uk**

UK: Roehampton University MA Dance Movement Psychotherapy.

The uniquely interdisciplinary MA course in DMP integrates theoretical, experiential and clinical learning, preparing students to practice as dance movement psychotherapists. Cutting edge research cascades into teaching emphasising the social, biological and psychological construction of the moving body and meaning-making. Students are encouraged to develop a self-reflexive practice and the ability for critical reflection on creative processes. On successful completion of the MA students enter the Association for Dance Movement Psychotherapy UK professional register.

Programmes: MA DMP. PHD DMP. Foundation Course in Dance Movement Psychotherapy.

For further information please contact Course convener: Beatrice Allegranti, Email: b.allegranti@roehampton.ac.uk Tel: +44 (0)20 8392 3377,

Geoffery Unkovich Lecturer in Dance Movement Psychotherapy, Email: geoffery.unkovich@roehampton.ac.uk **Yeva Feldman Lecturer in Dance Movement Psychotherapy**

Email: y.feldman@roehampton.ac.uk Centre for Arts Therapies Research CATR

<http://www.roehampton.ac.uk/Research-Centres/Centre-for-Arts-Therapies-Research/>

UK: MA Dance and Somatic Wellbeing: Connections to the Living Body is a unique visionary and pioneering program offering a professional training in Dance and Somatic Movement Education. MA graduates are qualified to be Somatic Movement Educators. Contact: Amanda Williamson, Email: acwilliamson@uclan.ac.uk School of Creative & Performing Arts, University of Central Lancashire. MA course Information: www.ismeta.org/mads.html

UK: Certification Programmes in Laban Movement Studies

DMPS (Dance Movement Psychotherapy Scotland), Edinburgh, Scotland, UK.
bring LMA/BF training from Laban Institute of Movement Studies (LIMS), NY, to the UK.

Programme Coordinator: Karen Studd CMA ISMETA, Principal Assistant: Susan

Scarth SrDMP CMA. The Edinburgh programme offers the potential for a strong and innovative

learning experience based in a World Heritage city. Further enquiries about dates and costs see; www.dmpscotland.com

[/www.limsonline.org](http://www.limsonline.org), email LMA@dmpscotland.com MSc in Dance Movement Psychotherapy - School of Health Sciences,

Queen Margaret University, Edinburgh, Scotland, UK This unique programme is the only Master of Science to offer

licence to practise in the discipline. Further information relating to this international programme can through:

Contact: **Dr Vassiliki (Vicky) Karkou, Senior Lecturer, Programme Leader. Division of Nursing, Occupational Therapy and Arts Therapies, School of Health Sciences, 0044 131 474 0000 or:**

http://www.qmu.ac.uk/otat/V_Karkou.htm

http://www.qmu.ac.uk/at/Dance_Movement_Psychotherapy.htm

<http://www.facebook.com/pages/MSc-Dance-Movement-Psychotherapy-at-Queen-Margaret-University-Scotland/168632633166168>

USA

October 2013. The 48th American Dance Therapy Association (ADTA) Annual Conference

Dance/Movement Therapy: Creating Community Connections: Brooklyn and Beyond

See: www.adta.org and conference

Kinnections' Alternate route program - Accepting applications now for - Dance/Movement Therapy I. A hybrid course integrating video conferencing beginning in February 2013 and in-class work June 24 -28, 2013. Get a heads up for our summer schedule which we will post on our web site: www.kinnections.com