

Current Moves – April 2012

**Dance Movement Therapy Association of Australia (DTAA)  
Professional Development Events**

**September - Friday 7 (evening), Saturday 8 and Sunday, 2012.**

**Lifestreams: Continuum as Movement Medicine**

Amber Gray back in Melbourne

Abbotsford Convent Melbourne Dorm 1, Rosina building, 1 St Helier Street, Abbotsford.

Continuum is moving medicine. Emilie Conrad, creator of Continuum Movement, teaches that all fluids are basically one element, resonating with all other fluids. They function as a kind of umbilical cord supplying us with the pulsing undulations of life. Amber Gray, an authorized Continuum Movement Teacher and award winning dance movement therapist, who has worked for many years with people whom have survived violation, human rights abuses, and terror.

Amber is using Continuum movement as a primary restorative practice in her work, and for resilience after injury, illness and chronic stress. Her teaching often combines Continuum with dance movement therapy, somatic psychology, current trauma and neuropsychological research, movement therapy, life impressions bodywork, ritual, and creative arts. This workshop is open to movement artists and practitioners, therapists, bodyworkers and all those committed to a deep exploration of how life reveals itself in each and every breath and movement we create. This workshop is an invitation to dive into the pool of existence within our cells and enter the play of life through Continuum, a practice that involves simple sound streams (to stir the fluid that resides within our tissues), breathing patterns, and slow, organic movements. In this workshop, we will have opportunities to address specific participant or client issues as defined by the group. The workshop will be organised so that attendees can participate in the weekend, even if they simply cannot attend on Friday evening, however, the experience offered will be much richer for those who can start at the beginning.

**Contact person: Melanie Keely. Email: [melaniekeely@bigpond.com](mailto:melaniekeely@bigpond.com) Tel: 0400985929**

**February 5, 6 and 7, 2013. Keep dates free!**

**Penelope Best back in Melbourne**

We are pleased to give this advance notice.

The DTAA has Abbotsford Convent in Melbourne, Dorm 1, Rosina building, booked.

More information available later in the year.

**Contact: [admin@dtaa.org.au](mailto:admin@dtaa.org.au)**

**Expressions of interest are sought for the following Training Series:**

**Body as Voice: Restorative Movement Psychotherapy Trauma and Resiliency**

Exposure to traumatic events literally and metaphorically “freezes” our bodies, minds and spirits in a “lock-down” of past memories. Current neuro-psychiatric research has shown that when someone is traumatized, a majority of traumatic memory is implicit—or sensory-motoric. Many of the researchers endorse the use of non-verbal therapies for survivors to fully integrate the past with the present and restore well-being and balance.

This training series will prepare clinicians, dance movement therapists, art therapists, and somatic therapists to work with survivors of trauma (in particular, trauma secondary to war, torture, interpersonal abuse, complex trauma, human rights violations, intergenerational and historic trauma, complex humanitarian emergencies and natural disaster) using a variety of very practical, body and arts-based practices and methods. This course series addresses the nature of the therapeutic relationship and social engagement through several mediums including creative, somatic, breath, rhythm and movement based interventions. Multiple pathways to address the implicit nature of the trauma response and develop creative approaches to navigate the explicit realm will be explored.

This series will be taught by Amber Gray, licensed mental health professional, award winning dance movement therapist, Continuum Movement teacher, who is trained in Somatic Psychology, Contemplative Psychology, Somatic Experiencing, EMDR, parent child psychotherapy (an attachment model), trauma focused CBT, Historic Trauma, cranial sacral therapy, deep tissue bodywork, energy medicine, shiatsu, ecopsychology, and authentic movement. She is a frequent speaker, writer and trainer on the application of the somatic and creative arts therapies to work with adult and child survivors of interpersonal abuse and extreme traumatic events. More information about Amber can be found at: [www.restorativeresources.net](http://www.restorativeresources.net)

**Register your interest with Mandy Agnew on [rmagnew@bigpond.com](mailto:rmagnew@bigpond.com) Or phone 98138671 / 0437348808**

**Hanny Exiner Memorial Foundation – Research in Dance-Movement Therapy**

**Australian Dance-Movement Therapy Research Grants 2012**

The Hanny Exiner Memorial Foundation (HEMF) is inviting applications for grants from persons in Australia intending to or currently conducting projects that could advance the field of Dance-Movement Therapy through evaluation, research and quality assurance activities.

The grants could be used to ‘seed’ initial investigation and enquiry into the field or provide some support for more developed research projects. The findings from these projects will enhance the understanding, quality and practice of Dance-movement Therapy. Small projects that can contribute to future larger studies are eligible.

HEMF recognises that the advancement of the profession requires that research be undertaken and reported on. The awarding of the grants is as much to provide public encouragement and recognition of this work as financial assistance.

The Foundation is able to offer up two grants of up to \$2,000 each in 2012.

The closing date for applications is Friday 15th June 2012

**For more information about the grant criteria and to download the application form go to the HEMF page of the DTAA’s website:**

**[www.dtaa.org.au](http://www.dtaa.org.au)**

### DTAA Memberships:

We are still trying to contact Joanne McCauley. Could Joanne please contact us, or if anyone knows Joanne, could they please alert us via [admin@dtaa.org.au](mailto:admin@dtaa.org.au) We are also trying to identify a renewing member who used a credit union in Queensland in Maleny to pay their subscription. Thank you for your assistance.

**Rejoin the DTAA to get back onto our mailing list and, at the same time, support the promotion of DMT in Australia by the Association.**

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### Information, Notices and Special Events

#### Body Movement and Dance in Psychotherapy

We received the following notice from the Journal's publishers:

The Spring issue, 7.1 - Cheryl Amelia Burns' article 'Embodiment and embedment: Integrating dance/movement therapy, body psychotherapy, and ecopsychology' is available to download for free for a limited period. **To access the article go to:**

**<http://www.tandfonline.com/doi/abs/10.1080/17432979.2011.618513>**

\*For those interested in receiving this excellent Journal (now 4 copies per year), see details of the special offer to DTAA members in *Moving On*.

#### Seeking dance classes for the elderly in Forest Hill area.

Can anyone help with this enquiry: Does any member know if there are classes for the elderly around the forest hill area as I have an elderly mother (85 yrs), who would love to attend dance classes just to keep agile. **Please contact: Anna Ranucci [agr@inet.net.au](mailto:agr@inet.net.au)**

#### Call for contributions

For a Special Issue of Journal for Dance & Somatic Practices on Transcultural Perspectives on Somatic Practices and Research.

From ICTM Ethnochoreology Study Group [ETNOKOR@SI-LISTSERV.SI.EDU] On Behalf Of **[A.Grau@ROEHAMPTON.AC.UK](mailto:A.Grau@ROEHAMPTON.AC.UK)** [**[A.Grau@ROEHAMPTON.AC.UK](mailto:A.Grau@ROEHAMPTON.AC.UK)**]

**For more information go to <http://jdsp.coventry.ac.uk>.**

#### PACFA opens applications for Research Seed Grants

Announcement from PACFA. The Board has decided to support the development of research into counselling and psychotherapy by offering research Seed Grants. The amount of each grant is \$4,000. This initiative is possible with funding received in 2007 from an anonymous charitable foundation in order to undertake research aimed at improving the science of the art and practice of psychotherapy.

Research seed grants will be awarded for research projects that are compatible with PACFA's research 2012/13 research priorities, and relevant to PACFA's mission. Applicants are sought from experienced researchers or student researchers working under formal supervision.

Grant recipients will be invited to publish a poster at the next PACFA Conference and to publish a paper in the Psychotherapy and Counselling Journal of Australia (PACJA) within one year of finalising the project. Successful applicants are also encouraged to form linkages with a relevant PACFA MA during the study.

**Contact Maria Brett, Executive Officer, [maria.brett@pacfa.org.au](mailto:maria.brett@pacfa.org.au)**

**Ph: 03 9486 3077; 290 Park St, North Fitzroy, VIC, 3068, [www.pacfa.org.au](http://www.pacfa.org.au)**

#### Academic Journal of Creative Arts Therapies (AJCAT) - Call for Papers

The Academic Journal of the Graduate School of Creative Arts Therapies at the University of Haifa, invite researchers, and practitioners to submit:

Articles: Qualitative or quantitative studies, art-based studies, case studies grounded in theory, literature-based review, theoretical articles, perspectives on practice and philosophical essays. The articles will be peer-reviewed;

Book reviews published in Israel and abroad;

Forthcoming conferences and events;

Briefs reports on new theses and dissertations;

**Contact assistant editor Rose G: [<rs-gu@hotmail.com>](mailto:rs-gu@hotmail.com)**

#### Organisational Development Adviser - Drama Therapy Centre

There are over a hundred ways to take your career to a new level. Australian Volunteers International (AVI) is now recruiting for an Organisational Development Adviser within the Catharsis- Lebanese Centre for Drama Therapy (LCDT). Share your skills with those who need it most, invest in your career, experience new workplaces and change your global perspective. AVI assignments are developed in response to locally identified needs, and volunteers play a vital role in building the capacity of organisations and communities in developing countries. To find out more visit **[www.australianvolunteers.com](http://www.australianvolunteers.com)**

**Contact person: Max Campos, Recruitment consultant**

**Phone: 03 9279 1752 Email: [mcampos@australianvolunteers.com](mailto:mcampos@australianvolunteers.com)**

#### Thursday 11th October-Tuesday 16th October 2012

##### Explore the Healing Art of Dance

A workshop at the Ball Purnati Centre for the Arts, near Ubud.

Facilitators Alice Owen and Tracey Nicholson are both Dance Therapists with a deeply held belief in the healing power of dance as a medium for personal exploration and positive change .

Over 5 days participants will have the opportunity to reconnect with their innate dancing self

Inner exploration and processing will be approached via various methods including Creative Dance, Improvisation, Storytelling, Drawing,

Collage and Journaling.

\$1200 AUD twin share (single room supplement \$150) Includes 5 nights accommodation and 5 day workshop plus breakfast and lunch daily and airport transfers. Airfares not included

Earlybird discount \$1100 if full payment before 11th August 2012

To book your place send a deposit of \$250 AUD by 11th August, balance by 11th September 2012

**For enquiries contact: [Aliceowencreate2@gmail.com](mailto:Aliceowencreate2@gmail.com); [www.aliceowen.com.au](http://www.aliceowen.com.au) or**

**[tracenicolson@gmail.com](mailto:tracenicolson@gmail.com); [pilateshouse@bigpond.com](mailto:pilateshouse@bigpond.com)**

### Victoria

#### Tuesdays, April 17th to June 26th, 2012

##### Wise Women Moves

This program provides a unique opportunity to enjoy movement and dance to music from around the world, in a safe and nurturing space. During the year we investigate various themes and delve into our creativity. We explore new ways to create greater self-awareness and achieve inner peace, while having fun along the way. Sessions include Dance-Movement Therapy, Art and group discussions.

Term 2: Native American Animal Medicines - Explore your personal power through the healing guidance of animal medicines.

Explore your personal power through the ways of animals. Discover and connect with your own inner strength and body wisdom as we explore a different animal each week, as chosen by the participants of the group. Each animal exhibits habitual patterns that relay messages of healing and self discovery,

which are embodied in movement and provide key learnings about life.

Day: Tuesdays from: 1 - 3 pm?

Cost: \$25/sessions, term commitment required

At: Monash Studio, 1 Forest Crt, Glen Waverley; Day: Time: 1 - 3 pm?

Cost: \$275 for 11 sessions

**Inquiries and Bookings : Mandy Agnew, 0437348808 & Sheryn Kennett 0425746858**

### **Saturdays 12 and 19 May, 10- 3.30 pm**

#### **Dance for people with special needs**

Professional development workshops for dance teachers, choreographers, primary and secondary dance teachers, dance-movement therapists and other interested in working through dance with people who have special needs and disabilities.

The workshops will include theory, practice, experiential learning and strategies for assessment

led by dance educators and therapists Kim Dunphy and Sue Mullane Rosina Auditorium, Abbotsford Convent, Abbotsford.

Hosted by Ausdance Victoria as part of their 2012 Professional Development Program

**Bookings: [www.trybooking.com/BBIL](http://www.trybooking.com/BBIL)**

**For more info [www.victoriandancedirectory.com.au/news/whats-on#dads](http://www.victoriandancedirectory.com.au/news/whats-on#dads) or 03 9689 2055**

### **Ausdance Victoria's new Professional Development Program launched for 2012**

In 2012 our annual Dance Across the Domains Conference for dance teachers, emerging choreographers and primary and secondary school dance teachers will be presented through a series of in depth Professional Development days delivered from May to August. Covering a range of stimulating topics, this is an essential part of every teacher's diary for 2012.

Led by experts in the field, these PD days provide teachers the opportunity to explore in greater detail, themes that inspire, broaden and enhance their teaching practice. Including fun practical workshops, time for discussion and dialogue, and the opportunity to share experiences with peers and leaders in the industry, Ausdance Victoria's Dance Across the Domains Program is an essential part of every teachers' diary for 2012. This year, Ausdance Victoria presents five Professional Development (PD) days covering innovative topics to challenge, stimulate and strengthen your teaching practice:

Teaching Dance to Boys

Hip Hop Choreography for Groups & Solos

Dance for People with Special Needs

First Aid for Dance

Curriculum Matters

Bookings are open now!

For a quick overview & booking info for all the Professional Development events available this year please visit:

**<http://www.victoriandancedirectory.com.au/images/stories/docs/professional%20development%20overview%20calendar%202012.pdf>**

**Contact Claire Bradley on: [victoria@ausdance.org.au](mailto:victoria@ausdance.org.au) or (03) 9689 2055**

**For more information please visit our website at:**

**<http://www.victoriandancedirectory.com.au/news/whats-on#dads>**

### **MANGALA STUDIOS PROGRAM**

#### **Teaching Creative Dance and Yoga to Children and adults.**

The experience of creative dance and yoga has deeply influenced the Mangala Studios.

The programs at the studio provide a unique chance for all children to have fun with the creative aspects of dance, design and yoga in a stimulating environment.

Music and Dance! Art and Dance! Solo and Ensemble Creative Dance! Poetry and Dance. All aspects of the Creative Dance can be experienced And Yoga for body, mind and spirit.

Please feel free to contact us with your enquiries.

**Mangala Studios, 73 Grattan St. Carlton, 3053.**

**Ph: 03 96635603; e-mail: [info@mangalastudios.com.au](mailto:info@mangalastudios.com.au); [www.mangalastudios.com.au](http://www.mangalastudios.com.au)**

### **International Dance Therapy Institute Of Australia**

#### **2013-14 Diploma in Dance-Movement Therapy - Scheduled to commence February 2013.**

Expressions of Interest invited from certificate graduates of IDTIA or equivalent programme

The Advanced Diploma programme is a three-year coursework, fieldwork and supervision programme comprising the IDTIA Certificate (a one-year course with 20 hours of fieldwork) and the IDTIA Diploma (a two-year course with a minimum requirement of 180 hours of fieldwork and 65 hours of supervision). Four coursework modules (two in the first year and two in the second year) are integrated with study projects, dyads, and regular dance therapy supervised practice. The Advanced Diploma will equip graduates with sound generic DMT principles and skills for working with people in group settings, and as part of a therapeutic team. Additionally, the supervised practice component will provide a solid grounding in application of DMT to a chosen population. Working at depth with any population needs advanced skill which will require further practice to develop, and will also depend on the extent of any other training and knowledge already acquired.

**An 'Introduction to the Diploma in DMT' is to be held on Sunday 6th May.**

**See [www.idtia.org.au](http://www.idtia.org.au) or contact the IDTIA Administrator for further details.**

**Certificate in Dance-Movement Therapy - now commencing February 2013, Melbourne, VIC**

- One year, part-time
- Six modules, each consisting of a weekend intensive workshop and tutorials
- Training is highly experiential, supported by theoretical teaching and practicum
- Provision for interstate trainees

Join an introductory workshop to find out more!

#### **IDTIA 'Introduction to Dance-Movement Therapy' Workshop**

A one day experiential workshop to introduce dance-movement therapy and its potential for discovery, change and healing. For those interested in gaining some insight into dance-movement therapy and what it has to offer.

WHEN: Saturday, 28th April, 10am - 4pm

WHERE: The Augustine Centre, 2 Minona Street, Hawthorn, VIC 3122

COST: \$110 Full / \$95 Concession

PRINCIPAL FACILITATORS: Anna Schlusser & Natalie Will, IDTIA Diploma Graduates and Dance Movement Therapists with experience in a variety of settings

Limited places available! Download an enrolment form from our website at **[www.idtia.org.au](http://www.idtia.org.au)**

Two further workshops planned for early September & late October prior to course commencement.

**Contact IDTIA Administrator Michele Braban on (03) 9571 9526 or [admin@idtia.org.au](mailto:admin@idtia.org.au)**

**Creative movement for children with special needs and "Women Who Flow With The Sea" groups** to celebrate the feminine spirit. Sally Low, Physiotherapist, Feldenkrais Practitioner, Creative Movement and Dance Teacher has a private practice in Newport. Her work with children is developmentally

structured **Tel: 0405170090** or e-mail [sallylowrehab@hotmail.com](mailto:sallylowrehab@hotmail.com)

**In-depth movement psychotherapy, Authentic Movement for individuals, couples and groups**, and Supervision: Linda Murrow, M.A. ADTR Prof. member: DTAA, Vic. Ass. Family Therapists, Aust. Assoc. of Relationship Counsellors, PACFA Reg, is an experienced DMT and expressive arts and couple therapist. She works with individuals, couples and groups at Relationships Australia and in private practice. Linda also teaches at the Phoenix Institute of Victoria. **Contact: [lindamurrow@aapt.net.au](mailto:lindamurrow@aapt.net.au) or mobile: 0421 999 839**

**Private DMT and Feldenkrais sessions in Malvern, and on-site supervision** for DMT graduating students from Bella Grossberg. Bella, DMT, Prof. member DTAA, Feldenkrais practitioner and counselor, is a graduate of Dr. Marcia Leventhal's first training program in Melbourne. She believes in the inherent healing power of dance and its power to change past limiting patterns with new empowering ways to move think and feel. **Call Bella on 9576 2644 or email: [pgberg@bigpond.com](mailto:pgberg@bigpond.com)**

#### **Body Voice Centre news and events:**

Weekly breath groups: Mondays 1.30 to 3.00pm (open to all);

Wednesdays 9.30am to 10.45am and 11.15am to 12.30pm;

Fridays 9.30am to 11am. These sessions are open by application to people who are already familiar with the work or who have attended the introductory Saturday half-days. Monday is also open by application to people new to the work. Also, individual hands-on breath sessions available with Middendorf breathwork practitioner John Howard. These 'breath dialogue' sessions are a way of connecting more closely with oneself through heightened awareness of body and breath. Single sessions \$70/50; set of five \$300/\$200. **[jdhoward@alphalink.com.au](mailto:jdhoward@alphalink.com.au). Body Voice Centre 50 Wolverhampton St, Footscray, Vic 3011; [www.bodyvoice.com.au](http://www.bodyvoice.com.au)**

#### **Barefoot Flamenco and other dances with Marina Bistrin**

Classes and events include stick dances, Iranian (Persian) folk and social dance, Fan dances, veil and fabric dances from hankies, to scarves, to light and heavy veils; Flamenco rhythm work; Gypsy dance from Russia & Spain and dances with finger cymbals. Venues in Heidelberg, Greenhills Neighbourhood Centre, 03 9435 9287 **[info@greenhillsonc.org.au](mailto:info@greenhillsonc.org.au)** and Bayswater, Glen Park Community Centre. **See: <http://www.glenparkcc.com.au/> Contact [office@glenparkcc.com.au](mailto:office@glenparkcc.com.au) 9294 7525.**

**Or call Marina 0438 580 889, or ah ph 03 9444 8212, or [marinabistrin@optusnet.com.au](mailto:marinabistrin@optusnet.com.au) or see: [www.dance-explorer.com](http://www.dance-explorer.com)**

#### **MONASH STUDIO~ for movement-based expressive arts**

##### **MIF: Moving Into Facilitation.**

For more information and dates of next events, contact Tiana: 0421 045 438 **[www.monashstudio.com.au](http://www.monashstudio.com.au)** or **[info@monashstudio.com.au](mailto:info@monashstudio.com.au)**

##### **YOGADANCE Tuesdays 7.15-8.45pm**

A combination of hatha yoga and creative movement.

##### **SOUL MOVES Fridays 7-9pm**

A combination of Movement Ritual and the Halprin life/Art Process.

Soul Moves expands and deepens our level of awareness in motion, giving access to personal stories and insights. During these sessions you will be guided to express your unique inner life experiences in movement. Creative movement, intuitive drawing, and dialogue will be the mediums used to shape and express ourselves physically, mentally and emotionally.

**For registration contact Tiana: 0415 644 060**

**(03) 9574 9016 [www.monashstudio.com](http://www.monashstudio.com) or [info@monashstudio.com.au](mailto:info@monashstudio.com.au)**

**For Volunteer Opportunities working with Tiana Li Donna**

**Phone: Tiana on 0421 045 438 [www.monashstudio.com](http://www.monashstudio.com) or [info@monashstudio.com.au](mailto:info@monashstudio.com.au)**

#### **Ideokinesis and Movement with Shona Innes.**

Ideokinesis is the practice of imagining a moving image within your body. This encourages mechanical balance, integrates imagination and sensory experience and offers a platform for creative action. For information on forthcoming workshops:

**Contact Shona – 0421 285 338 <mailto:atinnes@alphalink.com.au> or go to <http://alexanderthinkingbody.alphalink.com.au>**

#### **Lieto Creative Dance Studio: Elizabeth Loughlin**

Classes and short courses at Lieto Studio, North Fitzroy, VIC. Ring Elizabeth, creative dance teacher and DMT, on **94829312**, or email **[loughlin@clari.net.au](mailto:loughlin@clari.net.au) for further information. [www.lietocreativedance.com.au](http://www.lietocreativedance.com.au)**

See also under Classes, Mondays in Victoria

#### **Soul Dance**

3rd Sunday each month - at Olinda Primary School, Charlemont Lane, Olinda.

10am – 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centring dance – great location, music and people.

**Tony Norquay, 03 5678 5525 or 0418 134 709 or [norquaytd@ihug.com.au](mailto:norquaytd@ihug.com.au)**

#### **NEW SOUTH WALES**

##### **All About You - Flexibility & Support**

With Michael Muir - The Awareness Institute, Suite 1, 20 Clarke St, CROWS NEST NSW 2065

We will explore working with connective tissue using gentle somatic exercises and free form dance. Connective tissue is the structure within our bodies that links everything together – from head to toe and everything in between. Working with the connective tissue will support our bodies re-establishing structural alignment and helps bring us back into balance – physiologically and emotionally. Our aim is to feel more connected in relationship with others, create more opportunities for choice and ultimately more flexibility in life. This workshop is all about feeling good, letting your body do the talking, moving in ways that support opening, stretching and celebrating of you in full embodiment. No prior experience necessary.

**Contact: Michael Muir for group dates, more information or to secure a place**

**Mobile: 0414 888 248 or Email: [michael@soupa.net](mailto:michael@soupa.net)**

**[http://www.goodtherapy.com.au/michael\\_muir](http://www.goodtherapy.com.au/michael_muir)**

##### **4th May, 2012 - 7-9pm**

**An ASPA (Australian Somatic Psychotherapy Ass.) professional development event.** Awareness Institute, 1/20 Clark S. Crows Nest NSW.

Eva Papadopoulou will discuss "Experiential evening on TRE (Trauma Release Therapy)"

6th July: Sabina Rabold will talk on "Mindfulness and its benefits to the therapist"

7th September: Dr. Gary Galambos - "update on the DSMV and on anti-depressant medication"

2nd November: Tim Johnson Newell, Jean Gamble and Michele Rousseau - case studies on "working with a difficult client".

**Wed 1 September– Sun 5 September 2012**

### Move with joy!

The Centre, 14 Frances St, Randwick. Accommodation is available at the venue - 02 9398 2211 to book direct

ROSEN METHOD MOVEMENT teaches us how to relax, to cultivate the qualities of awareness, presence, and ease in our bodies so we can bring more of ourselves into our daily lives. The movements encourage natural, free breathing, increase range of motion, and improve alignment and flexibility.

A MOVEMENT INTENSIVE gives an in-depth experience of what it's like to enjoy one's full potential for movement. Each day will begin with an hour-long movement class followed by discussion about the underlying theory and structure of Rosen Movement. We will explore the movements in depth using various tools, such as anatomy lessons, partner work, and bodyreadings. The learning process will be supported with Rosen-sharing circles to allow expression of new discoveries and understandings.

Theresa Garcia from San Francisco, California will lead the Workshop. Theresa is a Senior Movement Training Teacher, an Introductory Workshop teacher, and in training as a Bodywork teacher. She has taught Rosen Method Movement in Canada, Europe, and Mexico, and teaches weekly classes in the San Francisco Bay Area.

**Cost: \$880 or early bird \$790 (if paid before July 27)**

**For further information please contact Lynda Napier on 0408 825168**

### Re-Form - 8 week programs - beginning again April 26

A Dance Movement Therapy (DMT) based program, aiming to provide healing and freedom for your body, heart, mind and spirit. The Basement, Pittwater Uniting Church, 10 Jubilee Ave, Warrenwood.

Cost: \$176 for 8 sessions or \$25 per week.

**Contact Esther Durham, (Grad Dip DMT, Assoc. Deg. Dance) ph: 0407 769 943 e: [estherdurham@hotmail.com](mailto:estherdurham@hotmail.com);**

**[www.aholelotofdance.com.au](http://www.aholelotofdance.com.au) for more information or to register.**

### Creative Kids Dance

Starting April 26. First class is FREE.

Ages 5-9. Thursdays (during school terms) 4:30-5:30pm.

In the Kids Room, 10 Jubilee Ave, Warriewood.

more info at [www.aholelotofdance.com.au](http://www.aholelotofdance.com.au)

**Please contact Esther to register your interest on 0407 769 943 or [estherdurham@hotmail.com](mailto:estherdurham@hotmail.com)**

### 2011 - 2012: DRAWING MOVEMENT with Lisa Roberts

ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney.

Drawing Movement at the Rozelle School of Visual Arts, 57 Nelson Street, Rozelle, Sydney:

**<http://www.lisaroberts.com.au/content/workshops/workshops.php>**

The new workshops will be modelled on traditional Life Drawing, but instead of drawing a hired model, we take turns to move and be drawn. We move to simple 'scores' for movement and drawing that are designed to expand our dynamic range of expression.

The overall aim is to relax and have fun as we learn new ways of experiencing, observing and recording movement. In theory we know that movement and drawing enable us to identify and strengthen our expressive 'voices'. We also know that it makes us feel good, particularly when we do it with other people. So let's do more of it!

The cost remains \$10, but you will need to bring your own drawing materials (including portable easels and drawing boards if you need these).

**See [www.lisaroberts.com.au](http://www.lisaroberts.com.au); [www.antarcticanimation.com](http://www.antarcticanimation.com); [www.livingdata.net.au](http://www.livingdata.net.au)**

**For more information; Contact Lisa: 02 9550 2805; [lisa@lisaroberts.com.au](mailto:lisa@lisaroberts.com.au)**

### Individual sessions, group work and women's retreats with Satyo Cate Sullivan (BCA, MA (Cat) PACFA Reg.)

Counselling, therapy and mentoring sessions for individuals.

Workshops/courses utilising dance/movement, creative arts therapies, body sense/awareness skills. Women's weekend retreats on relevant themes.

Individual sessions and group work are offered in both the Southern Highlands of NSW (Robertson) and Shoalhaven (Nowra).

**For further information contact Satyo on 02 4885 1727 or 0412 122010**

**Email [satyo@shoal.net.au](mailto:satyo@shoal.net.au)**

### Classes Victoria

#### Mondays:

##### Monday nights 6.30 to 8.30

**Marina Bistrin teaches** a series of 8 x 2hr workshops from the Middle-East, Gypsies and Silk-Road in terms, 2011 at Glen Park Community Centre, Bayswater.

See: <http://www.glenparkcc.com.au/> Contact [office@glenparkcc.com.au](mailto:office@glenparkcc.com.au) 9294 7525 or call Marina Bistrin 0438 580 889, 9444 8212,

[www.dance-explorer.com](http://www.dance-explorer.com) [marinabistrin@optusnet.com.au](mailto:marinabistrin@optusnet.com.au)

Mondays - Fan Dance at Geenhills Neighbourhood Centre, Greensborough

**Bookings Ph 03 9435 9287 [info@greenhillsnc.org.au](mailto:info@greenhillsnc.org.au)[www.greenhillsnc.org.au](http://www.greenhillsnc.org.au)**

#### Elizabeth Loughlin, Ongoing creative and expressive dance - 7.45 - 9 pm.

At Lieto Creative Dance Studio, North Fitzroy 3068

Ring Elizabeth, creative dance teacher and dance movement therapist, on **94829312** or email: [loughlin@clari.net.au](mailto:loughlin@clari.net.au) See:

**[www.lietocreative.com.au](http://www.lietocreative.com.au)**

#### Tuesdays:

##### Tuesday lunchtime

##### Multicultural Fan dance and Gentle Egyptian Bellydance

with Marina Bistrin at Contact Community Centre, Bundoora,

Contact Marina Bistrin on **0438 580 889, ah 9444 8212**

**Email: [marinabistrin@optusnet.com.au](mailto:marinabistrin@optusnet.com.au) or see [www.dance-explorer.com](http://www.dance-explorer.com)**

#### YOGADANCE Tuesdays 7.15-8.45pm

An ongoing class. A combination of hatha yoga and creative movement.

For registration contact **Tiana: 0415 644 060**

**(03) 9574 9016 [www.monashstudio.com](http://www.monashstudio.com) or [info@monashstudio.com.au](mailto:info@monashstudio.com.au)**

### Wednesdays:

**Multicultural Fan dance, Persian Dance** at Watsonia Neighbourhood House Expressive dance to world music, gentle, empowering and fun. For more information contact Marina Bistrin on 0438 580 889, ah 9444 8212 Email: [marinabistrin@optusnet.com.au](mailto:marinabistrin@optusnet.com.au) or see [www.dance-explorer.com](http://www.dance-explorer.com)

Wednesday nights 7.30 to 9pm

Barefoot Flamenco in Heidelberg with Marina Bistrin

Scott's Uniting Church Hall, Burgundy St, almost next to Heidelberg Station.

\$120/term, \$20 per class, casual. Entrance from their carpark.

**Bookings: Marina Bistrin mob 0438 580 889 ah ph 03 9444 8212**

**www.dance-explorer.com marinabistrin@optusnet.com.au**

### Thursday

**Multicultural Fan dance, Persian Dance** at Watsonia Neighbourhood House

Expressive dance to world music, gentle, empowering and fun.

**Contact Marina Bistrin on 0438 580 889, ah 9444 8212 Email: [marinabistrin@optusnet.com.au](mailto:marinabistrin@optusnet.com.au) or see [www.dance-explorer.com](http://www.dance-explorer.com)**

### Fridays

**SOUL MOVES** - on-going classes 7-9pm

A combination of Movement Ritual and the Halprin life/Art Process.

Come and join us for movement explorations, drawing and dialogues.

Soul Moves expands and deepens our level of awareness of ourselves in motion, giving access to our personal stories and insights as we return to our daily lives.

**Contact Tiana: 0415 644 060**

**(03) 9574 9016 [www.monashstudio.com](http://www.monashstudio.com) or [info@monashstudio.com.au](mailto:info@monashstudio.com.au)**

### Saturdays

#### Body Voice Centre

'Meeting the breath': half-day workshops

Dates, Bookings and further details: **email [info@bodyvoice.com.au](mailto:info@bodyvoice.com.au)**

**Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 [www.bodyvoice.com.au](http://www.bodyvoice.com.au)**

### Sundays

**Soul dance** - 3rd Sunday each month

Olinda Primary School, Charlemont Lane, Olinda.

10am - 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centering dance - great location, music and people.

**Call Tony Norquay on 03 5678 5525 or 0418 134 709 or email: [norquaytd@ihug.com.au](mailto:norquaytd@ihug.com.au)**

### New South Wales - Ongoing Classes

#### Mondays:

##### 2011: Movement and Drawing

6-8pm Mondays, ROZELLE SCHOOL OF VISUAL ARTS, 57 Nelson Street, Rozelle, Sydney. See full information above under NSW.

**Contact: Lisa Roberts PhD (UNSW); <http://lisaroberts.com.au/>**

**[lisa@lisaroberts.com.au](mailto:lisa@lisaroberts.com.au) 02 9550 2805**

**Dance is MY Therapy** - dance classes with a difference - 8:00-9:00pm Sydney

The classes explore the therapeutic benefits of dance, with a focus on creativity, expression and general health and wellbeing proving that everybody can dance!! Expect the unexpected and enjoy the benefits of dance for mind, body and spirit.

Dance Alive Studios, 107 Regent St, Chippendale (near the corner of Meagher St)

**Contact: Kirsty Fromholtz - 0402 644 510**

**[kirsty@kirstydance.com.au](mailto:kirsty@kirstydance.com.au)[www.kirstydance.com.au](http://www.kirstydance.com.au)**

#### Mondays 2- 3.30pm, Rex Centre, Kings Cross

##### Creative Movement for Seniors (50+)

\$3 (subsidized by Sydney City Council)

Revitalizing, relaxing, guided self expression/movement exploration..

Connecting with stimulating music, ideas and people.

**Contact Meredith Lucy 0400447951 or Email; [meredithlucy6@gmail.com](mailto:meredithlucy6@gmail.com)**

#### Thursdays

**'Moonbeam Movement'- Mums and Bubs classes**, 9.30am - 10.30am

At: Lifepod, 1A Victoria St, Paddington

Six-week courses of gentle, intuitive and fun dance/movement experiences for mothers and babies aged 5 months to walking. Explore the magical space that exists between you and your baby. **Contact: Suzy Wolanski Ph: 0413444914; Email: [suzy@moonbeammovement.com.au](mailto:suzy@moonbeammovement.com.au)**

#### Fridays

##### Fridays 6.30 - 9pm in Rozelle

##### Authentic Movement

A setting for a movement practice where a supportive group of committed people practice inner focus and containment to deepen personal awareness. The practice can facilitate a therapeutic release through contacting unconscious material, support creativity by exposing new ideas and it can be a community building activity by connection to a wider, collective sense of self.

Beginners and experienced movers welcome.

**Contact Meredith Lucy 040 044 7951 or [meredithlucy6@gmail.com](mailto:meredithlucy6@gmail.com)**

#### Saturdays:

**Accessible Dance** - 10:00 - 11:00am

A dance class for dancers with a disability over the age of 16, with emphasis on ability, creative expression and having fun dancing and moving. Carers welcome to join in.

Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on left.

For more information contact: Kirsty Fromholtz - 0402 644 510  
kirsty@kirstydance.com.au www.kirstydance.com.au

#### Overseas

##### Canada

**Laban / Bartenieff and Somatic Studies International, Canada™ (LSSI).** CMA Modular programs. For pre-requisite programs, contact [nadine.saxton@gmail.com](mailto:nadine.saxton@gmail.com)

Affiliated with Laban/Bartenieff Institute of Movement Studies (LIMS®) New York [www.labaninternational.org](http://www.labaninternational.org)

Contact: Janet Kaylo at [info@labancan.org](mailto:info@labancan.org)

##### Greece

**4-7 June 2012, Athens**

**Athens Institute for Education and Research-ATINER ([www.atiner.gr](http://www.atiner.gr))**

3rd Annual International Conference on Visual and Performing Arts, , Greece

Registration fee €300 (euro), covers all sessions, two lunches, coffee breaks and conference material. Special arrangements will be made with a local luxury hotel for a limited number of rooms at a special conference rate. In addition, a number of social events will be organized: A Greek night of entertainment with dinner, a special one-day cruise in the Greek islands, an archaeological tour of Athens and a one-day visit to Delphi. **More details at <http://www.atiner.gr/soc/2012SOC-ART.htm> or <http://www.atiner.gr>**

**Athens, 21-25 November 2012**

**Dance Therapy Panorama - 33rd World Congress**

CID congresses are the largest gatherings of dance specialists world-wide, the best opportunity to showcase one's work to a wide audience of practitioners, dance teachers, choreographers, researchers, journalists and organizers. All forms of dance will be represented.

The program includes: - Research reports (papers), lecture-demonstrations; Classes; Exhibitions and sale of books, records, accessories etc; Visits to places of special interest; Evenings where members can discuss in a relaxed setting.

Intended primarily for professionals, it is at the same time a trade fair and a participatory event, facilitating contacts among colleagues in view of international cooperation.

Submitting a presentation (research report, lecture-demonstration, class, exhibition) is optional. Sent text before 1 Oct. 2012.

Please note: Absentee conferees can register also; their presentations will be included in the program and the proceedings.

**To apply for a visa or financial assistance, registered participants receive an official certificate.**

**Congress information and registration:**

[www.orchesis-portal.org/cdr](http://www.orchesis-portal.org/cdr)

**Membership application:**

[ExecSec@CID-portal.org](mailto:ExecSec@CID-portal.org)

[www.cid-portal.org](http://www.cid-portal.org)

##### India

**27th and 28th April 2012**

**The 5th International Conference on Psychology of music and mental Health**, by Nada Centre for Music Therapy, Chennai, India. In collaboration with The Department of Psychology

Department of Psychology, Bangalore University, Bangalore -560056

Contact: Dr. R. Gopalakrishna, Associate Professor, Bangalore University, E-mail: [rgkbub@gmail.com](mailto:rgkbub@gmail.com)

Phone: 080-22961506. Mob: 9731981899

Or: Dr. T. V. Sairam, President

Nada Centre for Music Therapy, Chennai

**Phone: +91-9891184950; Email: [tv@sairam@gmail.com](mailto:tv@sairam@gmail.com)**

**See: [www.nada.in](http://www.nada.in)**

##### UK

**Roehampton University, Surrey,**

**Dance Movement Therapy Programmes,**

Graduate Certificate, Postgraduate Diploma/ MA, M. Phil, PhD. For initial information and application contact [enquiries@roehampton.ac.uk](mailto:enquiries@roehampton.ac.uk) or write to Programmes Administrator, Arts Therapies Division, School of Psychology and Therapeutic Studies, University of Surrey, Roehampton, Southlands College, London SW15 5SL or **contact the Programmes Administrator on: 020 8 392 3000. Email: [ArtsTherapies.programmes@roehampton.ac.uk](mailto:ArtsTherapies.programmes@roehampton.ac.uk)**

**MA Dance and Somatic Wellbeing:**

Connections to the Living Body is a unique visionary and pioneering program offering a professional training in Dance and Somatic Movement Education. MA graduates are qualified to be Somatic Movement Educators. Contact: Amanda Williamson, Email: [acwilliamson@uclan.ac.uk](mailto:acwilliamson@uclan.ac.uk)

School of Creative & Performing Arts, University of Central Lancashire. **MA course Information: [www.ismeta.org/mads.html](http://www.ismeta.org/mads.html)**

**First UK Certification Programme in Laban Movement Studies**

**DMPS (Dance Movement Psychotherapy Scotland), Edinburgh, Scotland, UK.**

bring LMA/BF training from Laban Institute of Movement Studies (LIMS), NY, to the UK.

Module one of the Certification Programme will begin in June 2012 as a

3-week intensive. Dates: Module 1 Immersion Mon 18 Jun – Sat 7 Jul 2012.

Fees: £1875.

LMA is not simply a tool to 'understand, classify and interpret human movement' but a framework that enables the student to become immersed in their embodied experience of self, offering a new depth of self-knowledge and a clearer awareness of other. Laban Studies raise the profile and volume of non-verbal expression - in artistic and mundane contexts.

Programme Coordinator: Karen Studd CMA ISMETA, Principal Assistant: Susan Scarth SrDMP CMA. The Edinburgh programme offers the potential for a strong and innovative learning experience based in a World Heritage city. Those who will benefit from the depth and breadth of these studies include dance movement

therapists, actors, artists, musicians, health and body practitioners.

**Further information, [www.dmpscotland.com](http://www.dmpscotland.com) / [www.limsonline.org](http://www.limsonline.org) or contact us directly by email [LMA@dmpscotland.com](mailto:LMA@dmpscotland.com)**

**2-3 June 2012**

### **The Wisdom of the Body and Movement in Supervision**

Intensive weekend programme at Queen Margaret University, Edinburgh - experience the teaching of internationally known dance movement psychotherapists exploring the role of the body and movement in supervision. Prof Helen Payne (founder of the UK Association in Dance Movement Therapy, Professor at the University of Hertfordshire and author of the book: Supervision in Dance Movement Psychotherapy). Dr Hilda Wengrower (co-editor of the book, the Art and Science of Dance/Movement Therapy: Life is Dance, Lecturer in Haifa University, in the University of Burgos, Spain and other countries). Jeannette MacDonald (ex chair of the Association for Dance Movement Psychotherapy, held the first NHS posts in the UK in Dance Movement Psychotherapy and has lengthy experience of teaching and supervising. Emphasis will be placed on acknowledging body-felt and movement signals brought to supervision as holding important information about the relationship between supervisors and supervisees and between supervisees and clients/patients. The following areas will be covered:

- a. Models for engaging the body and dance movement within supervision.
- b. Bodily engagement with movement observation.
- c. The use of embodiment and neuroscientific research.
- d. Somatic counter/transference.
- e. Ethical dimensions of somatic engagement.

Open to qualified arts therapists (drama, dance movement, music or art therapists), counsellors and psychotherapists or other professionals who offer (or intend to offer) therapeutic supervision for clinical practice. Fees: £185 (£130 concessions).

**For further details about the weekend on supervision and application form see:**

**[http://www.qmu.ac.uk/at/Movement\\_Based\\_Supervision.htm](http://www.qmu.ac.uk/at/Movement_Based_Supervision.htm)**

**Dr Vassiliki (Vicky) Karkou, Senior Lecturer**

**Programme Leader for the MSc in Dance Movement Psychotherapy**

**Queen Margaret University, Edinburgh EH21 6UU, Scotland UK, 0044 131 474 0000**

**[http://www.qmu.ac.uk/at/Dance\\_Movement\\_Psychotherapy.htm](http://www.qmu.ac.uk/at/Dance_Movement_Psychotherapy.htm)**

### **M.Sc. Dance Movement Psychotherapy at Queen Margaret University, Edinburgh, Scotland, UK**

Accredited by the ADMP UK. The M.Sc. combines academic activity with clinical placement experience and the development of dance/movement skills. It can be studied full-time over 2 years or part-time over 3 years. **See: [www.qmu.ac.uk/at/Introduction\\_to\\_Dance\\_Movement\\_Psychotherapy.htm](http://www.qmu.ac.uk/at/Introduction_to_Dance_Movement_Psychotherapy.htm) Or contact: Dr Vicky Karkou, [VKarkou@qmu.ac.uk](mailto:VKarkou@qmu.ac.uk) or [HSAdmin@qmu.ac.uk](mailto:HSAdmin@qmu.ac.uk)**

## **USA**

**June 8 – 10, 2012**

### **Motus Humanus Roundtable on Professional Issues**

Conference theme: “Creative Uses of Laban Theory”

Hosted by Pomona and Scripps Colleges, Claremont, California. Creative work of all types that draws upon Laban theory for inspiration. **[www.motushumanus.org](http://www.motushumanus.org) Click Events, then click Upcoming.**

**June 16 to July 2, 2012 – Module 1.**

**Certification Program in Laban Movement Studies in Knoxville, TN.** “Learn our other native language: Movement”. Offered by LIMS and University of Tennessee. Immersion in Laban Movement Analysis. Three more Modules and Final Project to follow.

**Contact: Kista Tucker [KistaTucker@verizon.net](mailto:KistaTucker@verizon.net) or Deborah Whelan [Deborah.Whelan@knoxschools.org](mailto:Deborah.Whelan@knoxschools.org); <http://kistatucker.com/modular-program.php>**

**New York, New York - July 19-22, 2012**

**ART AND PSYCHE IN THE CITY - An International Conference** - Organized by the Art and Psyche Working Group, Sponsored by the Jungian Psychoanalytic Association, The International Association for Analytical Psychology and the Archive for Research in Archetypal Symbolism. Cosponsored and Hosted by New York University

Steinhardt School of Culture, Education, and Human Development: Department of Applied Psychology and Department of Art and Art Professions  
The Art and Psyche website, at the Steinhardt School, NYU,

**<http://steinhardt.nyu.edu/conference/artandpsyche> will list events scheduled in New York City in July 2012, as the information becomes available.**

**Send enquiries to [artandpsyche@nyu.edu](mailto:artandpsyche@nyu.edu)**