



## THINKING BODIES: MOVING MINDS

a symposium on the art of embodiment

15-16 September, 2018 • Abbotsford Convent, Melbourne

Dance Movement Therapy meets Body-Mind Centering®  
and other somatic approaches to explore embodiment

### Call for Proposals

What defines the art of embodiment? In somatics and dance therapy practices, embodiment is a core philosophical assumption, one that is so embedded in what we do that we may find it challenging to articulate or identify what we mean by the term.

This symposium offers an opportunity to reflect on embodiment and to embody reflection, through a program of experiential workshops, theoretical presentations/case studies, networking activities, and a discussion panel. Importantly, it aims to offer opportunities to dig deeper into the various meanings and practices of embodiment in the belief that deeper understanding may further deepen and enrich our practice. Organized by Jane Guthrie and Heather Hill (DTAA) and Kim Sargent-Wishart (BMC) to bring dance therapy, Body-Mind Centering®, and other somatics and movement practices into conversation.

We invite proposals from somatics, movement, dance and dance therapy practitioners for experiential workshops and theoretical presentations responding to the symposium theme *Thinking Bodies : Moving Minds*.

Suggested content includes: considerations of how you work with the art of embodiment in your practice; approaches and techniques that you engage to support embodiment with your clients and students; current research exploring links between movement and cognition, neuroplasticity, somatic movement therapies, and related topics. If you have other ideas that fall outside of those suggestions please let us know what you have in mind!

To submit a proposal please email the following to **tbmm2018@gmail.com**.

- Description of your proposed workshop or presentation, including preferred session length, target audience, and any technical needs.
- Short bio, including links to websites or further information about your work.

**Proposals must be received by 2 March 2018.** Presenters will be required to register (at a discounted fee) by 4 May 2018 to confirm a place on the program.

**Symposium organizers:**

**Jane Guthrie**, M. Ed (Advanced Studies in Movement and Dance), Grad Dip Movement and Dance, Dance Therapy Certificate, B. App. Sc. Pty, CMA, DTAA (Prof. DMT) and Secretary DTAA. Contact: [admin@dtaa.org.au](mailto:admin@dtaa.org.au) Tel. 0451924017

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