

Current Moves April 2010

Current Moves, the DTAA's email bulletin, has the purpose of keeping the dance movement therapy community up-to-date with information in-between publications of the Association's journal, 'Moving On'. Please forward any communications, news of events, or changes to events, to dtaa@alphalink.com.au for distribution.

UPDATE YOUR DETAILS ON THE DTAA WEBSITE

Requests are made to the DTAA every week from potential clients wanting dmt programs, potential employers wanting employees, or students and volunteers wanting placements.

Mostly the enquirers are referred to the listings of Professional and Associate members on our website

<http://www.dtaa.org.au/supervisors.htm> and <http://www.dtaa.org.au/associate.htm>.

Whereas our Professional listing represents all DTAA's Professional Members, we are aware that our Associate Members listing does not include all those people that it should. We would like to change this situation and invite all members who could become Associates, to apply to be on this list. Please see criteria for becoming DTAA Associate Members on the website. Complete the application form and forward to Anna Ganz.

If you are already listed as a Professional or Associate Member, to assist the DTAA in responding to enquiries and you in gaining referrals, we would like to receive information on relevant current programs that you are involved in. This will be to add to your web information.

Help us to help the right people to find you, and help dmt in Australia to grow!

To get our Associate listing-up-to date, applications to Anna Ganz. Email: apganz@hotmail.com.au or dtta@alphalink.com.au.

Once up-to-date any ongoing or urgent changes to info@dtaa.org.au

May 30, June 27, July 11, August 8, September 12, October 24, 2010

DTAA Peer Mentoring Program - Melbourne

Sundays 10am – 1pm

Except Oct. 24, 10- 4pm

May 30th: Special guest Jenny Czulak Riley

Dancehouse (upstairs studio), 150 Princes Street, Carlton 3054

For members of the dmt community who would find it personally and professionally beneficial to join a program that aims to promote working together and getting to know each other as peers through a focus on creative movement explorations. The explorations are directed towards allowing for individual or collective themes and discussions that grow from thematic dialogues. For enquiries and more information about this program for 2010

Contact Jennifer Ford, Grad. Dip. DMT (RMIT), Ph: 9772 9352 m: 0410 922 228

email: jenniferford@live.com

Tiana Li Donni: Somatic movement therapist, ISMETA. ph: 9574 9016 m: 0421 045 438

email: tianamoves@hotmail.com

Volunteers still needed

The DTAA is still specifically looking for writers to assist with our popular and internationally highly regarded informal Journal – 'Moving On'. Also, people interested in joining the DTAA committee in its work towards promoting dmt in Australia.

Email: dtaa@alphalink.com.au

DTAA Memberships

Do join, or rejoin to take advantage of the benefits of DTAA membership. The Association welcomes new and rejoining members at all times, although renewals are officially due on July 1 each year. Your membership is valued and essential to support the growth and development of dance movement therapy in Australia.

Annual Membership: \$55.00 Concession \$44.00

Application forms from: www.dtaa.org or call Jenny Ford: Tel: 03 97729352; Mobile 0410922228 email: jenniferford@live.com.au

News and Special Events

Caroline Plummer Fellowship in Community Dance

The University of Otago invites applications for the year 2011 for the above Fellowship. The Fellowship is open to any New

Zealand or international community dance practitioner, teacher or researcher.

www.carolineplummer.org.nz

www.otago.ac.nz/alumni/advancement/carolineplummer.html

www.otago.ac.nz/otagofellows/

An Great Opportunity for Experience

At Glenallen School, 7 Allen St. Glen Waverley VIC 3150

On Mondays from 1.45 - 3.15pm

Tiana Li-Donni is working at Glenallen School with severely physically limited teenagers, running a weekly 1.5hr transitional subject called "Creative Dances" for students leaving school at the end of the year and entering the next phase of their lives in day centres. Tiana is inviting assistance with this program that provides the students with the opportunity to develop their self-expression. A 'Working with Children' card is essential for participation in the program. **Contact Tiana if you can commit to one, some, or all of the groups and 2010 dates, or any inquiries. Email: tianamvoes@hotmail.com ph:9574 9016**

ASPERGUS BOYS PROJECT

Are you interested in working with teens?

For those of interested, Tiana Li-Donni will be facilitating a series of 10 workshops for youths, 14-16yrs. She would welcome anyone who is interested in assisting with the sessions with "these amazing boys" for the experience, and perhaps the opportunity to try out some personal skills in some of the sessions and performances.

VENUE: Powerhouse Neighbourhood House. 54 Power Ave, Ashwood VIC 3147.

Sessions Mondays - 4.30 till 6pm

Dates: May 3, 17, 31. June 7, 21, July 12, 26, Aug 9, 23 and Sept 6.

Rehearsals : October 11 and 26.

Performances: Nov. 8 and 15. In all a 20hr Project over 2010

Contact Tiana: Email: tianamoves@hotmail.com mobile: 0421 045 438

June 28-30, 2010

Symposium in New Zealand

"Dancing across the disciplines, cross-currents of dance research and performance", a three-day international symposium, See: <http://www.southislanddancenetwork.org.nz/news/18-latest-new/535-dancing-across-the-disciplines-dance-symposium-2010>

Victoria

Fri 30th April to Sun 2nd May

Women's Urban Dance retreat

Inner Movement Centre, 32 Lower Heidelberg Rd, Ivanhoe.

Contact Maria 0419 523 710

<http://www.dancingisis.com>

May 15, 2010, 10am – 4pm

IDTIA: A one day experiential workshop to introduce dance-movement therapy and its potential for discovery, change and healing. For those interested in gaining some insight into dance-movement therapy and what it has to offer.

Prana House, Level 1 / 885 High Street, Thornbury, Vic 3071

COST: \$105 Full - \$85 Concession

Facilitated by Anna Schlusser, IDTIA Diploma Graduate and Dance-Movement Therapist

with extensive experience in a variety of settings

Contact: Michele Braban, Administrator, (03) 9578 7109 e-mail: admin@idtia.org.au Website: www.idtia.org.au

Bodyvoice weekend workshops are a starting point for those interested in experiencing how, in a practice of Middendorf breathwork, breath that is allowed to come and go on its own can be encountered through presence and bodily sensation. Led by Middendorf practitioner, John Howard. See under Saturdays. Also:

May Friday 28, Saturday 29, Sunday 30 May 10am to 4pm

Nuances and extremes of the human voice: weekend bodyvoice workshop:

will explore nuances and extremes of the human voice linked to movement, breath, and imagery. It aims to open out the range and expressive possibilities of the body voice connection grounded in the interplay of breath, sensation, and presence. The workshop will draw the 'extended voice' tradition that began with Alfred Wolfsohn and has been developed by members of the Roy Hart Theatre. The workshop will draw on other body voice practices related to solo and ensemble work as appropriate.

Contact: Body Voice Centre, 50 Wolverhampton St, Footscray.

Bookings & further details: email info@bodyvoice.com.au

.June 7-9, 2010

Diversity in Health 2010 Conference at Melbourne Exhibition Centre

The Centre for Culture, Ethnicity & Diversity in Health

Cultural diversity is part of the fabric of Australia and whether you work in a hospital, a community agency or within government, the way in which you respond to diversity will directly influence the impact you can make.

Diversity in Health 2010 features three major themes:

Cultural integrity in service delivery; Right to health; Modern multiculturalism

The conference will also feature other themes, representing key issues in diversity and health:

Aged care; Cultural rights; Culture, health and sexuality; Language services; Mental health; Problem gambling and Refugee health and wellbeing

See: www.ceh.org.au/dih/

16 - 19 November

2nd INTERNATIONAL 'ART OF GOOD HEALTH AND WELLBEING' ARTS AND HEALTH CONFERENCE, The Sidney Myer Asia Centre, University of Melbourne, Call for papers closes 30 JUNE 2010
www.artsandhealth.org

Lieto Creative Dance Studio: Elizabeth Loughlin

Classes and short courses at Lieto Studio, cnr of Michael & McKean Streets, North Fitzroy, VIC 3068. Ring Elizabeth, creative dance teacher and dance therapist, on 94829312, or email loughlin@clari.net.au for information. www.lietocreativedance.com.au

See advertising on Mondays in Victoria

CREATIVE ARTS THERAPY 6 WEEK GROUPS

These Creative Arts Therapy Groups are an opportunity for both personal and professional development, as well as personal reflection and self care. The groups are small and intimate, and use a variety of creative processes in order to open up and deepen creativity, personal growth and self awareness.

We will use modalities such as drawing, painting, movement, body awareness, writing, clay, symbols and more to explore authentic expression, and access new insights and understanding. The groups are suitable for anyone seeking some time out to connect, stimulate inspiration, and nurture yourself.

Groups are usually offered 4 times per year, in time with the school terms.

MIECAT, 17 Victoria St, Fitzroy

\$250 including all materials

For Bookings and Enquiries contact Jennifer on

0417 562 024, or jenniferberlingieri@gmail.com or via the website creativeartstherapy.com.au

Volunteer Position

Volunteer wanted for 'Moving Stars' dance program for adults with intellectual disabilities. Monday nights 6.30pm - 8.30pm in Thornbury. Current police check required.

Contact Laura Sutherland 0406 588 525 or laura_sutherland1@hotmail.com

Space for Hire in Elsternwick – Melbourne

A community focused organisation that consists of a socially conscious cafe, community space and consultancy based in Elsternwick has a room that may be suitable for dance therapists. The organisation is trying to ensure practitioners from a range of different healing modalities have access to the space to promote a diversity of healing and therapy options to the local community.

Contact: Sam Seamer - Wellbeing & Development Co-ordinator

Hive (a Division of Community First Victoria P/L) - 474 Glenhuntly Rd, Elsternwick

Tel: 03 9523 9105 - Mb: 0421 715 601. e-mail: sam@communityfirst.net.au www.hive.org.au

New South Wales

Wesley Institute

Graduate Diploma in Dance Movement Therapy

The Wesley Institute Graduate Diploma of Dance Movement Therapy (DMT) offers an accredited tertiary qualification that is designed to provide professional dance movement therapy training delivered by highly qualified people in the fields of counselling, dance movement therapy, and dance. The course structure encompasses various theoretical models and approaches, evidence-based interventions including counselling and assessment skills, dance movement therapy skills and techniques, ethical and legal processes, and supervised practical experience with different client populations. The Grad Dip DMT program qualifies for fee help and is one year full time or can be taken over three years part-time.

The DMT program includes examination of movement theory and analysis, theory and practice in the works of Laban, Bartenieff and Kestenberg; models of improvisation for dance movement therapy based on psychotherapeutic models and the works of dance movement therapy pioneers; psychological studies in relevant theories, models and practices for dance movement therapy for working with different client groups of all ages. Students also complete supervised practicum in disabilities and mental health.

Contact: Brenda Stevenson, Senior Lecturer, Dance Movement Therapy

Wesley Institute, Graduate School of Counselling

Tel 02/ 9819 8838 Email: brenda.stevenson@wi.edu.au Website: www.wi.edu.au

16 - 19 November

2nd INTERNATIONAL 'ART OF GOOD HEALTH AND WELLBEING' ARTS AND HEALTH CONFERENCE, The Sidney Myer Asia Centre, University of Melbourne, Call for papers closes 30 JUNE 2010
www.artsandhealth.org

May 29, 2010

Sydney DMT Forum, from 12:30-4:00pm at Wesley Institute. F block (instead of B). Meredith Lucy will present on Authentic Movement. Miracalla Javier will present her work with Mindfulness and Movement. There will be time for

feedback and discussion as to how these aspects of DMT can be applied on a personal and professional basis. Time will also be given to networking and sharing information. **Contact: Sharon Todd-miller.**

Email: sharontoddmiller@yahoo.com.au

August 7 to August 14, 2010 – SYDNEY

Rosen Method Bodywork

Intensive Workshop

Gloria Hessellund from the Rosen Berkeley Centre in California will be teaching. Gloria (Director of Teaching at the Berkeley Centre), travels to Australia, UK and Scandinavia each year to share this unique work. Gloria invites you to join her on a journey of self-discovery. Come and spend a week exploring and learning to trust, work and live from your inner wisdom. Discover the simplicity and power of the human touch, and how becoming aware, letting go of chronic tension and speaking your truth brings new freedom and authenticity into your life.

9am to 4pm daily (rest day Wed)

The Centre, 14 Frances St, Randwick (East Sydney). Accommodation available at the venue - 02 9398 2211 to book direct

\$1450 per person - Early Bird: \$1290 if received by 23 July 2010

Weekend only 7 & 8 August: \$440 (\$390 early bird)

*Please note: RMAA members receive a \$50 discount off advertised prices

For further information, a registration form OR if this is your first experience of a Rosen Method Bodywork Intensive Workshop, please **contact Lee Moloney on 07 5633 0061 (after hours), or email us at**

info@rosenmethod.com.au. More information at www.rosenmethod.com.au.

November 10-13

INTERNATIONAL ARTS AND HEALTH CONFERENCE:

The art of good health and wellbeing

Port Macquarie NSW Australia 10 - 13 November 2009

Pre-conference training and workshops 7 - 10 November 2009

Visit www.artsinhealth.org

Ongoing Classes

Victoria

Mondays 7.45 - 9 pm.

Elizabeth Loughlin, Ongoing creative and expressive dance.

Payment is per cheque/cash \$19 per class (\$15 concession) per 8 week attendance of a 10 week term. At Lieto Creative Dance Studio Cr Michael & McKean Streets North Fitzroy 3068 Ring Elizabeth, creative dance teacher and dance movement therapist, on 94829312 or email: loughlin@clari.net.au www.lietocreativedance.com.au

Tuesdays

Multicultural Fan dance with Marina Bistrin - Self-expression, imagination, creativity.

Dance colourful fans & silk scarves to world music for enjoyable gentle exercise. Use many moves from the Silk-Road and Flamenco as well as our own. Great for women who've had breast cancer & need regular gentle upper body exercise.

\$96 (\$80 concession) for an 8 week term. Try 1st class for the casual rate of \$15

At Livingstone Community Centre, 1 Livingstone Street, Ivanhoe

Bookings essential: **Contact Marina Bistrin on 0438 580 889 marinabistrin@optusnet.com.au or see www.dance-explorer.com**

Embodied Bellydance Classes

Embodied Bellydance is a unique approach to teaching & learning this wonderfully feminine & enchanting dance form. Incorporating Anatomy, body awareness, creative visualisation & somatisation. Working with the breath to facilitate a deeper connection to the inner and outer movement of the body - Improves posture, joint & bone movement, muscle tone & also helps with pain management. Promotes self esteem & celebrates womanhood.

Inner Movement Centre, 32 Lower Heidelberg Rd, Ivanhoe, Vic

Contact: Maria 0419 523 710 or go to <http://www.dancingisis.com/embodied-bellydance/>

Thursdays

Soul Moves: Thursdays at Dancehouse

In Soul Moves we will use the mediums of creative movement, intuitive drawing and writing to shape and express ourselves physically, mentally and emotionally. The basic structure will be around a personal warm up, a series of movements designed and taught by Anna Halprin called Movement Ritual that is unique to this work; a guided personal exploration time, and finishing each session with a group check-out-closure. Art material included. Individual Sessions for personal exploration of life themes using dance therapy are available by appointment.

Contact Tiana for forthcoming dates. Term 2: has already commenced but continues until May 27, from 10.00 am - 12.00 pm. Casual classes \$29 per session C:\$25

Email: tianamoves@hotmail.com Mobile: 0421 045 438

Gentle Egyptian Bellydance classes with Marina Bistrin

Macleod (North-East of the city). Classes are aimed at older women, but anyone can benefit.

7.30 to 8.30pm. \$100 for 8-week term or \$15 casual. Contact Marina 0438 580 889, 03 9444 8212, see

www.dance-explorer.com or email: marinabistrin@optusnet.com.au

Fridays

7.30 - 10 pm

Sensing Feeling Dancing the Chakras

With Maria Sangiorgi - Work with guided meditation, Imagery and music as a vehicle to align to each of the Chakras.

Bringing into focus aspects that draw out the personal inner dance that can then be explored through outer dance.

Using Somatization, Movement, Dance, Sounding, Drawing, Writing & Authentic Movement as a vehicle for exploration.

Cost: \$250 /\$200 con Instalment Plan available

Inner Movement Centre, 32 Lower Heidelberg Rd, Ivahnoe

Contact Maria 0419 523 710

<http://www.dancingisis.com>

Saturdays

Body Voice Centre

'Meeting the breath': half-day workshops

Saturday 15 May and 19 June 1-5pm

Half-day group workshops are on the third or fourth Saturday of each month.

Cost: \$60/\$45 artist concession.

Bookings & further details: email info@bodyvoice.com.au

Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 www.bodyvoice.com.au

Sundays

Soul Moves: at Dancehouse

Dates: MAY 16th, JUNE 13th, JULY 4th, AUG 15th, SEPT 19th, OCT 17th, NOV 21st.

Time: 10.00 am - 12.00 pm Cost: Casual classes \$29 per session Conc \$25

Contact Tiana Li-Donni Email: tianamoves@hotmail.com mobile: 0421 045 438

New South Wales

Ongoing Classes

Mondays

Dance is MY Therapy - dance classes with a difference

These classes explore the therapeutic benefits of dance, with a focus on creativity, expression and general health and wellbeing proving that everybody can dance!! Expect the unexpected and enjoy the benefits of dance for mind, body and spirit.

When: Monday nights 8:00-9:00pm (starting the 15th of Feb)

Where: Dance Alive Studios, 107 Regent St, Chippendale (near the corner of Meagher St)

10min walk from central station/Parking available

Cost: \$16 per class (classes on a casual basis)

What to wear: Something you feel comfortable moving in (loose, non-restrictive clothing)

Contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com.au www.kirstydance.com.au

Tuesdays: 6:30pm-7:30pm, Sydney

Dance Therapy Program at Burwood Council.

Yumi Schaefer and Kirsty Fromholz (Sydney based Dance Therapists) are presenting a dance therapy course for the council's community program called "Have a Go".

Woodstock Community Centre, 22 Church Street, Burwood. Fee: \$80

Bookings: Ring the Council at 02- 9911-9911

See council website: www.burwood.nsw.gov.au

Friday from 10 am- 11am

"Wellness Exercise Program For Everyone"

Yumi Schaefer - Life Wellness Network

For more vitality, flexibility, muscle tone and strength, and relaxation.

The program includes gentle fun aerobics, stretching, core-conditioning and relaxation exercises to enhance general

fitness, balance and well-being.

Do you want to refresh and rejuvenate yourself in the beginning of 2010?

At Guide Hall 159 Waldron Rd, Chester Hill

Offered by Chester Hill Neighbourhood Centre (funded by Bankstown Council)

Booking: Amy 9645-3700 Cost: \$5

Or contact Yumi - Wellness Lifestyle Coaching, Pilates, Dance Therapy

www.wellnessnetwork.com.au - 0425-256-735

Also see on line order available for the Wellness "RENEW ME" Lifestyle Book and "Pilates For All" DVD

Saturdays

ACCESSIBLE DANCE - Saturdays from 10:00-11:00am

A dance class for dancers with a disability

This class is open for people with a disability over the age of 16. The emphasis is on ability, creative expression and having fun dancing and moving. Learn new moves and develop your own style! Carers most welcome to dance with us

At: Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on the left - look for accessible arts sign

Cost: \$150 for 10 classes (valid for 3 months) or drop in rate \$18 per class

Wear something that you feel comfortable moving in, sneakers or jazz shoes and bring a bottle of water.

Contact: Kirsty Fromholtz - 0402 644 510

kirsty@kirstydance.com.au www.kirstydance.com.au

Dance-Movement Therapy Association of Australia -- Tel. 03 9592 4017

-- dtaa@alphalink.com.au -- info@dtaa.org.au -- www.dtaa.org.au --